

## CURRICULUM VITAE

### Simon Bryan Sherry, Ph.D.

#### CONTACT INFORMATION FOR CLINICAL RESEARCH

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#### CONTACT INFORMATION FOR CLINICAL PRACTICE

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#### PERSONAL INFORMATION

Citizenship: Canadian  
Date of Birth: December 14, 1976  
Place of Birth: Peterborough, Ontario

#### ACADEMIC POSITIONS

2018-present    **Professor** (tenured), Department of Psychology and Neuroscience,  
Dalhousie University, Halifax, Nova Scotia  
2012-2018      **Associate Professor** (tenured), Department of Psychology and  
Neuroscience, Dalhousie University, Halifax, Nova Scotia  
2008-present    **Assistant Professor** (cross appointment), Department of Psychiatry,  
Dalhousie University, Halifax, Nova Scotia  
2007-2012      **Assistant Professor** (tenure track), Department of Psychology and  
Neuroscience, Dalhousie University, Halifax, Nova Scotia

#### PROFESSIONAL QUALIFICATIONS

2010-present    **Registered Clinical Psychologist** (registration #R0667), Nova Scotia Board  
of Examiners in Psychology, Nova Scotia

**EDUCATIONAL HISTORY**

- 2006-2007 **Clinical Psychology Residency** (APA accredited), University of Washington School of Medicine, Seattle, Washington
- 2003-2007 **Doctor of Philosophy**, Clinical Psychology (CPA and APA accredited), University of Saskatchewan, Saskatoon, Saskatchewan
- 2000-2002 **Master of Arts**, Personality/Social Psychology, University of British Columbia, Vancouver, British Columbia
- 1995-2000 **Bachelor of Arts (Honours)**, Double Major in Psychology and in English, York University, Toronto, Ontario

**ACADEMIC HONOURS**

- 2016 Dalhousie University's Faculty of Science Killam Prize (\$2,000)
- 2015 Clinical Section of the Canadian Psychological Association: Scientist-Practitioner Early Career Award (\$1,000)
- 2014 nominee for Dalhousie University's Faculty of Science Award for Excellence in Teaching
- 2013 nominee for Dalhousie University's Faculty of Science Award for Excellence in Teaching
- 2013 nominee for the Dalhousie Alumni Association Award of Excellence for Teaching
- 2012 Discovery Centre's Emerging Professional of Distinction Award
- 2012 nominee for Dalhousie University's Faculty of Science Award for Excellence in Teaching
- 2012 nominee for the Dalhousie Alumni Association Award of Excellence for Teaching
- 2011 finalist for Discovery Centre's Emerging Professional of Distinction Award
- 2011 H. J. Eysenck Memorial Fund Award (£2000)
- 2009 Canadian Psychological Association: President's New Researcher Award (\$500)
- 2009 nominee for Dalhousie University's Faculty of Science Award for Excellence in Teaching
- 2008 Canadian Psychological Association: Certificate of Academic Excellence for Doctoral Thesis
- 2004-2007 Social Sciences and Humanities Research Council of Canada: Canada Graduate Scholarship (\$35,000 per annum)
- 2002-2003 W. Ross Pinkerton Memorial Fund Scholarship (\$5,000)
- 2001 American Psychological Association: Student Travel Award (\$300 USD)
- 2000 York University: Vanier Vingt-Deux (Master's Honour Roll)
- 1998-1999 York University Continuing Student Scholarship (\$1,400)
- 1997-1998 York University: Provost's Scholarship
- 1997-1998 York University Faculty of Arts Sessional Academic Achievement List
- 1995-1996 Laurentian University Entrance Scholarship (\$1,400)
- 1995-2000 Sudbury Wolves Scholarship Fund (\$2,500 per annum)

**PROFESSIONAL AFFILIATIONS**

2009-present Association of Psychologists of Nova Scotia  
 1999-present Canadian Psychological Association

**GRANTS<sup>1</sup>****Research Grants**

- 2019-2023 Smith, M. M., Hill, A. P., Noret, N., Mallinson-Howard, S., & **Sherry, S. B.** "Perfectionism, social disconnection, and depressive symptoms in parent-daughter dyads: Reformulating and testing an integrative psychosocial model." *Children and Young People's Mental Health PhD scholarship 2019*. (£44,331 requested).
- 2018-2019 Bartel, S. J., **Sherry, S. B.**, Stewart, S. H., & O'Connor, R. M. "Social networks of problem gamblers: A longitudinal study of social influences on problem gambling." *Dalhousie University Department of Psychiatry Research Fund*. (\$19,825 requested).
- 2015-2016 Higgins, K., Chambers, C., Clark, A. J., Rosen, N. O., **Sherry, S. B.**, & Campbell-Yeo, M. "Risk and resilience in children of parents with chronic pain." *Nova Scotia Health Authority Research Fund Category 3 Grant*. (\$4,936).
- 2015-2016 Nealis, L. J., **Sherry, S. B.**, & Rao, S. K. "Biopsychosocial factors in perfectionism, stress, and depression." *Dalhousie University Department of Psychiatry Research Fund*. (\$10,000).
- 2015-2020 Stewart, S. H., Mackinnon, S. P., **Sherry, S. B.**, & Leonard, K. E. "Tests of the social influence hypothesis on drinking motives and drinking behavior in dating couples." *Social Sciences and Humanities Research Council of Canada Insight Grant*. (\$223,300).
- 2014-2016 Nealis, L. J., Sherry, D. L., & **Sherry, S. B.** "Understanding the perfectionism-stress link: A biopsychosocial perspective on perfectionism and stress in healthcare workers." *Capital Health Research Fund*. (\$15,000).
- 2013-2018 **Sherry, S. B.**, Pratt, M. W., Stewart, S. H., & Sherry, D. L. "Not so perfect after all: Self-critical perfectionism in romantic relationships and breakups." *Social Sciences and Humanities Research Council of Canada Insight Grant*. (\$181,400).
- 2013 Stoeber, J., **Sherry, S. B.**, & Boone, L. "IAT Perfectionism: An international collaboration." *University of Kent Faculty of Social Sciences Faculty Research Fund*. (£2,288).
- 2012-2016 **Sherry, S. B.** "Everyday experience sampling infrastructure for the Personality Research Team." *Canadian Foundation for Innovation Infrastructure Operating Fund*. (\$24,820).

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<sup>1</sup>Names of students whom I supervised in completing grants, publications, presentations, etc. are underlined.

- 2011-2012 **Graham, A. R., Sherry, D. L., & Sherry, S. B.** "Testing the perfectionism model of binge eating in parent-daughter dyads: An experience sampling study of an at-risk sample." *Capital Health Research Fund*. (\$5,000).
- 2011-2013 **Mackinnon, S. P., Sherry, S. B., & Pratt, M. W.** "Perfectionism, life narratives, and well-being during freshman year." *Dalhousie University Department of Psychiatry Research Fund*. (\$10,000).
- 2011-2012 **Sherry, S. B., Stewart, S. H., & Duffy, A. C.** "Your personality and your mood: Can your personality make you anxious, manic, or depressed?" *Canadian Institutes of Health Research Café Scientifique*. (\$3,000).
- 2010-2015 Duffy, A. C., Alda, M., Grof, P., Hajek, T., Horrocks, J., **Sherry, S. B., & Young, L.** "The early course of bipolar disorder: From genetic risk to illness onset." *Canadian Institutes of Health Research Operating Grant*. (\$1,105,245).
- 2010-2011 Sherry, D. L., **Sherry, S. B., & Stewart, S. H.** "Health anxiety and healthcare utilization: Using the interpersonal model of health anxiety to understand patterns of frequent healthcare utilization." *Capital Health Research Fund*. (\$15,000).
- 2010 **Sherry, S. B.** "Everyday experience sampling infrastructure for the Personality Research Team." *Canadian Foundation for Innovation Leaders Opportunity Fund*. (\$316,947).
- 2010-2013 **Sherry, S. B., Antony, M. M., Stewart, S. H., & Sherry, D. L.** "Perfectionism, conflict, stress, and depression: Testing an integrative biopsychosocial model in a high risk sample." *Nova Scotia Health Research Foundation Health Research Project Grant*. (\$150,000).
- 2010-2012 **Sherry, S. B., & Sherry, D. L.** "Perfectionistic concerns, social problems, and depressive feelings in romantic couples." *Dalhousie University Research Development Fund for the Humanities and Social Sciences*. (\$3,500).
- 2010-2011 **Sherry, S. B., Stewart, S. H., & Watt, M. C.** "Is it all just in my head? Understanding and treating health anxiety and hypochondriasis." *Canadian Institutes of Health Research Café Scientifique*. (\$3,000).
- 2009-2012 **Sherry, S. B., & Antony, M. M.** "Perfectionistic concerns, social disconnection, and depressive symptoms: An experience sampling study with longitudinal follow-up." *Social Sciences and Humanities Research Council of Canada Standard Research Grant*. (\$69,432).
- 2009-2012 Stewart, S. H., & **Sherry, S. B.** "A three-pronged approach to further investigating the validity of a five-factor model of undergraduate drinking motivations." *Social Sciences and Humanities Research Council of Canada Standard Research Grant*. (\$125,518).
- 2008-2010 **Sherry, S. B., Stewart, S. H., & Sherry, D. L.** "Perfectionism, rumination, regret, and depression: A four-wave longitudinal study in an at-risk sample." *Dalhousie University Department of Psychiatry Research Fund*. (\$10,000).
- 2007-2009 **Sherry, S. B., & Stewart, S. H.** "A test of the interpersonal model of hypochondriasis in romantic couples." *Dalhousie University Research Development Fund for the Humanities and Social Sciences*. (\$3,500).
- 2003-2004 **Sherry, S. B., & Hewitt, P. L.** "Perfectionism and suicide behaviours in

male retirees.ö *University of British Columbia Humanities and Social Sciences Research Grant*. (\$7,465).

### Training Grants

- 2017 Deacon, S. H., Rosen, N. O., **Sherry, S. B.**, & Stewart, S. H. öUndergraduate research awards in applied psychology.ö *Innovation-Themed Undergraduate Research Funding from Dalhousie University and the Atlantic Innovation Fund*. (\$20,000 for four labs). This grant provided \$5,000 to support an undergraduate research assistant in the Personality Research Team. Investigators on this grant are listed alphabetically.
- 2014 Sherry, D. L., & **Sherry, S. B.** öOther-oriented perfectionism in social networks.ö *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,456). This grant provided funds to support an undergraduate research assistant.
- 2014 **Sherry, S. B.**, & Sherry, D. L. öOther-oriented perfectionism and interpersonal problems.ö *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,248). This grant provided funds to support an undergraduate research assistant.
- 2013 **Sherry, S. B.**, & Sherry, D. L. öResearching depression in Nova Scotians.ö *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,236). This grant provided funds to support an undergraduate research assistant.
- 2012 Sherry, D. L., & **Sherry, S. B.** öResearching stress and mental health in Nova Scotians.ö *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,420). This grant provided funds to support an undergraduate research assistant.
- 2011 Duffy, A. C., & **Sherry, S. B.** öThe early course of bipolar disorder: From genetic risk to illness onset.ö *Dalhousie University Department of Psychiatry Summer Studentship*. (\$5,000).
- 2011 **Sherry, S. B.** öResearching health anxiety in Nova Scotians.ö *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,353). This grant provided funds to support an undergraduate research assistant.
- 2010 **Sherry, S. B.** öResearching perfectionism and depression in Nova Scotians.ö *Human Resources and Skills Development Canada: Canada Summer Jobs*. (\$1,610). This grant provided funds to support an undergraduate research assistant.
- 2009 Duffy, A. C., & **Sherry, S. B.** öThe nature of the association between attachment, temperament, and psychopathology among high risk offspring of bipolar parents.ö *Dalhousie University Department of Psychiatry Summer Studentship*. (\$5,000).

### Travel Grants

- 2012 **Sherry, S. B.** öWhy do perfectionists binge eat? Evidence from longitudinal and experience sampling designs.ö *Dalhousie University Research*

*Development Fund for the Humanities and Social Sciences: Faculty Travel Grant to International Conferences.* (\$1,500). This grant provided funds to attend a workshop.

## PUBLICATIONS

### Peer-Reviewed Journal Articles<sup>2</sup>

1. Collins, J. L., Thompson, K., **Sherry, S. B.**, Glowacka, M., & Stewart, S. H. (2018). Drinking to cope with depression mediates the relationship between social anxiety and alcohol problems: A 3-wave, 18-month longitudinal study. *Addictive Behaviors, 76*, 182-187.
2. Cowie, M. E., Nealis, L. J., **Sherry, S. B.**, Hewitt, P. L., & Flett, G. L. (2018). Perfectionism and academic difficulties in graduate students: Testing incremental prediction and gender moderation. *Personality and Individual Differences, 123*, 223-228.
3. Smith, M. M., **Sherry, S. B.**, Chen, S., Saklofske, D. H., Mushquash, C. J., Flett, G. L., & Hewitt, P. L. (2018). The perniciousness of perfectionism: A meta-analytic review of the perfectionism-suicide relationship. *Journal of Personality, 86*, 522-542.
4. Smith, M. M., **Sherry, S. B.**, McLarnon, M. E., Flett, G. L., Hewitt, P. L., Saklofske, D. H., & Etherson, M. E. (2018). Why does socially prescribed perfectionism place people at risk for depression? A five-month, two-wave longitudinal study of the perfectionism social disconnection model. *Personality and Individual Differences, 134*, 49-54.
5. Smith, M. M., Vidovic, V., **Sherry, S. B.**, Stewart, S. H., & Saklofske, D. H. (2018). Perfectionistic concerns confer risk for anxiety symptoms: A meta-analysis of 11 longitudinal studies. *Anxiety Stress Coping, 31*, 4-20.
6. Bartel, S. J., **Sherry, S. B.**, Molnar, D. S., Mushquash, A. R., Leonard, K. E., Flett, G. L., & Stewart, S. H. (2017). Do romantic partners influence each other's heavy episodic drinking? Support for the partner influence hypothesis in a 3-year longitudinal study. *Addictive Behaviors, 69*, 55-58.

The above article was a finalist (top three) for the Durand Jacobs Award for best article by a graduate student on psychology of addictive behaviours.

7. Kehayes, I. L., Mackinnon, S. P., **Sherry, S. B.**, Leonard, K. E., & Stewart, S. H. (2017). Similarity in romantic couples' drinking motivations and drinking behaviours. *Substance Abuse, 38*, 488-492.
8. Nealis, L. J., Collins, J. L., Lee-Baggley, D. L., **Sherry, S. B.**, & Stewart, S. H. (2017). One of these things is not like the others: Testing trajectories in drinking frequency, drinking quantity, and alcohol-related problems in undergraduate women. *Addictive Behaviors, 66*, 66-69.

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<sup>2</sup>Invited publications or presentations are marked with a circle ( ).

The above article won the Durand Jacobs Award for best article by a graduate student on psychology of addictive behaviours.

9. Smith, M. M., Saklofske, D. H., Yan, G., & **Sherry, S. B.** (2017). Does perfectionism predict depression, anxiety, stress, and life satisfaction after controlling for neuroticism? A study of Canadian and Chinese undergraduates. *Journal of Individual Differences*, *38*, 63-70.
10. Smith, M. M., **Sherry, S. B.**, Gautreau, C. M., Mushquash, A. R., Saklofske, D. H., & Snow, S. L. (2017). The intergenerational transmission of perfectionism: Fathers' other-oriented perfectionism and daughters' perceived psychological control uniquely predict daughters' self-critical and personal standards perfectionism. *Personality and Individual Differences*, *119*, 242-248.
11. Smith, M. M., **Sherry, S. B.**, Gautreau, C. M., Stewart, S. H., Saklofske, D. H., Mushquash, A. R. (2017). Are perfectionistic concerns an antecedent of or a consequence of binge eating, or both? A short-term four-wave longitudinal study of undergraduate women. *Eating Behaviors*, *26*, 23-26.
12. Smith, M. M., **Sherry, S. B.**, Mushquash, A. R., Saklofske, D. H., Gautreau, C. M., & Nealis, L. J. (2017). Perfectionism erodes social self-esteem and generates depressive symptoms: Studying mother-daughter dyads using a daily diary study with longitudinal follow-up. *Journal of Research in Personality*, *71*, 72-79.
13. Smith, M. M., **Sherry, S. B.**, Saklofske, D. H., & Mushquash, A. R. (2017). Clarifying the perfectionism-procrastination relationship using a 7-day, 14-occasion daily diary study. *Personality and Individual Differences*, *112*, 117-123.
14. Smith, M. M., Speth, T. A., **Sherry, S. B.**, Saklofske, D. H., Stewart, S. H., & Glowacka, M. (2017). Is socially prescribed perfectionism veridical? A new take on the stressfulness of perfectionism. *Personality and Individual Differences*, *110*, 115-118.
15. Alberts, N. M., Hadjistavropoulos, H. D., **Sherry, S. B.**, & Stewart, S. H. (2016). Linking illness in parents to health anxiety in offspring: Do beliefs about health play a role? *Behavioural and Cognitive Psychotherapy*, *44*, 18-29.
16. Blasberg, J. S., Hewitt, P. L., Flett, G. L., **Sherry, S. B.**, & Chang, C. (2016). The importance of item wording: The distinction between measuring high standards versus measuring perfectionism and why it matters. *Journal of Psychoeducational Assessment*, *34*, 702-717.
17. Keough, M. T., Battista, S. R., O'Connor, R. M., **Sherry, S. B.**, & Stewart, S. H. (2016). Getting the party started alone: Solitary predrinking mediates the effect of social anxiety on alcohol-related problems. *Addictive Behaviors*, *55*, 19-24.
18. Nealis, L. J., **Sherry, S. B.**, Sherry, D. L., Stewart, S. H., & Macneil, M. A. (2016). Revitalizing narcissistic perfectionism: Evidence of the reliability and the validity of an emerging construct. *Journal of Psychopathology and Behavioral Assessment*, *38*, 493-504.
19. **Sherry, S. B.**, Stoeber, J., & Ramasubbu, C. (2016). Perfectionism explains variance in

- self-defeating behaviors beyond self-criticism: Evidence from a cross-national sample. *Personality and Individual Differences*, 95, 196-199.
20. Smith, M. M., Saklofske, D. H., Stoeber, J., & **Sherry, S. B.** (2016). The big three perfectionism scale: A new measure of perfectionism. *Journal of Psychoeducational Assessment*, 34, 670-680.
  21. Smith, M. M., Saklofske, D. H., Yan, G., & **Sherry, S. B.** (2016). A person-centered perspective on multidimensional perfectionism in Canadian and Chinese university students: A multigroup latent profile analysis. *Journal of Multicultural Counseling and Development*, 44, 135-151.
  22. Smith, M. M., Saklofske, D. H., Yan, G., & **Sherry, S. B.** (2016). Cultural similarities in perfectionism: Perfectionistic strivings and concerns generalize across Chinese and Canadian individuals. *Measurement and Evaluation in Counseling and Development*, 49, 63-76.
  23. Smith, M. M., **Sherry, S. B.**, Chen, S., Saklofske, D. H., Flett, G. L., & Hewitt, P. L. (2016). Perfectionism and narcissism: A meta-analytic review. *Journal of Research in Personality*, 64, 90-101.
  24. Smith, M. M., **Sherry, S. B.**, Rnica, K., Saklofske, D. H., Enns, M. W., & Gralnick, T. M. (2016). Are perfectionism dimensions vulnerability factors for depressive symptoms after controlling for neuroticism? A meta-analysis of 10 longitudinal studies. *European Journal of Personality*, 30, 201-212.
  25. Battista, S., Mackinnon, S. P., **Sherry, S. B.**, Barrett, S. P., Davis MacNevin, P., & Stewart, S. H. (2015). Does alcohol reduce social anxiety in daily life? A 22-day experience sampling study. *Journal of Social and Clinical Psychology*, 34, 508-528.
  26. Gautreau, C. M., **Sherry, S. B.**, Battista, S., Goldstein, A. L., & Stewart, S. H. (2015). Enhancement motives moderate the relationship between high arousal positive moods and drinking quantity: Evidence from a 22-day experience sampling study. *Drugs and Alcohol Review*, 34, 595-602.
  27. Gautreau, C. M., **Sherry, S. B.**, Mushquash, A. R., & Stewart, S. H. (2015). Is self-critical perfectionism an antecedent of or a consequence of social anxiety, or both? A 12-month, three-wave longitudinal study. *Personality and Individual Differences*, 82, 125-130.
  28. Gautreau, C. M., **Sherry, S. B.**, Sherry, D. L., Birnie, K. A., Mackinnon S. P., & Stewart, S. H. (2015). Does health-related catastrophizing maintain health-related anxiety? A 14-day daily diary study with longitudinal follow-up. *Behavioural and Cognitive Psychotherapy*, 43, 502-512.
  29. Keough, M. T., O'Connor, R. M., **Sherry, S. B.**, & Stewart, S. H. (2015). Context counts: Solitary drinking explains the association between depressive symptoms and alcohol-related problems in undergraduates. *Addictive Behaviors*, 42, 216-222.
  30. McSweeney, J., Rainham, D., Johnson, S. A., **Sherry, S. B.**, & Singleton, J. (2015). Indoor nature exposure (INE): A health promotion framework. *Health Promotion International*, 30, 126-139.
  31. Nealis, L. J., **Sherry, S. B.**, MacNeil, M. A., Sherry, D. L., & Stewart, S. H. (2015). Toward a better understanding of narcissistic perfectionism:



- Evidence of factorial validity, incremental validity, and mediating mechanisms. *Journal of Research in Personality*, 57, 11-25.
32. Sherry, D. L., **Sherry, S. B.**, Hewitt, P. L., Mushquash, A. & Flett, G. L. (2015). The existential model of perfectionism and depressive symptoms: Tests of incremental validity, gender differences, and moderated mediation. *Personality and Individual Differences*, 76, 104-110.
  33. Smith, M. M., Saklofske, D. H., Yan, G., & **Sherry, S. B.** (2015). Perfectionistic strivings and perfectionistic concerns interact to predict negative emotionality: Support for the tripartite model of perfectionism in Canadian and Chinese university students. *Personality and Individual Differences*, 81, 141-147.
  34. Stoeber, J., **Sherry, S. B.**, & Nealis, L. J. (2015). Multidimensional perfectionism and narcissism: Grandiose or vulnerable? *Personality and Individual Differences*, 80, 85-90.
  35. Mackinnon, S. P., Battista, S., **Sherry, S. B.**, & Stewart, S. H. (2014). Perfectionistic self-presentation predicts social anxiety using daily diary methods. *Personality and Individual Differences*, 56, 143-148.
  36. Mackinnon, S. P., Kehayes, I. L., Clark, R., **Sherry, S. B.**, & Stewart, S. H. (2014). Testing the four-factor model of personality vulnerability to alcohol misuse: A three-wave, one-year longitudinal study. *Psychology of Addictive Behaviors*, 28, 1000-1012.
  37. Mackinnon, S. P., **Sherry, S. B.**, Pratt, M. W., & Smith, M. M. (2014). Perfectionism, friendship intimacy, and depressive affect in transitioning university students: A longitudinal study using mixed methods. *Canadian Journal of Behavioural Science*, 46, 49-59.
  38. Mushquash, A. R., **Sherry, S. B.**, Mackinnon S. P., Mushquash, C. J., & Stewart, S. H. (2014). Heavy episodic drinking is a trait-state: A cautionary note. *Substance Abuse*, 35, 222-225.
  39. Sherry, D. L., **Sherry, S. B.**, Vincent, N. A., Stewart, S. H., Hadjistavropoulos, H. D., Doucette, S., & Hartling, N. (2014). Anxious attachment and emotional instability interact to predict health anxiety: An extension of the interpersonal model of health anxiety. *Personality and Individual Differences*, 56, 89-94.
  40. **Sherry, S. B.**, Gautreau, C. M., Mushquash, A. R., Sherry, D. L., & Allen, S. L. (2014). Self-critical perfectionism confers vulnerability to depression after controlling for neuroticism: A longitudinal study of middle-aged, community-dwelling women. *Personality and Individual Differences*, 69, 1-4.
  41. **Sherry, S. B.**, Gralnick, T. G., Hewitt, P. L., Sherry, D. L., & Flett, G. L. (2014). Perfectionism and narcissism: Testing unique relationships and gender differences. *Personality and Individual Differences*, 61-62, 52-56.
  42. **Sherry, S. B.**, Richards, J. E., Sherry, D. L., & Stewart, S. H. (2014). Self-critical perfectionism is a vulnerability factor for depression but not anxiety: A 12-month, 3-wave, longitudinal study. *Journal of Research in Personality*, 52, 1-5.
  43. **Sherry, S. B.**, Sabourin, B. C., Hall, P. A., Hewitt, P. L., Flett, G. L., & Gralnick, T.

- M. (2014). The perfectionism model of binge eating: Testing unique contributions, mediating mechanisms, and cross-cultural similarities using a daily diary methodology. *Psychology of Addictive Behaviors*, *28*, 1230-1239.
44. **Sherry, S. B.**, Sherry, D. L., Macneil, M. A., Smith, M. M., Mackinnon, S. P., Stewart, S. H., & Antony, M. M. (2014). Does socially prescribed perfectionism predict daily conflict? A 14-day daily diary study of romantic couples using self- and partner-reports. *Personality and Individual Differences*, *61-62*, 24-27.
  45. Birnie, K. A., **Sherry, S. B.**, Doucette, S., Sherry, D. L., Hadjistavropoulos, H. D., & Stewart, S. H. (2013). The interpersonal model of health anxiety: Testing predicted paths and model specificity. *Personality and Individual Differences*, *54*, 856-861.
  46. Mackinnon, S. P., **Sherry, S. B.**, & Pratt, M. W. (2013). The relationship between perfectionism, agency, and communion: A longitudinal mixed methods analysis. *Journal of Research in Personality*, *47*, 263-271.
  47. Mushquash, A. R., & **Sherry, S. B.** (2013). Testing the perfectionism model of binge eating in mother-daughter dyads. *Eating Behaviors*, *14*, 171-179.
  48. Mushquash, A. R., **Sherry, S. B.**, Sherry, D. L., & Allen, S. L. (2013). Latent self-oriented and socially prescribed perfectionism: Tests of factorial, convergent, and discriminant validity using self- and informant reports. *Personality and Individual Differences*, *54*, 640-646.
  49. Mushquash, A. R., Stewart, S. H., **Sherry, S. B.**, Mackinnon, S. P., Antony, M. M., & Sherry, D. L. (2013). Heavy episodic drinking among dating partners: A longitudinal actor-partner interdependence model. *Psychology of Addictive Behaviors*, *27*, 178-183.
  50. Mushquash, A. R., Stewart, S. H., **Sherry, S. B.**, Sherry, D. L., Mushquash, C. J., & MacKinnon, A. L. (2013). Depressive symptoms are a vulnerability factor for heavy episodic drinking: A short-term, four-wave longitudinal study of undergraduate women. *Addictive Behaviors*, *38*, 2180-2186.
  51. **Sherry, S. B.**, MacKinnon, A. L., Fossum, K., Antony, M. M., Stewart, S. H., Sherry, D. L., & Mushquash, A. R. (2013). Perfectionism, discrepancies, and depression: Testing the perfectionism social disconnection model in a short-term, four-wave longitudinal study. *Personality and Individual Differences*, *54*, 692-697.
  52. **Sherry, S. B.**, Macneil, M. A., Mackinnon, S. P., & Fitzpatrick, S. (2013). Discrepancies confer vulnerability to depressive symptoms: A three-wave longitudinal study. *Journal of Counseling Psychology*, *60*, 112-126.
  53. **Sherry, S. B.**, Nealis, L. J., Macneil, M. A., Stewart, S. H., Sherry, D. L., & Smith, M. M. (2013). Informant reports add incrementally to the understanding of the perfectionism-depression connection: Evidence from a prospective longitudinal study. *Personality and Individual Differences*, *54*, 957-960.
  54. Short, M. S., Mushquash, A. R., & **Sherry, S. B.** (2013). Perseveration moderates the relationship between perfectionism and binge eating: A multi-method daily diary study. *Eating Behaviors*, *14*, 394-396.
  55. Flett, G. L., Hewitt, P. L., Demerjian, A., Sturman, E. D., **Sherry, S. B.**, & Cheng, W.

- (2012). Perfectionistic automatic thoughts and psychological distress in adolescents: An analysis of the Perfectionism Cognitions Inventory. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*, 30, 91-104.
56. Flett, G. L., Stainton, M., Hewitt, P. L., **Sherry, S. B.**, & Lay, C. (2012). Procrastination automatic thoughts as a personality construct: An analysis of the Procrastinatory Cognitions Inventory. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*, 30, 223-236.
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2. **Sherry, S. B.**, Mackinnon, S. P., & Nealis, L. J. (2017). Perfectionism and interpersonal problems: Narcissistic and self-critical perfectionism. In J. Stoeber (Ed.), *The Psychology of Perfectionism: Theory, Research, Applications* (pp. 177-199). London, UK: Routledge.
3. Smith, M. M., Vidovic, V., **Sherry, S. B.**, & Saklofske, D. H. (2017). Self-oriented perfectionism and socially prescribed perfectionism add incrementally to the prediction of suicide ideation beyond hopelessness: A meta-analysis of 15 studies. In U. Kumar (Ed.), *Handbook of suicidal behavior* (pp. 349-369). New York, NY: Springer.
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2. Sherry, D. L., & Ramasubbu, C. (2015, June 13). Obesity's causes and effects. *The Chronicle Herald*. Retrieved from <http://thechronicleherald.ca/letters/1292809-voice-of-the-people-june-13-2015>
3. **Sherry, S. B.**, & Ramasubbu, C. (2015, February 2). Get informed for Eating Disorder Awareness Week. *The Coast*. Retrieved from <http://www.thecoast.ca/halifax/get-informed-for-eating-disorder-awareness-week/Content?oid=4533302>
4. **Sherry, S. B.**, & Ramasubbu, C. (2015, April 8). The sobering reality of alcohol abuse.

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5. **Sherry, S. B.**, Sherry, D. L., & **Ramasubbu, C.** (2015, May 9). Anxiety is a costly issue. *Truro Daily News*. <http://www.trurodaily.com/Opinion/Letters-to-the-Editor-5467>
  6. **Sherry, S. B.**, Sherry, D. L., & **Ramasubbu, C.** (2015, May 4). Depth, breadth of anxiety. *The Chronicle Herald*. Retrieved from <http://thechronicleherald.ca/letters/1283945-voice-of-the-people-may-4-2015>
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  10. **Sherry, S. B.**, & **Gralnick, T. M.** (2013, October). Nobody's perfect: Understanding, assessing, and treating perfectionism. *Rapport*, 2013, 3. Retrieved from <http://www.crhspp.ca/registrant-benefits/newsletter/>
  11. **Sherry, S. B.** (2012). Chronic pain and depression. In *Good Health*, 3, 1. Retrieved from [www.icontact-archive.com/ax046v6l6BIEWmOSLLFPKdfYFD72Pgm8?w=4](http://www.icontact-archive.com/ax046v6l6BIEWmOSLLFPKdfYFD72Pgm8?w=4)
  12. **Sherry, S. B.**, & **Fitzpatrick, S.** (2010, Fall). Is your perfectionism limiting your research productivity? *Psynopsis*, 32, 19.

#### Peer-Reviewed Journal Articles Under Review

1. **Bartel, S. J.**, **Sherry, S. B.**, **Smith, M. M.**, **Vidovic, V.**, & Stewart, S. H. (2017). *Is anxiety sensitivity a risk factor for, or complication of, alcohol misuse? A meta-analysis*. Manuscript submitted for publication in *Personality and Individual Differences*, Dalhousie University.

The above article won the Durand Jacobs Award for best article by a graduate student on psychology of addictive behaviours.

2. **Bartel, S. J.**, **Sherry, S. B.**, **Nealis, L. J.**, **Collins, J. L.**, Lee-Baggley, D. L., & Stewart, S. H. (2018). *Drinking frequency, drinking quantity, and alcohol-related problems as trait-states: A 4-wave, 18-month longitudinal study of undergraduate women*. Manuscript submitted for publication in *Current Psychology*, Dalhousie University.
3. **Collins, J. L.**, **Sherry, S. B.**, Thompson, K., & Stewart, S. H. (2018). *Do drinking*



- motives and drinking contexts mediate the relationship between social anxiety and alcohol problems? Evidence from two studies of undergraduate drinkers.* Manuscript submitted for publication in *International Journal of Mental Health and Addiction*, Dalhousie University.
4. Feher, A., Smith, M. M., Saklofske, D. H., Plouffe, R. A., Wilson, C. A., & Sherry, S. B. (2018). *The big three perfectionism scale-short form (BTPS-SF): Development of a brief 16-item self-report measure of multidimensional perfectionism.* Manuscript submitted for publication in *Measurement Instruments for the Social Sciences*, Western University.
  5. Kehayes, I. L., Smith, M. M., Sherry, S. B., & Vidovic, V. (2018). *Are perfectionism dimensions risk factors for bulimic symptoms? A meta-analysis of longitudinal studies.* Manuscript submitted for publication in *Personality and Individual Differences*, Dalhousie University.
  6. Nealis, L. J., Sherry, S. B., & Lee-Baggley, D. L. (2018). *Beyond David versus Goliath: A multi-method daily diary study testing differential effects of neuroticism and perfectionism on stress generation.* Manuscript submitted for publication in *Journal of Research in Personality*, Dalhousie University.
  7. Nealis, L. J., Sherry, S. B., Perrot, T., & Rao, S. (2018). *Self-critical perfectionism and HPA-axis dysregulation: Distinct psychogenic and biogenic pathways to depressive symptoms.* Manuscript submitted for publication in *Journal of Counseling Psychology*, Dalhousie University.
  8. Smith, M. M., Sherry, S. B., Glowacka, M., Speth, T., Stewart, S. H., Saklofske, D. H., & Etherson, M. E. (2018). Who is the most demanding of them all? A multisource investigation of other-oriented perfectionism, socially prescribed perfectionism, and depressive symptoms. *Personality and Individual Differences*.
  9. Smith, M. M., Sherry, S. B., Saklofske, D. H., Vidovic, V., Stoeber, J., & Benoit, A. (2018). Perfectionism and the five-factor model of personality: A meta-analytic review. Manuscript submitted for publication in *Personality and Social Psychology Review*.

### Peer-Reviewed Journal Articles in Preparation

1. Ramasubbu, C., Sherry, S. B., Gautreau, C. M., Sherry, D. L., Nealis, L. J., Hadjistavropoulos, H. D., & Stewart, S. H. (2017). *Catastrophizing of bodily sensations, but not health-related reassurance-seeking, maintains health-related anxiety: A 28-day daily diary study with longitudinal follow-up.* Manuscript in preparation, Dalhousie University.
2. Sherry, S. B., Besser, A., Hewitt, P. L., Klein, C., & Flett, G. L. (2017). *The multidimensionality of the Perceived Stress Scale: A confirmatory factor-analytic model.* Manuscript in preparation, Dalhousie University.
3. Sherry, S. B., Flett, G. L., Hewitt, P. L., & Sherry, D. L. (2017). *Multidimensional perfectionism turns 25: A review of known knowns and known unknowns.* Manuscript in preparation, Dalhousie University.
4. Sherry, S. B., Macneil, M. A., & Mushquash, A. R. (2017). *Perfectionists don't play*

*nicely with others: Perfectionism, conflict, and depression in a 7-day, 14-occasion experience sampling study.* Manuscript in preparation, Dalhousie University.

5. Smith, M. M., **Sherry, S. B.**, Mackinnon, S. P., Stewart, S. H., Sherry, D. L., Antony, M. M., & Hartling, N. (2017). *Is neuroticism a risk factor for perfectionistic discrepancies? A longitudinal actor-partner interdependence model.* Manuscript in preparation, Dalhousie University.

## PRESENTATIONS<sup>3</sup>

### Presentations to Scholarly Audiences

1. Bartel, S. J., **Sherry, S. B.**, Smith M. M., Vidovic, V., Conrod, P. J., & Stewart, S. H. (2018, March). *Is anxiety sensitivity a risk factor for, or complication of, alcohol misuse? A meta-analysis.* Poster session presented at Crossroads: An Interdisciplinary Health Research Conference, Dalhousie University, Halifax, Nova Scotia, Canada.

The above poster tied for the award for best presentation.

2. Higgins, K. S., Chambers, C. T., Rosen, N. O., **Sherry, S. B.**, Mohammadi, S., Lynch, M., Campbell-Yeo, M., & Clark, A. J. (2018, September). *Predicting pain outcomes in children of parents with chronic pain: A dyadic analysis of risk and protective factors.* Poster session presented at the 2018 International Association for the Study of Pain: World Congress on Pain, Boston, Massachusetts, U.S.A.
3. Kehayes, I. L., Mackinnon, S. P., Tougas, M., Shannon, T. C. J., **Sherry, S. B.**, Leonard, K. E., & Stewart, S. H. (2018, March). *Social influences, drinking motivations and alcohol outcomes in romantic dyads.* Poster session presented at the 2018 Collaborative Perspectives on Addiction Meeting, Tampa, Florida, U.S.A.
4. Muyingo, L., McEachern, E., **Sherry, S. B.**, Stewart, S. H., & DeWolfe, C. (2018, June). *A meta-analysis of partner effects on alcohol use.* Poster session presented at the 29<sup>th</sup> International Congress of Applied Psychology in collaboration with the Canadian Psychological Association, Montreal, Quebec, Canada.
5. Muyingo, L., **Sherry, S. B.**, & Stewart, S. H. (2018, May). *A meta-analysis of partner influences on alcohol use.* Paper presented at the 44<sup>th</sup> Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
6. Muyingo, L., Stewart, S. H., & **Sherry, S. B.** (2017, December). *The partner effects of alcohol use: A meta-analysis.* Poster session presented at Canadian Research Initiative in Substance Misuse: Maritimes Symposium 2017, Dalhousie University, Halifax, Nova Scotia, Canada.

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<sup>3</sup>Published abstracts are marked with a star (\*).

7. Nogueira-Arjona, R., Shannon, T. C. J., **Sherry, S. B.**, Kehayes, I. L., & Stewart, S. H. (2018, April). *Drinking to keep pace: Testing the moderating influences of sensation seeking and extroversion on alcohol consumption in drinking buddy dyads*. Poster session presented at the 44<sup>th</sup> Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
8. Shannon, T. C. J., Nogueira-Arjona, R., **Sherry, S. B.**, Kehayes, I. L., & Stewart, S. H. (2018, May). *Drinking to keep pace: Testing the moderating influences of sensation seeking and extroversion on alcohol consumption in drinking buddy dyads*. Poster session presented at the 42<sup>nd</sup> Annual Science Atlantic Undergraduate Psychology Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
9. Shannon, T. C. J., Stewart, S. H., **Sherry, S. B.**, & Nogueira-Arjona, R. (2018, April). *Drinking to keep pace: Testing the moderating influences of sensation seeking and extroversion in social modelling of alcohol consumption in drinking buddy dyads*. Poster session presented at the Honours Poster Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
10. **Sherry, S. B.**, Kehayes, I. L., Vidovic, V., Smith, M. M., & Saklofske, D. H. (2018, June). *Are perfectionism dimensions risk factors for bulimic symptoms? A meta-analysis of longitudinal studies*. Poster session presented at the 29<sup>th</sup> International Congress of Applied Psychology in collaboration with the Canadian Psychological Association, Montreal, Quebec, Canada.
11. Bartel, S. J., **Sherry, S. B.**, Nealis, L. J., Collins, J. L., Lee-Baggley, D. L., & Stewart, S. H. (2017, May). *Drinking frequency, drinking quantity, and alcohol-related problems as trait-states: A 4-wave, 18-month longitudinal study of female undergraduates*. Paper presented at the 43<sup>rd</sup> Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
12. Bartel, S. J., **Sherry, S. B.**, Nealis, L. J., Lee-Baggley, D. L., & Stewart, S. H. (2017, November). *Drinking frequency, drinking quantity, and alcohol-related problems as trait-states: A 4-wave, 18-month longitudinal study of female undergraduates*. Poster session presented at Psychiatry Research Day 2017, Dalhousie University, Halifax, Nova Scotia, Canada.
13. Bartel, S. J., **Sherry, S. B.**, Smith M. M., Vidovic, V., Conrod, P. J., & Stewart, S. H. (2017, December). *Is anxiety sensitivity a risk factor for, or complication of, alcohol misuse? A meta-analysis*. Poster session presented at Canadian Research Initiative in Substance Misuse: Maritimes Symposium 2017, Dalhousie University, Halifax, Nova Scotia, Canada.
14. Cowie, M. E., Nealis, L. J., **Sherry, S. B.**, Hewitt, P. L., & Flett, G. L. (2017, June). *Perfectionism and academic difficulties in graduate students: Testing differential association, incremental prediction, and gender moderation*. Poster session presented at the Canadian Psychological Association 2017 Convention, Toronto, Ontario, Canada.
15. Higgins, K. S., Chambers, C. T., Rosen, N. O., **Sherry, S. B.**, Mohammadi, S., Lynch,

- M., Clark, A. J., & Campbell-Yeo, M. (2017, May). *Child catastrophizing about parental pain: Potential risk factor for children of parents with chronic pain*. Poster session presented at the 2017 Annual Scientific Meeting of the Canadian Pain Society, Halifax, Nova Scotia, Canada.
16. Higgins, K. S., Chambers, C. T., Rosen, N. O., **Sherry, S. B.**, Mohammadi, S., Lynch, M., Clark, A. J., & Campbell-Yeo, M. (2017, March). *Child catastrophizing about parental pain: Potential risk factor for children of parents with chronic pain*. Poster session presented at Crossroads: An Interdisciplinary Health Research Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
  17. Higgins, K. S., Chambers, C. T., Rosen, N. O., **Sherry, S. B.**, Mohammadi, S., Lynch, M., Clark, A. J., & Campbell-Yeo, M. (2017, October). *Examining protective factors in children of parents with chronic pain: Pain acceptance, pain self-efficacy, and optimism*. Poster session presented at the 2017 International Forum on Pediatric Pain, White Point, Nova Scotia, Canada.
  18. Higgins, K. S., Chambers, C. T., Rosen, N. O., **Sherry, S. B.**, Mohammadi, S., Lynch, M., Clark, A. J., & Campbell-Yeo, M. (2017, July). *Examining protective factors in children of parents with chronic pain: Pain acceptance, pain self-efficacy, and optimism*. Poster session presented at the International Symposium on Pediatric Pain, Kuala Lumpur, Malaysia.
  19. Jones, L., Mahu, I. T., Swansburg, J., MacDonald, C., Chafe, K., Saiko, A., Morin, J., Laroque, F., Conrod, P. J., **Sherry, S. B.**, & Stewart, S. H. (2017, March). *Do motives for drug use predict frequency and craving in clients with opiate addiction receiving OST?* Poster session presented at Crossroads: An Interdisciplinary Health Research Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
  20. Matheson, L. P., Nealis, L. J., **Sherry, S. B.**, & Lee-Baggley, D. L. (2017, March). *Testing associations between coping and psycho-physiological stress: A multi-method study of community members*. Poster session presented at Crossroads: An Interdisciplinary Health Research Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
  21. Nealis, L. J., **Sherry, S. B.**, Cowie, M. E., Moore, R., & Lee-Baggley, D. L. (2017, June). *Perfectionism-specific processes predict depressed mood through non-specific maintenance factors: A daily diary study*. Poster session presented at the Canadian Psychological Association 2017 Convention, Toronto, Ontario, Canada.
  22. **Sherry, S. B.**, Gautreau, C. M., Mushquash, A. R., Lee-Baggley, D. L., & Snow, S. L. (2017, June). *Fathers' psychological control and fathers' other-oriented perfectionism uniquely predict daughters' self-critical perfectionism: A study of 160 father-daughter dyads*. Paper presented at the Canadian Psychological Association 2017 Convention, Toronto, Ontario, Canada.
  23. Smith, M. M., **Sherry, S. B.**, Chen, S., Saklofske, D. H., Mushquash, C. J., Flett, G. L., & Hewitt, P. L. (2017, June). The perniciousness of perfectionism: A meta-analytic review of the perfectionism-suicide relationship. In G. L. Flett (Chair), *The destructiveness of perfectionism: Understanding perfectionism's impact on psychotherapy, affect, and suicide*. Symposium

- conducted at the Canadian Psychological Association 2017 Convention, Toronto, Ontario, Canada.
24. Smith, M. M., **Sherry, S. B.**, Speth, T. A., Saklofske, D. H., Stewart, S. H., & Glowacka, M. (2017, June). Is socially prescribed perfectionism veridical? A new take on the stressfulness of perfectionism. In P. L. Hewitt (Chair), *Understanding the origins and the stressfulness of perfectionism: New evidence on social networks, cohort effects, and cultural influences*. Symposium conducted at the Canadian Psychological Association 2017 Convention, Toronto, Ontario, Canada.
  25. Vidovic, V., Smith, M. M., **Sherry, S. B.**, Stewart, S. H., & Saklofske, D. H. (2017, March). *Does perfectionism confer risk for anxiety symptoms? A meta-analysis of 11 longitudinal studies*. Poster session presented at Crossroads: An Interdisciplinary Health Research Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
  26. Vidovic, V., Smith, M. M., **Sherry, S. B.**, Stewart, S. H., & Saklofske, D. H. (2017, May). *Perfectionistic concerns confer risk for anxiety symptoms: A meta-analysis of 11 longitudinal studies*. Paper presented at the 43<sup>rd</sup> Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
  27. Bartel, S. J., **Sherry, S. B.**, Molnar, D. S., Mushquash, A. R., Leonard, K. E., Flett, G. L., & Stewart, S. H. (2016, October). *Do romantic partners influence each other's heavy episodic drinking? Support for the partner influence hypothesis in a 3-year longitudinal study*. Poster session presented at Psychiatry Research Day 2016, Dalhousie University, Halifax, Nova Scotia, Canada.

The above poster won the award for best presentation by a graduate student.

28. **Sherry, S. B.**, Gautreau, C. M., Mushquash, A. R., & Nealis, L. J. (2016, June). Perfectionism erodes social self-esteem and generates depressive symptoms: Studying mother-daughter dyads using a daily diary study with longitudinal follow-up. In G. L. Flett & D. H. Saklofske (Chairs), *Perfectionism in personal and interpersonal dysfunction*. Symposium conducted at the Canadian Psychological Association 2016 Convention, Victoria, British Columbia, Canada.
29. **Sherry, S. B.**, & Nealis, L. J. (2016, June). *Narcissistic perfectionism: New evidence from three studies involving multiple sources and methods*. Paper presented at the Canadian Psychological Association 2016 Convention (Clinical Psychology Section Invited Speaker), Victoria, British Columbia, Canada.
30. **Sherry, S. B.**, Smith, M. M., Saklofske, D. H., Nealis, L. J., Hewitt, P. L., & Flett, G. L. (2016, July). *Narcissistic perfectionism: New evidence from a meta-analysis, longitudinal study, and daily diary study*. Paper presented at the Perfectionism Network Meeting, University of Kent, Canterbury, England.
31. Smith, M. M., Saklofske, D. H., Joachim, S., & **Sherry, S. B.** (2016, July). *The big*

- three perfectionism scale: A new measure of perfectionism*. Paper presented at the Perfectionism Network Meeting, University of Kent, Canterbury, England.
32. Smith, M. M., **Sherry, S. B.**, Rnica, K., Saklofske, D. H., Enns, M. W., & Gralnick, T. M. (2016, June). Are perfectionism dimensions vulnerability factors for depressive symptoms after controlling for neuroticism? A meta-analysis of 10 longitudinal studies. In G. L. Flett & D. H. Saklofske (Chairs), *Perfectionism in personal and interpersonal dysfunction*. Symposium conducted at the Canadian Psychological Association 2016 Convention, Victoria, British Columbia, Canada.
  33. Smith, M. M., **Sherry, S. B.**, & Saklofske, D. H. (2016, October). *Healthy perfectionism is an oxymoron: Findings from two meta-analyses and a new measure*. Paper presented to the Personality and Social Psychology Area of the Department of Psychology, Western University, London, Ontario, Canada.
  34. Collins, J. L., **Sherry, S. B.**, Battista, S., Glowacka, M., Mushquash, A., & Stewart, S. H. (2015, June). *Drinking to cope mediates the relationship between social anxiety and alcohol-related problems*. Poster session presented at the Canadian Psychological Association 2015 Convention, Ottawa, Ontario, Canada.
  35. McSweeney, J., Shin, R., Rainham, D., Singleton, J., **Sherry, S. B.**, & Johnson, S. (2015, October). *Understanding the influence of nature relatedness and individual perceptions on nature exposure*. Paper presented at the 2015 Alberta Recreation & Parks Association Conference on Revitalizing Recreation, Lake Louise, Alberta, Canada.
  36. Saklofske, D. H., Smith, M. M., Yan, G., & **Sherry, S. B.** (2015, August). Perfectionism, personal resiliency, and psychological outcomes in Canadian and Chinese students. In G. L. Flett (Chair), *Understanding perfectionistic students: Academic, emotional, and social functioning*. Symposium conducted at the American Psychological Association 2015 Convention, Toronto, Ontario, Canada.
  37. **Sherry, S. B.** (2015, February). *Understanding and reducing the contribution of perfectionism to eating disorders*. Paper presented to the Dalhousie Student Health Promotion Team as part of Eating Disorder Awareness Week, Dalhousie University, Halifax, Nova Scotia, Canada.
  38. **Sherry, S. B.**, Mushquash, A. R., & Mackinnon, S. P. (2015, March). *Why do perfectionists binge eat? Evidence from longitudinal and experience sampling designs*. Paper presented at the Department of Psychology Colloquia Series, Mount Allison University, Sackville, New Brunswick, Canada.
  39. Smith, M. M., Saklofske, D. H., **Sherry, S. B.**, & Yan, G. (2015, June). *Cross-cultural differences and similarities in perfectionism: Generalizability of the two-factor model of perfectionism across Canada and China*. Poster session presented at the Canadian Psychological Association 2015 Convention, Ottawa, Ontario, Canada.
  40. Smith, M. M., Saklofske, D. H., Yan, G., & **Sherry, S. B.** (2015, July). A person-

- centered perspective on multidimensional perfectionism in Canadian and Chinese university students: A multigroup latent profile analysis. In D. H. Saklofke & M. M. Smith (Chairs), *Research advances in perfectionism*. Symposium conducted at the International Society for the Study of Individual Differences Biannual Conference, London, Ontario, Canada.
41. Blasberg, J. S., Hewitt, P. L., **Sherry, S. B.**, & Flett, G. L. (2014, June). *Perfectionism and the pursuit of high standards: Differences in the relationship to interpersonal distress and implications for the adaptiveness of perfectionism*. Poster session presented at the Canadian Psychological Association 2014 Convention, Vancouver, British Columbia, Canada.
  42. Collins, J. L., **Sherry, S. B.**, Battista, S., Glowacka, M., Mushquash, A. R., & Stewart, S. H. (2014, October). *Drinking to cope mediates the relationship between social anxiety and alcohol-related problems*. Poster session presented at Psychiatry Research Day 2014, Dalhousie University, Halifax, Nova Scotia, Canada.
  43. Collins, J. L., **Sherry, S. B.**, Sherry, D. L., & Stewart, S. H. (2014, June). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Poster session presented at the 37<sup>th</sup> Annual Research Society on Alcoholism Meeting, Bellevue, WA, U.S.A.
  44. Mackinnon, S. P., Battista, S., **Sherry, S. B.**, & Stewart, S. H. (2014, July). Perfectionistic self-presentation predicts social anxiety: A 21-day diary study. In J. Stoeber (Chair), *Perfectionism: Always a vulnerability factor?* Symposium conducted at the 17<sup>th</sup> European Conference on Personality, University of Lausanne, Dorigny, Switzerland.

The above presentation won a scholarship from the European Association of Personality Psychology.

45. Mackinnon, S. P., Kehayes, I. L., Clark, R., Korecky, M., Lambe, L., Sherry, S. B., & Stewart, S. H. (2014, June). *Pathways to alcohol misuse: A 4-factor model of personality vulnerability tested using a 3-wave, 1-year longitudinal design*. Poster session presented at the 37<sup>th</sup> Annual Research Society on Alcoholism Meeting, Bellevue, WA, U.S.A.
46. Ramasubbu, C., **Sherry, S. B.**, Gautreau, C. M., Sherry, D. L., Nealis, L. J., Hadjistavropoulos, H. D., & Stewart, S. H. (2014, May). *Do catastrophizing of bodily sensations and health-related reassurance-seeking maintain health-related anxiety? Evidence from a 28-day daily diary study with longitudinal follow-up*. Poster session presented at the Canadian Association of Cognitive and Behavioural Therapies Meeting, Halifax, Nova Scotia, Canada.
47. Ramasubbu, C., **Sherry, S. B.**, Gautreau, C. M., Sherry, D. L., Nealis, L. J., Hadjistavropoulos, H. D., & Stewart, S. H. (2014, April). *Do catastrophizing of bodily sensations and health-related reassurance-seeking maintain health-related anxiety?* Paper presented at the 40<sup>th</sup> Annual In-

- House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
48. Sherry, D. L., & **Sherry, S. B.** (2014, February). *Managing “difficult” patients*. Paper presented at the Capital Health Nephrology Program Lunch and Learn Series, Halifax, Nova Scotia, Canada.
  49. Sherry, D. L., & **Sherry, S. B.** (2014, February). What to do with the non-compliant patient. Paper presented at the Multi-Organ Transplant Program Lunch and Learn Series, Halifax, Nova Scotia, Canada.
  50. **Sherry, S. B.** (2014, January). *Assessing and treating perfectionism: A brief overview of the essentials*. Paper presented to the Department of Psychiatry CBT Interest Group, Dalhousie University, Halifax, Nova Scotia, Canada.
  51. **Sherry, S. B.** (2014, November). Emotional labour in clinical psychology. In D. Gilin Oore (Chair), *Emotional labour: How do we train conflict resolution professionals?* Roundtable discussion conducted at Saint Mary's University, Halifax, Nova Scotia, Canada.
  52. **Sherry, S. B.** (2014, February). *Perfectionism and eating disorders: Theory, research, and practice*. Paper presented to the Dalhousie Student Health Promotion Team as part of Eating Disorder Awareness Week, Dalhousie University, Halifax, Nova Scotia, Canada.
  53. Smith, M. M., Saklofske, D. H., Yan, G., & **Sherry, S. B.** (2014, July). *The effect of culture on the perfectionism-psychological outcome link*. Paper presented at the 28<sup>th</sup> International Congress of Applied Psychology, Paris, France.
  54. Collins, J. L., **Sherry, S. B.**, Sherry, D. L., & Stewart, S. H. (2013, March). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Paper presented at Crossroads: An Interdisciplinary Health Research Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
  55. Collins, J. L., **Sherry, S. B.**, Sherry, D. L., & Stewart, S. H. (2013, November). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Paper presented at the 47<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Convention, Nashville, TN, U.S.A.
  56. Collins, J. L., **Sherry, S. B.**, Sherry, D. L., & Stewart, S. H. (2013, June). *How stable are frequency of, quantity of, and problems with alcohol use in undergraduates? A 4-wave, 18-month longitudinal study*. Poster session presented at the 4<sup>th</sup> Annual West Coast Symposium on Addictive Disorders, La Quinta, CA, U.S.A.
  57. Gautreau, C. M., **Sherry, S. B.**, Stewart, S. H., Sherry, D. L., & Mackinnon, S. P. (2013, June). *Does catastrophizing maintain health-related worry? A 14-day daily diary study*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
  58. Gautreau, C. M., Stewart, S. H., Bailey, K., Battista, S., Goldstein, A. L., & **Sherry, S. B.** (2013, June). *Enhancement motivated drinkers are positive mood self-medicating drinkers*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
  59. Gralnick, T. M., & **Sherry, S. B.** (2013, April). *Is perfectionism a vulnerability factor*



- for depression after controlling for neuroticism?* Poster session presented at the 39<sup>th</sup> Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
60. Gralnick, T. M., **Sherry, S. B.**, Mushquash, C. J., Sherry, D. L., Hewitt, P. L., & Flett, G. L. (2013, June). *Perfectionism and suicide: A meta-analysis*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
  61. Kehayes, I. L., Stewart, S. H., Mackinnon, S. P., & **Sherry, S. B.** (2013, June). *Different motivational pathways to alcohol problems in sensation seekers and impulsive individuals: A replication and extension*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
  62. Mackinnon, S. P., Battista, S., **Sherry, S. B.**, Korecky, M., Lambe, L., & Stewart, S. H. (2013, April). *Perfectionistic self-presentation predicts social anxiety: A 21-day diary study*. Paper presented at the 39<sup>th</sup> Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
  63. Mackinnon, S. P., **Sherry, S. B.**, & Pratt, M. W. (2013, January). *The relationship between perfectionism and themes of agency and communion in autobiographical narratives*. Poster session presented at the Society for Personality and Social Psychology 2013 Convention, New Orleans, LA, U.S.A.
  64. Macneil, M. A., **Sherry, S. B.**, Mushquash, A. R., Antony, M. M., Stewart, S. H., & Sherry, D. L. (2013, January). *Perfectionists don't play nicely with others: Perfectionism, conflict and depression in a 7-day, 14-occasion experience sampling study*. Poster session presented at the Society for Personality and Social Psychology 2013 Convention, New Orleans, LA, U.S.A.
  65. Nealis, L. J., **Sherry, S. B.**, Macneil, M. A., Stewart, S. H., & Sherry, D. L. (2013, June). *Self- and informant reports of narcissistic perfectionism predict changes in hostility*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
  66. Sherry, D. L., & **Sherry, S. B.** (2013, June). *Coping with difficult behaviour*. Paper presented at the Regional Symposium of the Canadian Association of Nephrology Nurses and Technologists, Dartmouth, Nova Scotia, Canada.
  67. Sherry, D. L., & **Sherry, S. B.** (2013, November). *Principles of behaviour change*. Paper presented at the Nova Scotia Renal Program Home Dialysis Steering Committee Meeting, Halifax, Nova Scotia, Canada.
  68. **Sherry, S. B.**, Hall, P. A., & Sherry, D. L. (2013, June). *Perfectionism, difficulty accepting the past, and depression: A 2-wave longitudinal study of community members*. Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
  69. **Sherry, S. B.**, Mackinnon, S. P., & Mushquash, A. R. (2013, March). *Why do perfectionists get depressed? Evidence from four recent studies*. Paper presented at the Department of Psychology Colloquia Series, Acadia University, Wolfville, Nova Scotia, Canada.
  70. Short, M. M., Mushquash, A. R., & **Sherry, S. B.** (2013, June). *Perseveration*

- moderates the relationship between perfectionism and binge eating.* Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
71. Smith, M. M., **Sherry, S. B.**, Mackinnon, S. P., Stewart, S. H., Sherry, D. L., & Antony, M. M. (2013, July). *The relationship between neuroticism and perfectionistic discrepancies: A longitudinal actor-partner interdependence model.* Poster session presented at the International Society for the Study of Individual Differences Biannual Conference, Barcelona, Spain.
  72. Smith, M. M., **Sherry, S. B.**, Macneil, M. A., Sherry, D. L., Mackinnon, S. P., Antony, M. M., & Stewart, S. H. (2013, June). *Does socially prescribed perfectionism predict daily conflict? A 14-day diary study of romantic couples using self- and partner reports.* Poster session presented at the Canadian Psychological Association 2013 Convention, Quebec City, Quebec, Canada.
  73. \*Flett, G. L., Blankstein, K. R., Nepon, T., Hewitt, P. L., & **Sherry, S. B.** (2012, June). *Perfectionistic automatic thoughts in achievement contexts: An analysis of the Perfectionism Cognitions Inventory.* Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
  74. Gautreau, C. M., MacKinnon, S. P., Fitzpatrick, S., Fulmore, J., & **Sherry, S. B.** (2012, March). *Testing the perfectionism model of binge eating: Dietary restraint as a mediator between socially prescribed perfectionism and binge eating.* Poster session presented at Meeting at the Crossroads: Health Research of the New Millennium, Dalhousie University, Halifax, Nova Scotia, Canada.
  75. Gautreau, C. M., Mackinnon, S. P., **Sherry, S. B.**, Smith, M. M., & Pratt, M. W. (2012, November). *Pre-university friendship intimacy moderates the relationship between socially prescribed perfectionism and depressive affect.* Poster session presented at the Psychiatry Research Day 2012, Dalhousie University, Halifax, Nova Scotia, Canada.
  76. Gautreau, C. M., Stewart, S. H., Goldstein, A. L., Battista, S., Bailey, K., & **Sherry, S. B.** (2012, May). *Daily diary study: Moderating effects of enhancement motives on within-person associations between positively aroused moods and drinking behaviour.* Paper presented at the 36<sup>th</sup> Annual Science Atlantic Undergraduate Psychology Conference, Acadia University, Wolfville, Nova Scotia, Canada.
  77. \*Kaldas, J., Roxborough, H. M., Hewitt, P. L., Flett, G. L., Caelian C. M., **Sherry, S. B.**, & Sherry, D. L. (2012, June). *Perfectionistic self-presentation, socially prescribed perfectionism, and suicide in youth: A test of the perfectionism social disconnection model.* Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
  78. MacKinnon, A. L., **Sherry, S. B.**, Antony, M. M., Fossum, K., Graham, A. R., McGrath, D. S., Nealis, L. J., Sherry, D. L., & Stewart, S. H. (2012, January). *Testing the social disconnection model in a short-term, four-wave longitudinal study.* Poster session presented at the Society for Personality and Social Psychology 2012 Convention, San Diego, CA, U.S.A.
  79. \* Mackinnon, S. P., Fitzpatrick, S., Fulmore, J., MacNeil, M. A., & **Sherry, S. B.**

- (2012, June). Life narratives of perfectionistic emerging adults transitioning to university. In **S. B. Sherry** (Chair), *Perfectionists don't play nicely with others: Understanding, assessing, and treating perfectionists and their interpersonal problems*. Symposium conducted at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
80. MacLean, S., Macneil, M. A., Sherry, S. B., Nealis, L. J., Stewart, S. H., Sherry, D. L., & Smith, M. M. (2012, November). *Informant reports add incrementally to understanding of the perfectionism-depression connection: Evidence from a longitudinal study*. Poster session presented at the Psychiatry Research Day 2012, Dalhousie University, Halifax, Nova Scotia, Canada.

The above poster won the award for best presentation by an undergraduate.

81. \*Macneil, M. A., Mackinnon, S. P., Fitzpatrick, S., Fulmore, J., & Sherry, S. B. (2012, June). *How (un)stable are intrapersonal discrepancies? Evidence from a three-wave longitudinal study*. Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
82. Macneil, M. A., Mushquash, A. R., Sherry, S. B., Stewart, S. H., Mackinnon, S. P., Antony, M. M., & Sherry, D. L. (2012, April). *Heavy episodic drinking among dating partners: A longitudinal actor-partner interdependence model*. Paper presented at the 38<sup>th</sup> Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
83. \*McLarnon, M. E., Sherry, S. B., Flett, G. L., & Hewitt, P. L. (2012, June). *Social problems as a mediator of the relationship between socially prescribed perfectionism and depressive symptoms: A two-wave, five-month longitudinal test of the social disconnection model*. Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
84. \*Mushquash, A. R., Stewart, S. H., Sherry, S. B., Sherry, D. L., MacKinnon, A. L., Alexander, S., & Mushquash, C. J. (2012, June). *Depressive symptoms and heavy episodic drinking in university women: A four-wave longitudinal study*. Poster session presented at the Canadian Psychological Association Annual 2012 Convention, Halifax, Nova Scotia, Canada.
85. \*Mushquash, A. R., Stewart, S. H., Sherry, S. B., Mackinnon, S. P., Antony, M. M., & Sherry, D. L. (2012, June). *Heavy episodic drinking among dating partners: A longitudinal actor-partner interdependence model*. Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
86. \* Mushquash, A. R., Yu, J., Tonet, J. T., MacDonald, M., Sun, M., & Sherry, S. B. (2012, June). Understanding the perfectionist's cycle of self-defeat: An experience sampling study testing the integrated model of perfectionism. In **S. B. Sherry** (Chair), *Perfectionists don't play nicely with others: Understanding, assessing, and treating perfectionists and their interpersonal problems*. Symposium conducted at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.

The above presentation was a finalist for the Brendan Gail Rule Award for best presentation by a graduate student in the area of social and personality psychology.

87. Nealis, L. J., MacNeil, M. A., Smith, M. M., MacLean, S., Ramasubbu, C., & Sherry, D. L., Stewart, S. H., & Sherry, S. B. (2012, April). *Narcissistic perfectionism: A framework for understanding grandiose, entitled, demanding, and critical people*. Paper presented at the 38<sup>th</sup> Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
88. \* Nealis, L. J., Macneil, M. A., Smith, M. M., MacLean, S., Ramasubbu, C., Sherry, D. L., Stewart, S. H., & Sherry, S. B. (2012, June). Revitalizing the narcissistic perfectionism construct. In **S. B. Sherry** (Chair), *Perfectionists don't play nicely with others: Understanding, assessing, and treating perfectionists and their interpersonal problems*. Symposium conducted at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
89. Nealis, L. J., Sherry, S. B., MacNeil, M. A., Stewart, S. H., & Sherry, D. L. (2012, January). *Narcissistic perfectionism and interpersonal conflict: Evidence from a 28-day diary study*. Poster session presented at the Society for Personality and Social Psychology 2013 Convention, New Orleans, LA, U.S.A.
90. **Sherry, S. B.** (2012, April). *Never good enough: Perfectionism and psychopathology*. Paper presented at the Nova Scotia Environmental Health Centre, Fall River, Nova Scotia, Canada.
91. **Sherry, S. B.** (2012, November). *Personality disorders: Information for family physicians*. Paper presented at the 86<sup>th</sup> Annual Dalhousie Refresher Course of the Faculty of Medicine, Dalhousie University, Halifax, Nova Scotia, Canada.
92. \***Sherry, S. B.** (2012, June). Translating what we learned into clinical practice. In **S. B. Sherry** (Chair), *Perfectionists don't play nicely with others: Understanding, assessing, and treating perfectionists and their interpersonal problems*. Symposium conducted at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
93. **Sherry, S. B., Mackinnon, S. P., Mushquash, A. R., & Sherry, D. L.** (2012, July). *Why do perfectionists binge eat? Evidence from longitudinal and experience sampling designs*. Paper presented at Further Advances in Perfectionism Research, York St John University, York, England.
94. \* **Sherry, S. B., & Mushquash, A. R.** (2012, June). Why are perfectionists prone to depression? A multi-wave longitudinal study and an experience sampling study testing the perfectionism social disconnection model. In David M. Dunkley (Chair), *Understanding the role of perfectionism in depression: Explanatory mechanisms to target in improving clinical interventions*. Symposium conducted at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.
95. \* **Sherry, S. B., Mushquash, A. R., & Mackinnon, S. P.** (2012, June). *The*

*perfectionism model of binge eating: Two tests of an emerging integrative model.* Paper presented at the Canadian Psychological Association Social Personality Section 2012 Preconference, Saint Mary's University, Halifax, Nova Scotia, Canada.

96. Smith, M. M., **Sherry, S. B.**, Mackinnon, S. P., Stewart, S. H., Sherry, D. L., Antony, M. M., & Hartling, N. (2012, May). *Is neuroticism a risk factor for perfectionism? A longitudinal actor-partner interdependence model.* Paper presented at the 36<sup>th</sup> Annual Science Atlantic Undergraduate Psychology Conference, Acadia University, Wolfville, Nova Scotia, Canada.
97. \*Smith, M. M., **Sherry, S. B.**, Mackinnon, S. P., Stewart, S. H., Sherry, D. L., Antony, M. M., & Hartling, N. (2012, June). *Is neuroticism a source trait for perfectionism? A longitudinal actor-partner interdependence model.* Poster session presented at the Canadian Psychological Association 2012 Convention, Halifax, Nova Scotia, Canada.

The above presentation won the Kenneth Dion Award for best presentation by an undergraduate in the area of social and personality psychology.

98. Alexander, S., Stewart, S. H., & **Sherry, S. B.** (2011, May). *Depressive and hostile affect and binge drinking: A four-wave longitudinal study.* Paper presented at the 35<sup>th</sup> Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
99. Allen, S. L., Graham, A. R., Bordman, Z., Lapp, M., Harris, B., Kinden, R., Stevens, K., Sun, M., Ummat, N., & **Sherry, S. B.** (2011, May). *The perfectionism model of binge eating: A two-wave longitudinal study of middle-aged women.* Paper presented at the 35<sup>th</sup> Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Dalhousie University, Halifax, Nova Scotia, Canada.

The above presentation won a McGraw-Hill Ryerson Award, which recognizes research excellence.

100. \*Fitzpatrick, S., Hartling, N., **Sherry, S. B.**, Hewitt, P. L., Flett, G. L., & Sherry D. L. (2011, June). *Perfectionism and interest in cosmetic surgery.* Poster session presented at the Canadian Psychological Association 2011 Convention, Toronto, Ontario, Canada.
101. Fitzpatrick, S., Mackinnon, S. P., Fulmore, J., Gautreau, C. M., Gyenes, N., Hicks, M., MacKinnon, A. L., Macneil, M. A., Smith, M. M., & **Sherry, S. B.** (2011, May). *Perfectionistic concerns, interpersonal discrepancies, and psychological well-being: A longitudinal mixed-method approach.* Paper presented at the 35<sup>th</sup> Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Dalhousie University, Halifax, Nova Scotia, Canada.

The above presentation won a McGraw-Hill Ryerson Award, which recognizes research excellence.

102. Mackinnon, S. P., **Sherry, S. B.**, Graham, A. R., Stewart, S. H., Sherry, D. L., Allen, S. L., Fitzpatrick, S., & McGrath, D. S. (2011, April). *The perfectionism model of binge eating: A self-perpetuating cycle*. Paper presented at the 37<sup>th</sup> Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
103. Mackinnon, S. P., **Sherry, S. B.**, & Pratt, M. W. (2011, October). *Self-critical perfectionism, nondisclosure of imperfection and well-being during freshman year*. Poster session presented at the 5<sup>th</sup> Conference on Emerging Adulthood, Providence, RI, U.S.A.
104. \* Mackinnon, S. P., **Sherry, S. B.**, Stewart, S. H., Antony, M. M., Sherry, D. L., & Hartling, N. (2011, June). Self-critical perfectionism, abrasiveness, and depressive symptoms: An actor-partner interdependence model. In **S. B. Sherry** (Chair), *Perfectionism and depression: New theory and evidence relevant to clinical practice*. Symposium conducted at the Canadian Psychological Association 2011 Convention, Toronto, Ontario, Canada.

The above presentation won the Brendan Gail Rule Award for best presentation by a graduate student in the area of social and personality psychology.

105. Macneil, M. A., Mackinnon, S. P., Fitzpatrick, S., Fulmore, J., Gautreau, C. M., Hicks, M., MacKinnon, A. L., Smith, M. M., & **Sherry, S. B.** (2011, October). *Intrapersonal discrepancies confer vulnerability to depressive symptoms: A three-wave cross-lagged panel analysis*. Poster session presented at the Psychiatry Research Day 2011, Dalhousie University, Halifax, Nova Scotia, Canada.

The above poster won the award for best presentation by an undergraduate.

106. Sherry, D. L., & **Sherry, S. B.** (2011, November). *The perfectionism model of binge eating*. Paper presented at the QEII Continuing Education Series for Psychology, QEII Health Sciences Centre, Halifax, Nova Scotia, Canada.
107. **Sherry, S. B.** (2011, November). *Personality and personality disorders in DSM-5*. Paper presented at Genest MacGillivray Psychologists, Halifax, Nova Scotia, Canada.
108. **Sherry, S. B.** (2011, January). *The perfectionism model of binge eating: An emerging integrative model*. Paper presented at the Department of Psychology Colloquia Series, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.
109. \***Sherry, S. B.** (2011, June). Translating what we learned into clinical practice. In **S. B. Sherry** (Chair), *Perfectionism and depression: New theory and evidence relevant to clinical practice*. Symposium conducted at the Canadian Psychological Association 2011 Convention, Toronto, Ontario, Canada.

110. **Sherry, S. B., & Fitzpatrick, S.** (2011, October). *No body is perfect: Understanding the link between perfectionism and cosmetic surgery*. Paper presented at Grand Rounds for the Division of Plastic and Reconstructive Surgery, Dalhousie University, Halifax, Nova Scotia, Canada.
111. Sun, M., Graham, A. R., Allen, S. L., Bordman, Z., Lapp, M., Harris, B., Kinden, R., Stevens, K., Sherry, D. L., & Sherry, S. B. (2011, October). *Studying other-oriented perfectionism using self- and informant reports: Do mothers and daughters agree?* Poster session presented at the Psychiatry Research Day 2011, Dalhousie University, Halifax, Nova Scotia, Canada.
112. Allen, S. L., Graham, A. R., McGrath, D. S., Breen, E. K., Tonet, J., Sherry, D. L., Stewart, S. H., & Sherry, S. B. (2010, August). *The existential model of perfectionism and depressive symptoms*. Poster session presented at the American Psychological Association 2010 Convention, San Diego, CA, U.S.A.
113. Allen, S. L., Mackinnon, S. P., Graham, A. R., Tonet, J. T., Breen, E. K., McGrath, D. S., Sherry, D. L., Stewart, S. H., & Sherry, S. B. (2010, May). *Refining and extending the perfectionism model of binge eating: A four-wave, 28-day longitudinal study*. Poster session presented at the 34<sup>th</sup> Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.
114. Duffy, A. C., Doucette, S., & Sherry, S. B. (2010, April). *Association between temperament, recent life events and psychopathology in the offspring of bipolar parents*. Poster session presented at the International Society for Affective Disorders 5<sup>th</sup> Biennial Conference, Vancouver, BC, Canada.
115. Fitzpatrick, S., Mackinnon, S. P., Hartling, N., Allen, S. L., Orchard, B., Miller, K., Stewart, S. H., Sherry, D. L., & Sherry, S. B. (2010, April). *Understanding the origins and the consequences of perfectionistic demands in romantic relationships*. Poster session presented at the 36<sup>th</sup> Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
116. Fitzpatrick, S., Mackinnon, S. P., Hartling, N., Orchard, B., Allen, S. L., Miller, K., Stewart, S. H., Sherry, D. L., & Sherry, S. B. (2010, May). *The social disconnection model: A common fate perspective*. Poster session presented at the 34<sup>th</sup> Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.
117. Fitzpatrick, S., Sherry, S. B., Hartling, N., Hewitt, P. L., Flett, G. L., & Sherry, D. L. (2010, October). *Narcissism, perfectionism, and interest in cosmetic surgery*. Poster session presented at Psychiatry Research Day 2010, Dalhousie University, Halifax, Nova Scotia, Canada.
118. Kaldas, J., Flett, G. L., Sherry, S. B., Besser, A., & Hewitt, P. L. (2010, June). *Are perfectionism cognitions a cause or consequence of depressive symptoms? A cross-lagged analysis*. Poster session presented at the World Congress of Behavioral and Cognitive Therapies, Boston, MA, U.S.A.
119. MacKinnon, A. L., Sherry, S. B., Hewitt, P. L., Sherry, D. L., & Stewart, S. H. (2010, October). *Perfectionistic attitudes, social disconnection, alcohol-related*

*problems, and depressive symptoms: Testing and extending the social disconnection model.* Poster session presented at Psychiatry Research Day 2010, Dalhousie University, Halifax, Nova Scotia, Canada.

The above poster won the award for best presentation by an undergraduate.

120. Mackinnon, S. P., Hartling, N., Orchard, B., Fitzpatrick, S., Allen, S. L., Miller, K., Stewart, S. H., Sherry, D. L., & Sherry, S. B. (2010, April). *Caught in a bad romance: A test of the social disconnection model in romantic couples.* Paper presented at the 36<sup>th</sup> Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
121. Orchard, B., Mackinnon, S. P., Hartling, N., Fitzpatrick, S., Allen, S. L., Miller, K., Stewart, S. H., Sherry, D. L., & Sherry, S. B. (2010, May). *The social disconnection model in a sample of university romantic couples: A test of incremental validity.* Paper presented at the 34<sup>th</sup> Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.
122. Roxborough, H., Hewitt, P. L., Flett, G. L., Caelian, C. F., Sherry, D. L., Garland, J., & **Sherry, S. B.** (2010, August). *Impact of social disconnection on suicide risk of perfectionists.* Poster session presented at the American Psychological Association 2010 Convention, San Diego, CA, U.S.A.
123. Tonet, J. T., Graham, A. R., MacDonald, M., Sun, M., Tiesmaki, M., Yu, J., & Sherry, S. B. (2010, April). *Does depressive affect mediate the link between socially prescribed perfectionism and binge eating?* Poster session presented at the 36<sup>th</sup> Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
124. Yu, J., Graham, A. R., Tonet, J. T., MacDonald, M., Sun, M., Tiesmaki, M., & Sherry, S. B. (2010, May). *A preliminary test of the integrated model of perfectionism.* Paper presented at the 34<sup>th</sup> Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Saint Francis Xavier University, Antigonish, Nova Scotia, Canada.

The above presentation won the Atlantic Provinces Council on the Sciences Undergraduate Science Communication Award.

125. Allen, S. L., Graham, A. R., McGrath, D. S., Breen, E. K., Tonet, J. T., Sherry, D. L., Stewart, S. H., & Sherry, S. B. (2009, April). *A preliminary test of the existential alienation model: A three-wave longitudinal study.* Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
126. Allen, S. L., Graham, A. R., McGrath, D. S., Breen, E. K., Tonet, J. T., Sherry, D. L., Stewart, S. H., & Sherry, S. B. (2009, May). *Testing the existential alienation model: A cross-sectional study in an undergraduate sample.* Poster session presented at the 35<sup>th</sup> Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.



127. \*Blasberg, J. S., Hewitt, P. L., **Sherry, S. B.**, & Flett, G. L. (2009, June). *Not quite perfect: Is adaptive perfectionism simply high standards or achievement striving?* Poster session presented at the Canadian Psychological Association 2009 Convention, Montreal, Quebec, Canada.
128. \*Breen, E. K., Graham, A. R., Allen, S. L., Tonet, J. T., McGrath, D. S., Stewart, S. H., Sherry, D. L., & **Sherry, S. B.** (2009, June). *The perfectionism model of binge eating: A second test of an emerging integrative model.* Poster session presented at the Canadian Psychological Association 2009 Convention, Montreal, Quebec, Canada.
129. Doucette, S., Duffy, A. C., James, T., Robertson, H., & **Sherry, S. B.** (2009, October). *The influence of attachment, temperament and negative life events on the risk of psychopathology among the offspring of bipolar and well parents.* Poster session presented at Psychiatry Research Day 2009, Dalhousie University, Halifax, Nova Scotia, Canada.
130. \*Flett, G. L., Besser, A., Hewitt, P. L., Wright, K., & **Sherry, S. B.** (2009, August). *Trait perfectionism, perfectionistic self-presentation, attachment styles, and depression.* Poster session presented at the American Psychological Association 2009 Convention, Toronto, Ontario, Canada.
131. Flett, G. L., Hewitt, P. L., **Sherry, S. B.**, & Stainton, M. (2009, August). *Procrastination cognitions in stress and distress.* Paper presented at the 6<sup>th</sup> biennial conference on Counseling the Procrastinator in Academic Settings, York University, Toronto, Ontario, Canada.
132. Graham, A. R., Allen, S. L., McGrath, D. S., Breen, E. K., Tonet, J. T., Sherry, D. L., Stewart, S. H., & **Sherry, S. B.** (2009, May). *Perfectionistic concerns, catastrophizing, difficulty accepting the past, and depressive symptoms: A short-term, four-wave prospective study.* Paper presented at the 35<sup>th</sup> Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
133. \*Graham, A. R., **Sherry, S. B.**, Sherry, D. L., Flett, G. L., Hewitt, P. L., & Hall, P. A. (2009, August). *Socially prescribed perfectionism, difficulties in accepting the past, and depressive symptoms.* Poster session presented at the American Psychological Association 2009 Convention, Toronto, Ontario, Canada.
134. Hartling, N., Doucette, S., Fossum, K., Hamilton, A., Sutherland, S. L., Sherry, D. L., Stewart, S. H., & **Sherry, S. B.** (2009, May). *A preliminary test of the interpersonal model of health anxiety in romantic couples.* Poster session presented at the 33<sup>rd</sup> Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Mount Saint Vincent University, Halifax, Nova Scotia, Canada.
135. Hartling, N., Doucette, S., Fossum, K., Hamilton, A., Sutherland, S. L., Sherry, D. L., Stewart, S. H., & **Sherry, S. B.** (2009, April). *Testing the interpersonal model of health anxiety: Does health-related worry mediate the relation between interpersonal neuroticism and reassurance-seeking?* Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.

136. Hartling, N., Doucette, S., Fossum, K., Hamilton, A., Sutherland, S. L., Sherry, D. L., Stewart, S. H., & Sherry, S. B. (2009, May). *Testing the interpersonal model of health anxiety: Interpersonal neuroticism, health-related worry, health-related reassurance-seeking, and health-related alienation in romantic couples*. Paper presented at the 35<sup>th</sup> Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
137. Hartling, N., Vincent, N., Doucette, S., Hussman, J., Sherry, D. L., Stewart, S. H., & Sherry, S. B. (2009, October). *The interactive effect of anxious attachment and emotional instability on health anxiety: An extension of the interpersonal model of health anxiety*. Poster session presented at Psychiatry Research Day 2009, Dalhousie University, Halifax, Nova Scotia, Canada.

The above poster won the award for best presentation by an undergraduate.

138. \* **Sherry, S. B.** (2009, June). The perfectionism model of binge eating: Daily and longitudinal tests of an integrative model. In C. M. Lee (Chair), *President's new researcher award symposium*. Symposium conducted at the Canadian Psychological Association 2009 Convention, Montreal, Quebec, Canada.
139. **Sherry, S. B., Graham, A. R., McGrath, D. S., Breen, E. K., Allen, S. L., Tonet, J. T., Sherry, D. L., & Stewart, S. H.** (2009, April). *The perfectionism model of binge eating: A short-term, four-wave longitudinal study of vulnerability, pathoplastic, and complication effects*. Paper presented at the 35<sup>th</sup> Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
140. Sutherland, S. L., McGrath, D. S., Graham, A. R., Breen, E. K., Allen, S. L., Tonet, J. T., Sherry, D. L., Stewart, S. H., & Sherry, S. B. (2009, April). *Perfectionism and depression: Testing vulnerability, scar, and reciprocal hypotheses in a three-wave longitudinal study*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
141. Allen, S. L., Vriend, J. L., Sherry, D. L., Sherry, S. B., Hewitt, P. L., Flett, G. L., & Wardrop, A. A. (2008, April). *Perfectionistic self-presentation and symptoms of body dysmorphic disorder*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
142. Blasberg, J. S., Hewitt, P. L., **Sherry, S. B.**, & Flett, G. L. (2008, April). *Experimental manipulation of the Almost Perfect Scale (Revised) and its relationship to negative emotions and distress*. Poster session presented at the 88<sup>th</sup> Annual Convention of the Western Psychological Association, Irvine, CA, U.S.A.
143. \*Doucette, S., Sherry, S. B., Hewitt, P. L., Sherry, D. L., & Stewart, S. H. (2008, June). *Do social disconnection and depressive symptoms mediate the relationship between perfectionism and alcohol abuse?* Poster session presented at the Canadian Psychological Association 2008 Convention, Halifax, Nova Scotia, Canada.

144. Doucette, S., **Sherry, S. B.**, Hussman, J., Sherry, D. L., Vincent, N., & Stewart, S. H. (2008, April). *A preliminary test of the interpersonal model of hypochondriasis*. Poster session presented at Meeting at the Crossroads: Student Research in Health Conference, Dalhousie University, Halifax, Nova Scotia, Canada.

The above poster won the award for best presentation by an undergraduate.

145. Doucette, S., **Sherry, S. B.**, Stewart, S. H., Hussman, J., Sherry, D. L., & Vincent, N. (2008, April). *The mediational role of reassurance seeking in the relationship between anxious attachment and hypochondriacal alienation: A preliminary test of the interpersonal model of hypochondriasis*. Poster session presented at the 34<sup>th</sup> Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
146. Doucette, S., **Sherry, S. B.**, Stewart, S. H., Sherry, D. L., Hussman, J., & Vincent, N. (2008, October). *The interpersonal model of health anxiety: Preliminary support for an integrative model*. Poster session presented at Psychiatry Research Day 2008, Dalhousie University, Halifax, Nova Scotia, Canada.
147. Hartling, N., **Sherry, S. B.**, Sherry, D. L., Hewitt, P. L., Flett, G. L., & Graham, A. R. (2008, October). *Is there a link between perfectionism and research productivity? Implications for understanding the (mal)adaptiveness of perfectionism*. Poster session presented at Psychiatry Research Day 2008, Dalhousie University, Halifax, Nova Scotia, Canada.
148. Kozel, P., Graham, A. R., **Sherry, S. B.**, Sherry, D. L., Flett, G. L., Hewitt, P. L., & Hall, P. A. (2008, October). *Understanding the role of ruminative regret in the connection between perfectionism and depression*. Poster session presented at Psychiatry Research Day 2008, Dalhousie University, Halifax, Nova Scotia, Canada.
149. \* MacSwain, K., **Sherry, S. B.**, Stewart, S. H., Watt, M. C., & Hadjistavropoulos, H. D. (2008, June). Are there gender differences in mean levels of hypochondriasis? In S. H. Stewart (Chair), *Current research in health psychology*. Symposium conducted at the Canadian Psychological Association 2008 Convention, Halifax, Nova Scotia, Canada.
150. \*Roxborough, H., **Sherry, S. B.**, Hewitt, P. L., Caelian, C. F., Flett, G. L., & Sherry, D. L. (2008, June). *The interpersonal aspects of perfectionism and suicide in youth: A test of the social disconnection model*. Poster session presented at the Canadian Psychological Association 2008 Convention, Halifax, Nova Scotia, Canada.
151. **Sherry, S. B.**, Sherry, D. L., Hewitt, P. L., & Flett, G. L. (2008, April). *Does perfectionism impede research productivity? A study of psychology professors*. Paper presented at the 34<sup>th</sup> Annual In-House Conference of the Department of Psychology, Dalhousie University, Halifax, Nova Scotia, Canada.
152. **Sherry, S. B.**, Sherry, D. L., Hewitt, P. L., Flett, G. L., & Graham, A. R. (2008, November). *Perfectionism dimensions and research productivity in psychology professors: Implications for understanding the*

- (mal)adaptiveness of perfectionism. Paper presented at the Psychology Colloquia Series, Saint Mary's University, Halifax, Nova Scotia, Canada.
153. \* **Sherry, S. B.**, Stewart, S. H., Doucette, S., Hussman, J., Sherry, D. L., & Vincent, N. (2008, June). The interpersonal model of hypochondriasis. In S. H. Stewart (Chair), *Current research in health psychology*. Symposium conducted at the Canadian Psychological Association 2008 Convention, Halifax, Nova Scotia, Canada.
  154. Sterling, A., Mushquash, C. J., **Sherry, S. B.**, & Hewitt, P. L. (2008, October). *Perfectionism and suicide: A meta-analytic review*. Poster session presented at Psychiatry Research Day 2008, Dalhousie University, Halifax, Nova Scotia, Canada.
  155. \*Vriend, J. L., **Sherry, S. B.**, Hewitt, P. L., Sherry, D. L., Flett, G. L., & Wardrop, A. A. (2008, June). *Perfectionism, appearance schemas, and symptoms of body dysmorphic disorder*. Poster session presented at the Canadian Psychological Association 2008 Convention, Halifax, Nova Scotia, Canada.
  156. \*Hewitt, P. L., Lee-Baggley, D. L., **Sherry, S. B.**, & Flett, G. L. (2007, August). Impact of concealing imperfections on treatment-related issues. In D. G. Larson (Chair), *Self-concealment and secret keeping: Implications for counseling and mental health*. Symposium conducted at the American Psychological Association 2007 Convention, San Francisco, CA, U.S.A.
  157. \*Quaale, R., Lee-Baggley, D. L., **Sherry, S. B.**, Hewitt, P. L., & Flett, G. L. (2007, May). *Aged to perfection? Studying the relationship between perfectionism and age*. Poster session presented at the 87<sup>th</sup> Annual Convention of the Western Psychological Association, Vancouver, British Columbia, Canada.
  158. \*Quaale, R., **Sherry, S. B.**, Hewitt, P. L., Flett, G. L., & Lee-Baggley, D. L. (2007, May). *Does perfectionism impede research productivity? A study of psychology professors*. Poster session presented at the 87<sup>th</sup> Annual Convention of the Western Psychological Association, Vancouver, British Columbia, Canada.
  159. Stewart, S. H., Hadjistavropoulos, H. D., **Sherry, S. B.**, Watt, M. C., & Grant, V. V. (2007, April). *Dimensions of health anxiety and their associations with anxiety sensitivity: Implications for understanding panic disorder-hypochondriasis co-morbidity*. Poster session presented at the 3<sup>rd</sup> National Conference of the Anxiety Disorders Association of Canada, Montreal, Quebec, Canada.
  160. Stewart, S. H., Hadjistavropoulos, H. D., Watt, M. C., **Sherry, S. B.**, & Grant, V. V. (2007, November). Dimensions of health anxiety and their associations with anxiety sensitivity. In J. S. Abramowitz (Chair), *New directions in health anxiety: Psychopathology and treatment*. Symposium conducted at the 41<sup>st</sup> Annual Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA, U.S.A.
  161. \*Letourneau, J., **Sherry, S. B.**, Hewitt, P. L., Flett, G. L., Lee-Baggley, D. L., & Hall, P. A. (2006, June). *Trait perfectionism, perfectionistic self-presentation, and disordered personality*. Poster session presented at the Canadian Psychological Association 2006 Convention, Calgary, Alberta, Canada.

162. \*Letourneau, J., **Sherry, S. B.**, Lee-Baggley, D. L., Hewitt, P. L., Flett, G. L., & Law, A. (2006, June). *Contingencies of self-worth as mediators of the relationship between trait perfectionism and low self-esteem*. Poster session presented at the Canadian Psychological Association 2006 Convention, Calgary, Alberta, Canada.
163. \*Prkachin, K. M., Hall, P. A., & **Sherry, S. B.** (2006, March). *Further findings on a constructive model of hostility*. Poster session presented at the 64<sup>th</sup> Annual Scientific Conference of the American Psychosomatic Society, Denver, CO, U.S.A.
164. Amari, E., **Sherry, S. B.**, Hewitt, P. L., Besser, A., Flett, G. L., & Lee-Baggley, D. L. (2005, April). *Dependent perfectionism, reassurance seeking, and depressive symptoms*. Poster session presented at the 85<sup>th</sup> Annual Convention of the Western Psychological Association, Portland, OR, U.S.A.
165. Amari, E., **Sherry, S. B.**, Hewitt, P. L., Flett, G. L., Lee-Baggley, D. L., & Hall, P. (2005, April). *Dimensions of perfectionism and pathological personality traits*. Poster session presented at the 85<sup>th</sup> Annual Convention of the Western Psychological Association, Portland, OR, U.S.A.
166. \*Letourneau, J., **Sherry, S. B.**, Hall, P. (2005, June). *Perfectionism, discrepancies, and depression*. Poster session presented at the Canadian Psychological Association 2005 Convention, Montreal, Quebec, Canada.
167. \*Letourneau, J., **Sherry, S. B.**, Hall, P., Hewitt, P. L., & Flett, G. L. (2005, June). *Perfectionism, rumination, and difficulty in accepting the past*. Poster session presented at the Canadian Psychological Association 2005 Convention, Montreal, Quebec, Canada.
168. \*Letourneau, J., **Sherry, S. B.**, Lee-Baggley, D. L., Hewitt, P. L., & Flett, G. L. (2005, June). *Perfectionism and narcissism: A meta-analytic review*. Poster session presented at the Canadian Psychological Association 2005 Convention, Montreal, Quebec, Canada.
169. \*Law, A., Hewitt, P. L., **Sherry, S. B.**, Besser, A., Flett, G. L., Chorney, D., & Klein, C. (2004, June). *Perfectionism, social support, and depression*. Poster session presented at the Canadian Psychological Association 2004 Convention, St. John's, Newfoundland, Canada.
170. \*Law, A., **Sherry, S. B.**, Hewitt, P. L., Besser, A., Flett, G. L., Klein, C., & Chorney, D. (2004, June). *Perfectionism, self-esteem, and depression*. Poster session presented at the Canadian Psychological Association 2004 Convention, St. John's, Newfoundland, Canada.
171. \*Law, A., **Sherry, S. B.**, Hewitt, P. L., Flett, G. L., Besser, A., Hall, P. A., & Klein, C. (2004, June). *Perfectionism, difficulty in accepting the past, and depression*. Poster session presented at the Canadian Psychological Association 2004 Convention, St. John's, Newfoundland, Canada.
172. \*Law, A., **Sherry, S. B.**, Hewitt, P. L., Klein, C., Chorney, D., & Flett, G. L. (2004, June). *Perfectionism and narcissism in university students*. Poster session presented at the Canadian Psychological Association 2004 Convention, St. John's, Newfoundland, Canada.
173. \*Klein, C., **Sherry, S. B.**, Hewitt, P. L., Flett, G. L., & Law, A. (2003, June).

- Perfectionism and Machiavellianism*. Poster session presented at the Canadian Psychological Association 2003 Convention, Hamilton, Ontario, Canada.
174. Klein, C., **Sherry, S. B.**, Hewitt, P. L., Flett, G. L., Law, A., & Witton, N. (2003, August). *Machiavellianism, trait perfectionism, and perfectionistic self-presentation*. Poster session presented at the American Psychological Association 2003 Convention, Toronto, Ontario, Canada.
  175. Klein, C., **Sherry, S. B.**, Hewitt, P. L., Flett, G. L., Law, A., & Witton, N. (2003, May). *Trait perfectionism, perfectionistic self-presentation, and Machiavellianism*. Poster session presented at the Western Psychological Association 2003 Convention, Vancouver, British Columbia, Canada.
  176. Law, A., **Sherry, S. B.**, Hewitt, P. L., Besser, A., Flett, G. L., Klein, C., & Yule, N. (2003, August). *Perfectionism, self-esteem, and depression: Evidence for moderation and mediation*. Poster session presented at the American Psychological Association 2003 Convention, Toronto, Ontario, Canada.
  177. Law, A., **Sherry, S. B.**, Hewitt, P. L., Besser, A., Flett, G. L., Klein, C., & Yule, N. (2003, May). *Trait perfectionism, self-liking, self-competence, and depression*. Poster session presented at the Western Psychological Association 2003 Convention, Vancouver, British Columbia, Canada.
  178. Shick, R., **Sherry, S. B.**, Hewitt, P. L., Flett, G. L., Klein, C., & Law, A. (2003, May). *Trait perfectionism, perfectionistic self-presentation, and cosmetic surgery*. Poster session presented at the Western Psychological Association 2003 Convention, Vancouver, British Columbia, Canada.
  179. \*Lanting, S., Hewitt, P. L., **Sherry, S. B.**, Caelian, C. F., Seal, B., & Flett, G. L. (2002, June). *A longitudinal study of perfectionism and suicide behaviours*. Poster session presented at the Canadian Psychological Association 2002 Convention, University of British Columbia, Vancouver, British Columbia, Canada.
  180. \***Sherry, S. B.**, Flett, G. L., Hewitt, P. L., Davis, R. A., Lanting, S., Klein, C., & Hui, I. (2002, June). *Perfectionism, interpersonal competitiveness, goal competitiveness, and academic hypercompetitiveness*. Poster session presented at the Canadian Psychological Association 2002 Convention, University of British Columbia, Vancouver, British Columbia, Canada.
  181. \***Sherry, S. B.**, Flett, G. L., Hewitt, P. L., Klein, C., Lanting, S., Seal, B., & Greenall, J. (2002, June). *Perfectionism, acceptance of the past, and the need to evaluate*. Poster session presented at the Canadian Psychological Association 2002 Convention, University of British Columbia, Vancouver, British Columbia, Canada.
  182. **Sherry, S. B.**, Hewitt, P. L., & Flett, G. L. (2002, May). *Perfectionism dimensions, dysfunctional attitudes, and depression symptoms in psychiatric patients and young adults*. Paper presented at PsycFest, University of British Columbia, Vancouver, British Columbia, Canada.
  183. **Sherry, S. B.**, Hewitt, P. L., & Flett, G. L. (2002, January). *Perfectionistic self-presentation*. Paper presented at the Counseling Seminar Series, University of British Columbia, Vancouver, British Columbia, Canada.
  184. \***Sherry, S. B.**, Hewitt, P. L., Flett, G. L., Klein, C., Lanting, S., Seal, B., & Wardrop,

- A. A. (2002, June). *Perfectionism, anger, and hostility*. Poster session presented at the Canadian Psychological Association 2002 Convention, University of British Columbia, Vancouver, British Columbia, Canada.
185. \***Sherry, S. B.**, Hewitt, P. L., Flett, G. L., Lanting, S., Klein, C., Seal, B., & Wardrop, A. A. (2002, June). *Perfectionism and symptoms of body dysmorphic disorder*. Poster session presented at the Canadian Psychological Association 2002 Convention, University of British Columbia, Vancouver, British Columbia, Canada.
186. Flett, G. L., Hewitt, P. L., Mosher, S. W., Macdonald, S., & **Sherry, S. B.** (2001, June). *Dimensions of perfectionism and attachment style*. Poster session presented at the American Psychological Society 13th Annual Convention, Toronto, Ontario, Canada.
187. Hewitt, P. L., Garland, G., Flett, G. L., Caelian, C. F., & **Sherry, S. B.** (2001, July). Perfectionism dimensions, stress, and depression in children and adolescents. In P. L. Hewitt (Chair), *Perfectionism and depression*. Symposium conducted at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
188. Seal, B., **Sherry, S. B.**, Hewitt, P. L., Wardrop, A. A., Flett, G. L., Hui, I., McKenney, K., & Mui, S. (2001, March). *Perfectionistic tendencies and happiness in community gym members*. Poster session presented at the Health Sciences Student Research Forum, University of British Columbia, Vancouver, British Columbia, Canada.
189. \***Sherry, S. B.**, Flett, G. L., & Hewitt, P. L. (2001, June). *Perfectionism and self-handicapping*. Poster session presented at the Canadian Psychological Association 2001 Convention, Université Laval, Laval, Quebec, Canada.
190. **Sherry, S. B.**, Hewitt, P. L., & Flett, G. L. (2001, December). *Perfectionistic self-presentation, social anxiety, and avoidant personality*. Paper presented at the Social Cognition Workshop, University of British Columbia, Vancouver, British Columbia, Canada.
191. **Sherry, S. B.**, Hewitt, P. L., & Flett, G. L. (2001, October). *Perfectionism and social anxiety*. Paper presented at the Clinical Seminar Series, University of British Columbia, Vancouver, British Columbia, Canada.
192. **Sherry, S. B.**, Hewitt, P. L., & Flett, G. L. (2001, July). *Perfectionism and narcissism*. Poster session presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia, Canada.
193. **Sherry, S. B.**, Hewitt, P. L., Flett, G. L., Mui S. M., Ho, G. H. Y., & Hayoun, R. (2001, August). *Perfectionism, happiness, and life satisfaction*. Poster session presented at the American Psychological Association 2001 Convention, San Francisco, CA, U.S.A.
194. \***Sherry, S. B.**, Hewitt, P. L., Flett, G. L., & Wardrop, A. A. (2001, June). *Perfectionism and narcissism*. Poster session presented at the Canadian Psychological Association 2001 Convention, Université Laval, Laval, Quebec, Canada.
195. **Sherry, S. B.**, Hewitt, P. L., Wardrop, A. A., Seal, B., Flett, G. L., Hui, I., McKenney, K., & Mui, S. (2001, March). *Perfectionistic tendencies and attractiveness reassurance seeking in community gym members*. Poster

- session presented at the Health Sciences Student Research Forum, University of British Columbia, Vancouver, British Columbia, Canada.
196. Wardrop, A. A., **Sherry, S. B.**, Hewitt, P. L., Seal, B., Flett, G. L., Hui, I., McKenney, K., & Mui, S. (2001, March). *Perfectionistic tendencies and body image disturbances in community gym members*. Poster session presented at the Health Sciences Student Research Forum, University of British Columbia, Vancouver, British Columbia, Canada.
  197. Bialystok, E., Martin, M., & **Sherry, S. B.** (2000, November). *Development of inhibition in three populations: Normal children, bilingual children, and children with autistic spectrum disorders*. Poster session presented at the 41st Annual Meeting of the Psychonomic Society, New Orleans, LA, U.S.A.
  198. Bialystok, E., Shanker, S. G., **Sherry, S. B.**, & Kelley, E. A. (2000, May). Computerized testing of the dimensional change card sort in children with autism. In C. Atance (Chair), *Theory of mind*. Symposium conducted at Development 2000: A Conference on Developmental Psychology, University of Waterloo, Waterloo, Ontario, Canada.
  199. Bialystok, E., Shanker, S. G., **Sherry, S. B.**, & Kelley, E. A. (2000, May). *Computerized testing of the dimensional change card sort in children with autism*. Poster session presented at Development 2000: A Conference on Developmental Psychology, University of Waterloo, Waterloo, Ontario, Canada.
  200. \***Sherry, S. B.**, Flett, G. L., & Hewitt, P. L. (2000, June). *Perfectionism, hopelessness, and depression*. Poster session presented at the Canadian Psychological Association 2000 Convention, Ottawa, Ontario, Canada.
  201. **Sherry, S. B.**, Flett, G. L., & Hewitt, P. L. (2000, April). *Perfectionism, hopelessness, and depression*. Paper presented at the 30<sup>th</sup> Psychology Undergraduate Thesis Conference, Guelph University, Guelph, Ontario, Canada.

### **Presentations to General Public**

1. **Sherry, S. B.** (2016, June). *Untitled convocation speech*. Speech given at the Faculties of Science and Graduate Studies Spring Convocation, Dalhousie University, Halifax, Nova Scotia, Canada.
2. **Sherry, S. B.** (2012, April). Perfectionism and depression. In **S. B. Sherry** (Chair), *Your personality and your mood: Can your personality make you anxious, manic, or depressed?* Canadian Institutes of Health Research Café Scientifique conducted at Mongolie Grill, Halifax, Nova Scotia, Canada.
3. **Sherry, S. B.** (2011, October). *Depression: Theory, research, and treatment*. Paper presented at Beyond the Blues Depression Screening, Dalhousie University, Halifax, Nova Scotia, Canada.
4. **Sherry, S. B.** (2011, November). *Let's talk perfectionism*. Paper presented at the Let's Talk Science Public Lecture Series, Spring Garden Road Memorial Public Library, Halifax, Nova Scotia, Canada.
5. **Sherry, S. B.** (2011, February). *Treating depression by focusing on patterns of behavior*. Paper presented at the Psychology Month Talk, Spring Garden Road Memorial Public Library, Halifax, Nova Scotia, Canada.



6. **Sherry, S. B.** (2011, February). *Treating eating disorders*. Paper presented as part of Eating Disorder Awareness Week, Alderney Gate Public Library, Halifax, Nova Scotia, Canada.
7. **Sherry, S. B.** (2011, March). Treatments for health anxiety and hypochondriasis. In **S. B. Sherry** (Chair), *Is it all just in my head? Understanding and treating health anxiety and hypochondriasis*. Canadian Institutes of Health Research Café Scientifique conducted at Café Istanbul, Halifax, Nova Scotia, Canada.
8. **Sherry, S. B.** (2010, February). *Treating depression by focusing on patterns of behavior*. Paper presented at the Psychology Month Talk, Keshen Goodman Public Library, Halifax, Nova Scotia, Canada.
9. **Sherry, S. B.** (2008, September). *The Personality Research Team*. Paper presented at the Meet the Psychology Faculty Colloquium, Dalhousie University, Halifax, Nova Scotia, Canada.
10. **Sherry, S. B.** (2007, October). *Perfectionism and mental health*. Paper presented at the Discover the Unexpected Open House, Dalhousie University, Halifax, Nova Scotia, Canada.
11. **Sherry, S. B.**, Hewitt, P. L., & Flett, G. L. (2002, January). *Perfectionism and depression*. Paper presented at the Green College Speaker Series, University of British Columbia, Vancouver, British Columbia, Canada.
12. **Sherry, S. B.**, Hewitt, P. L., & Flett, G. L. (2001, February). *A general introduction to the psychology of perfectionism*. Paper presented at the Green College Speaker Series, University of British Columbia, Vancouver, British Columbia, Canada.

### Workshops

- Sherry, S. B.** (2014, November). *Behavior activation therapy: A powerful and a practical intervention for adult depression*. Full day workshop sponsored by the Canadian Counselling and Psychotherapy Association, Halifax, Nova Scotia, Canada.
- Sherry, S. B.** (2014, June). *Behavioural activation therapy: What you need to know. Moving beyond DSM-5 to a transdiagnostic approach to treating emotional distress*. Full day workshop sponsored by the Canadian Register of Health Service Psychologists, Ottawa, Ontario, Canada.
- Sherry, S. B.** (2014, June). *Nobody's perfect: Understanding, assessing, and treating perfectionism and related problems*. Full day workshop Moncton, New Brunswick, Canada.
- Sherry, S. B.** (2014, April). *Behavioural activation therapy: What you need to know. Moving beyond DSM-5 to a transdiagnostic approach to treating emotional distress*. Full day workshop sponsored by the Canadian Register of Health Service Psychologists, Winnipeg, Manitoba, Canada.
- Sherry, S. B.** (2014, February). *Nobody's perfect: Understanding, assessing, and treating perfectionism and related problems*. Full day workshop sponsored by the Ontario Psychological Association, Toronto, Ontario, Canada.
- Sherry, S. B.** (2013, October). *Behavioural activation therapy: What you need to know*. Full day workshop, Moncton, New Brunswick, Canada.

- Sherry, S. B.** (2013, September). *Behavioural activation therapy: What you need to know.* Full day workshop, Halifax, Nova Scotia, Canada.
- Sherry, S. B.** (2013, June). *Behavioural activation therapy: What you need to know–In one day.* Full day workshop sponsored by the Canadian Psychological Association, Quebec City, Quebec, Canada.
- Sherry, S. B.** (2013, April). *Behavioural activation therapy: What you need to know.* Full day workshop, St. John, New Brunswick, Canada.
- Sherry, S. B.** (2013, April). *Nobody's perfect: Understanding, assessing, and treating perfectionism and related problems.* Full day workshop, Halifax, Nova Scotia, Canada.
- Sherry, S. B.** (2012, September). *Behavioural activation therapy: What you need to know.* Full day workshop, Halifax, Nova Scotia, Canada.

## TEACHING ACTIVITIES

<b>Graduate Courses</b>		
<b>Year (Term)</b>	<b>Course Title (Code)</b>	<b>Course Size (Level)</b>
2016-2017 (winter)	Proseminar in Methods of Psychological Inquiry (7502.03)	13 (first year)
2016-2017 (fall)	Proseminar in Methods of Psychological Inquiry (7501.03)	13 (first year)
2012-2013 (winter)	Proseminar in Methods of Psychological Inquiry (7502.03)	12 (first year)
2012-2013 (fall)	Proseminar in Methods of Psychological Inquiry (7501.03)	13 (first year)
2017-2018 (winter)	Research Seminar (6209.03)	7 (second year)
2016-2017 (winter)	Research Seminar (6209.03)	5 (second year)
2015-2016 (winter)	Research Seminar (6209.03)	4 (second year)
2013-2014 (winter)	Research Seminar (6209.03)	8 (second year)
2012-2013 (winter)	Research Seminar (6209.03)	7 (second year)
2011-2012 (winter)	Research Seminar (6209.03)	5 (second year)
2010-2011 (winter)	Research Seminar (6209.03)	5 (second year)
2009-2010 (fall)	Research Seminar (6209.03)	5 (second year)
2008-2009 (winter)	Research Seminar (8005.03)	5 (second year)
2007-2008 (winter)	Research Seminar (8005.03)	5 (second year)
<b>Undergraduate Courses</b>		
<b>Year (Term)</b>	<b>Course Title (Code)</b>	<b>Course Size (Level)</b>
2017-2018 (winter)	Abnormal Behaviour (2220.03)	175 (second year)
2015-2016 (winter)	Abnormal Behaviour (2220.03)	162 (second year)
2011-2012 (winter)	Abnormal Behaviour (2220.03)	150 (second year)
2017-2018 (fall)	Personality (3280.03)	75 (third year)
2015-2016 (fall)	Personality (3280.03)	75 (third year)

2013-2014 (fall)	Personality (3280.03)	75 (third year)
2012-2013 (summer)	Personality (3280.03)	30 (third year)
2011-2012 (fall)	Personality (3280.03)	75 (third year)
2010-2011 (summer)	Personality (3280.03)	30 (third year)
2010-2011 (fall)	Personality (3280.03)	75 (third year)
2009-2010 (fall)	Personality (3280.03)	75 (third year)
2008-2009 (fall)	Personality (3280.03)	72 (third year)
2007-2008 (fall)	Personality (3280.03)	60 (third year)
2005-2006 (winter)	Personality (222.3)	50 (second year)
2011-2012 (winter)	Social Psychology (2080.03)	155 (second year)
2010-2011 (winter)	Social Psychology (2080.03)	155 (second year)
2009-2010 (winter)	Social Psychology (2080.03)	155 (second year)
2008-2009 (winter)	Social Psychology (2080.03)	155 (second year)

### Guest Lectures

- 2016            Lecture Title: *Getting into graduate school*  
Professor(s): Dr. Vincent LoLordo and Dr. Tara Perrot  
Course Title: Honours Thesis  
Location: Department of Psychology and Neuroscience, Dalhousie University
- 2013            Lecture Title: *Why do perfectionists get depressed? Evidence from four recent studies*  
Professor(s): Dr. Tracy Taylor-Helmick  
Course Title: Proseminar in Methods of Psychological Inquiry  
Location: Department of Psychology and Neuroscience, Dalhousie University
- 2012            Lecture Title: *Navigating the Department of Psychology and Neuroscience's Comps System—Like a Boss*  
Location: Department of Psychology and Neuroscience, Dalhousie University
- 2012            Lecture Title: *Getting into graduate school*  
Professor(s): Dr. Patricia McMullen and Dr. Tara Perrot  
Course Title: Honours Thesis  
Location: Department of Psychology and Neuroscience, Dalhousie University
- 2011-2012      Lecture Title: *Personality disorders: Theory, research, and practice*  
Professor(s): Dr. Penny Corkum  
Course Title: Psychopathology: A Lifespan Perspective  
Location: Department of Psychology, Dalhousie University  
This guest lecture was updated and delivered annually.

- 2011      Lecture Title: *The perfectionism model of binge eating: An emerging integrative model*  
 Professor(s): Dr. Tracy Taylor-Helmick  
 Course Title: Proseminar in Methods of Psychological Inquiry  
 Location: Department of Psychology, Dalhousie University
- 2008      Lecture Title: *Interpersonal psychotherapy for binge eating: A case example*  
 Professor(s): Dr. Penny Corkum  
 Course Title: Psychology Colloquium  
 Location: Department of Psychology, Dalhousie University
- 2007-2010      Lecture Title: *Perfectionism in academia: The good, the bad, and the ugly*  
 Professor(s): Dr. Raymond Klein or Dr. Tracy Taylor-Helmick  
 Course Title: Proseminar in Methods of Psychological Inquiry  
 Location: Department of Psychology, Dalhousie University  
 This guest lecture was updated and delivered annually.

### SUPERVISORY ACTIVITIES

<b>Graduate Students</b>			
<b>Year</b>		<b>Student Name</b>	<b>Supervisory Role</b>
<b>Start</b>	<b>Finish</b>		
2018		Etherson, Marianne	Doctoral Thesis Co-Supervisor (at York St John University)
2017		Isaacs, Jason	Comprehensive Project Supervisor
2017		Muyingo, Lydia	Comprehensive Project Co-Supervisor
2017		Muyingo, Lydia	Doctoral Thesis Co-Supervisor
2016		Bartel, Sara	Comprehensive Project Co-Supervisor
2016		Bartel, Sara	Doctoral Thesis Co-Supervisor
2016		Kehayes, Ivy-Lee	Comprehensive Project Supervisor
2015	2017	Glowacka, Maria	Comprehensive Project Supervisor
2014	2016	Speth, Tamara	Comprehensive Project Supervisor
2012	2013	Collins, Jamie-Lee	Comprehensive Project Co-Supervisor
2011	2012	Birnie, Kathryn	Comprehensive Project Co-Supervisor
2011	2013	Nealis, Logan	Comprehensive Project Supervisor
2011		Nealis, Logan	Doctoral Thesis Supervisor
2011	2011	Richards, Jennifer	Clinical Mentor
2011	2013	Richards, Jennifer	Comprehensive Project Co-Supervisor
2010	2012	McLarnon, Megan	Comprehensive Project Supervisor
2009	2013	Demetriooff, Sabrina	Internal Supervisor
2009	2011	Mackinnon, Sean	Comprehensive Project Supervisor
2009	2012	Mackinnon, Sean	Doctoral Thesis Supervisor
2008	2011	Fossum, Kristin-Lee	Comprehensive Project Supervisor
2008	2014	Juodis, Marcus	Internal Supervisor

2008	2011	McGrath, Daniel	Comprehensive Project Supervisor
2008	2010	Mushquash, Aislin	Comprehensive Project Supervisor
2008	2012	Mushquash, Aislin	Doctoral Thesis Supervisor
2008	2009	Mushquash, Chris	Comprehensive Project Supervisor
2008	2011	Sabourin, Brigitte	Comprehensive Project Supervisor
2007	2008	MacSwain, Kerry	Master's Thesis Supervisor
2007	2010	Vincent, Nicolle	Comprehensive Project Co-Supervisor
2007	2008	Vriend, Jennifer	Comprehensive Project Supervisor
<b>Undergraduate Students</b>			
<b>Year</b>		<b>Student Name</b>	<b>Supervisory Role</b>
<b>Start</b>	<b>Finish</b>		
2017	2018	Farrelly, Kyra	Directed Research Co-Supervisor
2017	2017	Richardson, Hannah	Summer Studentship Supervisor
2017	2018	Shannon, Trevor	Honours Thesis Co-Supervisor
2016	2017	Cowie, Megan	Directed Research Supervisor
2016	2017	Shannon, Trevor	Directed Research Co-Supervisor
2013	2014	Ramasubbu, Cynthia	Honours Thesis Supervisor
2012	2013	Gautreau, Chantal	Honours Thesis Supervisor
2011	2012	Smith, Martin	Honours Thesis Supervisor
2010	2011	Allen, Stephanie	Honours Thesis Supervisor
2010	2011	Bordman, Zack	Directed Research Supervisor
2010	2011	Fitzpatrick, Skye	Honours Thesis Supervisor
2010	2011	Fulmore, Jamie	Directed Research Supervisor
2010	2011	Lapp, Margaret	Directed Research Supervisor
2009	2010	Fitzpatrick, Skye	Directed Research Supervisor
2009	2010	MacDonald, Megan	Directed Research Supervisor
2009	2010	Orchard, Brittany	Honours Thesis Supervisor
2009	2010	Tonet, Jillian	Honours Thesis Supervisor
2009	2010	Yu, Joyce	Honours Thesis Supervisor
2009	2009	Allen, Stephanie	Directed Reading Supervisor
2008	2009	Allen, Stephanie	Directed Research Supervisor
2008	2009	Breen, Ellen	Directed Research Supervisor
2008	2009	Hamilton, Amy	Directed Research Supervisor
2008	2009	Hartling, Nikola	Honours Thesis Supervisor
2007	2008	Doucette, Sarah	Honours Thesis Co-Supervisor
2007	2008	Hussman, Julia	Directed Research Supervisor
2002	2003	Law, Ada	Directed Research Co-Supervisor
2002	2003	Shick, Ryan	Directed Research Co-Supervisor
2001	2002	Lanting, Shawnda	Directed Research Co-Supervisor
2000	2001	Wardrop, Andrea	Directed Research Co-Supervisor

**COMMITTEE SERVICE AND ADMINISTRATIVE ROLES**

July 3, 2018

## Comprehensive Committees

2017-present	chair of Jason Isaacs's Comprehensive Committee
2017-present	member of Lydia Muyingo's Comprehensive Committee
2016-present	member of Sara Bartel's Comprehensive Committee
2016-present	chair of Ivy-Lee Kehayes's Comprehensive Committee
2014-2017	chair of Maria Glowacka's Comprehensive Committee
2014-2016	chair of Tamara Speth's Comprehensive Committee
2011-2014	chair of Kathryn Birnie's Comprehensive Committee
2011-2017	member of Logan Nealis's Comprehensive Committee
2011-2016	chair of Jennifer Richards's Comprehensive Committee
2010-2012	member of Megan McLarnon's Comprehensive Committee
2009-2012	member of Sean Mackinnon's Comprehensive Committee
2008-2011	member of Kristin-Lee Fossum's Comprehensive Committee
2008-2011	chair of Daniel McGrath's Comprehensive Committee
2008-2012	member of Aislin Mushquash's Comprehensive Committee
2008-2009	member of Chris Mushquash's Comprehensive Committee
2008-2011	chair of Brigitte Sabourin's Comprehensive Committee
2007-2010	member of Nicolle Vincent's Comprehensive Committee
2007-2008	member of Jennifer Vriend's Comprehensive Committee

## Thesis Committees

Dalhousie University, Department of Psychology and Neuroscience

2018-present	member of Tiberiu Mahu's Doctoral Thesis Committee (Stewart) <sup>4</sup>
2018-present	member of Noelle Strickland's Doctoral Thesis Committee (Stewart)
2017-present	member of Ivy-Lee Kehayes's Doctoral Thesis Committee (Stewart)
2017-present	member of Lydia Muyingo's Doctoral Thesis Committee (Sherry/Stewart)
2017-present	member of Perri Tutelman's Doctoral Thesis Committee (Chambers)
2016-present	member of Sara Bartel's Doctoral Thesis Committee (Sherry/Stewart)
2014-present	member of Kristen Bailey's Doctoral Thesis Committee (Chorney)
2014-present	member of Kristen Higgins's Doctoral Thesis Committee (Chambers)
2014-2017	member of Kathryn Rancourt's Doctoral Thesis Committee (Rosen)
2013-2017	member of Jamie-Lee Collins's Doctoral Thesis Committee (Stewart)
2011-2017	member of Marie-Eve Couture's Doctoral Thesis Committee (Stewart)
2011	Departmental Representative on Chris Mushquash's Doctoral Thesis Committee (Stewart)
2011-present	member of Logan Nealis's Doctoral Thesis Committee (Sherry)
2010	Departmental Representative on Becky Douglas's Doctoral Thesis Committee (Watt)
2010-2013	member of Janine Olthuis's Doctoral Thesis Committee (Stewart)
2009-2014	member of Susan Battista's Doctoral Thesis Committee (Stewart)
2009	Departmental Representative on Valerie Grant's Doctoral Thesis Committee

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<sup>4</sup>Names of supervisors appear in brackets.

- (Stewart)
- 2009-2011 member of Kate Kalousek's Doctoral Thesis Committee (Johnson)
  - 2009-2012 member of Sean Mackinnon's Doctoral Thesis Committee (Sherry)
  - 2008-2013 member of Sabrina Demetriooff's Doctoral Thesis Committee (Porter)
  - 2008-2011 member of Heather Fulton's Doctoral Thesis Committee (Barrett)
  - 2008-2015 member of Marcus Juodis's Doctoral Thesis Committee (Porter)
  - 2008 Departmental Representative on Stephen Lewis's Doctoral Thesis Committee (Santor)
  - 2008 member of Kerry MacSwain's Master's Thesis Committee (Sherry)
  - 2008-2012 member of Aislin Mushquash's Doctoral Thesis Committee (Sherry)
  - 2007-2010 member of Shannon Currie's Doctoral Thesis Committee (Vallis)

Dalhousie University, Interdisciplinary PhD

- 2012-2016 member of Jill McSweeney's Doctoral Thesis Committee (Rainham)

Saint Mary's University, Department of Psychology

- 2011-2012 member of Nikola Hartling's Master's Thesis Committee (Day)

External Examiner

- 2011 external examiner on Timur Ozbilir's Master's Thesis Committee; Saint Mary's University, Department of Psychology (Day)
- 2010 external examiner on Jill McSweeney's Master's Thesis Committee; Dalhousie University, School of Health and Human Performance (Blanchard)

**Other Committees and Administrative Roles**

Dalhousie University

- 2017-2018 co-chair of the Comprehensive Examinations Committee for the Clinical Area
- 2017-2018 member of the Graduate Program Committee of the Department of Psychology and Neuroscience
- 2017 member of the Graduate Programs Committee for the Faculty of Science
- 2016-2017 chair of the Graduate Program Committee of the Department of Psychology and Neuroscience
- 2016-2017 Graduate Coordinator for the Department of Psychology and Neuroscience
- 2016-2017 member of the Advising and Planning Committee
- 2015-2016 chair of the Comprehensive Examinations Committee for the Clinical Area
- 2015 member of the advisory committee to the Dean of the Faculty of Science regarding the Chair of the Department of Economics
- 2015-2016 member of the Appointments Committee
- 2015-2016 member of the Colloquium Committee

2014	Director of Clinical Training for the Clinical Area of the Department of Psychology and Neuroscience (for roughly 8 months)
2013	Associate Director of Clinical Training for the Clinical Area of the Department of Psychology and Neuroscience (for roughly 4 months)
2013-2015	contributed to the advisory committee on content for the new Discovery Centre (i.e., content for exhibits on mental health)
2013-2014	member of the Graduate Program Committee of the Department of Psychology and Neuroscience
2012-2013	Graduate Coordinator for the Department of Psychology and Neuroscience
2012-2013	chair of the Graduate Program Committee of the Department of Psychology and Neuroscience
2012-2013	member of the Advising and Planning Committee
2012	member of the Clinical Program Committee Subcommittee that examined practicum placements
2012	member of the Strategic Planning Group of the Department of Psychology and Neuroscience
2011	member of the Clinical Search Committee of the Department of Psychology
2011	contributed to the committee to organize Beyond the Blues Depression Screening at Dalhousie University
2010-2012	chair of the Graduate Admissions Subcommittee of the Clinical Area of the Department of Psychology
2010	member of the advisory committee reviewing Dalhousie University's Student Ratings of Instruction form
2010-2011	member of the committee to organize the 35 <sup>th</sup> Annual Atlantic Provinces Council on the Sciences (APICS) Undergraduate Psychology Conference
2010-2012	member of the Graduate Program Committee of the Department of Psychology
2010-2013	member of the Travel Expenses and Professional Development Allowance Advisory Committee for the Faculty of Science
2009-2010	Department of Psychology Representative for the Atlantic Provinces Council on the Sciences (APICS)
2009	Department of Psychology Representative for the undergraduate program in Interdisciplinary Health Studies
2009	member of the advisory committee for the Office of Institutional Analysis and Research's study of the decision-making of students who do not return to Dalhousie University
2009	member of the Clinical Program Committee Subcommittee of the Department of Psychology that established procedures for evaluating aptitude and fitness for clinical practice
2009-2010	member of the committee to organize the Annual In-House Conference of the Department of Psychology
2009-2010	member of the Practicum Coordinator Search Committee of the Department of Psychology
2009-2011	member of the Psychology Month Committee of the Department of Psychology
2008-2012	member of the Adjuncts and Cross-Appointments Committee of the



2008-2011 Department of Psychology  
member of the Library Committee of the Department of Psychology  
2008-2009 member of the Quantitative Search Committee of the Department of Psychology  
2008 member of the Statistics and Quantitative Psychology Committee of the Department of Psychology  
2007-present member of the Clinical Program Committee of the Department of Psychology  
2007-2010 member of the Graduate Admissions Subcommittee of the Clinical Area of the Department of Psychology  
2007-2010 member of the Human Research Participants and Ethics Committee of the Department of Psychology

University of Washington

2006-2007 member of the Professional Development Committee of the Department of Psychiatry and Behavioral Sciences

### **EDITORIAL BOARD**

*Anxiety, Stress, & Coping* (2013-present)  
*Personality and Individual Differences* (2017-present)

### **AD HOC JOURNAL REVIEWER**

*Alcohol and Alcoholism*  
*Applied Psychology*  
*Anxiety, Stress, & Coping*  
*Assessment*  
*Body Image*  
*Canadian Journal of Behavioural Science*  
*Cognitive Therapy and Research*  
*Community Mental Health Journal*  
*International Journal of Cognitive Psychotherapy*  
*Journal of Abnormal Psychology*  
*Journal of Abnormal Child Psychology*  
*Journal of Clinical Psychology in Medical Settings*  
*Journal of Family Psychology*  
*Journal of Gambling Issues*  
*Journal of Individual Differences*  
*Journal of Personality and Social Psychology*  
*Journal of Psychoeducational Assessment*  
*Journal of Psychopathology and Behavioral Assessment*  
*Journal of Rational-Emotive Cognitive Behavioral Therapy*  
*Journal of Research in Personality*  
*Journal of Social and Clinical Psychology*

*Personality and Individual Differences  
Self and Identity*

**AD HOC GRANT REVIEWER**

Canada Foundation for Innovation  
Dalhousie University Department of Psychiatry Research Fund  
Michael Smith Foundation for Health Research  
Research Foundation - Flanders  
Social Sciences and Humanities Research Council

**MEDIA RELATIONS**

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## CLINICAL SERVICE

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|--------------|--|
| 2018-present | Registered Clinical Psychologist, Crux Psychology, Halifax                         |
| 2010-2018    | Registered Clinical Psychologist, Genest MacGillivray Psychologists, Halifax       |
| 2009-2010    | Clinical Psychologist, Candidate Register, Genest Psychological Services, Halifax  |
| 2006-2007    | Clinical Psychology Resident, University of Washington School of Medicine, Seattle |
| 2005         | Clinical Psychology Trainee, Prince Albert Mental Health Centre, Prince Albert     |
| 2004         | Clinical Psychology Trainee, Back in Motion, Vancouver                             |
| 2004-2005    | Clinical Psychology Trainee, First Nations University of Canada, Saskatoon         |
| 2004         | Clinical Psychology Trainee, Kinsmen Children's Centre, Saskatoon                  |
| 2004         | Clinical Psychology Trainee, McKerracher Centre, Saskatoon                         |
| 2004-2005    | Clinical Psychology Trainee, Regional Psychiatric Centre, Saskatoon                |
| 2004         | Clinical Psychology Trainee, Yarrow Youth Farm, Saskatoon                          |
| 2003-2004    | Clinical Psychology Trainee, Psychology Services Centre, Saskatoon                 |

## EXPERT WITNESS

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|------|---|
| 2018 | Provincial Court in Dartmouth, Dartmouth, Nova Scotia, Canada. Consulted by the Accused's Counsel. Conducted assessment and individual therapy related to an alcohol use disorder, depressive disorder, and impaired driving. Qualified as an expert witness in assessing and treating alcohol use disorders. Testified for the Accused as part of an application for a curative discharge in an impaired driving case. |
| 2015 | Provincial Court in Dartmouth, Dartmouth, Nova Scotia, Canada. Consulted by the Accused's Counsel. Conducted assessment and individual therapy related to an alcohol use disorder and impaired driving. Qualified as an expert witness in assessing and treating alcohol use disorders. Testified for the Accused as part of an application for a curative discharge in an impaired                                     |

driving case.

## LEGAL CONSULTATION AND ASSESSMENT

2018	Consulted by the Plaintiff's Counsel. Conducted a psychological assessment related to a motor vehicle collision and associated problems (e.g., chronic pain, depression, and disability).
2018	Consulted by the Plaintiff's Counsel. Conducted a psychological assessment related to anxiety, depression, and academic problems.
2018	Consulted by Workers' Compensation Board of Nova Scotia. Conducted an independent psychological assessment related to a workplace accident and associated problems (e.g., posttraumatic stress disorder, somatic symptom disorder, and depression).
2017	Consulted by insurer. Conducted an independent psychological assessment related to a motor vehicle collision and associated problems (e.g., chronic pain, anxiety, and disability).
2017	Consulted by the Accused's Counsel. Conducted a psychological assessment related to an alcohol use disorder and an assault.
2016	Consulted by the Accused's Counsel. Conducted a psychological assessment related to an alcohol use disorder and an assault. Assessment completed as part of an application for a curative discharge.
2016	Consulted by the Plaintiff's Counsel. Conducted a psychological assessment related to childhood sexual abuse and associated problems (e.g., post-traumatic stress disorder and bulimia nervosa).
2016	Consulted by the Plaintiff's Counsel. Conducted a psychological assessment related to childhood sexual abuse and associated problems (e.g., post-traumatic stress disorder, depression, and suicidality).
2015	Consulted by insurer. Conducted an independent psychological assessment related to an alcohol use disorder, impaired driving, and workplace problems.
2015	Consulted by the Accused's Counsel. Conducted a psychological assessment related to an alcohol use disorder and a sexual assault.
2015	Consulted by the Plaintiff's Counsel. Conducted a psychological assessment related to a motor vehicle collision and associated problems (e.g., chronic pain, depression, and disability).
2015	Consulted by Veterans Affairs Canada. Conducted a psychological assessment related to eligibility for disability benefits.
2014	Consulted by the Respondent's Counsel as part of a divorce proceeding. Conducted a psychological assessment related to depression, intimate partner violence, and child abuse.
2014	Consulted by the Plaintiff's Counsel. Conducted a psychological assessment related to a vehicle-pedestrian collision and associated problems (e.g., anger, anxiety, and depression).
2014	Consulted by the Plaintiff's Counsel. Conducted a psychological assessment related to decisional capacity.
2013-2014	Consulted by the Accused's Counsel as part of the Nova Scotia Mental

Health Court Program. Conducted psychological assessments related to depression, intimate partner violence, and child abuse.

## COMMUNITY SERVICE

- 2017-2018 Head coach for Novice Advancing, Halifax Hawks Minor Hockey Association, Halifax
- 2017-2018 On ice instructor with Steve Bent for 12 practices, Novice and Atom age group, Halifax
- 2017 Assistant coach for Little Explosions, 8 and under age group, Halifax, during the Play On! Street Hockey Tournament in Halifax
- 2016 Assistant coach for Black Hawks, Initiation Program, Halifax Hawks Minor Hockey Association, Halifax, during the Eastern Shore IP Jamboree in Musquodoboit
- 2016-2017 Assistant coach for Novice Development, Halifax Hawks Minor Hockey Association, Halifax
- 2016 Head coach for East Coast Explosions, Novice age group, Halifax, during the Andrews Hockey 2Line Takedown Tournament in Charlottetown
- 2016 Head coach for Halifax Wildcats, Initiation Program, Halifax Hawks Minor Hockey Association, Halifax, during the Tim Horton's IP Jamboree in Halifax
- 2016 Head coach for Western Hurricanes, Super 7, Atlantic Hockey Group, Halifax, during the Jon Sim 3 vs 3 Tournament in Bedford
- 2016 On ice instructor for IP/Novice Group, Welsh Hockey Development Spring Program, Halifax
- 2016-2017 On ice instructor with Rob O'Brien for 20 practices, Novice age group, Bedford
- 2016-2017 On ice instructor with Steve Bent for 12 practices, Novice age group, Halifax
- 2015 Head coach for Black Hawks, Initiation Program, Halifax Hawks Minor Hockey Association, Halifax, during the Chebucto Minor Hockey Association, IP 2 Christmas Jamboree: Kyle Hansberry Memorial Tournament in Spryfield
- 2015 Head coach for Black Hawks, Initiation Program, Halifax Hawks Minor Hockey Association, Halifax, during the Sackville Minor Hockey Association, IP 2 Christmas Jamboree in Sackville
- 2015-2016 Head coach for Western Hurricanes, Super 7, Atlantic Hockey Group, Halifax
- 2015 On ice instructor for Black Hawks, Initiation Program, Halifax Hawks Minor Hockey Association, Halifax
- 2014 On field instructor for U6 Mini Timbits, Halifax City Soccer Club, Halifax
- 2013 On field instructor for U4 Mini Timbits, Halifax City Soccer Club, Halifax