

Erica Thomson, M.Ed, R.Psych



EDUCATION

Doctor of Philosophy (PhD) Candidate

- University of Regina (in progress)
Faculty of Graduate Studies and Research
Mentored PhD Program in Education (Educational Psychology)
- *Proposed Dissertation:*
The Gift of Neurodiversity: Learning from the Reflective Experiences of Gifted Adults with ADHD
Supervisor: Dr. Jenn deLugt

Master of Education

- University of Saskatchewan (October 2017)
Educational Psychology and Special Education: School and Counselling Psychology
- *Master's Thesis:*
Perfectionism and Self-Stigma: The Moderating Effects of Exposure to Mental Illness
Supervisors: Dr. Jennifer Nicol and Dr. Amin Mousavi
 - <https://harvest.usask.ca/bitstream/handle/10388/7965/THOMSON-THESIS-2017.pdf?isAllowed=y&sequence=1>

Bachelor of Arts

- University of Saskatchewan (June 2015)
Major: Psychology (High Honours)
- *Honour's Thesis:*
Nostalgia: Improving Negative Attitudes Towards Gay Men
Supervisor: Dr. Todd Morrison
 - <https://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.708.7864&rep=rep1&type=pdf>

Registration/Licensure

- Saskatchewan College of Psychologists
Registered Psychologist #1040
- Saskatchewan Teacher's Certificate
(Professional B- Educational Psychology)
#9005283
- Nova Scotia Board of Examiners in
Psychology (NSBEP)
Temporary Courtesy Registration (in progress)

Professional Memberships

- Psychology Association of Saskatchewan (PAS)
- Canadian Psychological Association (CPA)
- National Association of School Psychologists (NASP)

PROFESSIONAL EXPERIENCE

Workplace	Responsibilities
Chinook School Division (2017-present)	<p>Assessment: comprehensive assessment of children ages 8 to 18 experiencing learning, behavioural, and/or social/emotional concerns. Common diagnoses are neurodevelopmental in nature (e.g., Intellectual Disorders, AD/HD, Specific Learning Disorders, etc.).</p> <p>Intervention: providing recommendations based on strengths, needs, and diagnoses (e.g., behaviour therapy, academic interventions, exploration of pharmacological treatment, etc.). Creating behaviour plans and making referrals to appropriate services, programs, or other professionals.</p> <p>Consultation: consulting with parents, teachers, other student service providers (e.g., Occupational Therapists, Speech and Language Pathologists, and Counsellors), and community agencies to guide treatment planning for students and to provide psychoeducation.</p>
Brunswick Creek Psychology Services (2017-present)	<p>Assessment: comprehensive diagnostic adult assessment for the purpose of work or academic accommodations, qualification for programs/ services, or for treatment planning. Includes clinical interviewing, cognitive, academic, and neuropsychological testing, and evaluation of social, behavioural and emotional functioning.</p> <p>Counselling: individual therapy services addressing issues such as anxiety, depression, interpersonal difficulties, life transitions, and grief. Approaches to treatment include cognitive behavioural therapy, Acceptance and Commitment Therapy, reality therapy, and therapeutic lifestyle changes.</p>
University of Saskatchewan (Summer 2020)	<p>Sessional Lecturer: online delivery of EPSE 821 (The Biological Bases of Behavior) to students at the graduate level. This position required selection of a textbook, development of a syllabus, selection of readings, creation of digital course content (e.g., recorded lectures, module quizzes, and a final exam), grading of group assignments, and provision of educational support as students encountered questions and navigated course content.</p>
University of Saskatchewan	<p>Teaching Assistant: assistant to Dr. Tim Claypool in delivering EPSE 302 (Situated Learner: Contexts of Learning and Development).</p>

SCHOLARSHIPS & AWARDS

SSHRC Doctoral Fellowship

Social Sciences and Humanities Research Council

September 2022- August 2026

Amount: \$80,000.00

SSHRC Enhancement Award

Faculty of Graduate Studies and Research

September 2022- September 2025

Amount: \$28,000.00

Graduate Devolved Scholarship

University of Saskatchewan

September 2016- April 2017

Amount: \$15,000.00

Undergraduate Tuition Scholarship

University of Saskatchewan

January 2013; January 2014; January 2015

Amounts: \$4500.00