# Virginia M. Newton, Ph.D., R.Psych., C.Psych.

#### Education

- Doctor of Philosophy in Psychology, with an Emphasis in Clinical Psychology and Neuropsychology Concentration (November 2009)
  - Fielding Graduate University, Santa Barbara, California (APA Accredited)
- Master of Arts in Communication (August 1992) University of Arizona, Tucson, Arizona
- Bachelor of Arts in English Literature, with Distinction (December 1990) McGill University, Montréal, Québec

#### Licenses

- Registered Psychologist, Manitoba (December 2021 to Present)
- Licensed Psychologist, Northwest Territories (March 2021 to Present)
- Registered Psychologist, Alberta (January 2013 to Present)
- Licensed Psychologist, North Carolina (October 2011 to October 2014)
- Health Services Provider–Psychologist, North Carolina (October 2011 to October 2014)

### **Professional Experience**

**Executive Director**, Newton Neuropsychology (formerly Brentwood Psychological Services), Calgary, Alberta (February 2015 to Present)

- Provide neuropsychological consultations regarding psychiatric or neurocognitive diagnosis, assessment results, and treatment options.
- Complete diagnostic psychological and psychoeducational assessments.
- Conduct neuropsychological assessments to identify cognitive strengths and weaknesses, identify targets for cognitive training, and help guide treatment.
- Offer cognitive retraining, neuropsychological counselling, and neurofeedback.

**Neuropsychology Consultant**, Manitoba Public Insurance, Winnipeg, Manitoba (September 2021 to Present)

 Provide clinical opinions regarding MPI claims that involve traumatic brain injuries or psychological injuries.

**Psychology Consultant**, Workers' Compensation Board of Alberta, Calgary, Alberta (September 2018 to February 2021)

- Provided clinical opinions regarding WCB claims that involved psychological injuries.
- Consulted with treating psychologists on claim-related concerns and recommendations.
- Provided training to WCB staff with respect to psychological conditions and relevant policies and procedures.

**Associate Clinical Professor**, University of Alberta Department of Psychiatry, Faculty of Medicine and Dentistry, Edmonton, Alberta (January 2014 to June 2021)

- Assisted with clinical research conducted through the Bebensee Schizophrenia Research Unit.
- Provided clinical seminars and workshops to undergraduate and graduate students as requested.
- Served on the dissertation committee for a University of Alberta Department of Educational Psychology doctoral student.

**Clinical Neuropsychologist**, Alberta Health Services, Edmonton, Alberta (January 2013 to August 2018)

- Provided neuropsychological assessment and consultation for inpatients affiliated with the Adult Psychiatry Program of Alberta Hospital Edmonton.
- Conducted clinical evaluation of patients referred to the Edmonton Early Psychosis Intervention Clinic.
- Consulted with other Addictions and Mental Health staff in the Edmonton Zone, and with community schools and agencies as requested.

 Supervised psychometrists, neuropsychology residents, and undergraduate practicum students as required.

**Clinical Assistant Professor**, University of North Carolina Forensic Psychiatry Program and Clinic, Chapel Hill, North Carolina (February 2012 to December 2012)

- Coordinated clinical assessments and interventions for a U.S. Department of Defense research study of cognitive functioning among veterans with comorbid traumatic brain injury (TBI) and posttraumatic stress disorder (PTSD).
- Trained research assistants in cognitive and diagnostic assessment, and cognitive rehabilitation techniques.
- Conducted neuropsychological testing and violence risk assessments with adult psychiatric inpatients at Central Regional Hospital.
- Assisted with forensic psychological evaluations.
- Contributed to and edited grant applications and research manuscripts as required.

# Research Experience

### **Doctoral Dissertation**

Using the Principle of Rationality-within-Irrationality to Assess Inpatient Violence Risk at the Time of Admission (2009). Submitted to fulfill the requirements for the Doctor of Philosophy in Psychology, with an Emphasis in Clinical Psychology.

#### **Master's Thesis**

*Interactional Control in Poetry Therapy* (1992). Submitted to fulfill the requirements for the Master's Degree in Communication.

#### **Presentations**

- Adult ADHD: Assessment and treatment. Six-hour workshop sponsored by the Psychologists' Association of Alberta, Edmonton, Alberta, January 2018.
- *Using neuropsychology to inform therapeutic practice*. Webinar sponsored by the Psychologists' Association of Alberta, August 2017.
- Basal ganglia calcification and psychosis. Presented at the Edmonton City-Wide Neuropsychology Rounds, Edmonton, Alberta, February 2016.
- Using Canadian ADHD practice guidelines in adult psychiatric populations.
  Presented at the 2nd Annual Edmonton Zone Psychology Professional Development Day, Edmonton, Alberta, February 2015.
- Early psychosis and the MATRICS Consensus Cognitive Battery. Presented at the City-Wide Neuropsychology Rounds, Edmonton, Alberta, December 2013.

#### **Abstracts**

Sivapalan S., Lodhi R., Newton V. M., Granger B., Aitchison K. A., Purdon, S. E. (2015, May). Domain-specific MCCB-assessed cognitive associations to symptoms of metabolic syndrome in patients referred to an early psychosis intervention clinic. Presented at the 168th American Psychiatric Association Annual Meeting, Toronto, Ontario.

## **Publications**

- Lodhi, R. J., Wang, Y., Rossolatos, D., MacIntyre, G., Bowker, A., Crocker, C., Ren, H., Dimitrijevic, A., Bugbee, D. A., Loverock, A., Majeau, B., Sivapalan, S., Newton, V. M., Tibbo P., Purdon, S. E., and Aitchison K. J. (2017). Investigation of the COMT Val158Met variant association with age of onset of psychosis, adjusting for cannabis use. *Brain and Behavior*, 7(11), 1-7. doi: 10.1002/brb3.850
- Elbogen, E. B., Johnson, S. C., **Newton, V. M.**, Timko, C., Vasterling, J. J., Van Male, L. M., Wagner, H. R., & Beckham, J. C. (2014). Protective mechanisms and prevention of violence and aggression in veterans. Psychological Services, 11(2), 220-228.
- Elbogen, E. B., Johnson, S. C., **Newton, V. M.**, Fuller, S., Wagner, H. R., & Beckham, J. C. (2013). Self-report and longitudinal predictors of violence in Iraq and Afghanistan war era veterans. *Journal of Nervous and Mental Disease*, 201(10), 872-876.
- Elbogen, E. B., Johnson, S. C., **Newton, V. M.**, Straits-Troster, K., Vasterling, J. J., Wagner, H. R., & Beckham, J. C. (2012). Criminal justice involvement, trauma, and

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- negative affect in Iraq and Afghanistan war era veterans. *Journal of Consulting and Clinical Psychology*, *80*(6), 1097-1102. doi: 10.1037/a0029967
- Elbogen, E. B., Johnson, S. C., Wagner, H. R., **Newton, V. M.**, & Beckham, J. C. (2012). Financial well-being and postdeployment adjustment among Iraq and Afghanistan war veterans. *Military Medicine*, 177(6), 669-675.
- Elbogen, E. B., Johnson, S. C., Wagner, H. R., **Newton, V. M.**, Timko, C., Vasterling, J. J., & Beckham, J. C. (2012). Protective factors and risk modification of violence in Iraq and Afghanistan war veterans. *Journal of Clinical Psychiatry*, 73(6), 767-773.
- **Newton, V. M.**, Elbogen, E. B., Brown, C. L., Barrick, A. L., & Snyder, J. (2012). Clinical decision-making about inpatient violence risk at admission to a public-sector acute psychiatric hospital. *Journal of the American Academy of Psychiatry and the Law*, 40, 206-214.

## **Current Memberships**

- British Psychological Society
- National Academy of Neuropsychology
- Psychologists' Association of Alberta

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