

Petrina Hough

EDUCATION

| | |
|---|------------------------------------|
| Ph.D. in Educational Psychology UNIVERSITY OF ALBERTA | 2000 - 2007 EDMONTON, AB |
| Master of Arts in Psychology UNIVERSITY OF ALBERTA | 1996 - 1999 EDMONTON, AB |
| B.Sc. With Honors in Psychology UNIVERSITY OF ALBERTA | 1992 - 1996 EDMONTON, AB |

PROFESSIONAL DESIGNATION

| | |
|---|-----------------------|
| Registered Psychologist REGISTERED WITH THE COLLEGE OF ALBERTA PSYCHOLOGISTS | 2003 - Present |
| <ul style="list-style-type: none">Specializing in assessment, diagnosis, intervention, and mental health therapy for children and youth | |

EMPLOYMENT

| | |
|---|--------------------------------|
| Registered Psychologist PRIVATE PRACTICE | October 2007 – Present |
| <ul style="list-style-type: none">Conduct diagnostic assessments for young adults and children with developmental, learning, behavioral, and social/emotional challengesProvide individual therapy for children and adolescents presenting with a wide variety of social-emotional difficulties such as anxiety, depression, anger management, or relationship issues | |
| Registered Psychologist CHRIST THE REDEEMER CATHOLIC SCHOOLS, CALGARY BOARD OF EDUCATION AND CALGARY SEPARATE SCHOOL DISTRICT | February 2005 – Present |
| <ul style="list-style-type: none">Provide consultation, counselling, risk and assessment services to young adults in traditional and outreach high school programsConduct psychoeducational and social-emotional assessments for students kindergarten to grade 12 with developmental, learning, behavioral, and social/emotional challengesProvide consultation and follow-up to school personnel and parents, and collaborate in the development of intervention and individual support plansSupervise graduate students and provisional psychologists | |
| Evaluation Facilitator HEALTHY FAMILIES, CALGARY REGIONAL HOME VISITATION COLLABORATIVE (CRHVC) | July 2003 - July 2004 |
| <ul style="list-style-type: none">Coordinated research and evaluation of an early intervention program for infants and their familiesUtilized quantitative and qualitative data collection methods including surveys, questionnaires, and focus groupsPrepared comprehensive evaluation report and disseminated findings through presentations and team meetings | |
| Clinical Internship CHILD AND ADOLESCENT SERVICES ASSOCIATION (CASA) | May 2001 – May 2002 |
| <ul style="list-style-type: none">Provided assessment and treatment services to children, young adults, and their familiesActivities included mental health assessment, diagnosis, and individual and group therapy | |

Group Leader

Jan. 2001 - June 2001

CHILDREN WHO WITNESS VIOLENCE GROUP, BEVERLEY COMMUNITY CENTER

- Group leader for a therapeutic treatment group for mothers and their children who had experienced domestic violence

Research Officer

Dec. 1998 – March 2002

CHILD AND ADOLESCENT SERVICES ASSOCIATION (CASA)

- Assisted in the development and execution of original research on child and adolescent mental health issues
- Prepared proposals for funding and supervised research team
- Developed strategies for monitoring program implementation

Assessment Practicum

Jan. 2001 - April 2001

LEGAL AID AND CHILD AND ADOLESCENT SERVICES ASSOCIATION (CASA)

- Conducted comprehensive assessment of adolescents involved with the Juvenile Justice System
- Provided recommendations for placement and treatment

Learning Facilitator

Sep. 1999 - April 2000

Department of Family Medicine, University of Alberta

- Facilitator for second year medical course on physician-patient communication
- Leader of small group learning activities including discussion and role-plays

Research and Teaching Assistant

May 1995 - Apr. 1998

DEPARTMENT OF PSYCHOLOGY, UNIVERSITY OF ALBERTA

- Served as a statistical consultant and assisted with classes and grading in subjects such as sensation and perception, and human aging
- Involved with recruitment and testing of research participants

SPECIALIZED TRAINING AND PROFESSIONAL DEVELOPMENT

Neuropsychology of Reading and Written Language Disorders, May 2019: Trained in a framework for effective interventions

Brain-based learning, Behavioral Challenges and Student Mental Health, May 2019: Focus on therapeutic approaches to assist school age children to overcome anxiety

MANDT Certification, October 2018: Trained in a comprehensive, integrated approach to preventing, de-escalating, and intervening when the behavior of an individual poses a threat of harm to themselves and/or others.

Zones of Regulation Training, November 2017: Trained in curriculum to foster self-regulation and emotional control for children and youth

Mental Health First Aid Canada, June 2017: Trained to provide initial support in mental health crisis

Trauma in Schools Initiative, Calgary Board of Education, January 2010 – January 2015: Trained as a Coach in the ARC (Attachment, Regulation and Competence) Model of trauma intervention

Coaching out of the Box, November 2010: Trained in Life and Work Coaching Skills

ADOS and ADI-R training, January 2009 & March 2016: Specific training for the diagnosis of Autism Spectrum Disorders
