

## **KERRY B. BERNES**

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### **EDUCATION**

#### **DOCTOR OF PHILOSOPHY**

**University of Calgary** **1998**  
Department of Study: Educational Psychology  
Specialization: Counselling Psychology  
*Dissertation: A Synergistic Model of Organizational  
Career Development: Bridging the Gap Between  
Employees and Organizations*

#### **MASTER OF SCIENCE**

**University of Calgary** **1994**  
Department of Study: Educational Psychology  
Specialization: Counselling Psychology  
*Thesis: A Description of Career Development Services  
within Organizations*

#### **BACHELOR OF EDUCATION**

**University of Calgary** **1989**  
Major: Secondary Social Studies

### **CERTIFICATIONS / MEMBERSHIPS / AFFILIATIONS**

- Certified Psychologist, College of Psychologists of Ontario (Certificate No. 7221).
  - Authorized Areas of Practice: Clinical Psychology and Counselling Psychology
  - Authorized Client Populations: Children, Adolescents, Adults, Seniors, Couples and Families
- Registered Psychologist, College of Alberta Psychologists (Registration No. 2223)
- Registered Psychologist, Nova Scotia Board of Examiners in Psychology (Registration No. R1084)
- Board Certified Specialist in Clinical Psychology, American Board of Professional Psychology (Certification Diploma No. 5846)
- Certificate of Professional Qualification in Psychology, Association of State and Provincial Psychology Boards (Certificate No. 3849)
- Interjurisdictional Practice Certificate, Association of State and Provincial Psychology Boards (Certificate No. 3849)
- Member, Canadian Register of Health Service Providers in Psychology (Permanent Listing No. 05178)
- Member, Psychologists' Association of Alberta (Member ID No. 1883)
- Canadian Certified Counsellor, Canadian Counselling and Psychotherapy Association (Certification No. 5843)

- Professional Member, Canadian Counselling and Psychotherapy Association (Member ID No. 7217)
- Member, Counsellor Educator Chapter, Canadian Counselling and Psychotherapy Association
- Permanent Professional Teaching Certificate - Alberta (Certificate No. 168588D)

### **PROFESSIONAL EXPERIENCE**

**FULL PROFESSOR  
ASSOC. PROFESSOR  
ASST. PROFESSOR**

**University of Lethbridge**

***July, 2012 - Present***

***July, 2001 - June 2012***

***July, 1997 - June 2001***

Responsible for teaching Educational & Counselling Psychology at the undergraduate and graduate level.

- Supervising student teachers and graduate students
- Undergraduate courses taught include: Educational Psychology, Psychology and Education of Exceptional Students in Regular Classrooms, Counselling Skills, Career Education, Outdoor Education, PS III
- Graduate courses taught include: Counselling Psychology: Skills, Counselling Psychology: Theory, Counselling Psychology: Interventions, Counselling Psychology: Practicum I and II
- Research interests include: career development, behavioral disorders, counsellor training and supervision, partnerships in mental health, at risk youth, mental health issues in the workplace and the professional practice of psychology

**ASSISTANT DEAN  
GRADUATE STUDIES  
AND RESEARCH  
IN EDUCATION**

**University of Lethbridge**

***July, 2011- December 2017***

Responsible for program planning and development, policy development and implementation of Graduate Studies and Research in Education.

**REGISTERED  
PSYCHOLOGIST**

**Bernes Psychological Services Ltd.**

***1995-Present***

Responsible for providing psychological services to individuals and couples in a variety of areas.

- Psychological Assessment
- Depression/anxiety/trauma/grief/loss
- Stress management
- Career development
- Sports Psychology
- Relationship counselling
- Separation/Divorce

**ADJUNCT  
ASSOCIATE  
PROFESSOR**

**University of Calgary  
Division of Applied Psychology**

**REGISTERED  
PSYCHOLOGIST**

**Calgary Board of Education** *1996-1997*

Responsible for consulting and managing clinical services for 10 treatment programs.

- Provided psycho-educational assessments
- Coordinated the completion of severe disability funding assessments for Alberta Education
- Promoted staff development
- Enhanced the quality of individualized program plans

**SESSIONAL  
INSTRUCTOR**

**University of Calgary** *1996-1997*

Responsible for teaching Ed. Psych. 617 (Theories of Career Development) and Ed. Psych. 623 (Career Counselling) to master's-level students.

- Established course objectives
- Presented a comprehensive curriculum regarding the theory and practice of career counselling
- Evaluated student performance through term papers, assignments and exams

**TEACHING  
ASSISTANT**

**University of Calgary** *1993-1996*

Responsible for teaching counselling skills to senior undergraduate (Ed. Psych. 419, 8 sections) and graduate students (Ed. Psych. 601, 1 section) and for providing on-site supervision to master's-level students in their practicum settings (Ed. Psych. 650, 1 section).

- Modeled, observed and provided feedback on student acquisition of counselling skills
- Communicated with course instructor to establish and ensure achievement of course objectives
- Evaluated student performance through term papers, lab assignments and exams

**TEACHER**

**Calgary Board of Education** *1989-1996*

Responsible for teaching Grades 3 through 12 to students with learning, emotional and behavioral disorders.

- Assessed student needs, developed individualized curriculum and evaluated student progress
- Collaborated with multidisciplinary team to establish

and achieve goals via individualized program plans

- Monitored student behavior and implemented effective interventions
- Supervised teacher's aide

### **PUBLICATIONS**

#### **BOOKS:**

Wegner, J., & Bernes, K. (2021). *Manic Man: How to Live Successfully with a Severe Mental Illness*. Cherish Editions.

Bernes, K. B. (2000). *A Synergistic Model of Organizational Career Development: Bridging the Gap Between Employees and Organizations*. Edmonton, Alberta: Life-Role Development Group.

#### **BOOK CHAPTERS:**

Bernes, K. B. (2019). Implementing the Synergistic Theory of Organizational Career Development. In Arthur N., Neault, R., & McMahon, M. (Eds.) *Career Theories and Models at Work*. (pp. 41-52). Toronto, Ontario: CERIC Foundation House.

Bardick, A. D., Bernes, K. B., Magnusson, K. C., Gunn, T., & Witko, K. D. (In Press). Le Percezioni Degli Studenti Delle Scuole Medie Inferiori Dell'Utilita Delle Risorse Professionali. [Junior High Students' Perceptions of the Helpfulness of Career Resources.] In Nota L. e Soresi S. (Eds.) *Nuove sfide per l'orientamento scolastico-professionale*. Firenze: Organizzazioni Speciali-Giunti.

Slomp, M. W., Bernes, K. B., & Gunn, T. M. (2012). Integrating Career Development into School-Based Curriculum: Preliminary Results of an Innovative Teacher Training Program. In Shea, R. & Joy, R. M. (Eds.) *A Multi-Sectoral Approach to Career Development. A Decade of Canadian Research* (pp. 442-459). Toronto, Ontario: The Canadian Journal of Career Development.

Bernes, K. B., & Bernes, J. I., & Bardick, A. D. (2011). Externalizing Behavior Disorders: Supporting Students with Aggression and Violent Tendencies. In C. Sink (Ed.) *Mental Health Interventions for School Counselors* (pp. 16-34). Belmont, CA: Brooks/Cole.

Bardick, A. D., Russell-Mayhew, S., Bernes, K. B., & Bernes, J. I. (2011). Eating Disorders, Obesity, and Body Image Concerns: Prevention and Intervention. In C. Sink (Ed.) *Mental Health Interventions for School Counselors* (pp. 63-86). Belmont, CA: Brooks/Cole.

Bernes, K. B., & Bardick, A. D. (2010). Conducting adolescent violence risk assessments: A framework for school counselors. In M. A. Hermann, T. P. Remley, Jr., & W. C. Huey, *Ethical and legal issues in school counseling* (3<sup>rd</sup> ed., pp. 228-244). Alexandria, VA: American School Counselor Association.

**PUBLISHED ARTICLES (REFEREED):**

Horne, K. L., Bernes, K. B., Lyseng, A. M., & Roque, J. L. (in press). Career education integration into english language arts at the grade 6 level. *English Language Arts Journal*.

Portas, H., Bernes, K. B., Lyseng, A. M., Roque, J. L., & Horne, K. L. (in press). Integrating career education into the grade 2 level english language arts curriculum. *English Language Arts Journal*.

Hansen, K. E., Bernes, K. B., Roque, J. L., Lyseng, A. M., & Horne, K. L. (in press). Integrating a career planning unit into the grade 1 health and life skills curricula. *The Runner*.

Marcotte, J., Bernes, K. B., Welde, A., Roque, J. L., & Horne, K. L. (2022). Integrating Career Education into French as a Second Language at the Grade 10 Level. *Notos: The Journal of the Second Languages and Intercultural Council of the Alberta Teachers' Association*, 16 (1), 3-18.

Statham, S., Bernes, K. B., Roque, J., Welde, A., & van Geel, K. (2021). Career Education Integration into Science and Information and Communication Technology at the Grade 7 Level. *Alberta Science Education Journal*, 47 (1), 32-49.

Dyrda, A., Hambley, L., Bernes, K. B., & Huston, M. (2017). The Gap Year Dilemma: When a Purposeful Gap Year is the Answer to Career Unpreparedness. *Canadian Journal of Career Development*, 16, 4-15.

Lyseng, A.M., Bernes, K. B., Gunn, T.M., & Ross, S.A. (2016). A Research Review of Career Education and Engagement with K-12 Students. *The Canadian School Counselling Review*, 1 (1), 4-10.

Lyseng, A.M., Bernes, K. B., Gunn, T.M., & Ross, S.A. (2016). The Importance of Career Education in K-12 Classrooms: A Theoretical Review. *The Canadian School Counselling Review*, 1 (1), 11-19.

Abella, K., Bernes, K. B., Lyseng, A. M., & Roque, J. L. (2016). Follow Your Dream: Integrating Career Education into English Language Arts 20-2. *The Canadian School Counselling Review*, 1 (1), 29-39.

- Montoya, C., Bernes, K. B., Roque, J. L., Lyseng, A. M., & Caldwell, L. M. (2016). Beyond Self-Awareness: Career Goal Formation in Integrated Career Education. *The Canadian School Counselling Review*, 1 (1), 40-48.
- Welde, A.M.J., Bernes, K.B., Gunn, T.M., & Ross, S.A. (2016). Career Education at the Elementary School Level: Student and Intern Teacher Perspectives. *Journal of Career Development*, 1-21.
- Welde, A.M., Bernes, K.B., Gunn, T.M., & Ross, S.A. (2015). Integrating Career Education in Junior High School: Strengths, Challenges, and Recommendations. *Canadian Journal of Career Development*, 14 (2), 26-44.
- Van Geel, K., Bernes, K.B., & Caldwell, L.M. (2015). Career Planning Integration with Language Arts, Social Studies, Art, Health, Information and Communication Technology at the Grade 1 Level. *The Alberta Counsellor*, 34(1), 37-47.
- Welde, A.M., Bernes, K.B., Gunn, T.M., & Ross, S.A. (2015). Integrated Career Education in Senior High: Intern Teacher and Student Recommendations. *Australian Journal of Career Development*, 24 (2), 81-92.
- Slomp, M. W., Gunn, T. M. & Bernes, K. B. (2014). Training Pre-Service Teachers in Career Education: Developing Foundational Perceptions, Knowledge and Skills. *The Canadian Journal of Career Development/Revue canadienne de developpement de carrier*, 13 (2), 18-34.
- Smith, A., Bernes, K.B., & Caldwell, L.M. (2014). Career Planning Integration with Health and Life Skills and English Language Arts at the Grade 6 Level. *The Alberta Counsellor*, 33(1), 10-32.
- Slomp, M. W., & Bernes, K. B. (2012). Helping School Counsellors Meet the Career Planning Needs of Young People: The Preliminary Impact of Training Pre Service Teachers in Career Development, *The Alberta Counsellor*, 32 (1), 33-47.
- Slomp, M. W., & Bernes, K. B. (2011). Career Coaching Across the Curriculum: Enhancing the Career Competencies of the 21<sup>st</sup> Century Learner. *Northwest Passage: Journal of Education Practices*, 9 (2), 126-138.
- Slomp, M. W., Bernes, K. B., & Magnusson, K. C. (2011). Evaluating the Impact of Career Development Services in Canada: The Perceptions of Managers and Program Administrators. *The Canadian Journal of Career Development/Revue canadienne de developpement de carrier*, 10 (1), 5-12.
- Bardick, A. D., & Bernes, K. B. (2010). "Can You Write Me a Letter?" How Counselling Professionals Can Be Informed by the Principles of Forensic Psychology. *The Alberta Counsellor*, 31 (1), 9-19.

- McKnight, K.M., Bernes, K.B., Gunn, T., Chorney, D., Orr, D.T., & Bardick, A.D. (2009). Life After Sport: Athletic Career Transition and Transferable Skills. *Journal of Excellence*, 13, 63-77. Retrieved September 22, 2009 from <http://www.zoneofexcellence.ca/Journal/Issue13/index.html>
- Would, J., & Bernes, K. B. (2009). Solutions for Special Education Teachers Working with Children with Mathematics Difficulties. *The Special Educator*, 39 (3), 17-24.
- Bernes, K. B., & Witko, K. D. (2009). At this Rate, School Psychology May Never Move Beyond the 'Test Them and Tell Them' Role in Canada. *The Alberta Counsellor*, 30 (2), 3-12.
- McKnight, K. M., Bernes, K. B., Orr, D. T., & Bardick, A. D. (2009). Ripped, Shredded and Chiseled: Muscle Dysmorphia and Implications for School Counsellors. *The Alberta Counsellor*, 30 (2), 13-21.
- Bardick, A. D., Nixon, G., & Bernes, K. B. (2008). More than Meets the Eye: Weight Lifting and Steroid Use in Men. *Journal of Social Work Practice in the Addictions*, 8 (2), 208-227.
- Bloxom, J. M., Bernes, K. B., Magnusson, K. C., Gunn, T., Bardick, A. D., Orr, D. T., & McKnight, K. M. (2008). Grade 12 Student Career Needs and Perceptions of the Effectiveness of Career Development Services Within High Schools. *Canadian Journal of Counselling*, 42 (2), 79-100.
- Witko, K. D., Bernes, K. B., Magnusson, K.C., & Bardick, A. D. (2008). Senior High School Students' Occupational Aspirations. *The Alberta Counsellor*, 30 (1), 22-35.
- Bardick, A. D., & Bernes, K. B. (2008). A Framework for Assessing Violent Behaviors in Elementary School-Age Children. *Children and Schools*, 30 (2), 83-91.
- Bardick, A. D., Bernes, K. B., & Nixon, G. (2008). "Being the Best," One Man's Experience with Steroids: An Interview with Josh. *Journal of Excellence*, 12, 57-70. Retrieved January 27, 2008 from [http://www.zoneofexcellence.ca/Journal/Issue12/one\\_man\\_s\\_experience\\_with\\_steroids.pdf](http://www.zoneofexcellence.ca/Journal/Issue12/one_man_s_experience_with_steroids.pdf)
- Bardick, A. D., & Bernes, K. B. (2007). Conducting Adolescent Suicide Risk Assessments: A Framework for School Counsellors. *The Alberta Counsellor*, 29 (2), 10-21.
- Robinson, D., Bernes, K. B., Nixon, G., Gunn, T., Bardick, A. D., & Jerry, P. (2007). The Counselling Needs of Alberta Junior Hockey League Players: Implications for School Counsellors. *The Alberta Counsellor*, 29 (2), 22-35.

- Bernes, K. B., Bardick, A. D., & Orr, D. T. (2007). Career Guidance and Counselling Efficacy Studies: An International Research Agenda. *International Journal for Educational and Vocational Guidance*, 7, 81-96.
- Bernes, K. B., & Bardick, A. D. (2007). Conducting Adolescent Violence Risk Assessments: A Framework for School Counselors. *Professional School Counseling*, 10 (4), 419-427.
- Witko, K. D., Bernes, K. B., Magnusson, K. C., & Bardick, A. D. (2006). Senior High Students' Career Plans for the Future: Outcomes of the Comprehensive Career Needs Survey in Southern Alberta, Canada. *International Journal for Educational and Vocational Guidance*, 6, 77-94. Also retrieved November 15, 2006 from <http://springerlink.metapress.com/content/5105113716q3856k/?p=ebaaafb30d34f424d93c50337d2eed732&pi=0>
- Bardick, A. D., Bernes, K. B., & Nixon, G. (2006). In Pursuit of Physical Perfection: Weight Lifting and Steroid Use in Men. *Journal of Excellence*, 11, 135-145. Retrieved February 16, 2007 from <http://www.zoneofexcellence.ca/Journal/Issue11/PhysicalPerfection.pdf>
- Code, M. N., Bernes, K. B., Gunn, T., & Bardick, A. D. (2006). Adolescents' Perceptions of Career Concern: Student Discouragement in Career Development. *Canadian Journal of Counselling*, 40(3), 160-174.
- Witko, K. D., Bernes, K. B., Magnusson, K. C., & Bardick, A. D. (2006). School Counsellor, CALM Teacher, and Health Teacher: Perceptions of Their Roles in Adolescent Career Planning. *The Alberta Counsellor*, 29(1), 12-18.
- Bardick, A. D., Bernes, K. B., Magnusson, K. C., & Witko, K. D. (2006). Junior High Students' Career Plans for the Future: A Canadian Perspective. *Journal of Career Development*, 32(3), 250-271.
- Bardick, A. D., Bernes, K. B., Magnusson, K. C., & Witko, K. D. (2006). Junior High School Students' Occupational Aspirations. *The Alberta Counsellor*, 28(2), 3-9.
- Bardick, A. D., Bernes, K. B., Magnusson, K. C., & Witko, K. D. (2005). Parents' Perceptions of their Role in Children's Career Planning. *Guidance and Counselling*, 20, 152-157.
- Witko, K. D., Bernes, K. B., Magnusson, K. C., & Bardick, A. D. (2005). Senior High School Career Planning: What Students Want. *Journal of Educational Inquiry*, 6(1), 34-49. Retrieved November 11, 2005 from <http://www.literacy.unisa.edu.au/JEE/Issue6.htm>



- Bardick, A. D. & Bernes, K. B. (2005). A Closer Examination of Bipolar Disorder in School Age Children. *Professional School Counseling, 9*(1), 72-77.
- Witko, K. D., Bernes, K. B., & Nixon, G. (2005). Care for Psychological Problems: Collaborative Approach in Primary Care. *Canadian Family Physician*. Retrieved June 27, 2005 from [http://www.cfpc.ca/cfp/2005/Jun/toc\\_page1.asp#clinical](http://www.cfpc.ca/cfp/2005/Jun/toc_page1.asp#clinical).
- Taylor, T. D., Bernes, K. B., Gunn, T., & Nixon, G. (2005). Personal Issues Within the Financial Framework: Is there a Professional Obligation? *Journal of Financial Planning*. Retrieved April 8, 2005 from <http://www.fpanet.org/journal/BetweenTheIssues/YourPractice/040105A.cfm>.
- Bardick, A. D., Bernes, K. B., McCulloch, A. R. M., Witko, K. D., Spriddle, J. W., & Roest, A. R. (2004). Eating Disorder Intervention, Prevention, and Treatment: Recommendations for School Counselors. *Professional School Counseling, 8*, 168-175.
- Bardick, A. D., Bernes, K. B., Magnusson, K. C., & Witko, K. D. (2004) Junior High Career Planning: What Students Want. *Canadian Journal of Counselling, 38*, 104-117.
- Robinson, D., & Bernes, K. B. (2004). Comprehensive Sports Psychological Services for the Junior "A" Hockey Leagues in Canada. *Journal of Excellence, 10*, 66-79.
- Pyne, D., Bernes, K. B., Magnusson, K. C., & Poulsen, J. (2002). A Description of Junior High and Senior High School Students' Perceptions of Career and Occupation. *Guidance and Counselling, 17*, 67-72.
- Magnusson, K. C., & Bernes, K. B. (2002). Comprehensive Career Needs Survey: An Overview. *Alberta Counsellor, 27*, 12-15.
- Magnusson, K. C., & Bernes, K. B. (2000). Expressed Needs and Characteristics of Prospective Graduate Students in Counselling Psychology. *Alberta Counsellor, 25*, 13-19.
- Bernes, K. B. (1999). A Critique of Existing Models of Organizational Career Development: A Canadian Perspective. *International Careers Journal*. Retrieved September 20, 1999 from <http://www.careers-journal.com>.
- Bernes, K. B. (1999). The Importance of Establishing and Maintaining a Personal Vision within Organizations. *Workplace Today: The Canadian Journal of Workplace Issues, Plans and Strategies, 3*, 44.
- Bernes, K. B. (1999). Strategic Planning for Employees. *Workplace Today: The Canadian Journal of Workplace Issues, Plans and Strategies, 4*, 44.

Bernes, K. B. (1997). The Need for Continuing Career Development Education in the Workplace. *Journal of the Alberta Association for Continuing Education*, 25, 17-24.

Bernes, K. B., & Magnusson, K. C. (1996). A Description of Career Development Services within Canadian Organizations. *Journal of Counseling and Development*, 74, 569-574.

### **PUBLISHED CONFERENCE PROCEEDINGS:**

Starkey, L., Bernes, K. B., Roque, J. (January 2022). The Effect of Career Education in an Inner-City Elementary School: Implementing a Career-oriented Unit into the Social Studies Curriculum at the Grade 4 &5 Level. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.

Gurr, K., Bernes, K. B., Roque, J. & Welde, A. M. (January 2022). Teaching Career Planning Skills at the Grade 9 Level: Curricular Integration into the Health and Life Skills Curriculum. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.

McMillan, A., Bernes, K. B., & Caldwell, L. (January 2021). Integrating a Career Planning Unit with Grade 8 Health Curriculum. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.

Webb, D., Bernes, K. B., & Roque, J. (January 2021). Introducing Career Development Skills and Achieving Learning Outcomes Across Multiple Subject Areas Through Art at the Grade 1 Level: Patchwork Quilt Career Mini-Unit for Grade 1. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.

Johnson, R., Bernes, K. B., & Caldwell, L. (January 2020). Career Planning Integration with Grade 1/2 Health and Life Skills – New Zealand and Alberta Curricula. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.

Toth, H., Bernes, K. B., & Caldwell, L. (January 2020). Career Planning Integration with Health, Language Arts, and Social Studies at the Grade 3/4 Level. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.

Hill, A., Bernes, K. B., & Roque, J. (2019). Career Education Implementation into the Grade 4 English Language Arts and Health & Life Skills Curriculum: Teaching Foundational Career Planning Skills. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.

Grabham, K., Bernes, K. B., & Roque, J. (2019). Teaching Career Planning Skills at the Grade 3 and 4 Level: Cross-curricular Career Education Implemented Within Alberta's English Language Arts and Health and Life Skills Curriculum. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.

- Stock, C., Bernes, K. B., & Roque, J. (2018). Integrating Career Planning Education into the Alberta Language Arts, Health and Life Skills and Art Curriculum at the Grade 4 and 5 Level. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.
- Howe, D., Bernes, K. B., & Roque, J. (2018). Implementing a Career-themed Language Arts Unit into the Grade 5 Curriculum: The Effects of Career Education in a Rural Albertan Classroom. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.
- Brewer, C., Bernes, K. B., & Roque, J. (2017). Career Exploration at the Grade 5 Level: Introducing Career Planning Skills Through Integration into the Health and Language Arts Curriculum. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.
- Douglas, J., Bernes, K. B., & Roque, J. (2017). Career Education in a Multicultural Classroom: Integrating Self-exploration and Goal-setting Lessons into the Curriculum Through Artistic Mediums at the Grade 5/6 Level. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.
- McIntosh, M., Bernes, K. B. & Caldwell, L. (2016). Career Planning Integration with Health and Life Skills, Language Arts and Social Studies Curriculum at the Grade 3 Level. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.
- Rhodenizer, Z., Bernes, K. B., & Caldwell, L. (2016). Career Planning Integration with Spanish Language and Culture and Information and Communication Technology at the Grade 8 Level. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.
- White, L., Bernes, K. B. & Caldwell, L. (2015). Career Planning Integration with Language Arts, Social Studies, Art and Health and Life Skills at the Grade 1 and 2 Level in New Zealand. Hawaii International Conference on Education Proceedings. Honolulu, Hawaii.
- Slomp, M. W., & Bernes, K. B., & Caldwell, L. M. (2012). Increasing Opportunities for Career Education and Exploration for Students in Grades 1-12. In F. Doyran (Ed.), *Research on Teacher Education and Training* (pp. 189-216). Athens, Greece: Athens Institute for Education and Research.
- Bernes, K. B. (2007). Conducting Violence Risk Assessments in the Workplace. In Angela Smith (Ed.), *Building Tomorrow Today Conference Proceedings*, 18-23.

- McKnight, K. M., & Bernes, K. B. (2007). Retirement from Sport: Implications for Career Counsellors. In Angela Smith (Ed.), *Building Tomorrow Today Conference Proceedings*, 24-27.
- Bernes, K. B., & Bardick, A. D. (2006). School Counselors: The Need for Improved Career Guidance and Counseling Training. In R. Van Esbroek (Ed.), *International Association for Educational and Vocational Guidance Conference Proceedings*.
- Code, M., & Bernes, K. B. (2006). Adolescents' Perceptions of Career Concern. *NATCON Papers*. Retrieved May 26, 2007 from <http://www.natcon.org>.
- Bernes, K. B. (2005). The Need for Efficacy Studies, Experimental Designs and Longitudinal Research on Career Development Services. In R. Van Esbroek (Ed.), *International Association for Educational and Vocational Guidance Conference Proceedings*.
- Bardick, A. D. & Bernes, K. B. (2005). The Need for Career Planning Services Beginning at Age 5. In R. Van Esbroek (Ed.), *International Association for Educational and Vocational Guidance Conference Proceedings*. Retrieved September 16, 2006 from [http://www.aiospconference2005.pt/full\\_works/docs/coms/op03b.pdf](http://www.aiospconference2005.pt/full_works/docs/coms/op03b.pdf)
- Bernes, K. B. (2005). The Elements of Effective Counselling. *NATCON Papers*. Retrieved July 27, 2005 from <http://www.natcon.org>.
- Bardick, A. D. & Bernes, K. B. (2005). Occupational Aspirations of Students in Grades Seven to Twelve. *NATCON Papers*. Retrieved July 27, 2005 from <http://www.natcon.org>.
- Bernes, K. B. (2004). Helping People to Deal with the Traumatic Effects of Organizational Downsizing and Change. *NATCON Papers*. Retrieved February 14, 2005 from the <http://www.natcon.org>.
- Bernes, K. B., & Magnusson, K. C. (2004). Building Future Career Development Programs for Adolescents. *NATCON Papers*. Retrieved February 14, 2005 from <http://www.natcon.org>.
- Bernes, K. B. (2003). The Role of Emotions in Facilitating Client Change in Counselling and Career Development. *NATCON Papers*. Retrieved November 1, 2003 from <http://www.contactpoint.ca>.
- Bloxom, J., & Bernes, K. B. (2003). What They Need: Delivery of Career Development to Grade 12 Students. *NATCON Papers*. Retrieved November 1, 2003 from <http://www.contactpoint.ca>.

- Bernes, K. B. (2002). Are They Nuts? When Psychopathology Interferes with Career Issues. *NATCON Papers*. Retrieved July 17, 2002 from <http://www.contactpoint.ca>.
- Pyne, D., & Bernes, K. B. (2002). Adolescent Perceptions of Career and Occupation. *NATCON Papers*. Retrieved July 17, 2002 from <http://www.contactpoint.ca>.
- Collins, S., Hiebert, B. A., Magnusson, K. C., & Bernes, K. B. (2001). Campus Alberta: A Collaborative, Multi-University Counsellor Training Initiative. *NATCON Papers*. Retrieved November 14, 2001 from <http://www.contactpoint.ca>.
- Bernes, K. B., & Magnusson, K. C. (1999). A Synergistic Model of Organizational Career Development. In H. Suzin (Ed.), *NATCON Papers*, 25-36. Toronto, Ontario: OISE Press. Also in ERIC document reproduction service No. ED 428 266.
- Bernes, K. B., & Magnusson, K. C. (1999). Career Paths and Organizational Development: Expanding Alliances. In H. Suzin (Ed.), *NATCON Papers*, 77-88. Toronto, Ontario: OISE Press. Also in ERIC document reproduction service No. ED 428 265.

#### **NON-REFERRED PUBLICATIONS:**

- Bernes, K. B., & Magnusson, K. C. (2000). Graduate Training in Counselling Psychology: Responding to Demand. *Psymposium*, 9, 7.
- Bernes, K. B., & Magnusson, K. C. (1999). Counsellor Training in Alberta. *The Alberta Counsellor*, 2, 16-17.
- Bernes, K. B. (1993). Behavior Disorders: The Need for Multiple and Integrated Treatment Activities. *Educational Resources Information Center (ERIC)*. ED 361 932
- Bernes, K. B. (1993). A Quasi Meta-Analysis of Youth and Career Research Methodologies. *Educational Resources Information Center (ERIC)*. ED 360 496.

**OTHER FORMS OF DISSEMINATION:****Media Interviews:**

Interviewed by Bridge City News Regarding the book, *Manic Man: How to Live Successfully with a Severe Mental Illness*. Aired on October 22, 2021.

Interviewed by CTV News Regarding the book, *Manic Man: How to Live Successfully with a Severe Mental Illness*. Aired on October 20, 2021.

Interviewed by Global TV News Regarding the book, *Manic Man: How to Live Successfully with a Severe Mental Illness*. Aired on October 18, 2021.

Interviewed by CTV News Lethbridge. Lethbridge First Responder/PTSD Special. Aired on August 1, 2016.

Interviewed by Global Television. Discussion of the Sharla Collier Inquiry. November 16, 2007.

Interviewed by the Globe and Mail. Article entitled, "It's a bird... it's a plane...it's helicopter parenting." Wednesday April 4, 2007.

Interviewed by the Lethbridge Herald. Article entitled, "Three-strike legislation flawed, says U of L professor: Legislation should focus on psychopaths." Thursday October 26, 2006.

Interviewed by Shaw Cable Television. Discussion of the Healthy Workplace Initiative Award of the Psychologists' Association of Alberta, December 23, 2004.

Interviewed by Shaw Cable Television. Discussion of the Career Development Association of Alberta, South Chapter, Work Wise Annual Conference, November 4, 2004.

Interviewed by the Lethbridge Herald. Article entitled, "A cry for attention: Histrionic personality disorder not a medical condition but a learned behavior." Saturday July 24, 2004.

Interviewed by the Lethbridge Herald. Article entitled, "Psychology grads are making things happen." Saturday January 3, 2004.

Interviewed by the Lethbridge Herald. Article entitled, "A quick survey of The Herald newsroom finds only a few scattered successes when it comes to New Year's resolutions." Wednesday December 31, 2003.

Interviewed by Country 95 and the Hawk (Radio). Discussion of how parents should handle the subject of war with their kids, March 20, 2003.

Interviewed by the Lethbridge Herald. Article entitled, “Survey finds teens keen to launch into careers.” Saturday October 20, 2001.

Interviewed by Insight, Global Television. Program entitled, “The Effects of Violence on Children.” October 18, 2001.

Interviewed by Country 95 and the Hawk (Radio). Discussion of how to cope in the aftermath of the September 11, 2001 World Trade Centre Bombing, September 12, 2001.

Interviewed by IE Money. Article entitled, “Home Truths.” Spring 1997.

Interviewed by the Calgary Herald. Article entitled, “Calgary lags in career building.” Saturday August 19, 1995.

### **Course Manuals / Materials Developed:**

Bernes, K. B., Grigg, N., & Magnusson, K. C. (1999). *A Multi-Media Presentation of Psychology and Education of Atypical Students in Regular Classrooms (Education 3602)*. University of Lethbridge.

Grigg, N., & Bernes, K. B. (1999). *Psychology and Education of Atypical Students in Regular Classrooms Course Reader (2nd Edition)*. University of Lethbridge.

Bernes, K. B., & Magnusson, K. C. (1998). *A Multi-Media Presentation of an Introduction to Educational Psychology (Education 3502)*. University of Lethbridge.

Grigg, N., & Bernes, K. B. (1998). *Psychology and Education of Atypical Students in Regular Classrooms Course Reader (1st Edition)*. University of Lethbridge.

Bernes, K. B., & Magnusson, K. C. (1997). *A Career Skills Development Workbook*. Canadian Western Natural Gas.

### **GRANTS**

#### **EXTERNAL GRANTS:**

Bernes, K. B. (2017). Sponsored by the Alberta Conservation Association, Community and Education Grants for an Outdoor Education Program for the University of Lethbridge, Faculty of Education (\$5,000).

- Slomp, M., Bernes, K. B. & Gunn, T. (2009). Building for the Future Endowment Program Award Funding. Sponsored by the Canadian Career Development Foundation and the Canadian Counselling Association (\$7,500).
- Collins, S., Hiebert, B. A., Magnusson, K. C., & Bernes, K. B. (2003-2004). Provincial Access Grant for Campus Alberta: Counsellor Education Initiative. Alberta Learning. Edmonton, Alberta (\$607, 500).
- Collins, S., Hiebert, B. A., Magnusson, K. C., & Bernes, K. B. (2002-2003). Provincial Access Grant for Campus Alberta: Counsellor Education Initiative. Alberta Learning. Edmonton, Alberta (\$380, 700).
- Collins, S., Hiebert, B. A., Magnusson, K. C., & Bernes, K. B. (2001-2002). Provincial Access Grant for Campus Alberta: Counsellor Education Initiative. Alberta Learning. Edmonton, Alberta (\$520, 100).
- Collins, S., Hiebert, B. A., Magnusson, K. C., & Bernes, K. B. (2000). New Practices in Learning Technologies Initiative Grant for Campus Alberta: Counsellor Education Initiative. Office of Learning Technologies. Hull, Quebec (\$300, 000).

### **INTERNAL GRANTS:**

- Bernes, K. B. (2002-2003). Research Enhancement Award for the study entitled "Effective Referral and Collaboration between Family Physicians and Psychologists." The University of Lethbridge (\$3, 800).
- Bernes, K. B., & McCulloch, A. (2002). SSHRC Student Research Assistants' Grant for the study entitled "Psychopathological Correlates of Suicide Probability for Adolescents in Secure Treatment." The University of Lethbridge. (\$4, 100).
- Bernes, K. B., & McCulloch, A. (2002). Research Excellence Grant for the study entitled "Psychopathological Correlates of Suicide Probability for Adolescents in Secure Treatment." The University of Lethbridge. (\$5, 600).
- Bernes, K. B., & Magnusson, K. C. (1998). Research Excellence Grant for the establishment of the Southern Alberta Centre of Excellence for Career Development. The University of Lethbridge. (\$37, 000).
- Bernes, K. B. (September 1994). University of Calgary Graduate Admission Scholarship (\$500).
- Bernes, K. B. (May 1994). University of Calgary Graduate Research Scholarship (\$4,000).
- Bernes, K. B. (January 1994). University of Calgary Graduate Research Scholarship (\$4, 000).



## **PRESENTATIONS**

### **INTERNATIONAL PRESENTATIONS:**

- Bernes, K. B. (January 2021). Integrating a Career Planning Unit with Grade 8 Health Curriculum. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2021). Introducing Career Development Skills and Achieving Learning Outcomes Across Multiple Subject Areas Through Art at the Grade 1 Level: Patchwork Quilt Career Mini-Unit for Grade 1. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2020). Career Planning Integration with Grade 1/2 Health and Life Skills – New Zealand and Alberta Curricula. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2020). Career Planning Integration with Health, Language Arts, and Social Studies at the Grade 3/4 Level. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2019). Career Education Implementation into the Grade 4 English Language Arts and Health & Life Skills Curriculum: Teaching Foundational Career Planning Skills. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2019). Teaching Career Planning Skills at the Grade 3 and 4 Level: Cross-curricular Career Education Implemented Within Alberta's English Language Arts and Health and Life Skills Curriculum. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2018). Integrating Career Planning Education into the Alberta Language Arts, Health and Life Skills and Art Curriculum at the Grade 4 and 5 Level. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2018). Implementing a Career-themed Language Arts Unit into the Grade 5 Curriculum: The Effects of Career Education in a Rural Albertan Classroom. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

- Bernes, K. B. (January 2017). Career Exploration at the Grade 5 Level: Introducing Career Planning Skills Through Integration into the Health and Language Arts Curriculum. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2017). Career Education in a Multicultural Classroom: Integrating Self-exploration and Goal-setting Lessons into the Curriculum Through Artistic Mediums at the Grade 5/6 Level. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2016). Career Planning Integration with Health and Life Skills, Language Arts and Social Studies Curriculum at the Grade 3 Level. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2016). Career Planning Integration with Spanish Language and Culture and Information and Communication Technology at the Grade 8 Level. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2015). Career Planning Integration with Language Arts, Social Studies, Art and Health and Life Skills at the Grade 1 & 2 Level in New Zealand. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2015). Follow Your Dream: Integrating Career Education into English Language Arts 20-2. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2014). Career Integration with Science, Health and Life Skills at the Grade 6 Level. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2013). Career Planning Integration with Health and Life Skills and English Language Arts at the Grade 6 Level. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (July 2012). Career Planning Integration with Language Arts, Social Studies, Art, Information and Communication Technology and Health at the Grade 1 Level. Presented at the Paris International Conference on Education. Paris, France.
- Bernes, K. B. & Slomp, M. W. (January 2012). Career Education Across All Subjects and Across All Grades: Final Results and Conclusions. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

- Bernes, K. B. & Slomp, M. W. (July 2011). Providing Career Education and Career Planning Support to Students of All Ages. Presented at the Paris International Conference on Education. Paris, France.
- Bernes, K. B. & Slomp, M. W. (January 2011). Training Pre-Service Teachers in Career Education. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. & Slomp, M. W. (October 2010). Training Pre-Service Teachers to Provide Career Interventions to Students. Presented at the International Association for Educational and Vocational Guidance Conference. Bangalore, India.
- Bernes, K. B. & Slomp, M. W. (May 2010). Increasing Opportunities for Career Education and Exploration for Students in Grades 1-12. Presented at the 12<sup>th</sup> Annual International Conference on Education. Athens, Greece.
- Bernes, K. B. & Slomp, M. W. (January 2010). Career Coaching Across the Curriculum. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2009). Producing Successful Graduate Students in Counseling Psychology. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2008). A Role for Forensic Psychology in Counselor Education. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (September 2007). Grade 7-9 Student Perceptions of the Helpfulness of Career Resources in Canada. Presented at the International Association for Educational and Vocational Guidance Conference. Padova, Italy.
- Bernes, K. B., & Sander, L. (January 2007). The Weschler Intelligence Scale for Children IV Integrated: Implications for Teaching Strategies. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Sander, L., & Bernes, K. B. (January 2007). The Millon Adolescent Clinical Inventory: Implications for School-Based Behavior Management Plans. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- McKnight, K., & Bernes, K. B. (January 2007). Career Counseling Transitions for Athletes. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

- Bernes, K. B. (August 2006). School Counselors: The Need for Improved Career Guidance and Counseling Training. Presented at the International Association for Educational and Vocational Guidance Conference. Copenhagen, Denmark.
- Bernes, K. B. (January 2006). The Need for Multiple Data Points in Psycho-educational Assessments. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Sander, L., & Bernes, K. B. (January 2006). How has Threat and Suicide Assessment evolved and are there better predictors since the Taber shooting in North America? Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- McCulloch, A. R. M., & Bernes, K. B. (January 2006). Adolescent Suicide Risk: Predictive Factors and Assessment. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (September 2005). The Need for Efficacy Studies, Experimental Designs and Longitudinal Research on Career Development Services. Presented at the International Association for Educational and Vocational Guidance Conference. Lisbon, Portugal.
- Bernes, K. B. (September 2005). The Need for Career Planning Services Beginning at Age 5. Presented at the International Association for Educational and Vocational Guidance Conference. Lisbon, Portugal.
- Bernes, K. B. (January 2005). The Role of School Psychologists in Education. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Taylor, T., & Bernes, K. B. (January 2005). Partnerships in Mental Health: Effective Referral and Collaboration Between Financial Professionals and Counselors. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2004). Mental Health Issues in the Workplace. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bardick, A. D., & Bernes, K. B. (January 2004). Obsessive-Compulsive Exercise and Steroid Use in Males: Implications for Counselors. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.
- Bernes, K. B. (January 2003). The Difficult Child: A Closer Examination of Behavior Problems in School Age Children. Presented at the Hawaii International Conference on Education. Honolulu, Hawaii.

**NATIONAL PRESENTATIONS:**

- Bernes, K. B. (June 2022). Career Education at the University of Lethbridge. Presented in a Research Conversation with the Faculty of Education, University of Lethbridge.
- Bernes, K. B. (August 2021). Diagnosing Psychological Trauma. Presented to Staff of the Mobile Integrated Healthcare Unit, Alberta Health Services, (2 sessions) for staff throughout all of Alberta.
- Bernes, K. B. (July 2021). How to Deal with Trauma. Presented to the Lethbridge Regional Hospital Staff. Lethbridge, Alberta.
- Bernes, K. B. (November 2019). The Synergistic Theory of Organizational Career Development. Presented at the CERIC Roadshow – Learn from Authors: The Career Theories and Models at Work Textbook. University of Calgary. Calgary, Alberta.
- Bernes, K. B. (February 2019). Mental Health and Mental Toughness. Presented to the Winston Churchill High School Male Basketball Teams. Lethbridge, Alberta.
- Bernes, K. B. (January 2018). Mental Health and Mental Toughness. Presented to the Winston Churchill High School Male Basketball Teams. Lethbridge, Alberta.
- Bernes, K. B. (December 2017). De-escalating Crises/Mental Health Crises. Presented to Supervisors of the Lethbridge Police Service. Lethbridge, Alberta.
- Bernes, K. B. (October 2017). Suicide Prevention in Emergency Medical Services. Presented to the Lethbridge Fire/EMS Critical Incident Stress Management Committee. Lethbridge, Alberta.
- Bernes, K. B. (September 2017). Keynote Presentation: Transforming Career Education in Alberta Schools. Presented at the Education Liaison Association of Alberta Counsellor Update, Annual Conference. Red Deer, Alberta.
- Bernes, K. B. (May 2017). Providing Comprehensive Counselling and Psychological Programs to Police and First Responders. Presented at the Canadian Counselling and Psychotherapy Association Annual Conference. St. John's, Newfoundland.
- Bernes, K. B., & Hodgson, S. (February 2017). Police Psychology. Presented to the Lethbridge Police Association. Lethbridge, Alberta.
- Bernes, K. B. (September 2016). Enhancing Resiliency in First Responder Training. Presented to the Emergency Medical Technician Class at the Lethbridge College. Lethbridge, Alberta.
- Bernes, K. B., Hodgson, S., & Barto, W. (September 2016). Preventing Post-Traumatic Stress Disorder. Presented to the Lethbridge Fire/EMS Department. Lethbridge, Alberta.

- Bernes, K. B., & Nekich, B. (June 2016). Road to Mental Readiness: 8 Hour Leadership Course. Presented to the Lethbridge Fire Department Executive. Lethbridge, Alberta.
- Bernes, K. B. (June 2016). Resiliency: We Can Screen For It, We Can Train It and We Can Enhance It Following a Traumatic Event. Presented to the Medicine Hat Police Service Executive. Medicine Hat, Alberta.
- Bernes, K. B., & Hodgson, S. (April 2016). Preventing Mental Health Problems. Presented to the New Recruits of the Lethbridge Fire/EMS Department. Lethbridge, Alberta.
- Bernes, K. B. (March 2016). De-escalating Crises/Mental Health Crises. Presented to Supervisors of the Lethbridge Regional Police Service. Lethbridge, Alberta.
- Bernes, K. B. (March 2016). Career Education, At-Risk Youth and Youth Resiliency. Presented at the Chinook Regional Foundation for Career Transitions. Lethbridge, Alberta.
- Bernes, K. B. (November 2015). Career Education for Alberta Schools. Presented at Lundbreck School. Lundbreck, Alberta.
- Bernes, K. B. (October 2015). Lethbridge Regional Police Service: Road to Mental Readiness. Presented at the Lethbridge Regional Police Service. Lethbridge, Alberta.
- Bernes, K. B. (June 2015). Career Education: The Importance of Teacher Training. Presented at the Chinook Regional Foundation for Career Transitions. Lethbridge, Alberta.
- Bernes, K. B. (April 2015). Keynote Presentation: New Initiatives in School Based Career Education. Presented at the Taro West Regional Conference. Guelph, Ontario.
- Bernes, K. B. (April 2015). Infusing Career Concepts into all Subjects of Grades 1-12 Curriculum. Presented at the Saskatchewan Teacher's Federation. Saskatoon, Saskatchewan.
- Bernes, K. B. (April 2015). Infusing Career Concepts into all Subjects of Grades 1-12 Curriculum. Presented at the Contact Conference. Saskatoon, Saskatchewan.
- Bernes, K. B. (January 2015). New Approaches to Career Development in Grades 1-12. Presented at the Cannexus Conference. Ottawa, Ontario.
- Welde, A. M., & Bernes, K. B. (January 2015). Teaching for the Future: Evaluating Intern Teachers' Career Education Projects. Presented at the Cannexus Conference. Ottawa, Ontario.

- Dyrda, A., Hambley, L., Bernes, K. B., & Huston, M. (January 2015). Ready or Not? University Students' Career Decision-Making Preparedness. Presented at the Cannexus Conference. Ottawa, Ontario.
- Bernes, K. B. (May 2014). Enhancing Career Education Within Schools. Presented at the Alberta Career Development Conference. Calgary, Alberta.
- Bernes, K. B. (April 2014). Career Development in Science Classes. Presented at the Saskatoon Public School Board. Saskatoon, Saskatchewan.
- Bernes, K. B. (April 2013). Exemplary Career Development Programming in Schools. Presented to the Wetaskiwin Regional Public Schools via Videoconference from the University of Lethbridge. Lethbridge, Alberta.
- Bernes, K. B. (November 2012). Closing Keynote Presentation: Career Development in Schools Revisited. Presented at the Alberta Teachers' Association, Guidance Council Conference. Banff, Alberta.
- Bernes, K. B. (October 2012). Keynote Presentation: New Approaches to Career Development in Schools. Presented at the Saskatchewan Career and Work Education Association Conference. Cypress Hills, Saskatchewan.
- Bernes, K. B. & Rhodenizer, Z. (October 2011). Career Education for Students in Grades 1-12. Presented at the Research Innovators Lecture Series for University of Lethbridge Alumni. Calgary, Alberta.
- Bernes, K. B. (October 2011). An Introduction to Forensic Psychology. Presented at the University of Lethbridge, Graduate Course in Counselling Psychology: Assessment. Lethbridge, Alberta.
- Robinson, D., & Bernes, K. B. (July 2011). Sports Psychology: Applications to Mixed Martial Arts. Presented to members of the Canadian Martial Arts Centre. Lethbridge, Alberta.
- Bernes, K. B. (May 2011). Careers in Psychology. Presented at Winston Churchill High School. Lethbridge, Alberta.
- Bernes, K. B. (April 2011). Coping with a Disease. Presented to the Crohn's and Colitis Foundation of Canada, Lethbridge Chapter. Lethbridge, Alberta.
- Bernes, K. B. & Rhodenizer, Z. (January 2011). Training Pre-Service Teachers in Career Education. Presented at the Faculty of Education Souper. Lethbridge, Alberta.
- Bernes, K. B. (October 2010) Client Interaction and Personal Care. Presented to Employees of the Lethbridge Housing Authority. Lethbridge, Alberta.

- Bernes, K. B. (September 2009 and February 2009). The Undergraduate Career Development Project. Presented to the University of Lethbridge, Education Undergraduate Society. Lethbridge, Alberta.
- Bernes, K. B. (June 2008). Keeping Yourself and Your Employment Safe from Allegations. Presented to Employees of the Lethbridge Housing Authority. Lethbridge, Alberta.
- Bernes, K. B. (May 2008). Revolutionizing Return to Work Planning. Presented at the Building Tomorrow Today Annual Conference. Edmonton, Alberta.
- Bernes, K. B. (April 2008). Becoming a Psychologist. Presented at the Chinook Regional Career Transitions for Youth Job Shadow Program. Lethbridge, Alberta.
- Bernes, K. B. (April 2008). Methods, Strategies and Tools for Completing Violence Risk Assessments in the Workplace. Presented at the Unleash the Northern Potential Workforce Symposium. Cold Lake, Alberta.
- Bernes, K. B. (February 2008). Violent Youth Risk Assessment. Presented at the Calgary Board of Education Rediscover and Rejuvenate 4<sup>th</sup> Annual Professional Development Day. Calgary, Alberta.
- Bernes, K. B. (November 2007). Potentially Violent Individuals: Understanding the Factors that Increase Risk. Presented at the Arts and Sciences Advising Department Retreat, University of Lethbridge. Lethbridge, Alberta.
- Bernes, K. B. (June 2007). Increasing Potential for Success in Return to Work Planning. Presented at the Next Step Conference. Calgary, Canada.
- Bernes, K. B., & Bardick, A. D. (May 2007). Connecting Assessment with Interventions for Adolescents At-Risk for Violence. Presented at the Canadian Counselling Association Annual Conference. Vancouver, Canada.
- Bardick, A. D., & Bernes, K. B. (May 2007). What's Wrong with Exercising Four Hours a Day? Presented at the Canadian Counselling Association Annual Conference. Vancouver, Canada.
- Bernes, K. B. (May 2007). Understanding the Behavior of Students. Presented at the Granum School Retreat. Mountain View, Alberta.
- McKnight, K., & Bernes, K. B. (May 2007). Retirement from Sports: Implications for Career Counselling. Presented at the Building Tomorrow Today Annual Conference. Edmonton, Alberta.



- Bernes, K. B. (May 2007). When Proactive Career Counselling is Not Working: Some Ideas on the Power of Harnessing a Reactive Approach. Presented at the Building Tomorrow Today Annual Conference. Edmonton, Alberta.
- Bernes, K. B. (May 2007). Conducting Violence Risk Assessments in the Workplace. Presented at the Building Tomorrow Today Annual Conference. Edmonton, AB.
- Bernes, K. B. (November 2006). The Critical Ingredients of Effective Career Counselling, Key Note Lecture. Presented at the Career Development Association of Alberta. Calgary, Alberta.
- Bernes, K. B. (November 2006). The Global Economy, Demographics and Technology: Implications for Careers, Key Note Lecture. Presented at the Career Development Association of Alberta. Calgary, Alberta.
- Bernes, K. B. (November 2006). The Principles of Organizational Career Development, Key Note Lecture. Presented at the Career Development Association of Alberta. Calgary, Alberta.
- Bardick, A. D., & Bernes, K. B. (June 2006). Liability and Standard of Care Issues in the Assessment of Adolescents At-Risk for Violence. Presented at the Canadian Psychological Association Annual Conference. Calgary, Canada.
- Bernes, K. B. (June 2006). Working with Difficult Tenants. Presented to Employees of the Lethbridge Housing Authority. Lethbridge, Alberta.
- Bernes, K. B. (February 2006). Conducting Violence Risk Assessments. Presented to School Counsellors of the Holy Spirit School Division, Lethbridge, Alberta.
- Bernes, K. B. (August 2005). Mental Health Issues in the Workplace. Presented to Employees of the Lethbridge Housing Authority. Lethbridge, Alberta.
- Bernes, K. B. (May 2005). Conducting Adolescent Violence Risk Assessments. Presented at the Canadian Counselling Association, Annual Conference. St. John's, Newfoundland.
- Bernes, K. B. (May 2005). Linking Research on Counselling Effectiveness to Graduate Practicum Assignments and Evaluation. Presented at the Canadian Counselling Association, Annual Conference. St. John's, Newfoundland.
- Bernes, K. B. (January 2005). The Elements of Effective Counselling. Presented at the 31st Annual National Consultation on Career Development (NATCON). Ottawa, Canada.

- Bardick, A. D., & Bernes, K. B. (January 2005). Occupational Aspirations of Students in Grades Seven to Twelve. Presented at the 31st Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Bernes, K. B. (November 2004). Keynote Address: Changes and Challenges in the Workplace. Presented at the Work Wise Annual Conference, Career Development Association of Alberta, South Chapter. Lethbridge, Alberta.
- Bernes, K. B. (January 2004). Helping People to Deal with the Traumatic Effects of Organizational Downsizing and Change. Presented at the 30th Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Bernes, K. B., & Magnusson, K. C. (January 2004). Building Future Career Development Programs for Adolescents. Presented at the 30th Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Bernes, K. B. (December 2003, February and May 2004). Mutual Respect: A Presentation on Creating Respectful Relationships in the Workplace. Presented to Employees of Agricultural Financial Services Corporation. Lethbridge, Alberta (4 Sessions).
- McCulloch, A., & Bernes, K. B. (May 2003). Youth Suicide: Psychopathology and Risk. Presented at the Canadian Counselling Association, Annual Conference. Halifax, Nova Scotia.
- Magnusson, K. C., & Bernes, K. B. (May 2003). Perceptions of Career Planning Needs: The Importance of Relational Support for Students. Presented at the Canadian Counselling Association, Annual Conference. Halifax, Nova Scotia.
- Bernes, K. B., & Bernes, J. I. (May 2003). Gender Differences. Presented to Employees and Spouses of the Lethbridge Community College. Lethbridge, Alberta.
- Bernes, K. B. (April-May 2003). Coping with Layoffs and Organizational Change. Presented to the Employees of the Lethbridge Community College. Lethbridge, Alberta (6 Sessions).
- Alles, B., Bernes, K. B., Davidson, S., Myhre, D., Nyrose, C., & Wedel, R. (March 2003). Myths and Realities in End-of-Life Decision Making. Moderated by Thaine Olsen. Presented to the Chinook Health Region, Bioethics Forum. Lethbridge Regional Hospital. Lethbridge, Alberta.
- Bernes, K. B. (January 2003). The Role of Emotions in Facilitating Client Change in Counselling and Career Development. Presented at the 29th Annual National Consultation on Career Development (NATCON). Ottawa, Canada.

- Bloxom, J., & Bernes, K. B. (January 2003). What they Need: Delivery of Career Development to Grade 12 Students. Presented at the 29th Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Bernes, K. B. (November 2002). Psychopathology: The Impact of Mental Health Issues on Career. Presented to the Career Development Association of Alberta, Work Wise Conference. Lethbridge, Alberta.
- Boras, D., Bernes, K. B., & Magnusson, K. C. (November 2002). The Great Assessment Debate. Moderated by Duncan Ledsham. Presented to the Career Development Association of Alberta, Work Wise Conference. Lethbridge, Alberta.
- Bernes, K. B. (May 2002). Stress and its Effects on the Body. Presented to the Crohn's and Colitis Foundation of Canada. Lethbridge, Alberta.
- Bernes, K. B. (May 2002). Alcohol-Related Neuro-Developmental Disorder and Adaptive Functioning. Presented to the Aboriginal Unit of Sun Country Child and Family Services. Lethbridge, Alberta.
- Bernes, K. B. (March 2002). Stress in the Workplace. Presented to Employees of the County of Lethbridge. Lethbridge, Alberta.
- Bernes, K. B. (January 2002). Are They Nuts? When Psychopathology Interferes with Career Issues. Presented at the 28th Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Pyne, D., & Bernes, K. B. (January 2002). Adolescent Perceptions of Career and Occupation. Presented at the 28th Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Bernes, K. B., & Casey-Tait, D. (June 2001). Secure Treatment Assessment Procedures: Team Training. Presented at Sifton Children's Centre. Lethbridge, Alberta.
- Magnusson, K. C., & Bernes, K. B. (June 2001). Comprehensive Career Needs Survey: Final Results and Future Directions. Presented at the Career Transitions Council. Lethbridge, Alberta.
- Bernes, K. B. (March 2001). Organizational Career Development: A Synergistic Perspective. Presented at the Going for Gold International Career Development Conference, International Association for Educational and Vocational Guidance. Vancouver, Canada.
- Bernes, K. B., & Magnusson, K. C. (February 2001). Research Seminar: A Comprehensive Career Development Needs Survey. Presented to the Faculty of Education, University of Lethbridge. Lethbridge, Alberta.

- Magnusson, K. C., & Bernes, K. B. (January 2001). Expressed Career Planning Needs of Youth. Presented at the 27th Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Collins, S., Magnusson, K. C., Hiebert, B. A., & Bernes, K. B. (January 2001). Campus Alberta: A Collaborative, Multi-University Counsellor Training Initiative. Presented at the 27<sup>th</sup> Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Magnusson, K. C., & Bernes, K. B. (November 2000). The Career Planning Needs of Youth. Presented at the Alberta Teachers' Association Annual Guidance Council Conference. Banff, Alberta.
- Bernes, K. B. (May 2000). Comprehensive Career Needs Survey: Preliminary Results. Presented to the Secondary School Technology Representatives. Lethbridge, Alberta.
- Bernes, K. B., & Magnusson, K. C. (January 2000). Career Development Interventions for Organizations: A Case Study. Presented at the 26th Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Bernes, K. B. (November 1999). Behavior Management: K-12. Presented at the Horizon School Division Para-Professionals Annual Conference. Taber, Alberta.
- Bernes, K. B. (May 1999). Changes in the World of Work. Presented at the Canadian Guidance Council Association, Annual Conference. Calgary, Alberta.
- Bernes, K. B. (January 1999). A Synergistic Model of Organizational Career Development. Presented at the 25th Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Bernes, K. B., & Magnusson, K. C. (January 1999). Career Paths and Organizational Development: Expanding Alliances. Presented at the 25th Annual National Consultation on Career Development (NATCON). Ottawa, Canada.
- Bernes, K. B. (June 1998). Trends in Special Education: The Need to go Beyond Labels. Presented at the Southwest Regional Special Education Council, Annual General Meeting. Lethbridge, Alberta.
- Bernes, K. B. (March 1998). Dealing with Oppositional Defiant Disorder and Conduct Disorder in Schools. Presented at the Horizon School Division. Taber, Alberta.
- Bernes, K. B. (Feb 1997). Career Development Workshop for Engineers. Presented to Employees of Canadian Western Natural Gas. Calgary, Alberta.

Bernes, K. B., & Altmann, H. (Dec 1996). Introduction to Positive Communication.  
Presented at Rundle College. Calgary, Alberta.

Bernes, K. B. (May 1996). Introduction to Rational Emotive Behavior Therapy.  
Presented to the Society of Aboriginal Addictions Recovery. Calgary, Alberta.

**SERVICE ACTIVITIES****LEADERSHIP:****ASSISTANT DEAN OF GRADUATE STUDIES AND RESEARCH IN  
EDUCATION, UNIVERSITY OF LETHBRIDGE, JULY 2011 – DEC 2017  
(LEADERSHIP COMMITMENTS):**

- Chair, Graduate Programs in Education Committee, Faculty of Education, University of Lethbridge
- Chair, Research Committee, Faculty of Education, University of Lethbridge
- Chair, Human Subjects Research Committee, Faculty of Education, University of Lethbridge
- Chair, Ph.D. Advisory Committee, Faculty of Education, University of Lethbridge
- Member, Administrative Advisory Committee, Faculty of Education, University of Lethbridge
- Member, Graduate Program Chairs Advisory Committee, University of Lethbridge
- Member, Graduate Studies Executive Council, University of Lethbridge
- Member, Graduate Studies Council, University of Lethbridge
- Member, Teacher Education Advisory Committee (TEAC), Faculty of Education, University of Lethbridge

**PROFESSIONAL SEMESTER II COORDINATOR, FACULTY OF  
EDUCATION, UNIVERSITY OF LETHBRIDGE, 2002-2003 (LEADERSHIP  
COMMITMENTS):**

- Teacher Education Advisory Committee (TEAC), Faculty of Education, University of Lethbridge, 2002-2003
- Undergraduate Program Development Committee, Faculty of Education, University of Lethbridge, 2002-2003

**EXTERNAL SERVICE:**

- Manuscript Reviewer, Journal of Sport Behavior, 2020 to Present
- Manuscript Reviewer, British Journal of Guidance and Counselling, 2020 to Present
- Manuscript Reviewer, International Journal for Educational and Vocational Guidance, 2019 to Present
- Manuscript Reviewer, Canadian Journal of Education, 2018 to Present
- Manuscript Reviewer, Canadian School Counselling Review, 2018 to Present
- Manuscript Reviewer, Australian Journal of Career Development, 2016 to Present
- Manuscript Reviewer, Alberta Journal of Educational Research, 2007 to Present
- Manuscript Reviewer, Canadian Journal of Counselling, 2005 to Present
- Member, Board of Directors, Chinook Regional Foundation for Career Transitions, 2015

- Member, Cooperative Committee on Research in Teacher Education, Alberta Teachers' Association, 2011-2013
- External Evaluator, Social Sciences and Humanities Research Council of Canada, Review of five applications from 2006-2013
- Campus Alberta Applied Psychology, Director Search Committee, 2006
- Psychologists' Association of Alberta Awards Committee, 2004-2007
- Discipline Committee, College of Alberta Psychologists, 2000-2006
- Oral Examinations Committee, College of Alberta Psychologists, 1999-2005
- Counselling Psychology Search Committee, University of Calgary (1 position), 2003
- Counselling Psychology Search Committee, Athabasca University (1 position), 2001
- Guidance Council Executive Committee, Alberta Teachers' Association, 1999 to 2003
- Campus Alberta: Counsellor Education Coordinating Committee, 1998 to 2003
- Board of Directors, Lethbridge Family Services, 1998-2000
- Nominations Committee, Lethbridge Family Services, 1998-2000
- Member, Professional Development Committee, Wood's Homes School, 1991-1992
- Volunteer, "EXIT" (a community program for Calgary's street youth), 1990-1992

#### **UNIVERSITY SERVICE:**

- Member, Faculty of Fine Arts Study Leave Committee, University of Lethbridge, 2021
- Member, Human Participant Research Committee, University of Lethbridge, 2019-2021
- Member, Budget Committee, University of Lethbridge, 2011-2012
- Faculty of Education Representative to the Vice President (Academic) Appointment Committee, University of Lethbridge, 2011
- Faculty of Education Representative to the General Faculties Council, University of Lethbridge, 2009-2012
- General Faculties Council, Faculty (Salary, Tenure and Promotion) Handbook Appeals Committee, University of Lethbridge, 2009-2011
- Faculty of Education Representative on the Ingrid Speaker Medal Committee, University of Lethbridge from 2008-2010
- University of Lethbridge Faculty Association Consultant for the President's Personal Security Policy, 2005-2011
- General Faculties Council, Faculty (Salary, Tenure and Promotion) Handbook Appeals Committee, University of Lethbridge, 2004-2007
- Member, Budget Committee, University of Lethbridge, 2004-2007
- External Member of Salary, Tenure and Promotion Committee, School of Health Sciences, University of Lethbridge, 2003 (4 cases)
- External Member of Salary, Tenure and Promotion Committee, School of Health Sciences, University of Lethbridge, 2002 (1 case)
- Faculty of Management Teaching Effectiveness Committee, University of Lethbridge, 1998-2000

- School of Health Sciences Search Committee, University of Lethbridge (2 positions), 1998
- Library Task Force Committee, University of Lethbridge, 1998

### **FACULTY OF EDUCATION SERVICE:**

- Salary, Tenure and Promotion Committee, Faculty of Education, University of Lethbridge, 2022 (1 case)
- Search Committee, Tenure Track Appointment (Educational Leadership – 1 position), Faculty of Education, University of Lethbridge, 2017
- Search Committee, Tenure Track Appointments (Educational Psychology – 1 position and Counselling Psychology – 2 positions), Faculty of Education, University of Lethbridge, 2014
- Search Committee, Term Appointments (Educational Psychology and Evaluation and Assessment – 2 positions), Faculty of Education, University of Lethbridge, 2013
- Search Committee, Academic Assistant (Research Officer), Faculty of Education, University of Lethbridge, 2012
- Faculty Level Selection Committee (Education) for the University Scholars Program, University of Lethbridge, 2012
- Nominations Committee, Faculty of Education, University of Lethbridge, 2010-2012
- Salary, Tenure and Promotion Committee, Faculty of Education, University of Lethbridge, 2008-2011
- Faculty of Education, Assistant Dean of Field Experiences Appointments Committee, 2011
- Counselling Psychology Search Committee, University of Lethbridge (1 year term position), 2011
- Undergraduate Program Special Case and Re-Admission Committee, Faculty of Education, University of Lethbridge, 2011
- Faculty of Education, Assistant Dean of Field Experiences Appointments Committee, 2008
- Faculty of Education, Research Committee, 2006-2008
- Faculty of Education, M.Ed. Program Review Committee, 2006-2007
- Budget Committee, Faculty of Education, University of Lethbridge, 2004-2006
- Faculty of Education, Campus Alberta Applied Psychology, Search Committee, University of Lethbridge (1 position), 2006
- Salary, Tenure and Promotion Committee, Faculty of Education, University of Lethbridge, 2006 (3 cases)
- Salary, Tenure and Promotion Committee, Faculty of Education, University of Lethbridge, 2002 (11 cases)
- Faculty of Education Search Committee, University of Lethbridge (1 position), 2000
- Faculty of Education Search Committee, University of Lethbridge (1 position), 1999
- Executive Committee, Faculty of Education, University of Lethbridge, 1998-2000
- Vertical Group Leader (Professional Semester I) Faculty of Education, University of Lethbridge, 1998
- Faculty of Education Search Committee, University of Lethbridge (1 position), 1998



- Workplace Learning Proposal Committee, Faculty of Education, University of Lethbridge, 1998
- Retreat Committee, Faculty of Education, University of Lethbridge, 1998

### **PERSONAL PROFESSIONAL DEVELOPMENT**

- MMPI-3 Public Safety Candidate Interpretive Reports (PSCIRs) Overview, Dr. David Corey, Pearson, October, 2022
- Professional Development Event, Suicide Risk: Standard of Care for Assessment and Intervention, College of Alberta Psychologists, September 2022
- The Game of Life: An Introduction to Using Basic Sport Psychology Principles in Clinical Practice, Dr. Caelin White, Psychologists' Association of Alberta, March 2022
- Introduction to the MMPI-3, Dr. Yossef S. Ben-Porath, Pearson, November, 2021
- A Primer for Psychologists: Disability and Work Focused Treatment, Carmen Bellows, WCB Alberta, November 2021
- The Best of What We Know About Addictions Counselling Today, Dr. Kevin Alderson, Psychologists' Association of Alberta, October 2021
- The Psychology of Pain, College of Alberta Psychologists, September 2021
- Your Impact on Mental Health: How Your Career Development Practice Promotes Client Mental Health, Dave Redekopp and Michael Huston, Webinar, CERIC, April 2020
- Enhancing Return-to-Work Outcomes, Kate Harri, MA, Workers' Compensation Board - Alberta. Calgary, Alberta, November 2019
- Geropsychology Research and Practice: Helping Our Clients, Helping Ourselves, Psychologists' Association of Alberta, May 2019
- Counsellor Educators Chapter Webinar: The Evidence Base for Psychotherapy, Dr. Giorgio Tasca, Canadian Counselling and Psychotherapy Association, January 2018
- Using Neuropsychology to Inform Therapeutic Practice, Dr. Virginia Newton, Psychologists' Association of Alberta, August 2017
- Trauma Care Training, Dr. Rachel Toledano, Homewood Health, April 2017
- Depression Care Training, Dr. Rachel Toledano, Homewood Health, March 2017
- Prolonged Exposure Therapy for Chronic Post Traumatic Stress Disorder: Four-Day Training Workshop, Dr. Elna Yadin, Center for the Treatment and Study of Anxiety, University of Pennsylvania, Presented by the Workers' Compensation Board at Millard Health, Edmonton, Alberta, September 2016
- Suicide Prevention and Awareness for First Responders, Tom Walker, MSW, Mental Health Commission of Canada, July 2016
- Road to Mental Readiness, Instructor Course, Mental Health Commission of Canada, Lethbridge, Alberta, April 2016
- Legal Update: Police Psychological Services Section, Marty Mayer, Esq., International Association of Chiefs of Police, Chicago, Illinois, October 2015

- Psychological Perspectives on Police Reform, Dr. Lorraine Greene et al., International Association of Chiefs of Police, Chicago, Illinois, October 2015
- Unfit and Unfixable: A Closer Look at Officers Found Unfit for Duty with a Poor Prognosis for Return to Duty in a Study of 337 Public Safety Officer FFDEs, Dr. Matthew Guller and Dr. Lewis Schlosser, International Association of Chiefs of Police, Chicago, Illinois, October 2015
- Differences Between Law Enforcement Candidates with and without Prior Military Service as Seen in the Results of Pre-Employment Psychological Evaluation on the MMPI-2 and PAI, Dr. Molly Meier Hendrickson et al., International Association of Chiefs of Police, Chicago, Illinois, October 2015
- Using the MMPI-2 RF in Fitness-for-Duty Evaluations of Police and Other Public Safety Personnel, Dr. Yossef Ben-Porath and Dr. David Corey, International Association of Chiefs of Police, Chicago, Illinois, October 2015
- Law Enforcement Families – The Forgotten Community: How to Support Law Enforcement Families During times of Community Outrage, Dr. John Nicoletti et al., International Association of Chiefs of Police, Chicago, Illinois, October 2015
- Psychological Fitness for Duty Evaluations: Practical Issues for Chiefs and Psychologists, Dr. Susan Saxe-Clifford, International Association of Chiefs of Police, Chicago, Illinois, October 2015
- The Incremental Validity of Using Personality Assessment and Biographical History in Predicting Academy Success, Dr. Michael Stowers et al., International Association of Chiefs of Police, Chicago, Illinois, October 2015
- Fitness-for-Duty Evaluations: Revisiting the Referral Threshold, Dr. David Corey, International Association of Chiefs of Police, Chicago, Illinois, October 2015
- Current Issues in Police Psychology, Dr. Mark Kirschner and Dr. Brian Mangan, International Association of Chiefs of Police, Chicago, Illinois, October 2015
- Trauma and PTSD in First Responder Populations, Dr. Barbara Schmalz & Dr. Megan McElheran, Psychologists' Association of Alberta, Calgary, Alberta, March, 2015
- An Introduction to the MMPI-2-RF, Dr. Yossef S. Ben-Porath, Psychologists' Association of Alberta, Calgary, Alberta, June, 2014
- Using the DSM-5 in Clinical Practice, Dr. Michael Zwiers, CanLearn Society, Calgary, Alberta, March, 2014
- DSM-5 Update: Changes and Implications for Professional Practice, Dr. Michael Zwiers, CanLearn Society, Calgary, Alberta, February, 2014
- Research Seminar: Mental Health Capacity Building in Schools Initiative: External Evaluation and Outcome of the Final Report, Dr. Tracey Trudeau and Dr. Rebecca Watchorn, Alberta Health Services, Edmonton, Alberta, September 2012
- Achieving Clinical Excellence: Three Steps to Superior Performance, Dr. Scott Miller, Psychologists' Association of Alberta, Calgary, Alberta, October 2011
- Positive Psychology: Theory, Research and Application, Dr. Christopher Peterson and Dr. Nansook Park, Psychologists' Association of Alberta, Calgary, Alberta, October 2011
- Clinical Implications of the New Adult Guardianship and Trusteeship Act, Office of the Public Guardian, Lethbridge, Alberta, June 2011

- Tri-Council Policy Statement: Ethical Conduct for Research Involving Humans (TCPS 2): Regional Workshop, University of Alberta, May 2011
- Comprehensive Workshop on the WAIS-IV and Wechsler Memory Scale-IV, Dr. Don Saklofske and Dr. James Holdnack, Pearson, Calgary, Alberta, October 2009
- Risk Assessment for Violence, Dr. Phillip J. Resnick, Executive Links, Calgary, Alberta, May 2009
- Neuropsychology for the Novice, Dr. Uwe Neumann, Psychologists' Association of Alberta, Calgary, Alberta, February 2006
- Assessment of Psychopathy: An Overview of the Hare Scales, Dr. Stephen Hart, American Academy of Forensic Psychology, Vancouver, British Columbia, October 2005
- Effective Expert Testimony: Law & Practice, Dr. Charles Patrick Ewing, American Academy of Forensic Psychology, Vancouver, British Columbia, October 2005
- Neuropsychology for the Forensic Psychologist, Dr. Wilfred van Gorp, American Academy of Forensic Psychology, Vancouver, British Columbia, October 2005
- Advanced Topics in Child Custody Evaluations, Dr. Jonathan W. Gould, Psychologists' Association of Alberta, Red Deer, Alberta, September/October 2005
- Managing Generational Differences in the Workplace, Dr. Linda Duxbury, University of Lethbridge, September 2005
- Post-Secondary Education for Students with Learning Disabilities, Dr. Johanne Tottle, University of Lethbridge, August 2005
- Managing Conflict Through Mediation, Mr. Derek Redman, Q.C., University of Lethbridge, June 2005
- How to Overcome Anger and Interpersonal Conflict, Dr. David Burns, Calgary, Alberta, November 2004
- Advanced Forensic Psychology Practice: Issues and Applications, American Academy of Forensic Psychology, New Orleans, Louisiana, April 2004 (Course Topics included: Child Custody Evaluations, Termination of Parental Rights, Personal Injury Cases Laws, Liability and Damages, Expert Testimony, Testamentary Capacity and Undue Influence, Employment Discrimination/Sexual Harassment and the Americans with Disabilities Act, Evaluating Validity of Miranda Rights Waivers, Diminished Capacity and Mens Rea Examinations, Assessment in Death Penalty Cases, Competence of Juvenile Defendants, Evaluations for Juvenile Waiver/Transfer Hearings, Developments in Violence Risk Assessment, Developments in Sex Offender Risk Assessment)
- Wechsler Intelligence Scale for Children – Fourth Edition, Dr. Stephen Carter, Psychologists' Association of Alberta, March 2004
- Conquering Anxiety Disorders: Practical Strategies for the Assessment and Treatment of Anxiety and Fear, Dr. Martin Antony, New England Educational Institute, Marco Island, Florida, February 2004 (Course Topics included: Overview of the Anxiety Disorders, Cognitive-Behavioral Conceptualization of Anxiety Disorders, Diagnosis and Assessment of Anxiety Disorders, Cognitive Therapy for Anxiety Disorders, Exposure-Based Treatments, Pharmacological Treatments for Anxiety, Treatment of Panic Disorder, Agoraphobia, Generalized Anxiety Disorder, Post Traumatic Stress Disorder, Specific Phobias including Phobias of Animals, Blood Injections, Heights, Social Phobia, Social Anxiety, Obsessive Compulsive Disorder, Managing other

Anxiety-based conditions including Hypochondriasis and Body Dysmorphic Disorder and Managing Comorbid Depression)

- Workshop on Complaints and Grievances, Dr. Brian Titley, University of Lethbridge, February 2004
- A Survey of Forensic Psychology Practice: Issues and Applications, American Academy of Forensic Psychology, Denver, Colorado, October 2003 (Course Topics included: Forensic Roles, Ethical Considerations, Legal System Fundamentals, A Model for Forensic Assessment, Parenting, Child Custody and Visitation, Tort Law and Personal Injury Examinations, Conducting a Forensic Interview, Assessment of Malingering and Response Style, Trial Competency Evaluations, Assessment of Mental State at the Time of the Offense, Report Writing, Rules of Evidence, Preparing for Depositions and Testifying in Court)
- Media Training Workshop, David Robinson, Canadian Association of University Teachers, University of Lethbridge, September 2003
- Suicide: Essential Information for Counsellors, Dr. Paul Granello and Dr. Darcy Haag Granello, Canadian Counselling Association, Halifax, Nova Scotia, May 2003
- Considerations When Treating Law Enforcement Personnel, Sgt. Jessibir Ram, Canadian Counselling Association, Halifax, Nova Scotia, May 2003
- Counselling Persons in Retirement Transition, Dr. Charles P. Chen, Canadian Counselling Association, Halifax, Nova Scotia, May 2003
- Testifying in Court, Dr. Stanley Brodsky, Psychologists' Association of Alberta, May 2003
- Coping with Cross-Examination, Dr. Stanley Brodsky, Psychologists' Association of Alberta, May 2003
- Minnesota Multiphasic Personality Inventory-2: An Update, Dr. Yossef S. Ben-Porath, Psychologists' Association of Alberta, November 2002
- Alternative Methodologies to Assisting Families with Divorce and Separation: Practical Processes and Ethical Concerns, Dr. Stephen Carter, Psychologists' Association of Alberta, March 2002
- Stress and Disease: Who Gets Sick and Who Stays Well, Dr. Michael Meaney, Cortext Educational Seminars, November 2001
- Recent Advances in the Cognitive-Behavioral Treatment of Depression and Anxiety Disorders, Dr. Keith Dobson, Psychologists' Association of Alberta, March 2001
- Custody Evaluations and the Alienated Child, Fourth International Symposium on Child Custody Evaluations, Association of Family and Conciliation Courts, Kiawah Island, South Carolina, November 2000
- Early Intervention in Complex Cases: Addressing Immediate Risk, Fourth International Symposium on Child Custody Evaluations, Association of Family and Conciliation Courts, Kiawah Island, South Carolina, November 2000
- Addressing Complex Issues: Assessing Family Members, Fourth International Symposium on Child Custody Evaluations, Association of Family and Conciliation Courts, Kiawah Island, South Carolina, November 2000
- Interviewing Children, Fourth International Symposium on Child Custody Evaluations, Association of Family and Conciliation Courts, Kiawah Island, South Carolina, November 2000

- Interviewing Adults, Fourth International Symposium on Child Custody Evaluations, Association of Family and Conciliation Courts, Kiawah Island, South Carolina, November 2000
- Licensing Board Complaints: How to Avoid Them and What to Do If You Get One, Fourth International Symposium on Child Custody Evaluations, Association of Family and Conciliation Courts, Kiawah Island, South Carolina, November 2000
- How to Fortify Your Custody Evaluations to Stand Up in Court, Fourth International Symposium on Child Custody Evaluations, Association of Family and Conciliation Courts, Kiawah Island, South Carolina, November 2000
- Options for Resolution: The Final Chapter or Just the Beginning, Fourth International Symposium on Child Custody Evaluations, Association of Family and Conciliation Courts, Kiawah Island, South Carolina, November 2000
- Diagnostic Interviewing of Adults: Issues and Practical Applications, Dr. Debbie Dobson, Psychologists' Association of Alberta, June 2000
- Discipline Committee Training, College of Alberta Psychologists, March 2000
- Comprehensive Treatment of Panic Disorder, Dr. Reid Wilson, Psychologists' Association of Alberta, May 1999
- An Introduction to the WAIS-III and Wechsler Memory Scale-III, Dr. Michael King, Psychologists' Association of Alberta, March 1999
- Oral Examinations Committee Training, College of Alberta Psychologists, October 1998
- Cognitive Therapy for Couples, Dr. Corey Newman, International Academy of Cognitive Therapy, October 1998
- Working with Emotions, Dr. Les Greenberg, International Academy of Cognitive Therapy, Sept. 1998
- Professional Update in Testing and Assessment of Children, Dr. Marilyn Samuels, Psychologists' Association of Alberta, Nov. - Dec. 1997
- Professional Update in Adult and Adolescent Testing and Assessment, Dr. Ivan Zendel, Psychologists' Association of Alberta, Sept. - Oct. 1997
- Therapeutic Interventions for Tough Teens and their Families, Jerome A. Price, Professional Training Group, Nov. 1997
- Non-Violent Crisis Intervention, Wood's Homes School, May 1997
- Critical Incident Stress Debriefing, Wood's Homes School, Nov. 1996
- Interest-Based Problem Solving and Conflict Resolution, Wood's Homes School, Mar. 1996
- Intermediate Workshop, Dr. Mark Lauderdale, Canadian Society of Clinical Hypnosis, Mar. 1996
- An Introduction and Working Overview of Pharmacotherapy for the Clinical Psychologist, Dr. Louis A. Pagliaro, Psychologists' Association of Alberta, Jan. 1996
- The Psychopharmacotherapy of Depression: Current Therapeutic Perspectives, Dr. Louis A. Pagliaro, Psychologists' Association of Alberta, Jan. 1996
- Millon Clinical Multiaxial Inventory III (MCMI-III) & Millon Adolescent Clinical Inventory (MACI): Introduction to Clinical Applications, Dr. Paul D. Retzlaff, Psychologists' Association of Alberta, May 1995
- DSM IV Workshops, Dr. Jeffrey Fuhr, Calgary Board of Education, May 1995

- Private Practice Workshop, Psychologists' Association of Alberta, Feb. 1995
- Eye Movement Desensitization and Reprocessing, Level I Training, Dr. Francine Shapiro, Los Angeles, California, January, 1995
- Introductory Workshop, Canadian Society of Clinical Hypnosis, May 1994
- Adult Survivors of Child Sexual Abuse, Calgary Family Service Bureau, Nov. 1993
- Harnessing the Power in Anger, Dr. Philip Perry, Wood's Homes School, Mar./Apr. 1993
- Reclaiming Youth at Risk, Wood's Homes School, Apr./May 1992
- Dealing with Suicide, Substance Abuse, Victimization and Violence, NASSP, New Orleans, Jan. 1992
- Chief Superintendent's Commission on Literacy Conference, Calgary Board of Education, Nov. 1991
- Fetal Alcohol Syndrome: Effects on Learning, Apr. 1991
- Cognitive Coaching for Teaching Students with Learning Difficulties, Dec. 1990
- Substance Abuse Prevention, Alberta Alcoholism & Drug Abuse Commission (AADAC), Nov. 1990
- Advanced Crisis Intervention, University of Victoria, Sept. 1990

### **PERSONAL ACTIVITIES**

- Member, All-Japan Karate Do Federation (Black Belt Registration No. 5057)
- Weight training, mixed martial arts, swimming and hockey

### **UNDERGRADUATE STUDENT SUPERVISION**

David LeGrandeur (B.Ed.) Independent Study - Parental Involvement in Education: A Comparative Study (2001).

Susan Coffin (B.Ed.) Independent Study - Divorce and its Effects on Children (2001).

Tom Keca (B.Ed.) Independent Study - Motivation in Coaching and Teaching (1999).

Amie Doucet (B.Ed.) Independent Study - Educational Effects of Brain Injury (1998).

**SUPERVISION OF 1600 HOUR INTERNSHIP FOR PROVISIONAL  
REGISTERED PSYCHOLOGISTS**

Ashley Harkness 2005-2006  
Jennifer Spriddle 2005-2006  
Derek Robinson 2003-2004  
Angela Bardick 2003-2005  
Kim Witko 2003-2004

**GRADUATE STUDENT SUPERVISION**

**THESIS SUPERVISION:**

Alexandre Varsaneux (M.Ed.) Thesis – Muscle Dismorphia and Attachment Styles in Men (2022).

Kristen Brown (M.Ed.) Thesis – Selective Avoidance on Social-Media Amidst the Global Pandemic of COVID-19 (2021).

Sydney Esselmont (M.Ed.) Thesis – Investigating Individual Motivations to Comment on Social Media News (2021).

Francesca Lupo (M.Ed.) Thesis – The Shift from Normal Sibling Rivalry to Emotional Maltreatment and Its Impact on Later Psychological Wellbeing (2021).

Katie Ingram (M.Ed.) Thesis – An Examination of the Male Experience of Legal Aggression as a Form of Intimate Partner Violence in Canada (2021).

Andrew Shaw (M.Ed.) Thesis – What’s the Mindset? An Investigation of Junior Hockey Players’ Attitudes Toward Sport Psychology (2018).

Annelise Welde (M.Ed.) Thesis – Teaching for the Future: Evaluating Intern Teachers’ Career Education Projects (2014).

Gloria Pasmeny (M.Ed.) Thesis – Social Support and Quality of Life in Adults with Severe and Persistent Mental Illness (2008).

Erin Englot Stusick (M.Ed.) Thesis – Restorative Justice in Schools (2007).

Kerbi McKnight (M.Ed.) Thesis - Athletic career transition and transferable skills (2007).

Ariana McCulloch (M.Ed.) Thesis - Psychopathological Correlates of Suicide Probability for Adolescents in Secure Treatment (2005).

Derek Robinson (M.Ed.) Thesis - Partnerships in Performance: Effective Referral and Collaboration Between Coaches and Psychologists (2003).

Kim Witko (M.Ed.) Thesis - Partnerships in Mental Health: Effective Referral and Collaboration Between Family Physicians and Psychologists (2003).

Terra Taylor (M.Ed.) Thesis - Partnerships in Mental Health: Effective Referral and Collaboration Between Financial Professionals and Psychologists (2003).

Joan Bloxom (M.Ed.) Thesis - What They Need: Delivery of Career Development to Grade Twelve Students (2002).

Deena Pyne (M.Ed.) Thesis - An Assessment of Changes in Career Needs from Junior High School to High School (2001).

### **PROJECT SUPERVISION:**

Jenna Would (M.Ed.) Project – The Relationship between Kumon and Achievement in Mathematics (2010).

Paul Wright (M.Ed.) Project – Who Let the Dogs in: A Narrative Examination into the Need for Animal Assisted Intervention Based Programming for Youth Residential Treatment Centers (2009).

Michael Code (M.Ed.) Project - Adolescent Perceptions of Career Concern and how these Perceptions Change Throughout Grades 7 –12 (2005).

Gordon Baldwin (M.Ed.) Project - Restorative Justice as an Alternative to School Expulsions (2003).

Deanna Rumohr (M.Ed.) Culminating Project - The Valhalla Wilderness Program: A Model for Alternative Education and Its Effect on Girls' Self-Esteem (2001).

Jo-Ann Buhler (M.Ed.) Culminating Project - Changing the Focus (1999).

Antoinette Salonen (M.Ed.) Culminating Project - Resource for Parents and Teachers of Students with ADD (1999).

Bruce Oka (M.Ed.) Culminating Project - Teacher Use of the Canadian Achievement Tests, Second Edition (1998).

Glenda Nixon (M.Ed.) Culminating Project - Resource Teacher Training (1998).



**INDEPENDENT STUDY SUPERVISION:**

Jenna Would (M.Ed.) Practicum in Psychological Assessment: Cognitive Functioning (2008).

David Orr (M.Ed.) Practicum in Psychological Assessment: Psychopathology (2007).

David Orr (M.Ed.) Practicum in Psychological Assessment: Cognitive Functioning (2007).

Angela Bardick (M.Ed.) Practicum in Psychological Risk Assessment (2002).

Angela Bardick (M.Ed.) Practicum in Psychological Assessment of Personality (2002).

Angela Bardick (M.Ed.) Practicum in Psychological Assessment of Developmental Disabilities (2002).

Angela Bardick (M.Ed.) Practicum in Psycho-educational Assessment (2002).

Glenda Reynolds (M.Ed.) Independent Study - The Implementation of Career Plans (2001).

Chantel Forslund (M.Ed.) Practicum in Psycho-educational Assessment (2001).

Shauna Earl (M.Ed.) Independent Study - Industrial/Organizational Psychology and Culture (2000).

Joan Bloxom (M.Ed.) Independent Study - Adolescent Development: Career Identity (2000).

Susan Eymann (M.Ed.) Independent Study - Psychotherapy of Adolescent Boys (2000).

Patti Pharo (M.Ed.) Counselling Psychology Advanced Practicum (2000).

Shari Roberts (M.Ed.) Supervised Counselling Practicum (2000).

Julie Deboer (M.Ed.) Supervised Counselling Practicum (2000).

Joan Bloxom (M.Ed.) Independent Study - Youth and Career Development (1999).

Julian Packer (M.Ed.) Practicum in Psychological Assessment (1999).

Judi Watson (M.Ed.) Practicum - Anger Management for youth (1998).

Ryszard Kozlowski (M.Ed.) Independent Study - Ed. Psych.: Counselling - Gender/Cultural Issues (1998).

Robin Schmidt (M.Ed.) Independent Study - Ed. Psych.: Counselling - Gender/Cultural Issues (1998).

Karen Angle (M.Ed.) Independent Study - Ed. Psych.: Counselling - Gender/Cultural Issues (1998).

Carol Gill (M.Ed.) Independent Study - Ed. Psych.: Counselling - Gender/Cultural Issues (1998).

Brenda Clark (M.Ed.) Independent Study - Ed. Psych.: Counselling - Gender/Cultural Issues (1998).

Karen Angle (M.Ed.) Independent Study - Educational Psychology: The Arts as Therapy (1998).

Bruce Oka (M.Ed.) Independent Study - Standardized Testing in Education (1998).

Patti Pharo (M.Ed.) Independent Study - Counselling: Intercultural and Gender Issues (1998).

Charles Eastly (M.Ed.) Independent Study - Counselling: Intercultural and Gender Issues (1998).

Jo-Ann Buhler (M.Ed.) Independent Study - Exploring Adolescent Suicide (1997).

### **COMPREHENSIVE EXAMINATION SUPERVISION:**

Janice Varzari (M.Ed.) Final Comprehensive Examination (2001).

Chantel Forslund (M.Ed.) Final Comprehensive Examination (2001).

Shauna Earl (M.Ed.) Final Comprehensive Examination (2001).

Tanya Kohls-Hoffarth (M.Ed.) Final Comprehensive Examination (2000).

### **GRADUATE STUDENT SUPERVISORY COMMITTEES**

#### **DOCTORAL DISSERTATION EXTERNAL EXAMINER:**

Elaina Guilmette (Ph.D.) External Examiner on University of Saskatchewan Dissertation – The Experiences of Secondary Teachers Co-Constructing Mental Wellness Knowledge (2021).

Judy Jaunzems Fernuk (Ph.D.) External Examiner on University of Saskatchewan  
Dissertation – Exploring the Lives of Four Thriving Early Career Teachers in  
Saskatchewan (2020).

Susan Lidster (Ed.D.) External Examiner on University of Calgary Dissertation  
Secondary School Counsellor Stress and Strategies to Cope (2015).

Nifredah Lavusa (Ph.D.) External Examiner on University of Calgary Dissertation –  
Guidance-Related Needs of Adolescents in Kenya (2009).

### **THESIS COMMITTEES:**

Cassandra Weir (M.Ed.) Thesis Examination Chair – Violence and Experience of  
Transgender Individuals: How This Impacts Their Supports (2016).

Ainslee Kimmel (M.Ed.) Thesis Committee Member – Mental Health Perceptions of  
Rural Community Members and Firefighting Personnel after a Wildfire (2012).

Chelcie Zimmer (M.Ed.) Thesis Committee Member – The Experience and Psychological  
Impact of School Violence on Rural Alberta Teachers (2012).

Michael Blair Evans (M.A.) Thesis Committee Member – Temporal Analysis of  
Endurance Athletes' Coping During Competitive Suffering Episodes (2010).

Jodie Black (M.Ed.) Thesis Examination Chair – Retention in a Small Liberal Arts  
Institution: The Commuter Student Experience (2009).

Mark Slomp (M.Ed.) Thesis – Measuring the Efficacy of Career Development Services:  
Agency and Service Providers Perceptions (2006).

Deb Beaton (M.Ed.) Thesis - Long-term Implications of Critical Incident Stress Among  
Emergency Responders (2003).

Angela Bardick (M.Ed.) Thesis - The Man in the Mirror: Weight Lifting and Steroid Use  
in Men (2003).

Colette Thompson (M.Ed.) Thesis - Clients' Perceptions of Therapeutic Outcome and the  
Role of the Therapeutic Relationship in their Change (2003).

Werner Mailandt (M.Ed.) Thesis - Student and Parent Perceptions of Student Needs  
(2002).

Monique Fernquist (M.Ed.) Thesis - A Focus on Staff Wellness: Time for Action (1999).

**PROJECT COMMITTEES:**

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**COMPREHENSIVE EXAMINATION COMMITTEES:**

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