

Andy Kim

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Education

- 2026 – 2027 **Clinical Psychology Residency, Adult Stream**
Max Rady College of Medicine, University of Manitoba (Winnipeg, Manitoba)
- Anxiety Disorders Major Rotation
 - Operational Stress Injury Major Rotation
 - Behavioral Medicine Major Rotation
 - Adult Inpatient Assessment Major Rotation
 - Early Psychosis Minor Rotation
 - Sleep Disorders Minor Rotation
- 2021 – Current **Doctor of Philosophy in Clinical Psychology**
Dalhousie University (Halifax, Nova Scotia)
- *Dissertation:* General and hangover-related depressive and anxiety symptoms: Implications for drinking behaviors and consequences
 - *Status:* Defended (July 2026) | <https://hdl.handle.net/10222/86162>
- 2016 – 2020 **Bachelor of Arts with Honours in Psychology**
University of British Columbia (Vancouver, British Columbia)

Graduate Honours and Awards

- 2026 Mary Margaret Werner Graduate Scholarship (\$8000) – Dalhousie University
- 2025 Brian Dufton Memorial Prize for Psychology Grad Students (\$1000) – APNS
- 2024 – 2027 Scotia Scholars Award, Doctoral (\$56,250) – Research Nova Scotia
- 2023 – 2026 Canada Graduate Scholarship, Doctoral (\$115,000) – SSHRC
- 2023 – 2025 President's Award (\$15,000) – Dalhousie University
- 2023, 2024 QEII Foundation Diversity in Health Care Bursary (\$1500) – QEII Foundation
- 2022 – 2023 Canada Graduate Scholarship, Master's (\$17,500) – SSHRC
- 2022 – 2023 Scotia Scholars Award, Master's (\$10,000) – ResearchNS
- 2022 Diversity in Psychology Bursary (\$1000) – APNS
- 2022 D.O Hebb Post-Graduate Prize (\$1000) – Dalhousie University
- 2021 – 2023 Nova Scotia Graduate Scholarship, Master's (\$20,000) – Dalhousie University
- 2021 – 2022 Maritime Spor Support Unit Award, Master's (\$10,000) – MSSU

Undergraduate Honours and Awards

- 2020 Suedfeld Scholar Award (\$500) – Psi Chi UBC Chapter
- 2020 Undergraduate Student Research Award (\$7968) – NSERC
- 2019 Pat and Betty Love Scholarship in Arts (\$1000) – University of British Columbia
- 2019 Quinn Research Assistantship (\$7571) – University of British Columbia
- 2017, 2019 Trek Excellence Scholarship (\$1500) – University of British Columbia
- 2017, 2019 VKCSF Scholarship (\$2000) – Van Korean Canadian Scholarship Foundation
- 2017 Student Scholarship in Arts (\$1000) – University of British Columbia

Clinical Experience

2024 – Current	CRUX Psychology (Halifax, Nova Scotia) - Delivered individual therapy and diagnostic assessments to community adults for various psychiatric conditions, including depression, anxiety, obsessive-compulsive disorder, eating disorder, personality disorder, post-traumatic stress disorder, and attention-deficit/hyperactivity disorder
May – Dec 2024	Canadian Armed Forces (Halifax, Nova Scotia) - Delivered individual and group therapy and diagnostic assessments for military personnel with substance use disorders
May – Dec 2024	Coastal Psychology (Halifax, Nova Scotia) - Delivered individual therapy for clients in the community with eating disorders
2023 – 2024	Centre for Psychological Health, Dalhousie University (Halifax, Nova Scotia) - Delivered individual therapy and diagnostic and neuropsychological assessments for low-income community adults with diverse cultural and demographic backgrounds
May – Sep 2022	Forensic Sexual Behavior Program, NSHA (Halifax, Nova Scotia) - Conducted risk assessments for adult sexual offenders
2023 – 2026	UniVenture, PreVenture, and OpiVenture Program (Halifax, Nova Scotia) - Delivered clinical workshops for undergraduates, high school students, and community members, focusing on personality traits related to substance use
2022 – 2023	Internal Practica, Dalhousie University (Halifax, Nova Scotia) - Delivered manualized individual therapy and psychoeducational assessments to children and adults with developmental disorders

Peer-Reviewed Journal Publications

1. Fujiwara, S., Sherry, S. B., Rostampour, R., **Kim, A. J.**, Kruisselbrink, L. D., Lambe, L. J., Watt, M. C., & Stewart, S. H. (2026). Anxiety sensitivity dimensions and the alcohol hangover experience: Longitudinal associations with hangover-related anxiety and depression. *Addictive Behaviors*, 179, 108687. <https://doi.org/10.1016/j.addbeh.2026.108687>
2. Olthuis, J. V., Connell, E. M., **Kim, A. J.**, & Stewart, S. H. (2025). Anxiety sensitivity and posttraumatic stress symptoms among public safety personnel: A longitudinal analysis. *Psychological Trauma: Theory, Research, Practice, and Policy*. <https://psycnet.apa.org/record/2026-85046-001>
3. Whitewolf, T., Sherry, S. B., Rodriguez, L. M., **Kim, A. J.**, Deacon, S. H., & Stewart, S. H. (2025). Prospective impacts of co-rumination on depression, anxiety, and relationship satisfaction within adult romantic couples. *Journal of Social and Clinical Psychology*, 44(6), 504–532. <https://doi.org/10.1521/jscp.2025.44.6.504>
4. **Kim, A. J.**, Sherry, S. B., Kruisselbrink, L. D., Lambe, L. J., Watt, M. C., Olthuis, J. V., Verster, J. C., & Stewart, S. H. (2025). Anxiety and depression during hangover are associated with alcohol-related problems among emerging adults. *Canadian Journal of Addiction*, 16(3), 35. <https://doi.org/10.1097/CXA.0000000000000248>
5. **Kim, A. J.**, Sherry, S. B., Kruisselbrink, L. D., Lambe, L. J., Watt, M. C., Olthuis, J. V., Verster, J. C., & Stewart, S. H. (2025). Does ruminating about the previous night's drinking during a hangover predict

- changes in heavy episodic drinking? A two-wave, 30-day prospective study. *Psychology of Addictive Behaviors*.
<https://doi.org/10.1037/adb0001056>
6. Išerić, E., Boogaard, A. S., Bruce, G., Iversen, J. M., Karadayian, A., **Kim, A. J.**, Kruisselbrink, D., Mackus, M., Merlo, A., Stock, A.-K., Urbański, J., van der Weij, B. R. C., & Verster, J. C. (2025). Proceedings of the 13th Alcohol Hangover Research Group Meeting in Dresden, Germany. *Proceedings*, 122(1), 2.
<https://doi.org/10.3390/proceedings2025122002>
7. Ilie, A., **Kim, A. J.**, Desroches, D., Keys, E., Sherry, S. B., Stewart, S. H., Deacon, S. H., & Corkum, P. V. (2025). COVID-19 Stress and Family Well-Being: The Role of Sleep in Mental Health Outcomes for Parents and Children. *Children*, 12(8), 962. <https://doi.org/10.3390/children12080962>
8. Verster, J. C., Merlo, A., Zijlstra, M. N., Weij, B. R. C. van der, Boogaard, A. S., Schulz, S. E., Balikji, J., **Kim, A. J.**, Stewart, S. H., Sherry, S. B., Garssen, J., Bruce, G., & Devenney, L. E. (2025). Predictors of immune fitness and the alcohol hangover: Survey data from UK and Irish adults. *Data*, 10(4), Article 4.
<https://doi.org/10.3390/data10040049>
9. **Kim, A. J.**, & Mackinnon, S. P. (2024). Bridging the gaps: Comparing structural equation models to network analysis models of depression, anxiety, and perfectionism. *International Journal of Personality Psychology*, 10, 77–88. <https://doi.org/10.21827/ijpp.10.41687>
10. Kiani, P., Hendriksen, P. A., **Kim, A. J.**, Garssen, J., Verster, J. C. (2024). Comparative analysis of the clinical presentations of individuals who test positive or negative for SARS-CoV-2: Results from a test street study. *Viruses*, 16(7). <https://doi.org/10.3390/v16071031>
11. **Kim, A. J.**, Sherry, S. B., Mackinnon, S. P., Lee-Baggle, D., Wang, G. A., Stewart, S. H., Antony, M. M., & Hahn, C. (2024). When love hurts: Testing the stress generation hypothesis between depressive symptoms, conflict behaviors, and breakup rumination in romantic couples. *Journal of Social and Clinical Psychology*, 43(2), 180–206. <https://doi.org/10.1521/jscp.2024.43.2.180>
12. **Kim, A. J.**, Sherry, S. B., Mackinnon, S. P., Kehayes, I.-L., Smith, M. M., & Stewart, S. H. (2024). Perceived pressure for perfection within friendships triggers conflict behaviors, depressive symptoms, and problematic drinking: A longitudinal actor–partner interdependence model. *Journal of Psychoeducational Assessment*, 07342829241230710. <https://doi.org/10.1177/07342829241230710>
13. **Kim, A. J.**, Stewart, S. H., Sherry, S. B., McGrath, D. S., Mushquash, C. J., Olthuis, J. V., & Mushquash, A. R. (2024). Clarifying the pathway from anxiety sensitivity to binge eating: The mediating role of depressive symptoms in a 3-week, 3-wave longitudinal study of undergraduates. *Eating Behaviors*, 101843.
<https://doi.org/10.1016/j.eatbeh.2024.101843>
14. **Kim, A. J.**, Merlo, A., Mackus, M., Bruce, G., Johnson, S. J., Alford, C., Sherry, S. B., Stewart, S. H., & Verster, J. C. (2023). Depression, anxiety, and stress among hangover-sensitive and hangover-resistant drinkers. *Journal of Clinical Medicine*, 12(8), 2766. <https://doi.org/10.3390/jcm12082766>
15. **Kim, A. J.**, Sherry, S. B., Stewart, S. H., Smith, M. M., Popowich, A. D., & Mushquash, A. R. (2023). Perfectionistic concerns and binge eating in mother-daughter dyads: An actor-partner interdependence model. *Eating Behaviors*, 48, 101702. <https://doi.org/10.1016/j.eatbeh.2023.101702>
16. Basso, N. L., Lambe, L. J., **Kim, A. J.**, Rodriguez, L. M., Deacon, H., Nogueira-Arjona, R., Sherry, S. B., Abbass, A., & Stewart, S. H. (2023). Effects of mandatory homeschooling during COVID-19 on conflict in romantic couples. *Journal of Family Psychology*, 37(2), 275–281. <https://doi.org/10.1037/fam0001052>
17. **Kim, A. J.**, Smith, M. M., Sherry, S. B., Rodriguez, L. M., Meier, S. M., Nogueira-Arjona, R., Deacon, H., Abbass, A., & Stewart, S. H. (2022). Depressive symptoms and conflict behaviors: A test of the stress generation hypothesis in romantic couples during the COVID-19 pandemic. *Journal of Social and Clinical Psychology*, 41(6), 517–540. <https://doi.org/10.1521/jscp.2022.41.6.517>
18. Otis, E., **Kim, A. J.**, Stewart, S. H., Sherry, S. B., & Yakovenko, I. (2022). Changes in sports gambling behaviour during the COVID-19 pandemic in Canada. *Frontiers in Psychiatry*, 13.
<https://doi.org/10.3389/fpsyt.2022.1018234>
19. **Kim, A. J.**, Murch, W. S., Limbrick-Oldfield, E. H., Ferrari, M. A., MacDonald, K. I., Fooker, J., Cherkasova, M. V., Sperring, M., & Clark, L. (2022). Do pupillary responses during authentic slot machine

- use reflect arousal or screen luminance fluctuations? A proof-of-concept study. *PLOS ONE*, 17(7), e0272070. <https://doi.org/10.1371/journal.pone.0272070>
20. **Kim, A. J.**, Sherry, S. B., Nealis, L. J., Mushquash, A. R., Lee-Baggley, D., & Stewart, S. H. (2022). Do symptoms of depression and anxiety contribute to heavy episodic drinking? A 3-wave longitudinal study of adult community members. *Addictive Behaviors*, 130, 107295. <https://doi.org/10.1016/j.addbeh.2022.107295>
21. **Kim, A. J.**, Sherry, S. B., Shannon, T., Kehayes, I.-L., & Stewart, S. H. (2022). A matter of perspective: The convergent and incremental validity of informant-reported drinking motives. *Drug and Alcohol Review*, 41(3), 588–593. <https://doi.org/10.1111/dar.13381>

Conference Presentations

1. **Kim, A. J.**, Sherry, S. B., Kruisselbrink, L. D., Lambe, L. J., Watt, M. C., Olthuis, J. V., Verster, J. C., & Stewart, S. H. (2026, February). *Does ruminating about the previous night's drinking during a hangover predict changes in heavy episodic drinking? A two-wave, 30-day prospective study*. Presented in an open paper symposium titled "Advanced Modelling for Mental Health" at the Australasian Mathematical Psychology Conference, Singapore.
2. Mackinnon, S. P. & **Kim, A. J.** (2025). *Comparing structural equation models to network analysis models of depression, anxiety, and perfectionism*. Paper presented at the 2025 Convention of the Canadian Psychological Association (CPA), St. Johns, NFLD, Canada.
3. Connell, E., Olthuis, J.V., **Kim, A. J.**, & Stewart, S.H. (2025). *Anxiety sensitivity as a risk factor for posttraumatic stress disorder in first responders: A cross-lagged panel model*. Poster presented at the 86th Annual Canadian Psychological Association (CPA), St. John's, NFLD, Canada.
4. Fujiwara, S., Rostampour, R., **Kim, A. J.**, Sherry, S. B., & Stewart, S. H. (2025). *Is anxiety sensitivity related to alcohol hangover experiences: AS subfactors and their unique associations with hangover-related anxiety, depression and overall hangover severity*. Poster presented at the Science Atlantic Undergraduate Psychology Conference, Fredericton, NB, Canada.
5. Whitewolf, T., **Kim, A. J.**, Sherry, S. B., DeGrace, S., & Stewart, S. H. (2025). *Impacts of co-rumination within adult romantic relationships on depression, anxiety, and relationship satisfaction*. Poster presented at the Science Atlantic Psychology Undergraduate Student Research Conference 2025, Fredericton, NB, Canada.
6. Ilie, A., **Kim, A. J.**, Desroches, D., Keys, E., Sherry, S. B., Stewart, S., Deacon, H., & Corkum, P. (2025). *COVID-19 Stress and Family Well-Being: The Role of Sleep in Mental Health Outcomes for Parents and Children*. Canadian Sleep Society (CSS) National Conference, Montreal, QC, Canada.
7. Malik, I., **Kim, A. J.**, Sherry, S.B., Stewart, S. H., Smith, M., Popowich, A., & Mushquash, A. (2023). *Perfectionistic concerns and binge eating in mother-daughter dyads: An actor-partner interdependence model*. Poster presented at the Canadian Psychological Association (CPA) National Conference, Toronto, ON, Canada.
8. **Kim, A. J.**, Sherry, S. B., Mackinnon, S. P., Kehayes, I.-L., Smith, M. M., & Stewart, S. H. (2023). *Perceived peer pressure for perfection leads to conflict behaviors, depressive symptoms, and problematic drinking: Implications for CBT interventions*. Presented in an open paper symposium titled "Peer effects and bullying" at the 10th World Congress of Cognitive and Behavioral Therapies in Seoul, South Korea, June 1-4, 2023.
9. **Kim, A. J.**, Stewart, S.H., DeGrace, S., Atasoy, P., Barrett, S., Carleton, N., Cosman, T., Cousijn, J., Keough, M., O'Connor, R., Romero-Sanchiz, P., Rudnick, A., Tibbo, P., Wardell, J., Wiers, R., & Yakovenko, I. (2023). *Do trauma cue exposure and/or PTSD symptom severity intensify selective approach bias toward cannabis cues in regular cannabis users with trauma histories?* Presented in an open paper symposium titled "Mechanisms of PTSD" at the 10th World Congress of Cognitive and Behavioral Therapies in Seoul, South Korea, June 1-4, 2023.
10. **Kim, A. J.**, Merlo, A., Mackus, M., Bruce, G., Johnson, S. J., Alford, C., Sherry, S. B., Stewart, S. H., Verster, J. C. (2023). *A rough morning: Exploring the relationship between anxiety, depression, and alcohol hangovers*. Presented as a talk at the 13th Alcohol Hangover Research Group Meeting in Dresden, Germany, April 20-22, 2023.

11. **Kim, A. J.**, Sherry, S. B., Smith, M. M., Rodriguez, L. M., Meier, S. M., Nogueira-Arjona, R., Deacon, H., Abbass, A., & Stewart, S. H. (2022). *Depressive symptoms and relationship conflict: A test of the stress generation hypothesis in romantic couples during the COVID-19 pandemic*. Presented in a symposium titled “Antecedents and consequences of romantic conflict during the COVID-19 pandemic: implications for homeschooling, depressive symptoms, and gambling problems” at the 83rd Annual Canadian Psychological Association (CPA) National Convention in Calgary, AB, Canada, June 17-19, 2022.
12. **Kim, A. J.**, Lambe, L. J., Basso, N. L., Rodriguez, L. M., Sherry, S. B., Deacon, H., Nogueira-Arjona, R., Meier, S., Abbass, A., & Stewart, S. H. (2022). *The effects of mandatory homeschooling on couples’ conflict during the COVID-19 pandemic*. Presented in a symposium titled “Antecedents and consequences of romantic conflict during the COVID-19 pandemic: implications for homeschooling, depressive symptoms, and gambling problems” (Discussant: Simon B. Sherry) at the 83rd Annual Canadian Psychological Association (CPA) National Convention in Calgary, AB, Canada, June 17-19, 2022.
13. Otis, E., **Kim, A. J.**, Stewart, S.H., Sherry, S., & Yakovenko, I. (2022). *Changes in Sports Gambling Behaviour During the COVID-19 Pandemic in Canada*. Poster presented at the 32nd Annual Psychiatry Research Day Conference, Halifax, NS, Canada.
14. **Kim, A. J.**, & Rodriguez, L.M. (2021). *Drinking together facilitates more positive outcomes in emerging adults*. Presented in a symposium titled “Close Relationships to Alcohol Consumption Associations in Emerging Adulthood: Lights and Shadows” at the 10th Society of Emerging Adulthood (SSEA) Conference held virtually due to COVID-19, November 4-6, 2021.
15. **Kim, A. J.**, Sherry, S. B., Stewart, S. H., Smith, M. M., Popowich, A. D., & Mushquash, A. R. (2023). *Perfectionistic concerns and binge eating in mother-daughter dyads: Recommendations for individual and family-based CBT interventions*. Poster presentation at the 10th World Congress of Cognitive and Behavioral Therapies in Seoul, South Korea, June 1-4, 2023.
16. **Kim, A. J.**, Sherry, S. B., Nealis, L. J., Mushquash, A., Lee-Baggley, D., & Stewart, S. H. (2022). *Do symptoms of depression and anxiety contribute to heavy episodic drinking? A 3-wave longitudinal study of adult community members*. Poster presentation at the Department of Psychiatry 32nd Annual Research Day (Dalhousie University) in Halifax, NS, Canada, October 21, 2022.
17. Basso, N. L., Lambe, L. J., **Kim, A. J.**, Sherry, S., & Stewart, S.H. (2022). *Effects of child age, family size, and gender on homeschooling parents’ conflict*. Poster presented at the Science Atlantic Psychology Conference, Antigonish, NS, Canada.
18. **Kim, A. J.**, Sherry, S. B., Smith, M. M., Rodriguez, L. M., Meier, S. M., Nogueira-Arjona, R., Deacon, H., Abbass, A., & Stewart, S. H. (2021). *Locked in here with you: A test of the stress generation hypothesis in romantic couples during the COVID-19 pandemic*. Poster presentation at the Department of Psychiatry 31st Annual Research Day (Dalhousie University) held virtually due to COVID-19, Nov 12, 2021.
19. **Kim A. J.**, Heltzel G., & Laurin, K. (2020). *Reactions to co-partisans who seek to understand shared opponents: A case of pluralistic ignorance*. Poster presentation at the Multidisciplinary Undergraduate Research Conference in Vancouver, BC, Canada, May 20-21. <https://doi.org/10.17605/osf.io/5x3yt>