

Andy Kim

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Education

2021 – Current	<i>Dalhousie University – Halifax, Nova Scotia</i> PhD, Clinical Psychology
2016 – 2020	<i>University of British Columbia – Vancouver, British Columbia</i> BA (Honours), Psychology

Honours and Awards

Graduate

2024 – 2027	Scotia Scholars Award, Doctoral (\$56,250) – ResearchNS
2023 – 2026	Canada Graduate Scholarship, Doctoral (\$115,000) – SSHRC
2023 – 2025	President’s Award (\$15,000) – Dalhousie University
2023	QEII Foundation Diversity in Health Care Bursary (\$1500) – QEII Foundation
2022 – 2023	Canada Graduate Scholarship, Master’s (\$17,500) – SSHRC
2022 – 2023	Scotia Scholars Award, Master’s (\$10,000) – ResearchNS
2022	Diversity in Psychology Bursary (\$1000) – APNS
2022	D.O Hebb Post-Graduate Prize (\$1000) – Dalhousie University
2021 – 2023	Nova Scotia Graduate Scholarship, Master’s (\$20,000) – Dalhousie University
2021 – 2022	Maritime Spor Support Unit Award, Master’s (\$10,000) – MSSU

Undergraduate

2020	Suedfeld Scholar Award (\$500) – Psi Chi UBC Chapter
2020	Undergraduate Student Research Award (\$7968) – NSERC
2019	Pat and Betty Love Scholarship in Arts (\$1000) – UBC
2019	Quinn Research Assistantship (\$7571) – UBC
2017, 2019	Trek Excellence Scholarship (\$1500) – University of British Columbia
2017, 2019	VKCSF Scholarship (\$2000) – Van Korean Canadian Scholarship Foundation
2017	Student Scholarship in Arts (\$1000) – UBC

Clinical Experience

1. CRUX Psychology (Jul 2024 – Current)
 - Provided evidenced-based therapy for clients in the community for anxiety, depression, ADHD, and substance use.
 - Trained a psychometrist in the administration and interpretation of psychoeducational assessments.
2. Addictions and Prevention Treatment – Canadian Armed Forces (May 2024 – Current)
 - Provided evidenced-based CBT for military members with addictions.
 - Led abstinence-based group therapy for addiction recovery.
 - Conducted 3 brief diagnostic assessments for substance use disorders.
3. Coastal Psychology (May 2024 – Current)
 - Provided evidenced-based CBT for eating disorders.

- Provided DBT skills training for general mental health.
4. Centre for Psychological Health – Dalhousie University (Sep 2023 – Jul 2024)
 - Provided CBT and ACT for diverse populations, addressing anxiety, depression, trauma, body-focused repetitive behaviors, psychological inflexibility, and addictions.
 - Completed 5 comprehensive adult psychoeducational assessments for ADHD, learning disability, intellectual disability, and mental health diagnoses.
 - Supervised a first-year PhD student in adult psychoeducational assessments.
 5. UniVenture and PreVenture Program – Dalhousie University (Sep 2023 – May 2024)
 - Conducted 90-minute workshops targeting personality traits related to substance use for undergraduates and high school students.
 6. Adult Intervention Practicum – Dalhousie University (Jan 2023 – May 2023)
 - Administered the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders.
 7. Forensic Sexual Behavior Program – Nova Scotia Mental Health and Addictions (May 2022 – Sep 2022)
 - Completed 4 comprehensive adult risk assessments for sexual offenders using validated instruments and interviews.
 8. Adult Assessment Practicum – Dalhousie University (May 2022 – Jul 2022)
 - Completed 1 comprehensive adult psychoeducational assessment for ADHD and social anxiety disorder.
 9. Child Assessment Practicum – Dalhousie University (Jan 2022 – Jun 2022)
 - Completed 1 comprehensive child psychoeducation assessment for learning disability.

Peer-reviewed Journal Publications

1. **Kim, A. J.**, & Mackinnon, S. P. (2024). Bridging the gaps: Comparing structural equation models to network analysis models of depression, anxiety, and perfectionism. *International Journal of Personality Psychology*, *10*, 77–88. <https://doi.org/10.21827/ijpp.10.41687>
2. Kiani, P., Hendriksen, P. A., **Kim, A. J.**, Garsen, J., Verster, J. C. (2024). Comparative analysis of the clinical presentations of individuals who test positive or negative for SARS-CoV-2: Results from a test street study. *Viruses*, *16*(7). <https://doi.org/10.3390/v16071031>
3. **Kim, A. J.**, Sherry, S. B., Mackinnon, S. P., Lee-Bagglely, D., Wang, G. A., Stewart, S. H., Antony, M. M., & Hahn, C. (2024). When love hurts: Testing the stress generation hypothesis between depressive symptoms, conflict behaviors, and breakup rumination in romantic couples. *Journal of Social and Clinical Psychology*, *43*(2), 180–206. <https://doi.org/10.1521/jscp.2024.43.2.180>
4. **Kim, A. J.**, Sherry, S. B., Mackinnon, S. P., Kehayes, I.-L., Smith, M. M., & Stewart, S. H. (2024). Perceived pressure for perfection within friendships triggers conflict behaviors, depressive symptoms, and problematic drinking: A longitudinal actor–partner interdependence model. *Journal of Psychoeducational Assessment*, 07342829241230710. <https://doi.org/10.1177/07342829241230710>
5. **Kim, A. J.**, Stewart, S. H., Sherry, S. B., McGrath, D. S., Mushquash, C. J., Olthuis, J. V., & Mushquash, A. R. (2024). Clarifying the pathway from anxiety sensitivity to binge eating: The mediating role of depressive symptoms in a 3-week, 3-wave longitudinal study of undergraduates. *Eating Behaviors*, 101843. <https://doi.org/10.1016/j.eatbeh.2024.101843>
6. **Kim, A. J.**, Merlo, A., Mackus, M., Bruce, G., Johnson, S. J., Alford, C., Sherry, S. B., Stewart, S. H., & Verster, J. C. (2023). Depression, anxiety, and stress among hangover-sensitive and hangover-resistant drinkers. *Journal of Clinical Medicine*, *12*(8), 2766. <https://doi.org/10.3390/jcm12082766>
7. **Kim, A. J.**, Sherry, S. B., Stewart, S. H., Smith, M. M., Popowich, A. D., & Mushquash, A. R. (2023). Perfectionistic concerns and binge eating in mother-daughter dyads: An actor-partner interdependence model. *Eating Behaviors*, *48*, 101702. <https://doi.org/10.1016/j.eatbeh.2023.101702>

8. Basso, N. L., Lambe, L. J., **Kim, A. J.**, Rodriguez, L. M., Deacon, H., Nogueira-Arjona, R., Sherry, S. B., Abbass, A., & Stewart, S. H. (2023). Effects of mandatory homeschooling during COVID-19 on conflict in romantic couples. *Journal of Family Psychology*, *37*(2), 275–281. <https://doi.org/10.1037/fam0001052>
9. **Kim, A. J.**, Smith, M. M., Sherry, S. B., Rodriguez, L. M., Meier, S. M., Nogueira-Arjona, R., Deacon, H., Abbass, A., & Stewart, S. H. (2022). Depressive symptoms and conflict behaviors: A test of the stress generation hypothesis in romantic couples during the COVID-19 pandemic. *Journal of Social and Clinical Psychology*, *41*(6), 517–540. <https://doi.org/10.1521/jscp.2022.41.6.517>
10. Otis, E., **Kim, A. J.**, Stewart, S. H., Sherry, S. B., & Yakovenko, I. (2022). Changes in sports gambling behaviour during the COVID-19 pandemic in Canada. *Frontiers in Psychiatry*, *13*. <https://doi.org/10.3389/fpsy.2022.1018234>
11. **Kim, A. J.**, Murch, W. S., Limbrick-Oldfield, E. H., Ferrari, M. A., MacDonald, K. I., Fooker, J., Cherkasova, M. V., Spering, M., & Clark, L. (2022). Do pupillary responses during authentic slot machine use reflect arousal or screen luminance fluctuations? A proof-of-concept study. *PLOS ONE*, *17*(7), e0272070. <https://doi.org/10.1371/journal.pone.0272070>
12. **Kim, A. J.**, Sherry, S. B., Nealis, L. J., Mushquash, A. R., Lee-Baggley, D., & Stewart, S. H. (2022). Do symptoms of depression and anxiety contribute to heavy episodic drinking? A 3-wave longitudinal study of adult community members. *Addictive Behaviors*, *130*, 107295. <https://doi.org/10.1016/j.addbeh.2022.107295>
13. **Kim, A. J.**, Sherry, S. B., Shannon, T., Kehayes, I.-L., & Stewart, S. H. (2022). A matter of perspective: The convergent and incremental validity of informant-reported drinking motives. *Drug and Alcohol Review*, *41*(3), 588–593. <https://doi.org/10.1111/dar.13381>
14. **Kim, A. J.**, Sherry, S. B., Kruisselbrink, L. D., Lambe, L. J., Watt, M. C., Olthuis, J. V., Verster, J. C., & Stewart, S. H. (under review). Does ruminating during a hangover about the previous night's drinking predict changes in heavy episodic drinking? A 2-wave, 30-day prospective study. *Psychology of Addictive Behaviors*. Submitted June 2024. Invitation to Revise and Resubmit August 2024; Resubmitted September 2025.
15. **Kim, A. J.**, Sherry, S. B., Kruisselbrink, L. D., Lambe, L. J., Olthuis, J. V., Verster, J. C., & Stewart, S. H. (under review). Anxiety and depression during hangovers: Predictors of alcohol-related problems among emerging adults. *International Journal of Mental Health and Addictions*. Submitted September 2024.

Conference Presentations

1. **Kim, A. J.**, Sherry, S. B., Mackinnon, S. P., Kehayes, I.-L., Smith, M. M., & Stewart, S. H. (2023). *Perceived peer pressure for perfection leads to conflict behaviors, depressive symptoms, and problematic drinking: Implications for CBT interventions*. Presented in an open paper symposium titled “Peer effects and bullying” at the 10th World Congress of Cognitive and Behavioral Therapies in Seoul, South Korea, June 1-4, 2023.
2. **Kim, A. J.**, Sherry, S. B., Stewart, S. H., Smith, M. M., Popowich, A. D., & Mushquash, A. R. (2023). *Perfectionistic concerns and binge eating in mother-daughter dyads: Recommendations for individual and family-based CBT interventions*. Poster presentation at the 10th World Congress of Cognitive and Behavioral Therapies in Seoul, South Korea, June 1-4, 2023.
3. Stewart, S.H., **Kim, A. J.**, DeGrace, S., Atasoy, P., Barrett, S., Carleton, N., Cosman, T., Cousijn, J., Keough, M., O'Connor, R., Romero-Sanchiz, P., Rudnick, A., Tibbo, P., Wardell, J., Wiers, R., & Yakovenko, I. (2023). *Do trauma cue exposure and/or PTSD symptom severity intensify selective approach bias toward cannabis cues in regular cannabis users with trauma histories?* Presented in an open paper symposium titled “Mechanisms of PTSD” at the 10th World Congress of Cognitive and Behavioral Therapies in Seoul, South Korea, June 1-4, 2023.

4. **Kim, A. J.**, Merlo, A., Mackus, M., Bruce, G., Johnson, S. J., Alford, C., Sherry, S. B., Stewart, S. H., Verster, J. C. (2023). *A rough morning: Exploring the relationship between anxiety, depression, and alcohol hangovers*. Presented as a talk at the 13th Alcohol Hangover Research Group Meeting in Dresden, Germany, April 20-22, 2023.
5. **Kim, A. J.**, Sherry, S. B., Nealis, L. J., Mushquash, A., Lee-Baggley, D., & Stewart, S. H. (2022). *Do symptoms of depression and anxiety contribute to heavy episodic drinking? A 3-wave longitudinal study of adult community members*. Poster presentation at the Department of Psychiatry 32nd Annual Research Day (Dalhousie University) in Halifax, NS, October 21, 2022.
6. **Kim, A. J.**, Sherry, S. B., Smith, M. M., Rodriguez, L. M., Meier, S. M., Nogueira-Arjona, R., Deacon, H., Abbass, A., & Stewart, S. H. (2022). *Depressive symptoms and relationship conflict: A test of the stress generation hypothesis in romantic couples during the COVID-19 pandemic*. Presented in a symposium titled “Antecedents and consequences of romantic conflict during the COVID-19 pandemic: implications for homeschooling, depressive symptoms, and gambling problems” at the 83rd Annual Canadian Psychological Association (CPA) National Convention in Calgary, AB, June 17-19, 2022.
7. **Kim, A. J.**, Lambe, L. J., Basso, N. L., Rodriguez, L. M., Sherry, S. B., Deacon, H., Nogueira-Arjona, R., Meier, S., Abbass, A., & Stewart, S. H. (2022). *The effects of mandatory homeschooling on couples’ conflict during the COVID-19 pandemic*. Presented in a symposium titled “Antecedents and consequences of romantic conflict during the COVID-19 pandemic: implications for homeschooling, depressive symptoms, and gambling problems” (Discussant: Simon B. Sherry) at the 83rd Annual Canadian Psychological Association (CPA) National Convention in Calgary, AB, June 17-19, 2022.
8. **Kim, A. J.**, & Rodriguez, L.M. (2021). *Drinking together facilitates more positive outcomes in emerging adults*. Presented in a symposium titled “Close Relationships to Alcohol Consumption Associations in Emerging Adulthood: Lights and Shadows” at the 10th Society of Emerging Adulthood (SSEA) Conference held virtually due to COVID-19, November 4-6, 2021.
9. **Kim, A. J.**, Sherry, S. B., Smith, M. M., Rodriguez, L. M., Meier, S. M., Nogueira-Arjona, R., Deacon, H., Abbass, A., & Stewart, S. H. (2021). *Locked in here with you: A test of the stress generation hypothesis in romantic couples during the COVID-19 pandemic*. Poster presentation at the Department of Psychiatry 31st Annual Research Day (Dalhousie University) held virtually due to COVID-19, Nov 12, 2021.
10. **Kim A. J.**, Heltzel G., & Laurin, K. (2020). *Reactions to co-partisans who seek to understand shared opponents: A case of pluralistic ignorance*. Poster presentation at the Multidisciplinary Undergraduate Research Conference in Vancouver, BC, May 20-21. <https://doi.org/10.17605/osf.io/5x3yt>

Service

1. Undergraduate co-supervisor (2021 – 2022) – Dalhousie University
2. Teaching assistant (2022 [PSYO 2000], 2023 [PSYO3280], 2024 [PSYO3280]) – Dalhousie University
3. Colloquium/social committee (2021 – 2022), In-house convention committee (2022 – 2023), In-house practica committee (2023 – present) – Dalhousie University
4. Ad-hoc reviewer, Journal of Eating Disorders (1 review), Depression Research and Treatment (1)
5. Front Desk Attendant – UBC Hospital (2018 – 2019)
6. Red Frogs crew – Red Frogs Canada (2018 – 2019)
7. Integration support worker and volunteer – Family Services of Greater Vancouver (2018-2020)