

# EASTER YASSA, PH.D., R. PSYCH

## PROFESSIONAL AFFILIATION

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College of Alberta Psychologists – Registered Psychologist (Certificate #3932)  
Canadian Psychological Association (CPA) – member

## EDUCATION

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**2005 – 2014**      **University of Alberta**      Edmonton, AB  
*Ph.D. in Counselling Psychology*

**2002 – 2005**      **Adler School of Professional Psychology**      Chicago, IL  
*M.A. in Counselling Psychology*

**1999 – 2000**      **Sheridan College**      Oakville, ON  
*Marketing Management Post-Graduate Certificate*

**1997**      **Cambridge University**      Cambridge, UK  
*International Scholars Summer Study Program through University of New Hampshire*

**1992 – 1998**      **Dalhousie University**      Halifax, NS  
*B. Sc. [Advanced in Psychology]; B. A. [Honours in Sociology and Social Anthropology]*

## AWARDS & HONOURS

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**2010**      **Friends of the Faculty of Graduate Studies and Research Scholarship**      University of Alberta

**2006 - 2007**      **Larry Eberlein Graduate Scholarship**      University of Alberta

**2006 - 2007**      **Provost Doctoral Entrance Award (Renewal)**      University of Alberta

**2005 - 2006**      **Provost Doctoral Entrance Award**      University of Alberta

**2000**      **Sheridan Scholar**      Sheridan College

**1998**      **First Class Honours**      Dalhousie University

**1998**      **Dalhousie Club of NY Scholarship**      Dalhousie University

**1996/97**      **Dean's List**      Dalhousie University

## RESEARCH EXPERIENCE

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**Ph.D. Dissertation, University of Alberta**      **2014**  
*"Can Psychologists Identify when the Problem is Cybersex Addiction?: An Exploratory Study"*  
*(Quantitative)*

**M.A. Thesis, Adler School of Professional Psychology**      **2005**  
*"Alexithymia in Grade 4's After Playing an Emotion Learning Game" (Quantitative)*

**Marketing Management Post-Graduate Certificate, Sheridan College**      **1999**  
*Market Research Study of types of readers of early education children's magazines, "Chirp" and "Chikadee", and their identified needs from the magazines (Mixed Method)*

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**B.A. Social Anthropology Honours Thesis, Dalhousie University**

1998

*“This New Country is My Business’: Case Studies of the Cultural Meanings of Entrepreneurship to Immigrant Entrepreneurs” (Qualitative)*

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## RELEVANT EXPERIENCE

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**2012 – Present, Private Practice** Edmonton, St. Albert, Calgary, Cochrane, AB & Virtually (Online)

*Registered Psychologist*

- Provide client-centred counselling/ psychotherapy to adults and seniors addressing issues such as grief and loss, self-esteem, body issues, substance abuse, substance and process addictions, relationship issues, anger management, anxiety, and depression.
- Maintain accurate and up-to-date case files and progress notes.
- Adhere to ethical practices and principles in providing psychological services.
- Created detailed and thorough forms, including informed consent form, general information form, client intake form, consent to release and consent to obtain confidential information forms, etc., for use with clients.
- Actively participate in monthly peer supervision/consultation with other psychologists to ensure ethical and best practices.
- Created ethical and targeted business and promotional materials to reach out to potential clients and referral sources.
- Designed websites and wrote website content for the purposes of promoting services and educating consumers of mental health services.
- Network with other healthcare providers, including physicians, nurses, counsellors and psychologists, and community partners for the purposes of increasing referrals.

**Fall, 2015, University of Lethbridge**

Lethbridge, AB

*Sessional Instructor (Primary Lecturer), Faculty of Education*

- Taught “CAAP 6601: Theories of Counselling and their Application to Client Change” online to a group of 20 masters level students.
- Created all course materials in line with the course syllabus, mandate, and university policies.
- Used Moodle online platform to facilitate and enhance the teaching of course content.
- Prepared and presented lecture material in a coherent, comprehensive and engaging manner.
- Prepared and marked exams, papers, presentations and discussion forum posts in a thorough and timely fashion using valid and appropriate measures.
- Provided students with feedback and responded to emails in a respectful, professional and encouraging manner.
- Conducted various administrative duties associated with the position.

**2010 – 2011, University of Alberta**

Edmonton, AB

*Senior Associate Clinician (Part-time), Faculty of Education, Educational Psychology Clinical Services*

- Supervised master's and Doctoral level student clinicians on a weekly basis and as needed.
- Created and facilitated presentations and workshops to master's and Doctoral students on Self-care for Healthcare Professionals to address prevention and healing from compassion fatigue, burnout and vicarious trauma.

## **E A S T E R Y A S S A , P H . D . , R . P S Y C H**

- Managed various administrative tasks in the day to day running of the clinic.
- Conducted a thorough analysis of the client demographic, market and competition for the services provided by the Clinic.
- Researched and wrote the first ever marketing plan for the Clinic.
- Created and managed the advertising plan and ensured that referrals were generated for student clinicians to counsel.
- Initiated and coordinated the Clinics' purchase of the first ever electronic database of partner and referral agencies.
- Planned and implemented the first ever organized large-scale marketing outreach initiative for the Clinic to over 500 partner and referral agencies.
- Created, designed and arranged mail-out for invitations to select partner agencies for Clinic Open House to increase awareness of and referrals to Clinic.
- Organized and executed the Clinic Open House in an efficient manner involving the coordination of multiple persons and resources.
- Revised all client referral and demographic forms to better track the results of the implemented marketing and advertising plan.
- Restructured the website for the Clinic, which involved re-writing content, sourcing images, and coordinating content delivery from other Clinic staff.
- Participated in ongoing administrative meetings regarding the running of the clinic and the status of various marketing initiatives.
- Actively engaged in 1 hour of one-on-one supervision on a monthly basis.

### **Winter & Spring, 2010, University of Alberta**

Edmonton, AB

*Sessional Instructor (Primary Lecturer), Department of Educational Psychology*

- Taught "EDPY 442: Introduction to Counselling" to a group of 75 (Winter) and 40 (Spring) senior undergraduate students.
- Created all course materials in line with the course syllabus, mandate, and university policies.
- Used eClass/WebCT online component to facilitate and enhance the teaching of course content.
- Prepared and presented lecture material in a coherent, comprehensive and engaging manner.
- Prepared and marked exams in a thorough and timely manner using valid and appropriate measures.
- Coordinated and consulted with multiple seminar instructors as needed for cohesive course delivery.
- Provided students with feedback in a respectful, professional and encouraging manner.
- Conducted various administrative duties associated with the position.

### **Winter & Spring, 2010, Grant MacEwan University**

Edmonton, AB

*Term Instructor (Primary Lecturer), Department of Psychology*

- Taught "PSYC 241: Social Psychology" to groups of 40 undergraduate students.
- Created course syllabus and ensured all course materials, learning goals, and evaluation measures were in line with course mandate and university policies.
- Used Blackboard/WebCT online component to facilitate and enhance the teaching of course content.

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- Designed and facilitated lecture material in a coherent, comprehensive and engaging manner.
- Created and graded exams in a thorough and timely fashion using valid and appropriate measures.
- Provided students with feedback in a respectful, professional and encouraging manner.
- Conducted various administrative duties associated with the position.

## **Fall, 2009 & 2010, University of Alberta**

Edmonton, AB

*Small Group Facilitator (Part-time), Department of Family Medicine*

- Facilitated seminar for “MED 526: Patient Centred Care Part II”.
- Worked with first year Medical School students to help increase their comfort and proficiency with sexual history taking with patients.
- Provided feedback and skills acquisition support to students in relation to their practice sessions with standardized patients.
- Coordinated with a co-facilitator the discussion and dissemination of information related to issues regarding sex, sexuality, sexual disorders, sexual abuse, sexual assault, and sexual orientation as they may present in the practice of family medicine.

## **2006 – 2007, University of Alberta**

Edmonton, AB

*Counsellor (Part-time), Student Counselling Services*

- Provided client-centred individual therapy to students presenting with anxiety, depression, relationship issues, suicidal ideation, family issues, etc.
- Kept confidential, accurate and timely client files and session notes.
- Liaised on behalf of students, when necessary, with other academic departments.
- Actively participated in individual supervision on a weekly basis.

## **2004 – 2005, Centre for Addiction and Mental Health**

Toronto, ON

*Counsellor/Therapist, Work Adjustment and Employment Support Services*

- Counsellor a caseload of 15-20 clients currently dealing with or in recovery from diagnosed mental illness(es) using cognitive reframing, behavioural goals, mindfulness, and emotion regulation to address work related and influenced issues.
- Advocated on behalf of clients with potential employers and additional services, such as ODSP, Housing, WSIB, EI, Social Assistance, legal services, and long and short-term insurance providers.
- Liaised with social workers and primary health care clinicians and physicians to ensure quality and consistency of care for the client.
- Wrote accurate and timely intake reports and client documentation to be entered into client’s medical health record.
- Facilitated the creation of unpaid and paid part-time work placements for clients to assist in their transition back to employment.
- Designed and facilitated employment skills group for youth in a day treatment addictions program and also youth in an alternative GED program for those with mental health challenges.
- Co-facilitated workshops for college level career counselling students regarding breaking the stigma of mental illness and understanding mental illness in employment counselling.
- Supervised and contributed to the on-site training of co-op student interns.

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## INTERNSHIPS & PRACTICA

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**2008 – 2009**      **University of Alberta**      Edmonton, AB

*Ph.D. Pre-doctoral Internship, Faculty of Education, Educational Psychology Clinical Services*

- Counselling adult and elderly individuals and couples from Edmonton and the surrounding community, presenting with a variety of issues including anxiety disorders, depression, trauma, substance and process addiction, relationship problems, and bereavement, etc.
- Provided personality, diagnostic and projective assessments of appropriate counselling clients, scored assessments, and debriefed counselling clients on the results and meaning of findings.
- Wrote thorough, concise and timely case notes following each client session.
- Created and managed the advertising plan and ensured that referrals were generated for student clinicians to counsel.
- Managed various administrative tasks in the day to day running of the clinic
- Participated in monthly administrative meetings regarding the running of the clinic and accreditation issues, etc.
- Actively engaged in 3 hours of one-on-one supervision and 1 hour of group supervision on a weekly basis.
- Supervised master's level student clinicians on a weekly basis and as needed.

**2005 – 2006**      **University of Alberta**      Edmonton, AB

*Counselling Ph.D. Practicum Student, Student Counselling Services*

- Provided client-centred individual therapy to University of Alberta students presenting with anxiety, depression, relationship issues, suicidal ideation, family issues, etc.
- Kept confidential, accurate and timely client files and session notes.
- Liaised on behalf of students, when necessary, with other academic departments.
- Actively participated in individual supervision on a weekly basis.

**2005 – 2006**      **University of Alberta**      Edmonton, AB

*Counselling Ph.D. Practicum Student, Educational Psychology Clinical Services*

- Counselling adult and adolescent individuals, children, couples and families presenting to the clinic with a variety of issues including anxiety, depression, trauma, substance and process addiction, personality disorders, relationship problems, bereavement, conflict, and parenting issues, etc.
- Kept confidential, accurate and timely client files and session notes.
- Actively participated in individual and group supervision on a weekly basis.

**2003 – 2004**      **Centre for Addiction and Mental Health**      Toronto, ON

*Psychology Masters Intern, Personality Disorders Service*

- Provided client-centred individual and group therapy using DBT framework to culturally diverse adult clients with various personality disorders, trauma histories, suicidal ideation, self-mutilation, and substance abuse issues.
- Designed, facilitated and evaluated an interpersonal and communication skills group for clients with a BPD diagnosis.

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- Maintained and updated charts containing confidential client information.
- Coordinated with team members such as psychiatrists, social workers, psychologists, and nurses to provide holistic care.
- Participated in team and individual supervision sessions.

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## TEACHING/RESEARCH ASSISTANTSHIPS

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**2023, Feb 27-29 Harville Hendrix Ventures, LLC** Online (Live)  
*Clinical Assistant, Getting the Love You Want: A Workshop for Couples with Harville Hendrix & Helen Hunt*

**2009 – 2010 University of Alberta** Edmonton, AB  
*Research Assistant, Health Sciences Education & Research Commons*

**2006 - 2008 University of Alberta** Edmonton, AB  
*Teaching Assistant, EDPY 533/534 – Masters level “Counselling Practicum” Course, Department of Educational Psychology*

**Spring, 2006 University of Alberta** Edmonton, AB  
*Seminar Instructor, EDPY 442 – Undergraduate level “Introduction to Counselling” Course, Department of Educational Psychology*

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## PUBLICATIONS/PRESENTATIONS

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**University of Calgary** **November 4, 2022**  
**Not-for-Profit World in Wonder, Integrity & Kindness (WIWIK) collaboration**  
**Online (Live)**  
*Workshop: I Am Not My Gremlin!<sup>TM</sup> - Separating you from your inner critic (A live online introductory workshop)*

**University of Calgary** **October 25, 2022**  
**Online (Live)**  
*Key Note Speech: I Am Not My Gremlin!<sup>TM</sup> - Separating you from your inner critic*

**University of Alberta** **April 7, 2021**  
**Online (Live)**  
*Key Note Speech: (World Mental Health Day Breakfast Launch) Living Life with Vitality & Wonder*

**University of Alberta** **March 1 – April 30, 2021**  
**Not-for-Profit World in Wonder, Integrity & Kindness (WIWIK) collaboration**  
**Online (Live & Recorded)**  
*Campus-wide Mental Health Initiative: I Am Not My Gremlin!<sup>TM</sup>*

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**Women Empowering Women (WEW)** June 24, 2018  
**Cochrane, AB**

*Presentation: "It's Not You, It's Your Gremlin!: Freeing Yourself from Anxiety"*

**Public Presentation** May 26 & 31, 2018  
**Cochrane Public Library, Cochrane, AB**

*Presentation: "It's Not You, It's Your Gremlin!: Freeing Yourself from Anxiety"*

**St. Albert Bereavement Group** February 13, 2013  
**St. Albert, AB**

*Presentation: "Coping Mindfully with Loss and Loneliness"*

**EDPY 633: Doctoral Counselling Practicum** October 25, 2010  
**University of Alberta, Edmonton, AB**

*Presentation: "Self-care for Healthcare Professionals"*

**EDPY 533: Masters Counselling Practicum** October 13, 2010  
**University of Alberta, Edmonton, AB**

*Presentation/Workshop: "Self-care for Healthcare Professionals"*

**EDPY 534: Masters Counselling Practicum** March 2 & 4, 2010  
**University of Alberta, Edmonton, AB**

*Presentation: "Cybersex Addiction: Diagnosis and Treatment"*

**MED 526: Patient Centred Care Part II** October 13, 2009  
**Department of Family Medicine, University of Alberta, Edmonton, AB**

*Presentation: "Cybersex Addiction: Diagnosis and Treatment"*

**EDPY 534: Masters Counselling Practicum** February 5, 2008  
**University of Alberta, Edmonton, AB**

*Presentation: "Couples Recovering from Cybersex Addiction"*

**EDPY 497: Teaching Sex Education** October 25, 2007  
**University of Alberta, Edmonton, AB**

*Presentation: "Cybersex Addiction"*

**Educational Psychology Graduate Student Colloquium** March 30, 2007  
**University of Alberta, Edmonton, AB**

*Paper Presentation: "Couples Recovering from Cybersex Addiction"*

# E A S T E R Y A S S A , P H . D . , R . P S Y C H

**EDPY 497: Teaching Sex Education** **October 19, 2006**  
**University of Alberta, Edmonton, AB**

*Presentation: "Cybersex Addiction"*

**Career and Life Management Program (CALM)** **July 11, 2006**  
**Ross Sheppard High School, Edmonton, AB**

*Presentation: "Cybersex and Internet Safety"*

**Student Counselling Services** **June 15, 2006**  
**University of Alberta, Edmonton, AB**

*Presentation: "Cybersex Addiction: Diagnosis and Treatment"*

**Canadian Psychological Association** **June 9, 2006**  
**75<sup>th</sup> Annual Conference, Calgary, AB**

*Theory Review Presentation: "The Alexithymia Construct and Implications"*

**Career and Life Management Program (CALM)** **May 9, 2006**  
**Ross Sheppard High School, Edmonton, AB**

*Presentation: "Cybersex and Internet Safety"*

**Annual Meeting of the Atlantic Association of** **1998**  
**Sociologists and Anthropologists**

*Paper Presentation: "Would Society Exist at Three O'clock in the Morning if Everyone Where Asleep?"*

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## CONTINUING EDUCATION & TRAINING

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**March 16, 2023** Online (Recorded)

**Being an Ethical Psychologist**

*Canadian Psychological Association (CPA)*

**February 28, 2023** Online (Recorded)

**The Therapist's Body: The Science of Co-regulation and Embodiment as a Therapeutic Intervention**

*Essential Therapy Training, Facilitated by Rebecca Clegg, LPC, CEDS-S*

**December 28, 2022** Online (Live)

**The Path to Suicide**

*Center for Training, Facilitated by Amy Morgan, CFRC(D), CPSL-T(D)*

**January 23-October 18, 2022** Online (Live)

**Tele'Drama Certification Level 2 (Psychodrama for virtual settings, training and supervision)**

*International Tele'Drama Institute, Facilitated by Daniela Simmons, PhD, Board Certified TEP*



# E A S T E R Y A S S A , P H . D . , R . P S Y C H

- January 8, 2022** Online (Live)  
**EMDR Advanced Training: Evicting Toxic Shame**  
*EMDR Consulting, Facilitated by Phoebe Bergvall, LCMHC*
- January 6-7, 2022** Online (Live)  
**EMDR Advanced Training: Dealing with Avoidance in EMDR**  
*EMDR Consulting, Facilitated by Crystal Whitlow, LCSW*
- November 30, 2021** Online (Live)  
**Working with Trauma with Emotionally Focused Individual Therapy (EFIT)**  
*Envision, Facilitated by Dr. Leanne Campbell, RPsych*
- November 26, 2021** Online (Live)  
**Intensive Short Term Dynamic Psychotherapy - Repression: When Anger Goes Inward**  
*Western Canada Institute for Intensive Short Term Dynamic Psychotherapy, Facilitated by Jon Frederickson, MSW*
- November 19, 2021** Online (Live)  
**Great Sex for Life: Introducing an Improvisational Sexual Style**  
*The Couples Institute, Facilitated by Martha Kauppi, MFT, ASSECT-certified Sex Therapist*
- November 20, 2021** Online (Recorded)  
**Not Tonight, Dear: Advanced Clinical Training on Desire Differences**  
*The Couples Institute, Facilitated by Martha Kauppi, MFT, ASSECT-certified Sex Therapist*
- October 30 – November 1, 2020** Online (Live)  
**Imago Clinical Training (Part 2B, Modules 5-8)**  
*Imago Relationships North America*
- October 19 - 23, 2020** Online (Live)  
**Intensive Sex Therapy Training Program**  
*University of Guelph, Facilitated by Dr. Markie Twist, AASECT Approved*
- October 15 – 17, 2020** Online (Live)  
**Belief Focused EMDR (Part 2)**  
*EMDR Consulting, Facilitated by Larisa Traga, EMDRIA Approved*
- September 25 – 27, 2020** Online (Live)  
**Imago Clinical Training (Part 2A, Modules 5-8)**  
*Imago Relationships North America*
- August 7 – 9, 2020** Online (Live)  
**Belief Focused EMDR (Part 1)**  
*EMDR Consulting, Facilitated by Larisa Traga, EMDRIA Approved*
- July 9 – 30, 2020** Online (Live)  
**Imago Clinical Training (Part 1B, Modules 1-4)**  
*Imago Relationships North America*

# E A S T E R Y A S S A , P H . D . , R . P S Y C H

- December 5 – 19, 2019** Online (Live)  
**Imago Clinical Training (Part 1A, Modules 1-4)**  
*Imago Relationships North America*
- June 15, 2019** Online (Live)  
**Advanced EMDR Webinar: How to Turn Spiders Into Sparkle Fairies; A Tale of Complex Trauma (Alternate Title: Introduction to Working with Dissociation - combining EMDR with Ego State Therapy)**  
*Joy Rising Counselling Services, Facilitated by Kirsten L. Ferguson, MSW, RCSW*
- April – May 2019** Online (Live & Recorded)  
**Disarming the Narcissist**  
*Wendy Behary, LCSW through Mind Body Training Institute (MBTI)*
- March 24 – 25, 2018** Edmonton, AB  
**Introduction to Existential Analysis (Part 2).**  
*Existential Analysis Canada*
- January 17 – 20, 2017** Calgary, AB  
**EMDR Basic Training (Level 1, Part 2) & 1 Additional Practicum.**  
*Life Journeys Counselling, Facilitated by Sue Genest, EMDRIA Approved*
- October 19 – 22, 2016** Calgary, AB  
**EMDR Basic Training (Level 1, Part 1) & 1 Additional Practicum.**  
*Life Journeys Counselling, Facilitated by Sue Genest, EMDRIA Approved*
- September 30 – October 2, 2016** Calgary, AB  
**Introduction to Existential Analysis (Part 1).**  
*Existential Analysis Canada*
- May 28, 2016** Banff, AB  
**Intermediate/Advanced Clinical Hypnosis Training – O.K. I've Got the Script, Now What Comes Next? Complexity and Creativity in Applying Your New Clinical Skill.**  
*Canadian Federation of Clinical Hypnosis (CFCH)*
- May 27, 2016** Banff, AB  
**Intermediate/Advanced Clinical Hypnosis Training – Hypnotherapy for Anxiety Disorders**  
*Canadian Federation of Clinical Hypnosis (CFCH)*
- May 21, 2016** St. Albert, AB  
**Mythodrama Leadership Training**  
*Olivier Mythodrama, Facilitated by Michael Boyle*
- March 26, 2016** Edmonton, AB  
**Introduction to Narrative Therapy Workshop.**  
*The Narrative Project*

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- June 2 – 4, 2015** Toronto, ON  
**4-Day Externship in Emotionally Focused Couples Therapy**  
*The International Centre for Excellence in Emotionally Focused Therapy (ICEEFT)*
- May 22 – 24, 2015** Banff, AB  
**Basic Clinical Hypnosis Training**  
*Canadian Federation of Clinical Hypnosis (CFCH)*
- April 17 – 24 & September 13 – 19, 2015** Calgary, AB  
**Expressive Arts Training: Level 1 Certificate**  
*Prairie Institute of Expressive Arts Therapy (PIEAT)*
- September 29 – December 19, 2014** Online (Live & Recorded)  
**Telemental Health Introductory Certificate Program.**  
*The Traumatology Institute (Canada) in partnership with the Telebehavioral Health Institute (TBHI)*
- May 14 – 17, 2014** West Palm Beach, FL  
**Multidimensional Partner Trauma Model**  
*Association for Partners of Sex Addicts Trauma Model Specialists (APSATS)*
- September 14 – December 2, 2009** Edmonton, AB  
**Advanced Clinical Supervision in Psychology**  
*University of Calgary, Division of Applied Psychology*
- April 25 & 26, 2009** Toronto, ON  
**Compassion Fatigue Specialist Training**  
*The Traumatology Institute (Canada)*
- February 11, 2009** Edmonton, AB  
**How to Improve the Effectiveness of Your Clinical Work by 65%**  
*The Family Centre, Facilitated by Scott Miller, Ph.D.*
- December 15, 2004** Toronto, ON  
**Dealing with Hostile and Aggressive Behaviour**  
*Centre for Addiction and Mental Health*
- October 27, 2004** Toronto, ON  
**Neglected or Hidden**  
*Conference on Connecting Employers and People with Disabilities in Canada*
- October 21, 2004** Toronto, ON  
**Sustaining Ourselves as Helping Professionals, Full Day**  
*Centre for Addiction and Mental Health*
- September 22, 2004** Toronto, ON  
**Healing Approaches to Mental Health**  
*Cultural Competency in Mental Health Conference*

# E A S T E R Y A S S A , P H . D . , R . P S Y C H

September 22, 2004 Toronto, ON  
**Cultural Competency Panel of Best Practices & Cultural Competence Mental Health Service Delivery Project**  
*Cultural Competency in Mental Health Conference*

August 18, 2004 Toronto, ON  
**Diversity Training, Full Day**  
*Centre for Addiction and Mental Health*

June 23, 2004 Toronto, ON  
**Code White & Code Blue Training, Full Day**  
*Centre for Addiction and Mental Health*

June 16 & 17, 2003 Toronto, ON  
**An Introduction to Brief Therapy: Guiding Assumptions, Operating Principles and Practical Methods, Two Day**  
*The Hincks-Dellcrest Centre*

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## OTHER EXPERIENCE

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2021-Present **World in Wonder, Integrity & Kindness (WIWIK)** Alberta, CAN  
**Mental Wellness Foundation (Not-for-Profit)**

*Founder & Director*

2004 **Davenport Perth Neighbourhood Centre** Toronto, ON

*Employment Coach, Employment Resource Centre*

2002 – 2003 **Youth Employment Services (YES)** Toronto, ON

*Career Counsellor, Crossways Adult & Youth Job Centre*

2002 **LUCiDEA** Toronto, ON

*Owner, Corporate & Public Speaker & Trainer*

2002, Q1 **The Learning Annex** Toronto, ON

*Public Seminar Leader*

2000 – 2002 **L(earn)<sup>2</sup> Inc.** Toronto, ON

*Corporate Training Consultant/ Facilitator*

2000 – 2003 **Mount Sinai Hospital** Toronto, ON

*Volunteer Patient Companion, Inpatient Psychiatric Ward*

2000 **Forever Yours Lingerie, Inc.** Oakville, ON

*Fashion Runway & Set Designer*

2000 **Toronto School of Art** Toronto, ON

*Teaching Assistant*

1999 - 2000 **J. Walter Thompson** Toronto, ON

*Advertising Account Executive*

