

Lucas Eberhardt De Master, PsyD, DBSM

Education & Credentials

Licensed Psychologist, Washington (# PY61212534)	10/2021 to present
Board Certification in Behavioral Sleep Medicine (#20211100171)	05/2021 to present
Licensed Psychologist, Oregon (#2589)	05/2015 to present
Pacific University, School of Professional Psychology <i>Doctor of Clinical Psychology (PsyD)</i>	08/2014
Pacific University, School of Professional Psychology <i>Master of Science in Clinical Psychology (MS)</i>	08/2011
Wheaton College (IL) <i>Bachelor of Arts in Psychology (BA)</i>	05/2003

Clinical Practice Experience

Providence Medical Group Portland, Oregon <i>Licensed Clinical Psychologist</i> <ul style="list-style-type: none">● Provide behavioral health sleep medicine services including assessment and cognitive-behavioral interventions to adolescent, adult, and older adult patients with sleep disorders.● Present didactic trainings and provide clinical consultations to psychology and psychiatry clinical providers and trainees.	02/2022 to Present
Lucas Eberhardt De Master, PsyD, LLC Portland, Oregon <i>Licensed Clinical Psychologist</i> <ul style="list-style-type: none">● Provide cognitive behavioral assessments and psychotherapy for various behavioral and mental health conditions and comorbid medical conditions to adult and older adult patients.● Specialize in behavioral assessments and treatments for sleep disorders for adolescent, adult, and older adult patients.● Supervised post-graduate psychology trainee in the clinical practice of behavioral sleep medicine.	04/2018 to Present

**IHC Associates/Adventist Health Sleep Clinic
Portland, Oregon**

03/2016 to 04/2018

Licensed Clinical Psychologist

- Provided cognitive behavioral assessments and psychotherapy for various behavioral and mental health conditions and comorbid medical conditions to adult and older adult patients.
- Delivered consultations with co-located sleep medicine providers and provided behavioral interventions for insomnia and other sleep disorders to adolescent, adult, and older adult patients.
- Presented educational seminars with sleep medicine physician to the public regarding sleep disorders and healthy sleep behaviors

**Western Psychological and Counseling Services
Portland, Oregon**

09/2014 to 10/2015

Psychology Resident

- Provided individual and group cognitive-behavioral psychotherapy for behavioral and medical health conditions for adult and older adult patients.
- Performed behavioral assessments and delivered brief evidenced-based interventions to improve patient self-management of mental and medical health conditions in pediatric and family medicine primary care clinics for child, adolescent, adult, and older adult patients.

**St. Charles Health System
Bend, Oregon**

09/2013 to 08/2014

Pre-doctoral Psychology Intern

- Performed behavioral assessments and delivered brief evidenced-based interventions to improve patient self-management of medical and mental health conditions in a family medicine clinic for adolescent, adult, and older adult patients.
- Provided neurocognitive and behavioral patient consultations in medical, surgical, and psychiatric inpatient units for hospitalists and psychiatrists for adult and older adult patients.
- Provided cognitive-behavioral assessments and interventions for adult and older adult patients with insomnia in a sleep medicine clinic.
- Taught patient health education classes on insomnia and chronic pain management in primary care and medical hospital settings for adults and older adults.
- Performed initial intakes with families of children with developmental, learning, and behavioral problems in a specialty developmental assessment clinic.
- Conducted pediatric ADHD screenings and delivered brief behavioral interventions for child and adolescent patients and their families as well as coordinating follow-up care with physicians in outpatient general pediatric.

Other Clinical Experience

Alexian Brothers Behavioral Health Hospital Hoffman Estates, Illinois

07/2008 to 06/2009

Mental Health Counselor

- Provided individual, group, and milieu therapies to older adults in an inpatient psychiatric setting.
- Observed, recorded, and reported to nursing and medical staff significant signs and symptoms exhibited by patients.
- Participated in patients' treatment planning with attending psychiatrist and treatment team.

Northwestern Memorial Hospital Chicago, Illinois

11/2004 to 03/2007

Mental Health Worker

- Provided case management and milieu therapy to racially diverse homeless adult and older adult out-patient clients with severe and persistent mental illness.
- Worked with multidisciplinary treatment teams to formulate and track progress plans for consumers.

Chehalem Youth and Family Services Newberg, Oregon

06/2001 to 06/2002

Youth Treatment Specialist

Supervisor: Melissa Wiley

- Assisted abused, abandoned and neglected children and adolescents with achieving behavioral goals in group home settings using redirection and reinforcement techniques.
- Completed daily reports on progress and participated in periodic reassessments of behavioral plans.

Scholarly Presentations

Eberhardt De Master, L. & Antick, J. (April, 2014). *Effects of education and training on primary care and behavioral health providers' practice in integrated primary care*. Poster presented at the annual meeting of the Western Psychological Association.

Stelmokas, J., Eberhardt De Master, L., Kvamme, R., & Tiernan, K. (May, 2012). *MMPI-II profiles of veteran PTSD assessments for disability determination*. Poster presented at the annual meeting of the Oregon Psychological Association.

Eberhardt De Master, L. & Antick, J. (April, 2012). *Psychologists' training, attitudes, and practice behaviors regarding collaboration with primary care*. Poster presented at the annual meeting of the Western Psychological Association.

Butman, R., Eberhardt De Master, L., Johnson, A., & McGlaughlin, B. (March, 2004). *Fathers and sons: Reconnecting and reconstruction in the university years*. Presentation of paper at the annual international conference of the Christian Association for Psychological Studies, St. Petersburg, FL.

Awards and Honors

- Pacific University School of Professional Psychology Student Research Awards (April 2011, April 2014)
- Psi Chi National Honors Society of Psychology – Wheaton College (2000 – 2003)

Professional Associations

Society of Behavioral Sleep Medicine 12/2017 to Present

American Psychological Association (APA)
Division 38, Health Psychology 11/2010 to 9/2014

Oregon Psychological Association (OPA) 1/2010 to Present

- Board Member (July 2010 to July 2012)