

CHIPO MCNICHOLS

EMAIL: CHIPO.MCNICHOLS@CRUXPSYCHOLOGY.CA

CURRICULUM VITAE

Education

PsyD. in Clinical Psychology October 2009 – Dec.2016

Antioch University, Seattle, WA

Dissertation: *Can the Complex Care and Intervention (CCI) program be culturally adapted as a model for use with Aboriginal families affected by complex (intergenerational) trauma?*

Master of Arts Counseling Psychology Degree

January 2005 - June 2008

City University of Seattle, Vancouver, BC

Bachelor of Science Degree with Honors in Psychology

January 1997 – June 2002

Open University, London, UK

‘A’ Levels: Sociology, Education, English Literature, French

1988 - 1989

University of Zambia, Lusaka, Zambia

Professional Training

Complex Care Intervention (CCI) Coach training

May 2013 - Sept 2013

MCFD (Dr. Chuck Geddes), Chilliwack, BC

Indigenous Cultural Competency levels I, II training

Feb – June 2014

MCFD, Chilliwack

Infant Mental Health levels I, II, III Training

2012 - 2013

MCFD (Evelyn Wetherspoon), Vancouver, BC

Trauma Focused CBT training

November 2008

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Professional training (cont.)

MCFD Langley, BC

Dialectical Behavior Therapy Advanced training

September 2008

MCFD (Dr. Tony DuBois), Vancouver, B.C.

(Professional training cont.)

CBT for Anxiety training & CBT certification

February - June 2008

MCFD Vancouver, B.C.

Dual Diagnosis: Mental Health & Developmental Disabilities training

March 2008

MCFD (Dr. Nathan Ory), Vancouver, B.C.

Recognizing & Responding to Risk of Suicide

February 2008

MCFD (American Suicidology Association), Vancouver, BC

Child Parent Relationship Therapy training

November 2007

MCFD (Dr. Joanne Crandall), Abbotsford, B.C.

Dialectical Behavior Therapy Foundational training

September 2007

MCFD, Abbotsford, B.C.

Early Psychosis Intervention training & certification

May- November

2007

MCFD, White Rock, B.C.

Aboriginal Cultural Awareness Training

February 2007

MCFD, Vancouver, B.C.

Applied Suicide Intervention Training

October 2006

MCFD, Vancouver, B.C.

Children Who Witness Abuse Module II & III Counselor Training

May 2004 & Jan 2006

BC/Yukon Society of Transition Houses, Vancouver, B.C.

Emergency First Aid and CPR level 'B' Certificate

March 2004

Canadian Red Cross Society, Vancouver, B.C.

Children Who Witness Abuse Module I Counselor Training

March 2004

BC/Yukon Society of Transition Houses, Vancouver, B.C.

Clinical Experience

Associate Program Director for Social Justice & Advocacy-Master of Counselling Program

City University in Canada

Oct. 2020 – April 2023

Assisting Academic Program Director with curriculum development and review to ensure alignment with City University's academic model within a social justice paradigm, applicability and current practice.

Assisting Academic Program Director with program coordination by assessing, reviewing, and developing specified program components

Providing support to assist the performance of teaching faculty.

Supports student learning, development, and engagement through modeling and demonstrating culturally attuned practice within a framework of equity, diversity, and inclusion.

Modeling excellence through teaching courses to encourage and promote scholarship & advocacy in teaching and learning.

Participating in & promoting professional communities in areas of expertise such as City U's Social Justice Coalition.

Team Leader

Sept 2021 – present

Child & Youth Mental Health, Langley, BC

Supervising team of 11 clinicians, masters, and doctoral students in the provision of child and youth mental health services including intake, assessment & diagnosis, intervention & waitlist management

Establishing and maintaining working relationships across service streams and partner agencies in the community to implement a culturally attuned multidisciplinary approach to CYMH service delivery.

Collaboration with health authority, school district & local community agencies to develop and deliver community programs in mental health prevention and intervention to address the increasingly complex of children youth and families receiving services across these sectors.

Leading a local university's MCFD sponsored research project exploring factors influencing CYMH staff recruitment and retention.

Development and implementation of case consultation collaboration team between Langley CYMH, Child Welfare and Family Services teams.

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clinical experience (cont.)

Acting Team Leader

Dec 2019 – Sept 2021

Child & Youth Mental Health, Langley, BC

Supervision of ten child & youth mental health clinicians including developing and reviewing performance plans, time management and leave approvals.

Coordination of psychiatry services to meet operational requirements while ensuring fiscal responsibility.

Participation in regional leadership groups to inform regional policy on CYMH practice and operations.

Coordinating intake system, waitlist, and case assignment to support efficient service delivery in collaboration with other community providers as referral.

Management of inbound and outbound referrals with tertiary service providers including participation in planning, delivery and assessment of community programs and services

Registered Psychologist - FT

Feb 2017 – November 2020

Child & Youth Mental Health, Langley, BC

Providing consultation & supervision to clinicians, child welfare, school, hospital staff, and other external service providers.

Supervision of masters and doctoral level student interns and coordination of internship program

Facilitating educational topic-based workshops/presentations to the team and community members.

Conducting research to provide evidence-based practice to clients and to inform the mental health team on current practice for service delivery for complex cases.

Conducting intake, assessment, case conceptualization and intervention planning for complex cases.

Providing individual & group therapy/co-facilitation of skills-based parent & adolescent groups.

Complex Care Intervention Consultant – PT

Jan 2017 – Dec 2020

Complex Trauma Resources, Chilliwack, BC

Assessment and coordination of care planning for children/youth eligible for Complex Care Intervention (CCI) program

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clinical experience (cont.)

Facilitate complex trauma overview training for CCI care team.

Conduct six monthly Functional Developmental Assessment/complex trauma-based assessment.

Conduct team led CCI case conceptualization.

Develop functional developmental assessment (FDA) informed intervention plan.

Facilitate monthly intervention review meetings/provide ongoing support to care team.

Provide training, supervision and mentoring to new CCI coaches.

Facilitate community education workshops.

Participate in research and ongoing program development.

Doctoral student pre-intern

Jan 2016 – Dec 2016

Complex Trauma Resources, Chilliwack, BC

Supervisor: Chuck Geddes, Ph.D., Registered Psychologist

Supervisor: Carey Penner, Ph.D., Registered Psychologist

Hours: 40 hours per week

- Training, facilitating Complex Care & Intervention (CCI) care teams to support assessment, case conceptualization, and intervention planning for children & youth impacted by complex trauma.
- Facilitating monthly care team review meetings over 18-month case duration.
- Providing training for CCI coaches.
- Facilitating community workshops on CCI based trauma informed practice and caregiving.
- Providing individual therapy to Aboriginal residential school survivors.
- Providing individual therapy to Aboriginal clients impacted by intergenerational trauma who are incarcerated.
- Providing individual, couples and family therapy for adults, children, and youth.
- Participation in Fraser East Psychologists monthly consultation meetings.

Doctoral student pre-intern

Feb 2014 – June 2015

Mission Public Schools (district 75), Mission, BC

Supervisor: Lori L. Patterson, M.S.Ed., R. Psych.(Limited Register), Certified School Psychologist

Hours: Approximately 7-10 hours per week

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clinical experience (cont.)

- Conducting comprehensive psychological assessments in accordance with school district educational assessment and re-assessment guidelines
- School observations and consultations
- Assessment report writing
- Participation in monthly school district referral meetings

Doctoral student pre-intern

Jan 2014 – Jan 2015

Child & Youth Mental Health, Mission, BC

Supervisor: Dr. Gurmeet M.P. Singh, PhD., Registered Psychologist

Hours: Approximately 14 hours per week

- Conducting DSM-V based diagnostic assessment and psychotherapy
- Planning and implementing multi-disciplinary, multi modal treatment based on a shared care approach in liaison with other community service providers
- Conducting comprehensive mental health evaluations
- Conducting psychological assessments and integrating mental health evaluations
- Psychological and mental health assessments report writing
- Conducting psychological assessments for adolescents transitioning to adult services in accordance with eligibility criteria for Community Living BC (CLBC) disability services
- Client advocacy and consultation with specialists including child psychiatrists for client access to tertiary services such as BC Children's hospital

Complex Care Intervention coach

Sept. 2013 - present

Assembling a care team comprised of significant adults in child or youth's life including social workers and school staff, conducting functional developmental assessment (FDA) with care team, formulating case conceptualization and planning interventions based on FDA, facilitating monthly care team meetings and providing weekly support to child's caregivers, guiding and reviewing interventions

Acting Team Leader

April - June 2013

Aboriginal Child & Youth Mental Health, Circle 1-4 Chilliwack, BC

Supervision of seven child & youth mental health clinicians and outreach workers

Participation in regional clinical focus groups to inform regional policy on service quality assurance project

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clinical experience (cont.)

Participation in provincial team leaders' forum to inform provincial policy on service quality assurance project and informing table on Aboriginal specific issues

Maintaining client caseload; assessment, treatment planning and provision of group and individual therapy on an outreach basis

Facilitation of interagency meetings as part of community development

Providing case specific and topic based consultation to schools, child welfare agencies and other community partners

Contracted Registered Clinical Counselor

Sept 2011 - present

Health Canada First Nations & Inuit Health Vancouver, BC

Conducting bio psychosocial assessments for Non-Insured Health Benefits clients and Indian Residential Schools Resolution Health Support Program clients, creating treatment plan, providing crisis counseling and individual or family therapy in accordance with case formulation and treatment plan

Outreach Mental Health Clinician

Aug 2009 – Jan 2015

Aboriginal Child & Youth Mental Health Circle 1-4, Mission, BC

Providing mental health services as outlined below in an outreach capacity to Aboriginal children, youth, and their families within their own communities.

Providing psychological and emotional support to participants at the Truth and Reconciliation Commission events held in Mission.

Creating and facilitating workshops on the impact of trauma on the brain to foster parents, care committee members and support staff of Aboriginal children and youth.

Conducting mental health assessments and implementing appropriate treatment plans with a culturally centered and trauma informed approach that incorporates traditional methods of achieving wellness.

Crisis counselor & affiliate

Sept 2011 - Dec 2012

PPC Canada Worldwide, Vancouver BC

Providing 24 hr. telephone crisis counseling to clients, responding to, and coordinating critical incident debriefing for individual and organizational needs,

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clinical experience (cont.)

Affiliate Registered Clinical Counselor

Sept. 2011 - 2020

Various Employee and Family Assistance Programs (EFAP), Vancouver, BC

Providing in-person individual, couples and family therapy to EFAP clients as contracted by Ceridian Lifeworks, PPC Canada Worldwide, Compsych, as well as to private self-referring clients.

Early Psychosis Intervention (EPI) Clinician – part time

Oct 2010 - July 2011

EPI Team, Abbotsford, BC

Conducting clinical assessment for youth and young adults with psychotic disorders and providing therapeutic case management in accordance with EPI care path guidelines

Registered Clinical Counselor

Jan 2007 - July 2009

Oakhill Counseling & Mediation, Chilliwack & Abbotsford, BC

Providing individual therapy to children youth, families and couples, specializing in work related stress grief and trauma counseling to Employee Assistance Program and private clients

Youth Care Counselor- casual on call

Nov 2008 - Dec 2009

Abbotsford Regional Hospital and Cancer Centre Adolescent Psychiatric Unit, Abbotsford, BC

Providing individual/group counseling to adolescents admitted to the APU with serious mental health concerns requiring stabilization and assessment and providing family support.

Crisis Response Worker – casual on call

Oct 2008 - June 2013

Adolescent Crisis Response Program, Abbotsford Hospital, BC

Responding to referrals from community agencies such as hospital ER and schools, conducting suicide risk assessments and implementing treatment plans for adolescents in crisis.

Mental Health Clinician

Sept. 2006 - July 2009

Child & Youth Mental Health, Hope, BC

Conducting client assessment intakes and processing information to assess eligibility for service.

Providing individual, family and group counseling to children and youth with serious mental health disorders and their families.

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clinical experience (cont.)

Providing education to families/caregivers of such children to assist with understanding the nature of the disorders.

Facilitating therapeutic and psycho educational groups in the community on mental health disorders

Teaching on various mental health disorders and treatment orientations in high schools, and to other service providers, undergraduate and graduate internship students, and mental health clinicians

Research and provision of resources and coping tools for clients, families/caregivers

Conducting bio-psycho-social-spiritual assessments to provide clinical diagnosis and treatment to children and youth.

Conducting case conceptualization and formulation to provide assessment and treatment planning reports.

Consulting with other community professionals such as physicians, schools and other agencies to provide a shared care model of therapeutic intervention to children and youth in the community.

Organizing and participating in community education initiatives, integrated care team and transition planning meetings.

Maintaining accurate and up to date clinical client records using CARIS management system.

Participating in ongoing training to enhance and maintain current knowledge of therapeutic strategies and psychotropic medication and their effects.

Maintaining required standards of practice for clinical counselors and ensuring that agency documentation meets ethical guidelines.

Transition House Manager

April 2005 - November 2006

Jean Scott Transition House, Hope, B.C.

Overseeing day to day maintenance of Transition House

Supervision of frontline workers, support counseling and coordination of client case consultation

Creating and implementing in-house women's group and individual support programs

Management of house purchases, including, food supplies, office equipment and furniture

Coordinating and supervising maintenance and renovation projects

Researching and applying for grants and other charity funding

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clinical experience (cont.)

Supervision of staff work schedules, coordinating shift changes/coverage.

Coordination of joint community projects in liaison with other external agencies.

Implementing monthly policy review procedure.

Support Worker/Children Who Witness Abuse Counselor

February 2004 - March 2005

Jean Scott Transition House, Hope, B.C.

Screening potential residents (women and child survivors of domestic abuse) for admission into the transition house.

Conducting intakes and discharges for residents.

Providing individual and group counseling to women and children in the transition house.

Providing crisis intervention for both resident and non-resident clients.

Assisting women leaving the house to draw up practical safety plans.

Providing information on family violence and services within the community to residents and callers

Coordinating Children Who witness Abuse program for the Fraser Cascade region.

Providing support to parents and caregivers of children in the CWWA program.

Facilitating community education programs in schools and in first nations communities

Report writing for MCFD court hearings.

Creating and facilitating support programs for transition house residents.

Coordinating services and programs to ensure the efficient running of the transition house.

Research Experience

Dissertation research: Indigenous focused Cultural adaptations to Complex Trauma Intervention.

Co-researcher in one-year pilot project at a non-profit elementary school in Seattle that provides on-site mental health and psychological services to families in crisis. The project objective was to explore how these services are understood and experienced by families and staff.

MCFD Research on clinician recruitment and retention

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Honors and Awards

Keynote Speaker-City University of Canada, Capstone Research Conference	Dec 2020
Vancouver, BC	
BC Public Service Pacific Leaders scholarship recipient	2011/2012
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BC Public Service Pacific Leaders scholarship recipient	2010/2011
Vancouver, BC	
Student fellowship - Antioch University	
Seattle, WA	2009 - 2010
Tenure for three semesters under Dr. Mark Russell, ABPP, ABCCAP and Dr. Ken Hapke	
BC Public Service Pacific Leaders scholarship recipient	2009/2010
Vancouver, BC	
City University of Seattle, Vancouver, BC	
Recognition on Dean's list	2007
City University of Seattle, Vancouver, B.C	
EMIGRATION FROM ENGLAND TO CANADA	Dec. 2003

Related Work Experience – ENGLAND, UK

Special Educational Needs Caseworker/Education Social Worker	April 2002 - Nov. 2003
Hammersmith & Fulham Local Education Authority, London, UK	
Managing caseload of two hundred children and young adults with special educational needs	
Supervision of staff including training on caseload management, statutory assessment procedures and report writing	
Coordinating assessment and arranging appropriate educational provision of children with learning needs and physical disabilities	
Analyzing, collating, and summarizing professional reports to draft document (statement) of special educational needs	
Supporting and advising families by identifying and overcoming barriers to learning such as truancy	

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Related work experience (cont.)

Providing child protection training to schools and liaising with social services to address reported child protection concerns.

Organizing and attending professional legal planning meetings & child protection conferences

Providing community education to schools and other agencies

Administrative Officer/Tribunal Clerk

Nov. 2001 - April 2002

Special Educational Needs & Disability Tribunal, London, UK

Advising and supporting parents through tribunal hearings.

Assessing and processing of tribunal appeals in accordance with Education Act 1996 Legislature

Managing calendar of tribunal hearings and client database, coordinating and clerking hearings

Providing legal advice to panel members and parents at hearings

Responding to telephone queries and written correspondence in relation to appeals

Administrative Assistant

Jan. 1996 - Oct. 2001

National Union of Teachers, London, UK

Dealing with telephone queries on a helpdesk, responding to written communication, ensuring that attention to detail was of the highest standard while remaining focused in a high-pressure environment where calls exceeded 200 per day.

Responsible for update and maintenance of membership database, processing membership applications/subscriptions, consultation to current & prospective members.

Community Work

Practicum Youth Worker

Oct 2010 - March 2011

Cyrus Centre, Abbotsford, BC

Providing support, guidance, advocacy, and mediating conflict resolution to homeless youth

Volunteer Counseling Coordinator

1998 - 2003

Victory Christian Center, London, UK

Coordinating and supervising volunteer counselors providing a telephone counseling service to new Christians.

Supporting volunteer workers, providing confidential support sessions.

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Languages

English – speak fluently and read/write with high proficiency.

French – speak, read, and write with medium proficiency.

Various African dialects – speak, read, and write with high proficiency.

Memberships

College of Psychologists of British Columbia (CPBC #2410)

BC Psychological Association (BCPA #961)

British Columbia Association of Clinical Counsellors (BCACC #3183)

Association of Black Psychologists (ABPsi #: 66596857)