

CURRICULUM VITAE

Diana Koszycki, PhD., C.Psych.
Montreal, Quebec

EDUCATION

PhD Psychology, Carleton University, Ottawa, Ontario, 1994
MA Psychology, Carleton University, Ottawa, Ontario, 1989
BA Psychology, Concordia University, Montreal, Quebec, 1979

Additional Supervised Training

Behavior Therapy (1982-1986). St. Mary's Hospital, Montreal, Quebec (*Clinical supervisor: John Pecknold, MD, FRCPC*).

Human Sexuality Program (1983-1985). Montreal General Hospital, Montreal, Quebec (*Clinical Supervisors: Pierre Assalian, MD, FRCPC, Charlotte Westheimer, MA, Pat Rubin, MEd*).

Assessment of psychiatric disorders with the Structured Clinical Interview (SCID) for DSM (1983). *Trainers: Robert Spitzer, MD and Janet Williams PhD*.

Psychological Assessment (MMPI, WAIS, WMS, Rorschach test; *Supervisor: Robert Loveless, PhD, St. Mary's Hospital*); Clinician-administered symptom scales (Hamilton Depression Scale, Hamilton Anxiety Rating Scale, Montgomery Åsberg Depression Rating Scale, Liebowitz Social Anxiety Scale, Clinician Administered PTSD scale, Yale-Brown Obsessive Compulsive Scale; *Diverse trainers and in the context of pharmacological clinical trials*)

McGill Centre for Studies in Aging (1993-1994). Assessment of cognitive deficits (*Clinical Supervisor: Michel Panniset, MD, FRCPC*).

Interpersonal Psychotherapy (1995-1996). (Intensive Didactic Course: Cleon Cornes, MD, Department of Psychiatry, University of Pittsburg; *Clinical supervisor: Laurie Gillies, PhD.*, Interpersonal Psychotherapy Clinic, Clarke Institute of Psychiatry (now called Center for Addiction and Mental Health), University of Toronto.

Extramural training program for CBT supervisors and residency training program directors (September 2000-February 2001). Beck Institute of Cognitive Therapy, Philadelphia, PA (*Clinical Supervisor: Leslie Sokol, PhD*).

Intensive training in Mindfulness-based stress reduction (2007; *Jon Kabat-Zinn PhD and Saki Santorelli PhD*) and mindfulness-based cognitive therapy (2017; *Zindel Segal PhD*)

Licensure/Certifications/Associations:

Registered Psychologist, The College of Psychologists of Ontario, 1996 (License #2929)
Registered Psychologist, L'Ordre des psychologues du Québec, 1989 (License # 05534-89)
Member, Canadian Psychological Association
Member, International Society for Interpersonal Psychotherapy
Certified CBT Therapist- Academy of Cognitive Therapy (Certification Number: 00527)
Certified Trainer and Supervisor, International Society for Interpersonal Psychotherapy (ISIPT)

Honours and Awards :

Top cited paper 2020-2021-Journal of Psychology and Psychotherapy : *Koszycki, Guerin, DiMillo & Bradwejn. Randomized trial of cognitive behaviour group therapy and a mindfulness-based intervention for social anxiety disorder: Preliminary findings.*

Nominated, University of Ottawa Research Award, 2018, 2017
Asteria Award. L'hôpital Montfort. 2013

University of Ottawa Research Chair in Mental Health (in Partnership with l'Hôpital Montfort).
2012-2017, renewed 2017-2022

Best Research Award, Department of Psychiatry, University of Ottawa, 2000

- a. EMPLOYMENT HISTORY: dates, rank/position, department, institution/firm, current full-time position and link to the program under review
- | | |
|---------------|--|
| 2022-present | Psychologist, Private Practice, Green Avenue Clinic, Westmount, Quebec |
| 2022- present | Consultant (Mental Health), Teledoc |
| 2022-present | Emeritus Professor, University of Ottawa, Ottawa, Ontario |
| 2019-2022 | Visiting Professor, Shanghai University of Traditional Chinese Medicine, Shanghai, China |
| 2017-2018 | Visiting Professor, Shanghai University of Traditional Chinese Medicine, Shanghai, China |
| 2012-2022 | University of Ottawa-Montfort Hospital Research Chair in Mental Health |
| 2012-present | Senior Researcher, Institut du savoir l'hôpital Montfort |
| 2009-2022 | Cross-appointed Professor of Psychiatry, Faculty of Medicine, University of Ottawa |
| 2009-2022 | Tenured Professor, Faculty of Education (Counselling Psychology), University of Ottawa |
| 2008-2010 | Cross-Appointed Professor, School of Psychology, University of Ottawa |
| 2007-2009 | Professor of Psychiatry, Faculty of Medicine, University of Ottawa |
| 2001-2010 | Adjunct Research Professor, Department of Psychology, Carleton University |
| 2001-2009 | Director, Stress and Anxiety Clinical Research Unit, University of Ottawa Institute of Mental Health Research, Royal Ottawa Hospital |
| 2001-2007 | Associate Professor of Psychiatry, Faculty of Medicine, University of Ottawa |
| 1998- 2001 | Associate Director, Stress and Anxiety Clinical Research Unit, Institute of Mental Health Research, Royal Ottawa Hospital, Ottawa, Ontario |
| 1995-1998 | Psychologist, Psychobiology and Clinical Trials Research Unit, Clarke Institute of Psychiatry, Toronto, Ontario |
| 1995-1998 | Assistant Professor Psychiatry, Faculty of Medicine, University of Toronto |
| 1991-1995 | Research Consultant, Phoenix International, Montreal, Quebec |

- 1989-1995 Psychologist, Division of Psychopharmacology and Anxiety Disorders Clinic, St. Mary's Hospital, Montreal, Quebec
- 1981-1987 Behaviour Therapist, Department of Psychiatry, St. Mary's Hospital, Montreal, Quebec.
- 1979-1981 Junior Consultant (Human Resources) Peat Marwick, Montreal, Quebec

SCHOLARLY AND PROFESSIONAL ACTIVITIES

Committees:

- 2022-present Editorial Board Member, General Psychiatry
- 2022 Expert consultant -Development of a course on mental illness for general practitioners in Shanghai, Shanghai Municipal Government.
- 2021 Selection committee- Associate Vice President of Research, Institut du savoir Montfort
- 2021 Adjudicator - Poster and Oral Presentations, Canadian Stress Research Summit, Ryerson University, May 2, 2021
- 2020-2022 University of Ottawa, Family Medicine Grant Review Committee (PRIME).
- 2020 Membre sur le comité de visite d'un centre de recherche. Fonds de la recherche en santé du Québec (FRSQ)
- 2020- present Therapist, Trainer Supervisor Certification Committee, International Society for Interpersonal Psychotherapy (ISIPT) (*Co-Chair of committee since 2021*)
- 2020-2021 Strategic Planning Committee, University of Ottawa Brain and Mind Research Institute
- 2018-2020 Faculty Promotion and Tenure Committee, Faculty of Education
- 2018-2019 Interdisciplinary Adjudication Committee, Canada Research Chairs
- 2017 Judge, 2017 Shanghai International Nursing Teaching Skills Competition (English Language competition), Shanghai University of Medicine and Health Sciences, Shanghai, China
- 2017 Strategic Planning Committee, Research, Faculty of Education
- 2016-2017 Research Committee, Faculty of Education, University of Ottawa
- 2016-2022 Scientific Committee, uOBMRI Brain Health Research Day
- 2016-present Co-Founder, Academy of Mindfulness and Contemplative Studies, University of Ottawa Brain and Mind Research Institute
- 2015-2016 Membre de jury, Prix Asteria, l'Hôpital Montfort, Ottawa, Ontario
- 2015 External evaluator- Tenure and Promotion to Associate Professor, Department of Psychiatry, University of British Columbia
- 2014-2018 Committee member, Foundation Scheme Pilot, Canadian Institutes of Health Research
- 2014-2016 Internal Reviewer, Banting Postdoctoral Fellowships Awards, University of Ottawa
- 2014-2022 Scientific Committee, University of Ottawa Brain and Mind Research Institute
- 2011-2012 Co-ordinator, Community Counselling Center, Faculty of Education, University of Ottawa
- 2010 Scientific Officer, Canadian Institutes of Health Research (Chair in Autism Spectrum Disorders)
- 2011-2013 Member, Research Committee, Faculty of Education

- 2007-2014 Member, Behavioural Sciences B Committee, CIHR
- 2005-present Editorial Board, Canadian Journal of Psychiatry
- 2005-2009 Management Council, Royal Ottawa Health Care Group
- 2005-2007 CIHR Team Grant C Committee-Canadian Institutes of Health Research
- 2005-2009 Management Council, Royal Ottawa Health Care Group
- 2001-2004 Organizing Committee "The Ottawa Evening". CIHR Partners in Research. *This yearly event celebrates progress in health research.*
- 1999-2004 Board of Directors, University of Ottawa Institute of Mental Health Research, Royal Ottawa Hospital
- 1999-2001 Anxiety Review Panel for the development of guidelines for the treatment of anxiety disorders in adults. "The Ontario Guidelines for the Management of Anxiety Disorders in Primary Care" was published in 2000. Funded by a grant from the Ontario Ministry of Health.
- 1999-2001 Nominating Committee, Canadian College of Neuropsychopharmacology.
- 1998-1999 Specialty Program Steering Committee, Royal Ottawa Hospital.

Ad Hoc Reviewer:

Granting Agencies: 1) Michael Smith Foundation for Health Research; 2) Food and Health Bureau of the Government of the Hong Kong Special Administration Region, The People's Republic of China; 3) ORA Plus for the Social Sciences (an international funding agency comprising partners from Germany (ANR), the Netherlands (NOW), Great Britain (ESRC) and USA (NSF) ; 4) Canada Council of Arts, Social Sciences and Humanities Research Council; 5) Government of Alberta: Addiction and Mental Health Strategic Clinical Network's Research Grant. 6) *CIHR* COVID-19 Mental Health & Substance Use Service Needs and Delivery Operating Grant Funding Opportunity; 7) University of Ottawa Brain and Mind Research Institute Team Grant; 8) PSI Foundation.

Peer-Reviewed Journals (Total journals: 35): Journal of Clinical Psychology; Child Psychiatry and Human Development; Canadian Psychology; Journal of Affective Disorders; Psychiatry Research; Depression and Anxiety; Women & Health; Current Psychiatry Review; Anxiety, Stress and Coping; Behaviour Research and Therapy; Psychosomatic Medicine; Neuropsychiatry Genetics; Social Behaviour and Personality: An International Journal; Canadian Journal of Physiology and Pharmacology; BMC Psychiatry; Peptides; Journal of Psychopharmacology; International Journal of Psychopharmacology; Cognitive Behaviour Therapy; Mindfulness; International Journal of Environmental Research and Public Health; Journal of Forensic Psychiatry & Psychology; Archives of Women's Mental Health; Trials; Journal of Clinical Child and Adolescent Psychology; Journal of Spirituality in Mental Health; Psychological Medicine; Journal of Family Studies; Health Education Journal; Teaching and Learning Medicine; Clinical Psychology and Psychotherapy; PLOS ONE: Neuropsychiatric Disease and Treatment; Journal of Psychiatry and Neuroscience; Applied Psychology: Health and Wellbeing; Canadian Journal of Behavioural Sciences; Education Journal - Revue de l'éducation (EJRE); Clinical Psychology Review; Case Reports in Psychiatry.

Other:

Oxford University Press- Reviewer: Book proposal on psychotherapy (2021)

Oxford University Press- Reviewer: Draft of manuscript of a psychotherapy manual submitted for publication (2022)

Invited Presentations:

- Koszycki D** (2023). Assessment and Treatment of Depression in Adult Oncology Patients. Longhua Hospital, Shanghai Chine (*virtual presentation*)
- Koszycki D** (2022). Characteristics and Evidence-Based Practice of Interpersonal Psychotherapy. International Interpersonal Psychotherapy Clinical Practice Training Course, China (*virtual presentation*)
- Koszycki D** (2022). Psychosocial treatments for mental disorders in primary care. Shanghai, China (*Virtual presentation*).
- Koszycki D** (2019). A hospital-based yoga intervention for antenatal depression and anxiety: Department of Obstetrics and Gynecology, Montfort Hospital, Ottawa, Ontario
- Koszycki D** (2019). Psychosocial Interventions for Anxiety and Depression in Parkinson’s Disease Patients. Mind & Body Conference, Ottawa, Ontario.
- Koszycki D** (2017). Interpersonal Psychotherapy for Depression. Renji Hospital, Shanghai, China.
- Koszycki D** (2017). Designing randomized controlled trials for non-pharmacological interventions. Shanghai Qigong Research Institute (Institute affiliated with the Shanghai University of Traditional Chinese Medicine), Shanghai, China
- Koszycki D** (2017). Designing randomized controlled trials for non-pharmacological interventions. Longhua Hospital, Shanghai,China.
- Koszycki D** (2017). Mindfulness meditation and psychological health. Longhua Hospital, Shanghai, China.
- Koszycki D** (2016). Mindfulness meditation and mental health. Brain Health Awareness Week, Faculty of Medicine, University of Ottawa, Ottawa, Ontario.
- Koszycki D** (2016). Recherche sur la méditation de pleine conscience dans le traitement du trouble de l’anxiété sociale. Symposium de recherche. Université du Québec à Outaouais, Quebec, Canada.
- Koszycki D** (2016). Mindfulness meditation for social anxiety disorder. Institut du recherche de Fernand Seguin, Montreal, Quebec, Canada
- Koszycki D** (2016). Mindfulness Meditation for Health Care Professionals. The Ottawa Hospital, Ottawa, Ontario, Canada.
- Koszycki D** (2016). Psychosocial interventions for depression in Parkinson’s disease. Parkinson’s Research Consortium. Ottawa, Ontario, Canada.
- Koszycki D** (2015). Interpersonal Psychotherapy for Parkinson’s Disease: Designing a randomized controlled psychotherapy trial. Shanghai Mental Health Center, Shanghai, China.
- Koszycki D** (2015). Psychotherapy Research. Shanghai Mental Health Center, Shanghai, China.
- Koszycki D** (2011). Interpersonal Psychotherapy: Current Advances and Practical Tips. Perspectives in Mental Health Care, The Canadian Psychiatric Association. Ottawa, Ontario, Canada.
- Koszycki D** (2010). Psychotherapy research in mood and anxiety disorders. School of Psychology, University of Ottawa, Ontario, Canada.
- Koszycki D** (2009). Interdisciplinary perspectives in education and counselling. Educational Research Unit, University of Ottawa, Ottawa, Ontario, Canada.

Koszycki D (2009). Research activities at the Stress and Anxiety Clinical Research Unit, University of Ottawa Institute of Mental Health Research. Professional Day, Ottawa Family Services, Ottawa, Ontario, Canada.

Koszycki D. (2009). Children at genetic risk for panic disorder. Pediatric Grand Rounds, Children's Hospital of Eastern Ontario, Ottawa, Ontario, Canada.

Koszycki D. (2009). Cognitive Behaviour Therapy for Anxiety Disorders. Medical Students for Mental Health Awareness (MSMHA) Group. Faculty of Medicine, University of Ottawa, Ottawa, Ontario, Canada.

Koszycki D. (2008). Identifying heritable risk markers in children at genetic risk for panic disorder. Biochemistry, Microbiology and Immunology Seminar, Faculty of Medicine, University of Ottawa, Ottawa, Ontario, Canada.

Koszycki D. (2008). Identifying heritable risk markers in children at risk for panic disorder. Presented at the Mental Health PSU Research Rounds, Children's Hospital of Eastern Ontario, Ottawa, Ontario, Canada.

Koszycki D. (2007). Stress and Women. The Women's Educational Network (WEEB). Ottawa, Ontario, Canada.

Koszycki D. (2007). Alternative/Complementary Psychosocial Interventions for Anxiety Disorders. Presented at the Untangling the Mind Conference, University of Ottawa Institute of Mental Health Research Inaugural Research Conference), Ottawa, Ontario, Canada.

Koszycki D (2006). Stress and the 21st Century Woman. Public lecture given at the Royal Ottawa Mental Health Centre, Ottawa, Ontario, Canada.

Koszycki, D. Flament M, Coplan R. (2005). Children and Anxiety: From Risk to Resilience. Public lecture presented at the Royal Ottawa Hospital in conjunction with the University of Ottawa Institute of mental Health Research and Children's Hospital for Eastern Ontario, Ottawa, Ontario, Canada.

Koszycki D (2004, May). Anxiety: From Everyday Stress to Debilitating Illness. Public lecture given at the Royal Ottawa Mental Health Center, Ottawa, Ontario, Canada.

Koszycki D. (2004). Stress and anxiety in the workplace. Canadian Human Rights Commission, Ottawa, Ontario, Canada.

Koszycki D. (2004). Stress and Anxiety Clinical Research Unit: Overview of research on risk factors for panic disorder. Academic and Research Day. University of Ottawa, Department of Psychiatry. Ottawa, Ontario, Canada.

Koszycki D. (2003). Interpersonal psychotherapy for depression. Youth Program. Royal Ottawa Hospital, Ottawa, Ontario, Canada.

Koszycki D, Lau, T (2003). Interpersonal Psychotherapy for Late Life Depression, Psychogeriatric Division, Royal Ottawa Hospital, Ottawa, Ontario, Canada.

Koszycki D. (2003). Interpersonal psychotherapy for depressed women undergoing infertility treatment. Infertility Clinic Rounds, The Ottawa Hospital-Civic Campus, Ottawa, Ontario, Canada.

- Koszycki D.** (2002). Interpersonal Psychotherapy for Depressed Cardiac Patients. Joint meeting of the Ottawa Academy of Psychiatrists and Ottawa Academy of Psychologists, Ottawa, Ontario, Canada.
- Koszycki D** (2002). Psychological Aspects of Anxiety Disorders. Rigshospitalet Psychiatric Clinic, Copenhagen, Denmark.
- Koszycki D** (2002). CCK and anxiety disorders. Association of European Psychiatrists, Stockholm, Sweden.
- Koszycki D** (2001). The Role of Cholecystokinin in the Neurobiology of Panic Disorder. International Society of Psychoneuroendocrinology, Quebec City, Quebec, Canada.
- Koszycki D** (2000). CCK Polymorphism and Panic Disorder. Gordon Research Conference, Oxford, England.
- Koszycki D** (2000). Cognitive Behaviour Therapy for Panic Disorder. Canadian Delegates, American Psychiatric Association Annual Meeting, May 15, 2000, Chicago, IL, USA.
- Koszycki D** (2001). Clinical Update 2001. Cognitive Behaviour Therapy for Depression and Anxiety. Mont Tremblant, Quebec, Canada.
- Koszycki D** (2000) Interpersonal Psychotherapy: Role in Community Setting. Montebello, Quebec, Canada.
- Koszycki D** (1999). New Therapeutic Strategies in Generalized Anxiety: Cognitive Behavioural Therapy for Generalized Anxiety Disorder. Montreal, Quebec, Canada.
- Koszycki D** (1999). Biological Basis of Anxious Temperament. Hungarian Association of Psychopharmacology. Tihany, Hungary.
- Koszycki D** (1997). "Anxiety in Parkinsons". Victoria Order of Nurses of Canada Living with Parkinson's Program. Third Annual April Tulip Luncheon, April 11, 1997, St. Catherines, Ontario, Canada.
- Koszycki D** (1997). Anxiety Disorders in Parkinson's: Intervention Strategies", Telemedicine Canada, University of Toronto, Toronto, Ontario.
- Koszycki D** (1995). "Evaluation de Trouble Anxieux."V^{ieme} Congrès de Psychogériatrie et Psychopharmacology. Montreal, Quebec, Canada.
- Koszycki D** (1995). "Anxiety in Parkinson's Disease" Parkinson Foundation of Canada Conference and General Meeting. Toronto, Ontario, Canada.
- Koszycki D** (1995). Panic Disorders. Invited speaker at Advanced Psychology Seminar, University of Toronto, Toronto, Ontario, Canada.
- Bradwejn J, **Koszycki D.** (1991). Role of CCK in panic disorders. CI-988 Symposium, Parke-Davis Neuroscience Research Center, Cambridge, England.

Bradwejn J, **Koszycki D** (1990). CCK receptors and panic attacks in man. An International Symposium on Multiple Cholecystokinin Receptors: Progress Towards CNS Therapeutic Targets. Terlings Park, England.

Bradwejn J, **Koszycki D**. (1996) The role of CCK in anxiety. XXVIIth Congress of the International Society of Psychoneuroendocrinology, Cascais, Portugal.

Bradwejn J, Koszycki D, Le Melleo J. (1996). Cholecystokinin and anxiety. World Congress of Biological Psychiatry, Barcelona, Spain.

Instructor, Professional Development Workshops/ Courses

Koszycki D (November 2022). Interpersonal Psychotherapy for Depression: Two-day introductory workshop (Level A training). Graduate students, Department of Educational and Counselling Psychology, Faculty of Education, McGill University, Montreal, Canada.

Koszycki D. (April 2022). Interpersonal Psychotherapy for Depression: Two-day introductory workshop (Level A training). Graduate students, Counselling Psychology Program, Faculty of Education, University of Ottawa, Ottawa, Canada.

Koszycki D. (June 2019). Interpersonal Psychotherapy for Depression. A 3-day workshop organized by Renji Hospital, JiaoTong University, Shanghai, China.

Koszycki D. (May 2018). Interpersonal Psychotherapy for Depression. A 3-day workshop organized by Renji Hospital, JiaoTong University, Shanghai, China.

Koszycki D (Oct-Nov 2018). 8-week program on mindfulness meditation for health professionals. Longhua Hospital, Shanghai, China.

Koszycki D, Raab K (2013, April). Collaborative Research: A multifaith spiritually based intervention for GAD. Canadian Association for Spiritual Care National Conference, Ottawa, Ontario, Canada.

Koszycki D (2012, February). Coping with stress. Two workshops sponsored by the Heart and Stroke Foundation of Ontario. Ottawa Carleton Elementary Teachers' Federation Professional Development Day, Ottawa, Ontario, Canada.

Koszycki D (2011, March). Interpersonal Psychotherapy for Depression. Two-day workshop given at L'hôpital Ste Anne, Paris, France.

Koszycki D, (2007, June). Interpersonal Psychotherapy for Depression. One-day workshop given at Sisters of Charity Organization, Ottawa, Ontario, Canada.

Koszycki D (2006, June). Interpersonal Psychotherapy for Depression. One-day workshop given at Cornwall Community Hospital, Cornwall, Ontario, Canada.

Koszycki D (2006, May). Interpersonal Psychotherapy for Depression. One-day workshop given at the Department of Psychiatry, University of Alberta, Edmonton, Alberta.

Koszycki, D, Bisserbe J-C, Boyer, P. (2006, January). Training workshop for the Structured Clinical Interview for DSM-IV-TR. University of Ottawa Institute of Mental Health Research, Ottawa, Ontario, Canada.

Koszycki D, Ravitz P.(2004, November). Interpersonal Psychotherapy for Depression. Half-day course given at the Canadian Psychiatric Association Meeting, Montreal, Quebec, Canada.

Koszycki D. (2002, November). Interpersonal Psychotherapy for Depression. One-day workshop given at the Department of Social Work. McGill University, Montreal, Quebec, Canada.

Koszycki D (2001, November). Introduction to IPT (with Drs. Paula Ravitz and Carolina Cristi). Half day course given at the Canadian Psychiatric Association Meeting, Montreal, Quebec, Canada.

Koszycki D (2001, June). Anxiety Disorders and Substance Abuse: The Issue of Self-Medication. Half day workshop given at the Centre for Addiction and Mental Health Summer Institute, Ottawa, Ontario, Canada.

Koszycki D. (2000, March). Interpersonal Psychotherapy for Depression. Half day workshop given at McGill University Health Centre Education Week-End, Mont Tremblant, Quebec, Canada.

Koszycki D (with Drs. Laurie Gillies and Simon Patry). (1999, September). Interpersonal Psychotherapy. Two-day workshop given at Centre Hospitalier Robert-Giffard, Quebec, Quebec, Canada.

Koszycki D. (1999, November). Cognitive Behaviour Therapy Tools for Generalized Anxiety Disorder, Montreal, Quebec. Sponsored by Ayerst-Wyeth.

Workshops/Conferences Organized

- 2022 Principal Organizer, Academy of Mindfulness and Contemplative Studies. Virtual public lecture (*January 26th, 2022* “Intrinsic Practice: An online wellness method”- Dr. Jacques Bradwejn, Emeritus Professor, University of Ottawa; *May 2, 2022* Fostering Mindfulness for Teacher and Student Wellbeing in the Classroom and Beyond- Dr. Shelley Murphy, OISE, University of Toronto)
- 2021 Co-organizer, Academy of Mindfulness and Contemplative Studies: Three virtual public lectures (*February 23, 2021* “Self-compassion and Burnout”; *March 23, 2021*

- “Mindfulness for Family Caregivers”; *April 22, 2021* “The Basic Sanity of Compassion”
- 2019 Co-organizer, Second Conference of the Academy of Mindfulness and Contemplative Studies. Transitions, Transformations, Transcendence: Contemplative Practices for the 21st Century. University of Ottawa, April 27, 2019
- 2018 Advisory Committee (with Dr. Harvey Chang, McGill University), Workshop on psychedelics & spiritual healing at end of life. December 7-8, University of Ottawa.
- 2017 Lead organizer, First Annual Conference of the Academy of Mindfulness and Contemplative Studies: Frontiers in Mindfulness: Medicine, Social Justice and Spirituality. University of Ottawa, April 20th, 2017.
2008. Lead organizer, 1-day workshop on Spiritually-Integrated Psychotherapy (Dr. Kenneth Pargament, Bowling Green State University, Ohio). Royal Ottawa Mental Health Centre, Department of Psychiatry, University of Ottawa.
- 2000-2005 Lead Organizer, yearly 2-day workshops on Interpersonal Psychotherapy (Dr. John Markowitz, Columbia University, New York). Royal Ottawa Mental Health Centre, Department of Psychiatry, University of Ottawa.
1999. Co-organizer, Psychotherapy Day, Department of Psychiatry, University of Ottawa
1999. Co-organizer, “Alternative/Complementary Medicine and Psychiatry: Building Bridges”. Hosted by the Stress and Anxiety Clinical Research Unit, Royal Ottawa Hospital and the University of Ottawa. *International meeting attended by professionals from across Canada and the United States.*

Supervision of Post-Doctoral Research Fellows (completed)

- 2018-2019 Hua Xu, MD (Jia Tong University School of Medicine).
- 2015-2016 Julia DiMillo, PhD (Counselling Psychology, McGill University).
- 2010-2012 Cynthia Bilodeau, PhD (Counselling, Université de Sherbrooke).
- 2009-2010 Zoe Prichard, PhD (Behavioural Genetics, The Australian National University, Canberra, Australia).
- 2008-2008 Ahmad Alsaleh, MD, FRCPC (Psychiatry, University of Ottawa).
- 2007-2008 Fahad Aldosary, MD, FRCPC (Psychiatry, University of Ottawa). Present
- 2006-2007 Gina DiGiulio PhD (Clinical Psychology, University of Ottawa).
- 2002-2003 Peter Zwanzger, MD (Psychiatry, Ludwig Maximilians-University, Munich, Germany).
- 2001-2002 Stephane Torres* MD, (Psychiatry, Université de Montpellier, France).
- 2000-2001 Fernando Sarrais* MD (Psychiatry, Universidad de Naverro, Spain).
- 1997-1998 Yuping Zhou* MD, PhD. Faculty of Medicine, University of Toronto.
- 1997-1998 Katzman M*, MD (Psychiatry, University of Toronto, Canada).
- 1998-2000 Jakov Shlik*, MD (Psychiatry, University of Tartu, Estonia).
- 1998-2000 Jean-Michel LeMelledo*, MD (Psychiatry, Université de Nantes).

* Co-supervisor

Supervision of Graduate Students (completed)

Marie-Eve Latreille, Master's thesis*. L'efficacité de la technique d'enseignement nommé simulation sur le niveau de préparation et le niveau de confiance des étudiantes infirmières. Spring 2012.

Zuzsanna Grandpierre, Master's thesis, Educational Counselling; *Awarded SSHRC Scholarship*). Feasibility Study: Can mindfulness practice benefit executive function and improve academic performance? Summer 2013.

Candice Kavanagh, Master's thesis, Educational Counselling. Effects of the FRIENDS for Life program on anxiety, school functioning, and social functioning. Spring 2014.

Jennifer Thake, Master's thesis, Educational Counselling. Does increased self-compassion improve social anxiety symptomatology? Results from a mindfulness-based intervention for social anxiety disorder. Summer 2015 (*Thesis nominated for University of Ottawa Research Award*).

Amanda Helleman, Master's thesis; Educational Counselling; *Awarded Ontario Graduate Studies Scholarship*). The awakening cortisol response in children and adolescents with a parental history of anxiety. Winter 2016.

Sawsane El Amiri, Master's thesis, Counselling Psychology. Etiological beliefs about illness in panic disorder. Relationship with baseline demographic and clinical characteristics and impact on treatment response. Spring 2017.

Lorena Rucci, Master's thesis, Counselling Psychology; *Awarded Ontario Graduate Studies Scholarship*). Does parental bonding and its interaction with child temperament influence facial affect recognition in high-risk offspring for developing anxiety disorders? Fall 2017 (*Thesis nominated for University of Ottawa Research Award*).

Amelia Dowell, Master's thesis, Counselling Psychology. Correlates of Treatment Preference in a Randomized Trial Comparing Mindfulness Meditation versus Cognitive-Behavioral Therapy. Winter 2018.

Elisa Makadi, Master's thesis, Counselling Psychology; *Awarded Ontario Graduate Studies Scholarship; the Frederick Banting and Charles Best Canada Graduate Scholarship, CIHR & Koszycki Bradwejn Scholarship, University of Ottawa*). Exploring connections between self-compassion, mindfulness, and social anxiety. Fall 2018 (*Thesis nominated for University of Ottawa Research Award*).

Jessica Ilton, Master's thesis, Counselling Psychology (*Awarded scholarship from Institut du Savoir Montfort & Koszycki-Bradwejn Scholarship, University of Ottawa*). Does Treatment Preference Influence Treatment Compliance and Satisfaction in Social Anxiety Disorder? Fall 2018.

Mawdha Albatnuni, Master's thesis, Counselling Psychology (*Awarded SSHRC Graduate Scholarship & Koszycki-Bradwejn Scholarship University of Ottawa*). Prayer and Wellbeing: Do Mindfulness, Optimism, Spirituality, and Social Support Mediate a Relationship between Prayer and Well-being in a Canadian-Muslim Population? Summer 2020.

Danielle Figueriedo, Master's thesis, Counselling Psychology (*Awarded Ontario Graduate Studies Scholarship & Koszycki-Bradwejn Scholarship, University of Ottawa*). The Influence of Life Events on the Stress Response in Healthy Children and Adolescents. Fall 2020.

Alaina Flegar, Master's thesis, Counselling Psychology (*Awarded Koszycki-Bradwejn Scholarship, University of Ottawa*). Enhancing self-compassion in athletes: A feasibility study of an online self-compassion program for athlete mindfulness, anxiety and performance. Winter 2021.

Midhula Kalpak, Master's thesis, Counselling Psychology (*Awarded SSHRC Graduate Scholarship*). How feasible and effective is a brief online Self-Compassion program for students in the healthcare professions? Fall 2021.

Kasi Sewraj, Major Research Paper, Counselling Psychology. Scoping review of online mindfulness interventions for post-secondary students.

*** Co-supervisor**

Supervisory committees (completed)

- 2024 Janice Charlotte Hammil, M.A. in Counselling Psychology, Faculty of Education, University of Ottawa
- 2023 Riley Desmarais, M.A. in Counselling Psychology, Faculty of Education, University of Ottawa
- 2023 Geoffery Stone, M.A. in Counselling Psychology, Faculty of Education, University of Ottawa
- 2023 Rachelle Lee-Kruger, PhD in Health Education, Faculty of Education, University of Ottawa.
- 2020 Ashley Gerada, M.A in Counselling Psychology, Faculty of Education, University of Ottawa
- 2019 Karina Czechowski,, MA in Counselling Psychology, Faculty of Education, University of Ottawa
- 2018 Mary Quamaniq-Mason, PhD in Education, Faculty of Education, University of Ottawa
- 2017 Julie Dick, MA in Counselling Psychology, Faculty of Education, University of Ottawa.
- 2017 Jennifer Smith, MA in Education, Faculty of Education, University of Ottawa.
- 2016 Mandela Peterson. PhD in Psychology, School of Psychology, Faculty of Social Sciences, University of Ottawa
- 2016 Christine Blain-Arcano. PhD in Educational Counselling, Faculty of Education, Faculty of Education, University of Ottawa
- 2015 Jacinthe Faucher. PhD in Psychology, School of Psychology, Faculty of Social Sciences, University of Ottawa
- 2014 Angelina Chupetovska-Anastasova. PhD in Psychology, School of Psychology, Faculty of Social Sciences, University of Ottawa
- 2012 Victoria Ho. MA in Educational Counselling, Faculty of Education, Counselling Program, University of Ottawa.
- 2011 Meredith Foot. PhD in Psychology, School of Psychology, Faculty of Social Sciences, University of Ottawa.
- 2003 Priyantha Wijeweera. MSc in Biology. Department of Biology, University of Ottawa.

External Doctoral Thesis Examiner

- 2021 A Myfanwy Ross Bakker. PhD Dissertation. "Exploring the mental health benefits of a brief app-based loving-kindness meditation practice: a randomized control trial." College of Graduate Studies (Psychology). University of British Columbia (Okanagan)

- 2018 Simona Kontrimienė, PhD Dissertation “Relationship between Humanistic Spirituality and Parenting Experiences.” Faculty of Education, Vilnius University, Vilnius, Lithuania
- 2018 Marta Kadziolka, PhD Dissertation. “Just Breathe: Mindfulness, self-regulation and cardiac reactivity.” Department of Psychology University of Windsor, Ontario, Canada.
- 2015 Joanne Blackett, PhD Dissertation. “Exploring the Effectiveness of Problem-Solving Therapy for Young People at Risk of Self Harm.” Department of Psychiatry, University of Auckland, Auckland, New Zealand.
- 2003 Lenka Sedkova, M.D. PhD Dissertation. “Mechanism of Flumazenil-Panic”. Faculty of Graduate Studies and Department of Psychiatry, Faculty of Medicine, University of Alberta, Alberta, Canada.

Comprehensive Exam Committee (Completed)

2015 Mary Shorten (PhD candidate). Faculty of Education, University of Ottawa.

Supervision of Other Trainees in a Research Rotation (Completed)

2014. Celine Movounza. PhD Candidate, Department of Psychology, Laval University (Quebec, Quebec, Canada) Main Projects: Systematic Review of Spiritual Interventions for anxiety disorders and efficacy of a mindfulness-based intervention for social anxiety disorder. *(6-month internship)*

Supervision of Psychiatry Residents (University of Ottawa) in a Research Rotation:

2003. Roxanna Antochi, MD (Present Position: Assistant Professor of Psychiatry, uOttawa).

2000. Brenda Yim, MD (Present Position: Assistant Professor of Psychiatry, University of British Columbia).

2000. James Swain*, MD (Present Position: Assistant Professor of Psychiatry, University of Michigan).

1999. John Copen*, MD (Present Position: Assistant Professor of Psychiatry, University of British Columbia).

***Co-supervisor**

Supervision Undergraduate Students

2018-2019. Maryse Gad. Undergraduate student, Health Sciences. Project: Examining the subjective experiences of individuals practicing various mindfulness meditations. *(Recipient Undergraduate Research Opportunity Program Award).*

2011-2014. Marlon Danilewitz. Medical Student, Faculty of Medicine, University of Ottawa. Mindfulness meditation for medical student wellness *(Recipient Undergraduate Research Opportunity Program (UROP) award and winner of the UROP poster competition).*

2010-2011. Sandra Sailiky. Teacher Certificate Candidate, Faculty of Education, University of Ottawa. Project. Children at risk for panic disorder *(Recipient of Undergraduate Research Opportunity Program Award).*

2009-2010. Kirstin Davies. Honours Thesis. University of Ottawa (Psychology), *Relationship between Mindfulness and Happiness.*

2008-2009 Amanda Helleman. Honours Thesis, Carleton University (Psychology), *Relationship between personality, perceived bullying, and facial recognition in children at risk for anxiety.*

2008-2009. Jan-Michael Charles. Honours Thesis, Carleton University (Psychology), *Clinical predictors of response to psycho-social interventions in patients with social anxiety.*

2006-2007 Jillian Malecki, Honours Thesis, Carleton University (Psychology), *Gender differences in anxiety sensitivity in children at high and low genetic risk for panic disorder.*

2005-2006. Greg Dubois, Honours Thesis, Carleton University (Psychology), *Psychological and physiological response to a laboratory social stressor in patients with generalized social anxiety disorder versus healthy controls.*

2002-2003. Meredith Foot, Honours Thesis, Carleton University (Psychology), *Gender Differences in Anxiety-Related Trait in Patients with Panic Disorder.*

Psychotherapy Supervision

Counselling Psychology Interns, Community Counselling Service, Faculty of Education, uOttawa.

2016-2017 Emily Klyzynski (MEd candidate), Caitlin Proctor-Cuggy (MEd candidate), Dana Takkale (MEd candidate)

2015-2016 Sawsane El Amiri (MA candidate), Amelia Dowell (MA candidate), Lorena Ruci (MA candidate)

Doctoral Candidates Interns

2023-2024 Francis Morrisette-Harvey (UQUAM),

2011-2012 Noah Spector, Christine Arcano-Blain, Jacqueline Synard, Amanda Krygsman (University of Ottawa)

Psychiatry Residents and Clinical Fellows

2009 Ahmed Alsaleh, MD, FRCPC. Department of Psychiatry, University of Ottawa. *Primary supervisor, Psychotherapy Fellowship,*

2009 Rob Comey MD (Psychiatry Resident, University of Ottawa). *Primary supervisor, Psychotherapy rotation.*

2008 **(3 residents)** Janice Magar MD; Carmen Meakin MD; Ameneh Mirzaei MD (Psychiatry Residents, University of Ottawa). *Interpersonal Psychotherapy*

2007 **(6 residents)** Darren Courtney MD; Sarema Messina MD; Lyndal Petit MD; Rob Covey MD; Paul Sedge MD (Psychiatry residents University of Ottawa); Blair Ritchie MD (Psychiatry Resident, Queen's University). *Interpersonal Psychotherapy.*

2006 **(6 residents)** Mary-Clare Royal MD; Gordon Thomas MD; Joel Watts MD; Ahmad Alsaleh MD, Ruth Taylor, MD (Psychiatry Residents, University of Ottawa); Blair Ritchie MD (Psychiatry Resident, Queen's University). *Interpersonal Psychotherapy.*

2005 **(7 residents; 1 PhD clinical psychology student).** Chris Rae MD; Gary Kay MD; Kerry Galinowski MD; Sarah Halliday MD; Chris Eaton MD; Beata Wiatrowska MD; Fahad Aldosory MD (Psychiatry Residents, University of Ottawa); Manon Bertrand PhD Candidate (Clinical Psychology, Université du Québec à Hull). *Interpersonal Psychotherapy*

- 2004 **(5 residents)** Elizabeth Lock MD; Joie Zelinski MD; Brad Booth MD; Veronica McCarthy MD; Dennis Lawson MD (Psychiatry Residents, University of Ottawa). *Interpersonal Psychotherapy*.
- 2003 **(7 residents)** Kate Huntington MD; Vicki Roth MD; Kathy Fitch MD; Sandra Antochi MD; Roger Labonte MD; Susan MacNeil MD; David Hamilton MD (Psychiatry Residents, University of Ottawa). *Interpersonal Psychotherapy*.
- 2002 **(5 residents)** Si-Ann Woods MD; Evelyn Steward MD; Catherine Mann MD; Sue Johnson MD; David McBride MD (Psychiatry Residents, University of Ottawa). *Interpersonal Psychotherapy*.
- 2001 **(5 residents)** Michael Cheng MD. Helen Ward MD; John Moise MD; Peter Schubert MD; Tim Lau MD (Psychiatry Residents, University of Ottawa). *Interpersonal Psychotherapy*.

Psychotherapy Supervision: Research Psychotherapists

- 2022-2024 Audrée St. Onge (PhD candidate) Jose Angel Mendoza Herrera (PhD Candidate), Roula Dagfal (Psychologist), Audrey Livit (Psychologist): Exposure and Response Prevention for OCD study
- 2022-2023 Sarah Church, Supportive Psychotherapy
- 2018-2021 Hua Xu, MD Interpersonal Psychotherapy
- 2017-2022 Lorena Ruci, PhD, Supportive Psychotherapy
- 2016-2017 Julia DiMillo PhD, Interpersonal Psychotherapy, Cognitive Behaviour Therapy
- 2016-2022 Cynthia Bilodeau PhD, Interpersonal Psychotherapy, Supportive Psychotherapy
- 2016-2017 Randy Liebowitz, MSW, PhD Candidate (Psychotherapy, St. Paul University), Supportive Psychotherapy
- 2016-2017 Alain Hajjar, PhD Candidate in Clinical Psychology (UQO), group CBT.
- 2014-2017 Jessie Bosse, PhD Candidate in Clinical Psychology (UQO), Mindfulness meditation
- 2015-2017 Elly Nardorp, MSW, Mindfulness meditation
- 2004 Sylvie Bouchard, PhD (Institute de Cardiologie de Montréal), Interpersonal Psychotherapy
- Gordon Butler, PhD (Queen Elizabeth II Health Sciences Centre, Halifax, NS, Dalhousie University). Interpersonal Psychotherapy
- 2003 Kayhan Khatavi, MD, FRCPC (Queen Elizabeth II Health Sciences Centre, Halifax, NS, Dalhousie University), Interpersonal Psychotherapy
- June Yee, MSW (Calgary Health Region, Calgary, Alberta), Interpersonal Psychotherapy
- Maureen Mulligan, PhD (Calgary Health Region, Calgary, Alberta) Interpersonal Psychotherapy
- 2003 David Smith, PhD (University of Ottawa, Ontario), Interpersonal Psychotherapy
- Rachel Miousse, MA (Institute de Cardiologie, Montréal, Quebec). Interpersonal Psychotherapy

- 2002 BethMarie Milkaska, MA (Hotel Dieu Hospital, Kingston, Ontario),
Interpersonal Psychotherapy
- Rebecca Cohen, PhD (University of Ottawa Heart Institute, Ottawa, Ontario),
Interpersonal Psychotherapy
- Eleanor Rosenzweig, MSW (Hotel Dieu Hospital, Kingston, Ontario).
Interpersonal Psychotherapy
- 2000 Jocelyn Julian, MP (L'Hôpital Sacre Coeur, Montreal, Quebec), Interpersonal
Psychotherapy
- Elaine Kennedy, MP (Institute de Cardiologie, Montréal, Quebec). Interpersonal
Psychotherapy

Psychotherapy Supervision Mental Health Professional

- 2023-2024 David Gouron, MD, FRCPC, *Interpersonal Psychotherapy*
- 2023-2024 Sarah Church, MEd, *Interpersonal Psychotherapy*
- 2020-2022 Summer Sun, MA (China), *Interpersonal Psychotherapy*
- 2020 Huang Jinwan, PhD, Liu Fang, MD Liu Jie, MD, Wang Zhen, MD (China),
I Interpersonal Psychotherapy (group supervision)
- 2005 Donna Horner, M.S.W., Mood Disorders Program, Royal Ottawa Hospital.
Interpersonal Psychotherapy.
- 2004 Leah Robichaud, M.S.W., Geriatric Psychiatry Mood Disorders, Providence
Continuing Care Centre, Kingston, Ontario. *Interpersonal Psychotherapy.*
- 2001 Marie-Jose Brouillette, MD, FRCPC, Allan Memorial Institute, Montreal,
Quebec, McGill University, *Interpersonal Psychotherapy*
- Leslie Ainsworth MD, GP Psychotherapist in private practice, Ottawa, Ontario.
Interpersonal Psychotherapy.
- 2000 Jean Leblanc, MD, FRCPC, Programme Trouble Humeur, L'Hôpital Sacre Coeur,
Montréal, Quebec, Université de Montréal. *Interpersonal Psychotherapy.*
- 1999 Ursula Streit, Ph.D. Programme Trouble Humeur, L'Hôpital Sacre Coeur,
Montréal, Quebec Montréal, Quebec, Université de Montréal, *Interpersonal
Psychotherapy*
- Robert Swenson, MD, FRCPC, The Ottawa Hospital, Ottawa, Ontario, University
of Ottawa, *Interpersonal Psychotherapy*
- Francois Lespérance, MD, FRCPC, Institute de Cardiologie, Montréal, Université
de Montréal;
- Sylvain Lafontaine, MD, FRCPC, Institute de Cardiologie, Montréal, Quebec
Montreal, Quebec, Université de Montréal. *Interpersonal Psychotherapy.*
- 1997 Roslyn Law, MA, Clarke Institute of Psychiatry, Toronto, Ontario, *Interpersonal
Psychotherapy*
- Simon Patry, M.D., FRCPC, L'Hopital Robert Giffard, Québec, Québec, Laval
University. *Interpersonal Psychotherapy.*

Supervision for registration with Professional Colleges

- 2023-2024 Elena Dikaios (applying for psychotherapist status) Ordre des psychologue du
Quebec
- 2003-2004 Paul Basevits, Ph.D (Psychologist). College of Psychologists of Ontario.

2021-2023 Lorena Ruci, MA. PhD (Psychological Associate; Secondary supervisor). College of Psychologists of Ontario

2021-2022 Cynthia Bilodeau, PhD (Psychologist). Ordre des psychologues du Québec.

g. GRADUATE COURSES:

Graduate Courses Taught

EDU 6375: Psychopathology and Assessment, University of Ottawa

EDU 5271: Theories of Counselling and Psychotherapy, University of Ottawa

EDU 6473: Counselling Psychology Internship Seminar, University of Ottawa

EDU 6474: Counselling Psychology Internship Seminar, University of Ottawa

Clinical Internship supervisor: Community Counselling Center, University of Ottawa (September 2015-April 2017)

Undergraduate Courses Taught

PED 3117 Counselling Skills in the Classroom, University of Ottawa

PED 3144 Counselling Skills in the Classroom, University of Ottawa

Post-Graduate (Department of Psychiatry, Faculty of Medicine)

2002-2004 Lecturer, CBT Psychotherapy Module. Two-hour lectures on Cognitive Behaviour Therapy for Social Phobia. Psychiatry Residents (PGY 2-3), Department of Psychiatry, University of Ottawa.

2000-2009 Head, IPT Psychotherapy Module. Series of eight weekly 2 ½ hour lectures plus 12-16 weeks of one-to-one supervision on Interpersonal Psychotherapy. Psychiatry Residents (PGY 3-5), Faculty of Medicine, University of Ottawa

EXTERNAL RESEARCH FUNDING

<u>Year</u>	<u>Source</u>	<u>Type*</u>	<u>Amount</u>	<u>Purpose*</u>
2022-2023	CIHR. Evidence-based interventions to address social anxiety during COVID-19 Co-applicant.	C	\$675,516	Research
2021-2024	CIHR. Transdiagnostic internet cognitive-behavior therapy for mixed anxiety and depressive symptoms in postnatal women: A randomized controlled trial. Co-applicant.	C	\$ 478,126	Research
2020-2026	CIHR. "Bringing relief to caregivers: The effect of mindfulness training on psychosocial, biological and cognitive function in middle-aged and older adult informal caregivers of persons with dementia" Co-Applicant	C	\$749,700	Research
2018-2020	SSHRC. Informing pedagogical practices	C	\$71,492	Research

	for training graduate student psychotherapy: A look at the role of a positive psychology framework in the supervision context. Co-Applicant			
2015-2020	CIHR. Efficacy of interpersonal psychotherapy for depressed Parkinson's patients. Principal applicant	C	\$360, 454	Research
2015-2017	OMHF. Comparative trial of a mindfulness-based intervention versus cognitive behaviour therapy for social anxiety disorder Principal applicant	F	\$149,272	Research
2014-2019	Movember. Mind and Heart: Best Practices for Prevention, Early Identification, and treatment for Anxiety Disorders in Men with Heart Disease Co-Applicant	F	\$3,000,000	Research
2014-2014	Canadian Medical Foundation: Development and usability of an online mindfulness-base program for medical student wellness Principal applicant	F	\$46,563	Research
2014-2016	OMHF: Change in adults attachment representations following group psychotherapy for those with binge eating disorders. Co-applicant	F	\$87, 272	Research
2012-2014	OMHF. Stepped care for binge eating disorder: Predicting response to minimal intervention in a randomized controlled trial. Co-applicant	F	\$148,364	Research
2012-2013	CIHR. Scanning the way Developing a shared vision of practice-based psychotherapy in Canada. Co-applicant	C	\$24,410	Meeting
2011-2015	CIHR: Evaluation of a new cognitive therapy (inference-based therapy) for the treatment of obsessive-compulsive disorder Co-applicant	C	\$1,083,360	Research
2008-2013	CIHR: Children at risk for panic disorder Principal applicant	C	\$622,015,	Research
2008-2010	C/E CHEO: Anxiety disorders in adolescents: Biological and	F	\$150,000	Research

psychological changes with
cognitive behaviour therapy
Co-applicant

2006-2009	SSHRC: Electronic communication in the emergence of and facilitation of friendship by socially withdrawn anxious, early adolescents Co-applicant	C	\$121,689	Research
2006-2008	OMHF: Randomized controlled trial of interpersonal psychotherapy in depressed infertile women Principal applicant	F	\$147,648	Research
2004-2007	CIHR: Children at risk for panic disorder Principal applicant	C	\$214,509	Research
2003	Hamilton Health Sciences: Sertraline for Social Phobia with comorbidity Co-principal investigator (Ottawa site)	O	\$37,000	Research
2002-2006	CIHR: Multi-site randomized placebo-controlled trial of interpersonal psychotherapy vs citalopram in depressed cardiac patients Co-applicant	C	\$1,342,995	Research
2003-2005	CIHR: CCK-B receptor polymorphism and CCK-4 sensitivity in healthy volunteers Principal applicant	C	\$141,000	Research
2000-2003	CIHR: Genetic factors in panic disorder Co-applicant	C	\$368,919	Research
2000-2001	MRC: Canadian alliance for treating depression in acute coronary syndrome: Development of the CAT-DAC working group. Co-applicant	C	\$25,000	Research
1999-2002	MRC/PMAC: Effect of sertraline and self-administered CBT, alone	C	\$663,252	Research

	or in combination, in panic disorder Co-applicant			
1999-2002	Pfizer (MRC/PMAC): Effect of sertraline and self-administered CBT, alone or in combination, in panic disorder Co-applicant	O	\$2,728,827	Research
2000	CFI: Center for the behavioural, molecular and clinical study of neuronal dysfunction Co-applicant	C	\$665,576	Research
1997	Janssen-Ortho: RWJ-51204 in Health Volunteers Receiving CCK-4 Co-investigator	O	\$245,422	Research

*Type: C-Granting councils; G-Government; F-Foundations; O-Other

** Purpose: research, travel, publication, etc.

INTERNAL RESEARCH FUNDING

<u>Year</u>	<u>Source</u>	<u>Type*</u>	<u>Amount</u>	<u>Purpose**</u>
2020-2022	Institut du Savoir Montfort Development and evaluation of a brief online self-compassion intervention for psychiatric inpatients: A mixed methods pilot study Principal Applicant	O	\$25,000	Research
2020-2022	Institut du Savoir Montfort ICU nurse stress management Program Co-applicant	O	\$25,000	Research
2019-2021	Institut du Savoir Montfort. Feasibility and Efficacy of a Hospital-based Antenatal Yoga Program for Anxious and Depressed women Principal Applicant	O	\$25,000	Research
2015	University of Ottawa Brain and Mind Institute. Pilot study of Interpersonal Psychotherapy for depressed patients with Parkinson's disease. Principal applicant.	O	\$15,000	Research
2015	Department of Medicine, University of Ottawa. The	O	\$16,000	Research

	Effects of a mindfulness curriculum In undergraduate medical education On wellness-related outcomes. Co-applicant.			
2014	Department of Medicine, University of Ottawa The effects of a mindfulness curriculum in undergraduate medical education on wellness- related outcomes Co-applicant	O	\$17,000	Research
2013	Program for Innovation in Medicine A prospective cohort study on a three-hour mindful practice for third year medical students Co-applicant	O	\$7,000	Research
2012	Institut de recherche de L'Hôpital Montfort An Enhanced Mindfulness Meditation Program for Social Phobia Principal Applicant.	F	\$14,959	Research
2010-2012	University of Ottawa Educational Research Unit on School Mental Health Co-Principal Applicant	O	\$20,000	Research
2010	Consortium National de formation en santé. L'appréciation de la sante des jeunes francocanadiens: pour assure une education a la sante efficace et un avenir sain pour tous Co-applicant	G	\$16,000	Research
2010	University Medical Research Fund: Randomized controlled trial of a spiritually-integrated psychotherapy for generalized anxiety disorder: Principal applicant	O	\$34,700	Research
2008	University Medical Research Fund: Effects of cannabinoid nabilone on CCK-4-induced panic attacks in healthy volunteers Co-applicant	O	\$34,900	Research
2008		O	\$34,916	Research

	University Medical Research Fund: Anxiety disorders in adolescents: A pilot study of biological and psychological changes associated with cognitive behaviour therapy Co-applicant			
2005	University Medical Research Fund: Randomized controlled trial on the efficacy of IPT in the treatment of depressed infertile women Principal applicant	O	\$34,069	Research
2005	University Medical Research Fund: Biological markers in children and adolescents with anxiety disorders Co-applicant	O	\$35,152	Research
2004	University Medical Research Fund: Children at risk for panic disorder Principal applicant	O	\$33,793	Research
2004	University Medical Research Fund: Randomized controlled trial of cognitive behaviour therapy versus mindfulness meditation in generalized social anxiety disorder Co-applicant	O	\$34,863	Research
2004	University Medical Research Fund: Clinical and biogenetic characteristics of treatment resistant panic disorder Co-applicant	O	\$29,999	Research
1996	Clarke Institute of Psychiatry: Selective attention in panic disorder. Principal applicant	O	\$2,352	Research
1996	Queen Elizabeth Hospital: Effect of aging on response To CCK-4 Co-applicant	F	\$103,558	Research
1994	St. Mary's Hospital. Effect of CCK-4 in Parkinson's disease Co-applicant	F	\$7,500	Research

*Type: C-Granting councils; G-Government; F-Foundations; O-Other

** Purpose: research, travel, publication, etc.

PUBLICATIONS

Note: Graduate students, medical students and residents and postdoctoral trainee authors are underlined

Chapters in books:

1. Bradwejn J. & **Koszycki, D.** CCK and panic disorder. In, Cholecystokinin Series: Molecular Mediators in Health and Disease, Feinle-Bisset & JF Rehfeld (eds), Elsevier Publisher (**in press**)
2. Latreille, M.-E., Dionne, E., & **Koszycki, D.** (2013). La simulation comme technique d'enseignement et d'évaluation en science infirmière : un état de la question. Québec : Les Presses de l'Université du Québec. Pp. 79-92.
3. **Koszycki D.** La terapia interpersonale per il trattamento della depressione (2006). In Molinari E, Compare A, Paratii. Italian Handbook of Clinical Psychology and Heart Disease, Spring-Verlag, Milan. pp. 291-316 .
4. **Koszycki D** (2006). Interpersonal psychotherapy for depression in patients with coronary heart disease. In, Molinari E, Compare A, Parati G(Eds). Clinical Psychology and Heart Disease. Springer Publisher. pp. 369-390.
5. Swain J, **Koszycki D**, Shlik J, Bradwejn J (2003). Pharmacological challenges in anxiety. In, Anxiety Disorders, D Nutt and J Ballenger (eds), Blackwell Science, Oxford England, pp. 269-295.
6. Bradwejn J, **Koszycki D.** Panic Disorder (2002). In, RE Raker and ET Bope (Eds): Conn's Current Therapy, W.B. Saunders Company, pp. 1144-1146.
7. Bradwejn J, **Koszycki D.** Abnormal CCK function: A pathophysiological model for panic disorder and gastrointestinal disorders? (2000). Evolving pathophysiological models of functional GI disorders: implications for new drug development. Health Education Alliance, Inc., New York, NY, pp. 89-91.
8. Bradwejn J, **Koszycki D**, Vasar E, Palmour R, Vaccarino F. CCK Antagonists in panic and anxiety disorders. (2000). In U Halbreich and S Montgomery (Eds): Pharmacotherapy for Mood, Anxiety and Cognitive Disorders. American Psychiatric Press, Inc., Washington DC, pp. 411-437.
9. Harro J, Vasar E, **Koszycki D**, Bradwejn J (1995). Cholecystokinin in panic and anxiety disorders. In, J. Pankseep (ed), Advances in Biological Psychiatry, JAI Press Inc., Connecticut, pp. 235-262.

10. **Koszycki D** (1995). Psychological factors and response to cholecystokinin. In, Bradwejn J & Vasar E (Eds.), Cholecystokinin and anxiety: From neuron to behavior. R.G. Landes Company, pp. 87-96.
11. Bradwejn J, **Koszycki D** (1995). Cholecystokinin and panic disorder. In Asnis G & van Pragg H (Eds), Panic disorder: Clinical, biological, and treatment aspects. Wiley Press. Pp. 233-254.
12. Bradwejn J, **Koszycki D** (1994). The cholecystokinin hypothesis of panic disorder. *Annals of the New York Academy of Sciences*, 713, pp. 273-282.
13. Bourin M, **Koszycki D**, Bradwejn J (1993). Psychopharmacological models of normal aging. In Macher JP & Crocq MA (Eds), *New Prospects on Psychiatry: The Bio-Clinical Interface. Developments in Psychiatry*, pp. 161-170.
14. Bradwejn J, **Koszycki D**, Bourin M, Payeur R (1993). Cholecystokinin and panic disorders. In, Montgomery SA (Ed.), *The Psychopharmacology of Panic*. Oxford University Press, pp. 110-117.
15. Bradwejn J, **Koszycki D** (1992). CCK-4 and panic attacks in man. In, Dourish CT, Cooper SJ, Iversen SD & Iversen LL (Eds), *Multiple Cholecystokinin Receptors in the CNS*. Oxford University Press, pp. 121-131.
16. Bradwejn J, **Koszycki D**, Payeur R (1991). Cholecystokinin-tetrapeptide: A provocation agent for research in panic disorders? In Briley M & File S (Eds.) *New Concepts in Anxiety*, MacMillan Press, pp. 313-319.
17. Pecknold JC, Fleury D, **Koszycki D**, Chang H, Engelsman F, Olha A, Wilson, (1985). Panic disorder and depression: Biological markers correlation. In Burrows GD, Norman TR, Dennerstein L (Eds.), *Clinical and Pharmacological Studies in Psychiatric Disorders*. University of Melbourne Press, Melbourne.

Papers in Peer-Reviewed Journals

1. Vasiliadis, HM, Roberge, P, Spagnolo, JMV, Lamoureux-Lamarch, C, Chapdelaine A, Brodeur, M, Grenier, J, Mahoney, A, **Koszycki, D**, Chomienne, M-H, Drapeau, M, Labelle, R, Provencher, MD, Naslund, JA, Lesage, A. A digital iCBT intervention to address social anxiety disorder in Quebec and Ontario: Protocol for a multi-phase effectiveness-implementation study. *BMC Psychiatry (Accepted)*,
2. Xu, H, **Koszycki D**. Application of Interpersonal Psychotherapy for Late-Life Depression in China: A case report. *Frontiers in Psychiatry*, 14 2023.
3. Wang Y, Yao J, **Koszycki, D**, Jiang W. Fang F., Want M., Tao J., Zhao W., Liu Y, Su S., Peng Y. Wang H., Wang, L., Gao R., Gu J., Zhang J., Fai, Y., Wu Y., Su Y., Zhao Y., Zheng, Z., Chen S., Qui J. Efficacy of dynamic interpersonal therapy for major depressive Disorder in China: Results of a multicenter, three-arm, randomized controlled trial. Epub ahead of print, *Psychological Medicine*, 1-13, 2023.

4. Fonseca, M. M., Alhassan, T., Nisha, Y., **Koszycki, D.**, Schwarz, B. A., Segal, R., ... & Seely, J. M. Randomized trial of surveillance with abbreviated MRI in women with a personal history of breast cancer–impact on patient anxiety and cancer detection. *BMC Cancer*, 22(1), 1-14, 2022.
5. Aardema, F., Bouchard, S., **Koszycki, D.**, Lavoie, M. E., Audet, J. S., & O’Connor, K. Evaluation of Inference-Based Cognitive-Behavioral Therapy for Obsessive-Compulsive Disorder: A Multicenter Randomized Controlled Trial with Three Treatment Modalities. *Psychotherapy and Psychosomatics*, 1-12, 2022.
6. **Koszycki D**, Taljaard M, Kogan C, Bradwejn J, Grimes D. Interpersonal psychotherapy for depressed Parkinson’s patients: A feasibility study. *Journal of Geriatric Psychiatry and Neurology*. April, 2022. doi:[10.1177/08919887221090220](https://doi.org/10.1177/08919887221090220)
7. **Koszycki D**, Ilton J, Dowall, A, Bradwejn J. Does Treatment Preference Affect Outcome in a Randomized Trial of a Mindfulness Intervention versus Cognitive Behaviour Therapy for Social Anxiety Disorder? *Clinical Psychology & Psychotherapy*. 29(2), 652-663, 2022.
8. **Koszycki D**, Guerin E, DiMillo J, Bradwejn J. Comparative trial of cognitive behaviour group therapy and a mindfulness-based intervention for social anxiety disorder: Preliminary findings. *Clinical Psychology & Psychotherapy*, 28(1), 200-218, 2021.
9. Albatnuni M, **Koszycki D (senior corresponding author)**. Prayer and well-being in Muslim Canadians: Exploring the mediating role of spirituality, mindfulness, optimism, and social support. *Mental Health, Religion, and Culture*, 23(10), 912-927, 2020.
10. Xu H, **Koszycki, D (senior corresponding author)**. Interpersonal psychotherapy for late life depression and its application in China. *Neuropsychiatric Disease and Treatment*, 16, 1919-1928, 2020.
11. Lanlan Wang; Qian Wang; Wenhui Jiang; Jun Tong; Xiaosi Li; Fang Fang; Hongyan Wang; Wenqing Zhao; **Diana Koszycki (senior corresponding author)**; Jianyin Qiu (senior corresponding author). Efficacy of brief dynamic interpersonal therapy in patients with major depressive disorder: a prospective, multicenter randomized controlled trial protocol. *Trials*, 21, 673, 2020.
12. Sanchez M, MacLean H, Archibald D, **Koszycki D**, Gonsalves C. Mindfulness in medical education students. *International Journal of Whole Person Care*. 7, 3-11, 2020.
13. Huang V, DiMillo, J, **Koszycki, D. [Senior corresponding author]**. Psychometric properties of the Parental Bonding Instrument in a sample of Canadian children. *Child Psychiatry & Human Development*, 51, 754-768, 2020.
14. MacLean H, Braschi E, Archibald D, Sanchez-Campos M, Jebanesan D, **Koszycki D**, Gonsalves C. A pilot study of a longitudinal mindfulness curriculum in undergraduate medical education. *Canadian Medical Education Teacher*. 11(4), e5-e18, 2020.
15. Makadi E, **Koszycki D. [Senior corresponding author]**. Exploring relationships between mindfulness, self-compassion, and social anxiety. *Mindfulness*. 11, 480-492, 2020.

16. **Koszycki, D.**, Taljaard M, Bielajew C, Gow, RM, Bradwejn, J. Stress reactivity in healthy child offspring of parents with anxiety disorders. *Psychiatry Research*. 272, 756-764, 2019.
17. Tasca, G.A., **Koszycki, D.**, Brugnera, A., Chyurlia, L., Hammond, N., Francis, K., Ritchie, K., Ivanova, I., Proulx, G., Wilson, B., Beaulac, J., Bissada, H., Beasley, E., McQuaid, N., Grenon, R., Fortin-Langelier, B., Compare, A., & Balfour, L. Testing a stepped care model for binge-eating disorder: A two-step randomized controlled trial. *Psychological Medicine*. 49, 598-606. 2019.
18. Fiocco, AJ , Mallya, S, Farzaneh M, **Koszycki D**. Exploring the benefit of mindfulness training in healthy community-dwelling older adults using a mixed methods approach. *Mindfulness*. 10, 737-748, 2019.
19. Danilewitz, M, **Koszycki D** [*Senior corresponding author*], Maclean, H, Sanchez, M, Gonsalves C, Archibald, D, Bradwejn, J. Development and feasibility of an online mindfulness meditation program for medical students. *Canadian Medical Education Journal*. 9: e15-25, 2018.
20. El Amiri S, **Koszycki D** [*Senior corresponding author*], Taljaard M, Segal Z, Bradwejn J. Impact of etiological models of illness on baseline clinical characteristics and response to treatment in patients with panic disorder. *Psychiatry Research*. 264: 264-155, 2018. [
21. **Koszycki, D.**, Thake J., Mavounza, C., Daoust, J., Taljaard, M., Bradwejn, J. Preliminary investigation of a mindfulness-based intervention for social anxiety disorder that integrates self-compassion and mindful exposure. *Journal of Alternative and Complementary Medicine*. 22:363-374, 2016.
22. Danilewitz, M, Bradwejn, J. **Koszycki D** [*Senior corresponding author*]. The feasibility of a peer-led mindfulness intervention for medical students. *Canadian Medical Education Journal*. 7:e31-e37, 2016.
23. Faucher J, **Koszycki D** [*Senior corresponding author*], Bradwejn J, Merali Z, Bielajew C. Effects of CBT versus MBSR treatment on social stress reaction in social anxiety disorder. *Mindfulness*. 7:514-526, 2016.
24. Howe, AS, Buttenschon, HN, Bani-Taemi, A., Maron, E., Otowa, T., Erhardt, A., Binder, EB., Gregersen, NO., Mors, O., Woldbye, DP, Domschke, K., Reif, A., Shlik, J., Koks, S., Kawamura, Y., Miyashita, A., Kuwano, R., Tokunaga, K., Tanii, H., Smoller, JW., Sasaki, T., **Koszycki, D.**, De Luca, V. Candidate genes in panic disorder: meta-analyses of 23 common variants in major anxiogenic pathways. *Molecular Psychiatry*. 21:665-679, 2016.
25. Bilodeau, C., Bradwejn, J., **Koszycki, D** [*Senior corresponding author*]. Impaired facial affect recognition in unaffected children at familial risk for anxiety. *Child Psychiatry and Human Development*. 46: 715-724, 2015.
26. Ivanova, IV, Tasca, GA., Hammond, NMA, Balfour, L, Ritchie, K, **Koszycki, D**, Bissada, H. Negative affect mediates the relationship between interpersonal problems and binge-

eating disorder symptoms and psychopathology in a clinical sample: a test of the interpersonal model. *European Eating Disorders Review*. 23: 133-138, 2015.

27. Tasca, G.A., Sylvestre, J., Balfour, L., Chyurlia, L., Evans, J., Fortin-Langelier, B., Francis, K., Gandhi, J., Huehn, L., Hunsley, J., Joyce, A.S., Kinley, J., **Koszycki, D.**, Leszcz, M., Lybanon-Daigle, V., Mercer, D., Ogrodniczuk, J.S., Presniak, M., Ravitz, P., Ritchie, K., Talbot, T., Wilson, B. What clinicians want: Findings from a psychotherapy practice research network survey. *Psychotherapy*. 52:1-11, 2015.
28. **Koszycki, D.**, Bilodeau, C., Raab, K., Bradwejn, J. A multifaith spiritually-based intervention versus supportive therapy for generalized anxiety disorder: A pilot randomized trial. *Journal of Clinical Psychology*. 70:489-509, 2014.
29. Laghi, F., Schneider, B.H., Vitoroulis, I., Coplan, R.J., Baiocco, R., Amichai-Hamburger, Y., Hudek, N., **Koszycki, D.**, Miller, S. Knowing When Not to Use the Internet: Shyness and Adolescents' On-Line and Off-Line Interactions with Friends. *Computers in Human Behavior*. 29: 51-57, 2013.
30. **Koszycki D**, Bilodeau C, Zwanzger P, Schneider B, Flament M, Bradwejn J. Parental bonds in children at high and low familial risk for panic disorder. *Child Psychiatry & Human Development*. 44: 278-289, 2013.
31. **Koszycki D**, Bisserbe J-C, Blier P, Bradwejn J, Markowitz J. Interpersonal psychotherapy versus brief supportive therapy for depressed infertile women: First pilot randomized controlled trial. *Archives of Women's Mental Health*. 15:193-201, 2012.
32. **Koszycki D**, Prichard Z, Fiocco A, Shlik J, Kennedy J, Bradwejn J. CCK-B receptor gene and response to cholecystikinin-tetrapeptide in healthy volunteers. *Peptides*. 35:9-13, 2012.
33. Zwanzger P, Bradwejn J, Diemer J, Marshall RW, **Koszycki D** [*Senior author*]. Differences in saccadic eye movements in subjects at high and low risk for panic disorder. *Current Pharmaceutical Design*. 18:5685-5690. 2012.
34. Baiocco R, F Laghi, BH Schneider, MD Alessio, YAmichai-Hamburger, RJ. Coplan, **D Koszycki**, M Flament. Daily Patterns of Communication and Contact Between Italian Early Adolescents and their Friends" *Cyberpsychology, Behavior, and Social Networking*. 14:467-471, 2011.
35. **Koszycki D**, Taljaard M, Segal Z, Bradwejn J. A randomized trial of sertraline, self-administered cognitive behaviour therapy, and their combination in panic disorder. *Psychological Medicine*. 41:373-383, 2011.
36. Habra ME, Baker B, Frasure-Smith N, Swenson JR, **Koszycki D**, Bultler G, van Zyl LT, Lesperance F. First episode of major depressive disorder and vascular factors in coronary artery disease patients: Baseline characteristics and response to antidepressant treatment in the CREATE trial. *Journal of Psychosomatic Research*. 69:133-141, 2010.

37. **Koszycki D**, Raab K, Aldosary F, Bradwejn J. Efficacy of a spiritually-based intervention for generalized anxiety disorder: A pilot randomized trial. *Journal of Clinical Psychology*. 66: 430-441, 2010.
38. Xie R, He G, **Koszycki D**, Walker M, Wen SW. Prenatal social support, postnatal social support, and postpartum depression. *American Journal of Epidemiology*. 19:637-643, 2009.
39. Xie R, He G, **Koszycki D**, Walker M, Wen SW. Fetal gender, social support, and postpartum depression. *Canadian Journal of Psychiatry*. 54: 750-756, 2009.
40. **Koszycki D**, Bengner M, Shlik J, Bradwejn J. Randomized trial of cognitive behaviour therapy and mindfulness-based stress reduction in generalized social anxiety disorder. *Behaviour Research and Therapy*. 45:2518-2526, 2007.
41. Lespérance, F, Frasure-Smith N, **Koszycki D**, Laliberté M-A, van Zyl L, Baker B, Swenson JR, Ghatavi K, Abramson BL, Dorian P, Guertin M-C. Effects of citalopram and interpersonal psychotherapy in coronary artery disease patients. The Canadian Cardiac Randomized Evaluation of Antidepressant and Psychotherapy Efficacy Trial (CREATE). *Journal of the American Medical Association*. 297:367-412, 2007.
42. Wijeweera P, Arnason JT, **Koszycki D**, Merali Z. Evaluation of anxiolytic properties of Gotukola- (*Centella asiatica*) extracts and asiaticoside in rat behavioral models. *Phytomedicine*. 13:668-76, 2006.
43. Rothe C, **Koszycki D**, Bradwejn J, King N, Deluca V, Tharmalingam S, Macciardi F, Deckert J, Kennedy J. Association of the Val 158 Met Catechol O-methyltransferase genetic polymorphism with panic disorder. *Neuropsychopharmacology*. 31: 2237-2242, 2006.
44. Tharmalingam S, King N, De Luca V, Rothe C, **Koszycki D**, Bradwejn J, Macciardi F, Kennedy JL. Investigation of the Corticotropin-Releasing Hormone Receptor 2 Gene in Panic Disorder. *Psychiatric Genetics* 2006 16:93-97, 2006.
45. Frasure-Smith N, **Koszycki D**, Swenson JR, Baker B, van Zyl LT, Laliberté M-A, Abramson BL, Lamber J, Gravel G, Lespérance F (2006). CREATE (Canadian cardiac Randomized Evaluation of Antidepressant and psychotherapy Efficacy): Design and rationale for a randomized, controlled trial of interpersonal psychotherapy and citalopram for depression in coronary artery disease. *Psychosomatic Medicine*, 68:87-93, 2006.
46. **Koszycki D**, Torres S, Swain J, Bradwejn J. Central cholecystokinin activity in irritable bowel syndrome, panic disorder and normal controls. *Psychosomatic Medicine*, 67: 590-594, 2005.
47. Foot M, **Koszycki D** [*Senior corresponding author*]. Gender differences in anxiety-related traits in patients with panic disorder. *Anxiety and Depression*, 20:123-130, 2004.
48. Kaztman M, **Koszycki D**, Bradwejn J. Effects of CCK-tetrapeptide in patients with social phobia and obsessive compulsive disorder. *Anxiety and Depression*, 20:51-58, 2004.

49. **Koszycki D**, Lafontaine S, Frasura-Smith N, Swenson R, Lespérance F. Open trial of interpersonal psychotherapy, with or without medication, in depressed patients with coronary disease. Psychosomatics. 45:319-324, 2004.
50. Rothe C, **Koszycki D**, Bradwejn J, King N, De Luca V, Shaikh S, Franke P, Garristen H, Fritze J, Kennedy JL. Association study of serotonin-2A receptor gene polymorphism and panic disorder in patients from Canada and Germany. Neuroscience Letter, 363:276-279, 2004.
51. **Koszycki D**, Copen J, Bradwejn J. Sensitivity to CCK-4 in major depression. Journal of Affective Disorders, 80: 285-290, 2004.
52. Flint A, Bradwejn J, Vaccarino F, Gutkowska J, Palmour R, **Koszycki D**. Aging and panicogenic response to cholecystokinin tetrapeptide: an examination of the cholecystokinin system. Neuropsychopharmacology. 27:663-671, 2002.
53. Bradwejn J, **Koszycki D**. Cholecystokinin and panic disorder: Past and future clinical research strategies. Scandinavian Journal of Clinical Laboratory Investigation, 61 (Suppl 234):19-27, 2001.
54. Le Melleo J-M, Bradwejn J, **Koszycki D**, Bellavance F, Bichet DG. Arginine vasopressin and oxytocin response to CCK-4. Peptides 22, 1349-1357, 2001.
55. Le Mellédo J-M, Arthur H, Dalton J, Woo C, Lipton N, Bellavance F, **Koszycki D**, Boulenger J-P, Bradwejn J. The influence of type A behaviour pattern on the response to the panicogenic agent CCK-4. Journal Psychosomatic Research 51:513-520, 2001.
56. **Koszycki D**, Bradwejn J. Anxiety sensitivity does not predict fearful responding to 35% carbon dioxide in patients with panic disorder. Psychiatry Research, 101:137-143, 2001.
57. Bradwejn J, Zhou YP, **Koszycki D**, Shlik J. A double-blind, placebo-controlled study on the effects of gotu-kola (*Centella asiatica*) on mood and acoustic startle response in health subjects. Journal of Clinical Psychopharmacology, 20:680-684, 2000.
58. Flint AJ, **Koszycki D**, Bradwejn J, Vaccarino FJ. Neurohormonal response to cholecystokinin-tetrapeptide: a comparison of younger and older healthy subjects (2000). Psychoneuroendocrinology, 25:633-647.
59. Shlik J, Zhou Y, **Koszycki D**, Vaccarino F, Bradwejn J. Effects of CCK-4 infusion on the acoustic startle response in healthy volunteers. Journal of Psychopharmacology. 13, 385-390, 1999.
60. Kennedy JL, Bradwejn J, **Koszycki D**, King N, Crowe R, Vincent J, Fourie O. Investigation of CCK system genes in panic disorder. Molecular Psychiatry, 4, 206-209, 1999.
61. Le Melleo JM, Merani S, **Koszycki D**, Bellavance F, Palmour RM, Steinberg S, Bichet DG, Gutkowska J, Bradwejn J. Sensitivity to CCK-4 in women with and without premenstrual dysphoric disorder (PMDD) during their follicular and luteal phases. Neuropsychopharmacology. 20, 81-91, 1999.

62. Le Melleo, J-M, Bradwejn, J, **Koszycki D**, Bichet D, Bellavance F. The role of the β -noradrenergic system in CCK-4-induced panic symptoms. Biological Psychiatry. 44, 364-366, 1998.
63. **Koszycki D**, Zacharko RM, Le Melleo JM, Bradwejn J. Behavioural, cardiovascular and neuroendocrine profiles following CCK-4 challenge in healthy volunteers: A comparison of panickers and non-panickers. Depression and Anxiety, 8, 1-7, 1998.
64. Shlik J, **Koszycki D**, Bradwejn J. Decrease in short-term memory function induced by CCK-4 in healthy volunteers. Peptides, 19, 969-975. 1998.
65. Gaston L, Brunet A, **Koszycki D**, Bradwejn J. MMPI scales for diagnosing acute and chronic PTSD in civilians. Journal of Traumatic Stress, 11, 355-365, 1998.
66. Flint A, **Koszycki D**, Vaccarino F, A. Cadieux, Boulenger P, Bradwejn J. The effect of aging on cholecystokinin-induced panic. American Journal of Psychiatry ,155 , 283-285, 1998.
67. Bradwejn J, LeGrand J-M, **Koszycki, D**, Bates J.H.T., Bourin M. The effects of cholecystokinin-tetrapeptide on respiratory function in healthy volunteers. American Journal of Psychiatry, 155, 280-282, 1998.
68. Gaston, L, Brunet A, **Koszycki D**, Bradwejn J. MMPI profiles of acute and chronic PTSD in a civilian population. Journal of Traumatic Stress, 9, 817-832, 1996.
69. **Koszycki D**, Zacharko R, Le Melleo J-M, Young S, Bradwejn J. Effect of acute tryptophan depletion on behavioral, cardiovascular and hormonal sensitivity to cholecystokinin-tetrapeptide challenge in healthy volunteers. Biological Psychiatry, 40, 648-655, 1996.
70. **Koszycki D**, Zacharko R, Bradwejn J. Personality correlates of behavioral response to CCK-4 in patients with panic disorder. Psychiatry Research, 62, 131-138, 1996.
71. Zacharko R, **Koszycki D**, Mendella P, Bradwejn J. Behavioral, neurochemical, anatomical, and electrophysiological correlates of panic disorder. Multiple transmitter interactions and neuropeptide colocalization. Progress in Neurobiology. 47, 371-423, 1995.
72. Le Melleo J-M, Bradwejn J, **Koszycki D**, Bichet, D. Premenstrual dysphoric disorder and response to cholecystokinin-tetrapeptide (letter). Archives of General Psychiatry. 52, 605-606, 1995.
73. **Koszycki D**, Bradwejn J, Cox B. Anxiety Sensitivity and cholecystokinin-tetrapeptide challenge: Reply to McNally (letter). American Journal of Psychiatry, 152, 300-301, 1995.
74. Bradwejn J, **Koszycki D**, Paradis M, Reece P, Hinton J, Sedman A. Effect of CI-988 on cholecystokinin-tetrapeptide induced panic symptoms in healthy volunteers. Biological Psychiatry, 38, 742-746, 1995.

75. Bradwejn J, **Koszycki D**, Couteux du Tertre A, Van Meagan H, Den Boer J, Westenberg, H, Annable L. The panicogenic effects of cholecystokinin-tetrapeptide are antagonized by L-365, 260, a central cholecystokinin receptor antagonist, in patients with panic disorder. Archives of General Psychiatry. 51, 486-493, 1994.
76. Bradwejn J, **Koszycki D**, Couteux du Tertre A, Paradis M, Bourin M. The effects of flumazenil on cholecystokinin-tetrapeptide-induced panic symptoms in healthy volunteers. Psychopharmacology, 114, 257-261, 1994.
77. Bradwejn J, **Koszycki D**. Imipramine antagonism of the panicogenic effects of cholecystokinin-tetrapeptide in panic disorder patients. American Journal of Psychiatry, 151, 261-263, 1994.
78. **Koszycki D**, Cox B, Bradwejn J. Anxiety sensitivity and response to CCK-4 in healthy volunteers. American Journal of Psychiatry, 150, 1181-1883, 1993.
79. Bradwejn J, **Koszycki D**, Couetoux du Tertre A, Bourin M, Palmour R, Ervin F. The cholecystokinin hypothesis of anxiety and panic: A review. Journal of Psychopharmacology, 6, 345-351, 1992.
80. Bradwejn J, **Koszycki D**, Annable L, Couetoux du Tertre A, Reines S, Karkanias, C. A dose-ranging study of the behavioral and cardiovascular effects of CCK-4 in patients with panic disorder. Biological Psychiatry, 32, 903-912, 1992.
81. Bradwejn J, **Koszycki D**, Payeur R, Bourin M, Borthwick H. Replication of action of cholecystokinin tetrapeptide in panic disorder: Clinical and behavioural findings. American Journal of Psychiatry, 149, 962-964, 1992.
82. Bradwejn J, **Koszycki D**, Payeur R. CCK-4 and irritable bowel syndrome. American Journal of Psychiatry, 148, 277-278, 1991.
83. Bourin M, Bradwejn J, **Koszycki D**. La cholecystokinine est-elle support biologiques des attaques de paniques? L'Encephale, 17, 475-479, 1991.
84. Bourin M, Bradwejn J, **Koszycki D**. Cholecystokinin and panic disorders. European Neuropsychopharmacology, 1, 389-391, 1991.
85. Bradwejn J, **Koszycki D**, Bourin M. Dose ranging study of the effect of CCK-4 in healthy volunteers. Journal of Psychiatry and Neuroscience, 16, 91-95, 1991.
86. Bradwejn J, **Koszycki D**, Shriqui C. Enhanced sensitivity to cholecystokinin-tetrapeptide in panic disorder: Clinical and behavioral results. Archives of General Psychiatry, 48, 603-610, 1991,
87. **Koszycki D**, Bradwejn J, Bourin M. Comparison of the effects of cholecystokinin and carbon dioxide in healthy volunteers. European Neuropharmacology, 1, 137-141, 1991.

88. Bradwejn J, **Koszycki D**. Comparison of CO₂-induced panic attacks with cholecystokinin-induced panic attacks in panic disorder. Progress in Neuropsychopharmacology and Biological Psychiatry, 15, 237-239, 1991.
89. Bradwejn J, Shriqui C, **Koszycki D**, Meterissian G. Double-blind comparison of the effects of clonazepam and lorazepam in acute mania. Journal of Clinical Psychopharmacology, 10, 403-408, 1990.
90. Bradwejn J, **Koszycki D**, Meterissian G. Cholecystokinin tetrapeptide induces panic attacks in patients with panic disorder. Canadian Journal of Psychiatry, 35, 83-85, 1990.
91. Pecknold JC, Chang H, Fleury D, **Koszycki D**, Quiron R, Nair, NPV, Suranyi-Cadotte BE. Platelet imipramine binding in patients with panic disorder and major familial depression. Journal of Psychiatric Research, 21, 319-326, 1987.
92. Cole M, Dastoor D, **Koszycki D** (1983). The hierarchic dementia rating scale. Journal of Clinical and Experimental Gerontology, 5, 219-234, 1983.

Submitted

Koszycki D, Taljaard M, Lee C, Tasca G, Bradwejn J, Grimes, DA. Interpersonal Psychotherapy for Depressed Parkinson's Patients: A randomized controlled trial. Movement Disorders (Revisions requested)

Editorials and Book Reviews

1. **Koszycki D**. Individual Difference in Posttraumatic Response. Problems with the Adversity-Distress Connection. Psychosomatic Medicine, 62, 294-295, 2000.

Technical Reports

1. **Koszycki, D**. Interpersonal Psychotherapy Evidence-Based Example: Depression. Evidence-Based Practice of Psychological Treatments: A Canadian Perspective, Report of the CPA task force on evidence-based practice of psychological treatments: Canadian Psychological Association. (2013). www.cpa.ca

Abstracts in Conference Proceedings

1. Koszycki D, Bradwejn J, Grimes DA. Gender difference in depressive symptoms, quality of life and interpersonal relationships in depressed patients with Parkinson's disease. World Congress of Psychiatry (Vienna, Austria, 2023).
2. **Koszycki D**, Guerin E, DiMillo J, Bradwejn J. Comparison of a Mindfulness-based Intervention and Cognitive Behaviour Therapy for Social Anxiety Disorder (as part of a symposium on Mind-Body Interventions for Psychiatric Disorders). Association of Behavior and Cognitive Therapy. (Virtual conference, November 2021).
3. **Koszycki D**, Taljard M, Tasca G, Bradwejn J, Grimes D. Association between dimensions of interpersonal relationships, attachment style, and symptom severity in depressed patients with Parkinson's disease. Biennial Meeting of the Interpersonal Society for Interpersonal Psychotherapy. (Virtual conference, November 2021).

4. Figueiredo, D, Bradwejn J, Bielajew, C, **Koszycki, D**. Influence of Life Events on a Laboratory Stress Task in Healthy Children and Adolescents. Canadian Stress Research Summit (Toronto, Ontario May, 2021)
5. Mohallem Fonseca M, Alhassan T, **Koszycki D**, Schwarz BA, Nisha Y, Segal R, Arnaout A, Ramsay T, Lau J, Seely JM. Abbreviated MRI randomized study in breast cancer survivors: does it impact patient anxiety? European Congress of Radiology (Vienna, Austria, March 2020)
6. **Koszycki D**. Dissemination of Interpersonal Psychotherapy in Shanghai, China (*as part of a symposium on Dissemination of Interpersonal Psychotherapy in China*). International Society for Interpersonal Psychotherapy Conference (Budapest, Hungary, November 2019).
7. Flegar, A., **Koszycki, D.** (2019). A Pilot Study Investigating the Effects of an Online Self-Compassion Intervention on Athlete Anxiety and Performance: A Research Proposal. Poster presented at the Sport Canada Research Initiative Conference (Ottawa, Ontario, October 2019).
8. Flegar, A., **Koszycki, D.** (2019). Enhancing Self-Compassion in Athletes. Tenth International Conference on Sport & Society (Toronto, Ontario, June 2019)
9. MacLean H, Brasch E, Archibald D, **Koszycki D**, Sanchez M, Gonsalves C. A multi-year pilot study of a longitudinal mindfulness curriculum in undergraduate education. Canadian Conference of Medical Education. (Niagra Fall, Ontario, April 2019).
10. **Koszycki D**, Guerin E, Bradwejn J. Evaluation of a mindfulness-based intervention that incorporates exposure and self-compassion training for social anxiety. Anxiety and Depression Association of America (Washington, DC, April 2018).
11. Fonseca, Alhassan, **Koszycki**, Schwarz, Segal, Arnaout, Ramsay, Lau, Dent, Seely. Abbreviated MRI study in Breast Cancer Survivors- Does it impact patient anxiety? Society for Breast Imaging/American College of Radiology (Las Vegas, April 2018)
12. Danilewitz M, **Koszycki, D**, Sanchez M, Gonsalves C, Maclean H, Bradwejn J. The Feasibility of an Online Medical Mindfulness Program: Pilot Study. Canadian Psychiatric Association (Ottawa, Ontario, September 14, 2017).
13. **Koszycki D.**, Bradwejn J, Taljaard M, Kogan, C, Grimes, D. Interpersonal psychotherapy for depressed Parkinson's disease patients: An open-label feasibility trial. International Society for Interpersonal Psychotherapy Conference (Toronto, Ontario, June 13-14).
14. El Amiri, S., **Koszycki D**, Taljaard M, Bradwejn J. Croyances étiologique à l'égard de la maladie dans le trouble panique. Relations avec les caractéristique démographique et cliniques de base et impact sur la réponse au traitement. (2017, April). Journée Montfort, Ottawa, Ontario.
15. Julia DiMillo, Maxine Berthiaume, **Koszycki D**. Propriétés psychométrique du Parental

- Bonding Instrument dans une échantillon d'enfant et d'adolescent canadiens. (2017, April). Journée Montfort, Ottawa, Ontario, Canada.
16. Sanchez-Campos M, MacLean H, Archibald D, **Koszycki D**, Burns J, Gonsalves C. Exploring the benefits of a mandatory mindfulness workshop for 3rd year medical students in family medicine. (2016, November). Family Medicine Innovations in Research and Education Day, Vancouver, BC, Canada.
 17. Sanchez-Campos M., Gonsalves C., Archibald D., MacLean H., Dushesne V., **Koszycki D.**, Burns J. Mindfulness in Medical Education- A qualitative investigation of the benefits of a mandatory mindfulness-based intervention for 3rd year medical students. (2016, April). Dime Medical Education Day, Ottawa, Ontario, Canada.
 18. MacLean H, Jebaneson D, Archibald D, Koszycki D, Sanchez M, Gonsalves C. Does mindfulness affect empathy, resilience and stress in medical students? (2016, April). Dime Medical Education Day, Ottawa, Ontario, Canada.
 19. Tasca, G.A., Ivanova, I.V., Smail-Crevier, R., Hammond, N., Chyurlia, L., Balfour, L., Ritchie, K., **Koszycki, D.**, & Bissada, H. (2015, September). Predicting treatment completion in unguided self-help for binge-eating disorder: The role of attachment insecurity. 21st Annual Eating Disorders Research Society Society Meeting. Taormina, Italy.
 20. **Koszycki, D**, Jennifer Thake, J, Mavounza, C, Daoust, J-P, Taljaard, M, Bradwejn, J. (May 2015). Efficacy of a mindfulness-based intervention for social anxiety disorder that integrates compassion meditation and mindful exposure. Annual Meeting of the American Psychiatric Association, Toronto, Ontario, Canada.
 21. Hudek, N, Khan, S, Schneider, BH, **Koszycki, D**, McEwen, C., Flament, M F. (May, 2015). Cortisol Reactivity and Subjective Anxiety in Adolescents with Generalized or social Anxiety Disorder. Annual Meeting of the Society for Biological Psychiatry, Toronto, Ontario, Canada.
 22. Sanchez-Campos M, Douglas Archibald, D, McLean, H, **Koszycki, D**, Gonsalves, C. (April, 2015). Teaching Mindfulness to 3rd year Medical Students - What can we learn from their evaluations? Canadian Conference on Medical Education (AIME), Vancouver, British Columbia, Canada.
 23. **Koszycki D**, Taljaard, M., Gow, RM, Bradwejn, J. (2014, May). Heart rate variability in unaffected children at familial risk for anxiety. American Psychiatric Association Annual Meeting. New York, NY, U.S.A.
 24. Danilewitz, M., **Koszycki, D.**, Bradwejn, J. (2014, April). The feasibility of a peer-led mindfulness intervention for medical students Canadian Conference on Medical Education. Ottawa, Ontario.
 25. Sanchez, M., Gosalves, C., MacLean, H., Archibald, D., **Koszycki, D.** (2014, April). The impact of a three-hour mandatory mindfulness workshop for third-year medical students. Canadian Conference on Medical Education. Ottawa, Ontario.

26. MacLean H, Gosalves C, Archibald D, Sanchez M, **Koszycki D**. (2014, April). The introduction of a mindfulness curriculum in undergraduate education. Creating Spaces IV. Canadian Conference on Medical Education. Ottawa, Ontario.
27. Sanchez M, MacLean H, **Koszycki D**, Archibald D, Gosalves C. (2014, April). Adding mindfulness to the undergraduate curriculum: What do third-year medical students learn at the University of Ottawa? Creating Spaces IV. Canadian Conference on Medical Education. Ottawa, Ontario.
28. Danilewitz M, **Koszycki D**, Bradwejn J. (2014, April). The Feasibility of a Peer-Led Mindfulness Intervention. AIME Medical Education Day
29. **Koszycki D**, Bilodeau, C., Raab, K, Bradwejn J (2013, April). A multifaith spiritually-based intervention for generalized anxiety disorder: A pilot randomized controlled trial. 33rd Annual Conference of the Anxiety Disorders Association of America, La Jolla, California, USA.
30. Bilodeau C, **Koszycki D**, Bradwejn J. (2012, April) Emotion recognition and processing in children at high and low risk for panic disorder. 32nd Annual Conference of the Anxiety Disorders Association of American, Arlington, Virginia, USA.
31. **Koszycki D.**, Bisserbe J-C, Blier P, Markowitz JC, Bradwejn J. (2011, July). Interpersonal psychotherapy for depressed infertile women. 42nd International Meeting of the Society for Psychotherapy Research, Bern, Switzerland.
32. **Koszycki D**, Bisserbe JC, Blier P, Markowitz JC, Bradwejn J. (2011, June). Interpersonal psychotherapy for depressed infertile women. Meeting of the International Society for Interpersonal Psychotherapy, Amsterdam, The Netherlands.
33. **Koszycki D**. (2011, May) Interpersonal Psychotherapy for Depression (a part of a symposium on Mental Health Perspectives on Depression). Annual Meeting of the Canadian Counselling and Psychotherapy Association, Ottawa, May 19, 2011.
34. Latrielle M-E, Dionne E, **Koszycki D**. (2010, May). La simulation comme techniques d'enseignement et d'évaluation en science infirmières : un état de la question. Congrès de l'Association francophone pour le savoir (Acfas). Montreal, Canada.
35. **Koszycki D**, Bisserbe J-C, Blier P, Markowitz J, Bradwejn J. (2010, May). Interpersonal Psychotherapy for Depressed Infertile Women (as part of a symposium on New Developments in Interpersonal Psychotherapy). Annual Meeting of the American Psychiatric Association, New Orleans, USA.
36. Flament M, Churchill AM, McEwan C, Kukaswadia A, Hudek N, Ater A, Schneider B, **Koszycki D et al.** (2010, May). Subjective and objective measures of stress response in adolescents with anxiety disorders. (as part of a symposium on The Study of Social Anxiety in Childhood and Adolescents: Bringing Together Multiple Methods and Perspectives). Development 2010, Ottawa, Canada.

37. Prichard Z, Bradwejn J, Kennedy JL, Xia X, **Koszycki D** (2009, November). Population genetic analysis of an association study of the cholecystokinin-B receptor gene with personality traits. XVII World Congress of Psychiatric Genetics, San Diego, USA.
38. **Koszycki D**, Bradwejn J (2009, July). Personality and clinical correlates of response to a laboratory stressor in patients with social anxiety disorder. World Congress of Biological Psychiatry, Paris, France.
39. Drevniok, U., **Koszycki, D.**, Bradwejn, J., Bisserbe, J.C., Blier, P., & Antochi, S. (2009, April). Interpersonal psychotherapy in depressed women undergoing infertility treatment: Preliminary findings. Presented at the 1st Annual IMHR Young Researchers Conference, Ottawa, Canada.
40. Schneider, B.H., Baiocco, R., Laghi, F., d'Allessio, M., Tessier, N., Vitoroulis, I., **Koszycki, D.**, Flament, M., Coplan, R.J. (2009, April). The use of electronic communication by early adolescents in Italy and Canada to form relationships and express emotion. Society for Research in Child Development (SRCD) Biennial Meeting, Denver, USA.
41. Hudek, N., Stern, A., Churchill, A.M., Schneider, B., **Koszycki, D.**, Roberston, C., McEwen, C., Thatte, S., DeCorte, M., Flament, M.F. (2009, April). Clinical and cognitive changes associated with cognitive-behavioural therapy for anxiety disorders in youth. 1st Annual IMHR Young Researchers Conference, Ottawa, Canada.
42. Churchill, A.M., Hudek, N., McEwen, C., Schneider, B., **Koszycki, D.**, Thatte, S., Robertson, K., DeCorte, M., Kukaswadia, A., Ater, A., Khanm S., Flament, M.F. (2009, October). Stress response in youth with anxiety disorders: Preliminary findings from a treatment research study using cognitive-behavioural therapy (CAP study). Eastern Regional Meeting of the Provincial Centre of Excellence for Child and Youth Mental Health at CHEO, Ottawa, Canada.
43. Churchill, A.M., Hudek, N., McEwen, C., Schneider, B., Kukaswadia, A., **Koszycki, D.**, Thatte, S., DeCorte, M., Robertson, K., Flament M.F.:(2009, December) Cognitive and behavioural changes associated with CBT treatment among anxious youth: An ongoing study. 30th Annual Research Day of the University of Ottawa Department of Psychiatry, Ottawa, Canada.
44. Hudek, N., Churchill, A.M., McEwen, C., Schneider, B., **Koszycki, D.**, Thatte, S., Robertson, K., Kelly, O., Khan, S., Flament M.F. (2009, December) Physiological reactivity and perceived anxiety during a psychological laboratory stressor among youth with and without anxiety disorders. 30th Annual Research Day of the University of Ottawa Department of Psychiatry, Ottawa, Canada, December 4, 2009.
45. **Koszycki D**, Raab K, Aldosary F, Bradwejn J (2009, May). Randomized trial of a spiritually-based intervention of generalized anxiety disorder: A pilot study. Annual Meeting of the American Psychiatric Association, San Francisco, USA.
46. Baker B, Habra M, Frasure-Smith N, Swenson RJ, **Koszycki D** et al.(2008). Vascular factors may moderate treatment effects in patients with major depressive disorder and

coronary disease. University of Toronto Department of Psychiatry Harvey Stancer Day, Toronto, Canada.

47. Byrne, A., Hudek, N., **Koszycki, D.**, Hébert-Leduc, S., Kelly, O., Thatte, S., Flament M.F. (2008, December). Biopsychosocial correlates of anxiety disorders in adolescents: A controlled study. 29th Annual Research Day of the University of Ottawa Department of Psychiatry, Ottawa, Canada.
48. Hudek, N., Byrne, A., Churchill, A.M., McEwen, C., Schneider, B., **Koszycki, D.**, Thatte, S., DeCorte, M., Flament M.F.. (2008, December): Cognitive-behavioural therapy for anxiety disorders in youth: Biological and psychological correlates of change. 29th Annual Research Day of the University of Ottawa Department of Psychiatry, Ottawa, Canada.
49. **Koszycki D.** (2007, November) Mindfulness Meditation as a Treatment for Anxiety Disorders: An efficacy study in generalized social anxiety disorder (as part of a symposium on Alternative and Complementary Treatments for Mood and Anxiety Disorders sponsored by CANMAT). Annual Meeting of the Canadian Psychiatric Association, Montreal, Canada.
50. **Koszycki D**, Rothe C, Shlik J, Kennedy J, Bradwejn J. (2007, October). The influence of CCK-B receptor polymorphism and personality on panicogenic sensitivity to CCK-4 in healthy volunteers. World Congress Psychiatric Genetics. , New York City, USA.
51. **Koszycki D.** (2007). Alternative/Complementary Psychosocial Interventions for Anxiety Disorders. Untangling the Mind Conference, University of Ottawa Institute of Mental Health Research Inaugural Research Conference, Ottawa, Canada. .
52. Di Guilio G, Zwanzger P, **Koszycki D.** (2007, June). Parental bonding in children at risk for panic disorder. Annual Meeting of the Canadian Psychological Association Meeting, Ottawa, Canada.
43. **Koszycki D**, Raab K. (2007, May). The use of a spiritually-based therapy for the treatment of generalized anxiety disorder. 3rd International Conference on Spirituality and Mental Health, Ottawa, Canada.
54. Lespérance F, **Koszycki D**, Frasure-Smith N et al. (2007, March). The Design and Rationale of CREATE Trial: A 2 by 2 factorial randomized trial of citalopram and interpersonal psychotherapy for major depression in cardiac disease. As part of a symposium on Recent Trials for Depressed Patients with Coronary Artery Disease: Back to the drawing table?) American Psychosomatic Society 65th Annual Meeting, Budapest, Hungary.
55. Baker B, Habra M, Frasure-Smith N, Swenson RJ, **Koszycki D**, et al. (2007, March). Results of the CREATE trial: A 2 by 2 factorial randomized trial of citalopram and interpersonal psychotherapy for major depression in cardiac disease. As part of a symposium on Recent Trials for Depressed Patients with Coronary Artery Disease: Back to the drawing table?). American Psychosomatic Society 65th Annual Meeting, Budapest Hungary.

56. Chan E, Zaremba E, Bradwejn J, **Koszycki D.** (2007, January). Impact of extraversion on the clinical profile of panic disorder. 8th Annual Meeting of the Society for Personality and Social Psychology, Memphis, USA.
57. Di Giulio G, Zwanzger P, **Koszycki D.** (2006, December). A comparative analysis of parental bonding in children of parents with panic disorder vs healthy control. Research Day, Department of Psychiatry, University of Ottawa, Ottawa, Canada.
58. **Koszycki D.** (2006). Create Study. Comparison of interpersonal psychotherapy and clinical management. (as part of a symposium on Treatment of Major Depression in Coronary Artery Disease: Results from the CREATE Trial). Annual Meeting of the Canadian Psychiatric Association, Toronto, Canada.
59. Bradwejn J, **Koszycki D.** (2006, October). CCK in psychiatric disorder. Benzon Symposium No. 53. The New Biology of the Gastrin-Cholecystokinin Family of Hormones, Copenhagen, Denmark.
60. Bradwejn J, **Koszycki D**, Segal Z. (2006, October). Randomized controlled trial of acute and extension treatment with sertraline and self-administered cognitive behaviour therapy, alone or in combination, in panic disorder. Annual Meeting of the European College of Neuropsychopharmacology, Amsterdam, The Netherlands.
61. **Koszycki D.** CREATE study. (2006, September). Results of the IPT and clinical management comparisons. European Conference on Psychosomatic Medicine, Dubrovnik, Croatia.
62. **Koszycki D**, Shlik J, Bradwejn J. (2006, March). Personality correlates of response to low dose CCK-4 in healthy volunteers. Annual Meeting of the American Society for Psychosomatic Medicine, Denver, USA.
63. **Koszycki D**, Zwanzger P, Merali Z, Bradwejn J. (2005, March) Heart rate variability and cortisol response to a stressor in children at high and low genetic risk for panic disorder. Annual Meeting of the American Society for Psychosomatic Medicine. Vancouver, Canada.
64. Byrne A., **Koszycki D.**, Furino C., Faregh N., Nguyen H., Dennis K., Flament M.: (2005, December). Biological and psychosocial correlates of anxiety disorders in children and adolescents. 26th Annual Research Day of the University of Ottawa, Department of Psychiatry, Ottawa, Canada.
65. Tharmalingam S, King N, Rothe C, **Koszycki D**, Bradwejn J, Macciardi F, Kennedy J. (2004, October). Association between the C-45T polymorphism of the cholecystokinin gene and panic disorder. Annual Meeting of the American Society of Human Genetics, Toronto, Canada.
66. Tharmalingam S, King N, De Luca V, Rothe C, **Koszycki D**, Bradwejn J, Macciardi, Kennedy JL (2004, October). Association Study of Corticotropin Releasing Hormone Receptor 2 (Crhr2) In Panic Disorder. World Congress of Psychiatric Genetics, Dublin, Ireland.

67. Tharmalingam S, King N, De Luca D, Rothe C, **Koszycki D**, Bradwejn J, Macciardi F, Kennedy JL (2004, June) Lack Of Association Between the Corticotropin-Releasing Hormone Receptor 2 Gene and Panic Disorder. 30th Annual Harvey Stancer Research Day, University of Toronto, Toronto, Canada.
68. **Koszycki D**, Zwanzger P, Merali Z, Bradwejn J. (2004, June). Heart rate variability and cortisol response to a stressor in children at high and low genetic risk for panic disorder. Collegium Internationale Neuropsychopharmacologicum Congress, Paris, France.
69. **Koszycki D**, Lafontaine S, Frasura-Smith N, Swenson R, Lespérance F. (June, 2004) Open trial of interpersonal psychotherapy, with or without medication, in depressed patients with coronary disease. International Meeting on Interpersonal Psychotherapy, Pittsburgh, USA.
70. Bradwejn J, **Koszycki D**. (June 2004). The Genetics of panic disorder, (as part of a symposium on anxiety disorders), Collegium Internationale Neuropsychopharmacologicum Congress, Paris France.
71. Zwanzger P, **Koszycki D**, Marshall R, Merali Z, Bradwejn J. (2004, June). Identification of possible neurobiological trait markers in High-Risk subjects for Panic Disorder. (as part of a symposium on anxiety disorders). Collegium Internationale Neuropsychopharmacologicum Congress, Paris, France.
72. Bradwejn J, **Koszycki D**, Segal Z. (2003, May). Efficacy of Self-Administered Cognitive Behaviour Therapy and Sertraline in Panic Disorder. Annual Meeting of the American Psychiatric Association, San USA.
73. Rothe C, **Koszycki D**, Bradwejn J, King N, Tharmalingam S, Macciardi F, Kennedy JL (2003, June). Association study of CCK peptide gene polymorphisms and panic disorder. 29th Annual Harvey Stancer Research Day, University of Toronto, Toronto, Canada.
74. Rothe C, **Koszycki D**, Bradwejn J, King N, Tharmalingam S, Macciardi F, and Kennedy JL. (2003, May). Association study of polymorphisms in intron regions of the cholecystokinin receptor gene with panic disorder. The Southern Ontario Neuroscience Association (SONA), The University of Western Ontario, London, Canada.
75. **Koszycki D**, Bradwejn J. (2002, May). Effect of CCK-4 in Irritable Bowel Syndrome. Annual Meeting of the American Psychiatric Association, Philadelphia, USA.
76. Flint AJ, Bradwejn J, Vaccarino FJ, **Koszycki D**. (2001, May). Effect of aging on the cholecystokinin system. Annual Meeting of the American Psychiatric Association, New Orleans, USA.
77. **Koszycki D**, Appleton D, Machacek G, Bradwejn J. (2001, December). Predictors of illness intrusiveness in panic disorder. Research Day, Department of Psychiatry, University of Ottawa, Ottawa, Canada.

78. **Koszycki D**, Bradwejn J, Kennedy J, Macciardi F. (2000, November). CCK receptor gene in panic disorder. Research Day, Department of Psychiatry, University of Ottawa, Ottawa, Canada.
79. Bradwejn J., **Koszycki D**. (2001, July). The role of CCK in panic disorder: From behavior to genes. 8th World Congress of Biological Psychiatry, Berlin, Germany.
80. **Koszycki D**. (1999, October). Biological basis of anxious temperament. (as part of a symposium sponsored by CCNP) Meeting of the Hungarian Association of Psychopharmacology. Tihany, Hungary.
81. Bradwejn J, Shlik J, **Koszycki D**. (1999, June). Effect of RWJ-51204-00, a partial GABA_A agonist, on behavioural and cardiovascular response to CCK-4 challenge in healthy males. Summer Neuropeptide Meeting, Key West, USA.
82. **Koszycki D**, Bradwejn J.(1999, June). Behavioural response to CCK-4 in panic disorder and major depression. Summer Neuropeptide Meeting, Key West, USA.
83. Flint AJ, **Koszycki D**, Bradwejn J, Vaccarino FJ. (1999). Neurohormonal responses to cholecystokinin tetrapeptide: a comparison of younger and older healthy volunteers. Congress of the International Psychogeriatric Association, Vancouver, Canada.
84. Katzman M, Bradwejn J, **Koszycki D**, Vaccarino F. (1999, May). The effect of cholecystokinin- tetrapeptide in social phobia and OCD. Annual Meeting of the American Psychiatric Association, Washington DC, USA.
85. **Koszycki D**, Appleton D, Bradwejn J. (1999, May). Predictors of illness intrusiveness in anxiety disorders. Annual Meeting of the American Psychiatric Association, Washington DC, USA.
86. Bradwejn J, Shlik J, **Koszycki D**. (1999, June). Effect of RWJ-51204-00, a partial GABA_A agonist, on behavioural and cardiovascular response to CCK-4 challenge in healthy males. Meeting of the Canadian College of Neuropsychopharmacology. Halifax, Canada.
87. **Koszycki D**, Bradwejn J. (1999, June). Behavioural response to CCK-4 in panic disorder and major depression. Meeting of the Canadian College of Neuropsychopharmacology. Halifax, Canada.
88. **Koszycki D** (1999). Hungarian Association of Psychopharmacology. Biological Basis of Anxious Temperament. Tihany, Hungary.
89. **Koszycki D**, Copen J, Bradwejn J.(1999, November). Response to CCK-4 in panic disorder and major Depression. Research Day, Department of Psychiatry University of Ottawa, Ottawa, Canada.
90. Shlik J, Zhou Y, **Koszycki D**, Vaccarino FJ, Bradwejn J. (1998, June) Effects of CCK-4- infusion on the acoustic startle reflex and stress hormones in healthy volunteers. Meeting of the Canadian College of Neuropsychopharmacology, Montreal, Quebec.

91. King N A, **Koszycki D**, Bradwejn J, Kennedy J. (1998, June). Molecular genetics studies of panic disorder. New Research and Abstracts (NR 383). Annual Meeting of the American Psychiatric Association, Toronto, Ontario.
92. King NA, **Koszycki D**, Bradwejn J, Kennedy JL. (1998, October). Molecular genetic studies of panic disorder. The American Society of Human Genetics Meeting. Denver, Colorado.
93. Shlik J, Zhou Y, **Koszycki D**, Vaccarino FJ, Bradwejn J. (1998, July) The effects of CCK- infusion on the acoustic startle reflex. Collegium Internationale Neuropsychopharmacologicum, Glasgow, Scotland.
94. Shlik J, **Koszycki D**, Bradwejn J. (1998, June). CCK-4-induced effects on the acoustic startle reflex in humans. NCDEU Meeting, Boca Raton, USA.
95. Bradwejn J, Zhou YP, **Koszycki D**, Shlik J, Katzman M, Vaccarino F. (1998, July). Effect of acute administration of gotu-kola on acoustic startle response in healthy volunteers. Collegium Internationale Neuropsychopharmacologicum Congress. Glasgow, Scotland.
96. Shlik, J, Zhou Y, **Koszycki D**, Bradwejn J. (1998, March). Effects of cholecystokinin-tetrapeptide infusion on the acoustic startle response in healthy volunteers. Conference of the Anxiety Disorders Association of America. Boston, USA.
97. Le Melleo JM, Arthur, H, Bradwejn J, Dalton J, Lipson N, Woo C, **Koszycki D**, Bellavance F, Bichet DG. (1997, November). Influence of Type A behaviour pattern on response to CCK-4. Society for Neuroscience Meeting, New Orleans, USA.
98. Le Melleo JM, Bradwejn J, Boulenger J-P, Cadieux A, **Koszycki D**, Bellavance F, Bichet DG. (1997, July). Influence of propranolol pretreatment on the neuroendocrine response to CCK-4. British Association of Psychopharmacology and Canadian College of Neuropsychopharmacology Joint Meeting, Cambridge, England.
99. Le Melleo J-M, Arthur H, Bradwejn J, Dalton J, Lipson N, Woo C, **Koszycki D**, Bellavance F, Boulanger J-P, Cadieux A, Bichet DG. Influence of type A behaviour pattern on response to CCK-4.(1997, July). British Association of Psychopharmacology and Canadian College of Neuropsychopharmacology Joint Meeting, Cambridge, England.
100. **Koszycki D**, Bradwejn J. (1997, July). The relationship between neuroticism and extraversion and sensitivity to CCK-4 in healthy volunteers. British Association of Psychopharmacology and Canadian College of Neuropsychopharmacology Joint Meeting, Cambridge, England.
101. Bradwejn J, **Koszycki D**. (1997, June). Therapeutics of panic disorder. World Congress of Biological Psychiatry, Nice, France.
102. **Koszycki D**, Bradwejn J. (1997, June). Personality correlates of response to CCK-4 in healthy males. World Congress of Biological Psychiatry, Nice, France.

103. Le Melleo JM, Arthur, H, Bradwejn J, Dalton J, Lipson N, Woo C, **Koszycki D**, Bellavance F, Bichet DG. Influence of Type A behaviour pattern on response to CCK-4. (1997, June). World Congress of Biological Psychiatry, Nice, France.
104. Le Melleo J-M, Bradwejn J, **Koszycki D**, Boulanger J-P, Cadieux A, Bellavance F, Bichet D.G.(1997, May). The role of the beta-adrenergic system in behavioral and neuroendocrine response to CCK-4. NCDEU Meeting, Boca Raton, USA.
105. Kennedy JL, **Koszycki D**, Katzman MA, King NA, Bradwejn J. (1997, May). CCK-B receptor gene alleles associated with panic disorder. , Annual Meeting of the American Psychiatric Association, San Diego, USA.
106. **Koszycki D**, Bradwejn J. (1997, May). Personality correlates of response to CCK-4 in Healthy Males. Annual Meeting of the American Psychiatric Association, San Diego, USA.
107. Bradwejn J, Legrand J-M, **Koszycki D**, Bates J.H.T., Bourin M. (1997, May). Respiratory response to CCK-4 in healthy subjects. Annual Meeting of the American Psychiatric Association, San Diego, USA.
108. Katzman MA, Bradwejn J, **Koszycki D**, Vaccarino F, Richter MA. (1997, May). The effect of CCK-4 in social phobia and OCD. Annual Meeting of the American Psychiatric Association, San Diego, USA.
109. Le Melleo J-M, Bradwejn J, **Koszycki D**, Bellavance F, Bichet D. (1996, October). Effect of a Major Depressive Episode History on the CCK-4 Response in Women Suffering from Premenstrual Dysphoric Disorder. Annual Meeting of the Canadian Psychiatric Association, Quebec, Canada.
110. Le Melleo J-M, Bradwejn J, **Koszycki D**, Bellavance F, Bichet D. (1996, October). The Role of the β -adrenergic System in CCK-4-Induced Panic Symptoms. Annual Meeting of the Canadian Psychiatric Association Meeting, Quebec, Canada.
111. LeMelleo J-M, Bradwejn J, **Koszycki D**, Bellavance F, Bichet DG. (1996, June). Effect of major depressive episode history on the CCK-4 response in women. Meeting of the Canadian College of Neuropsychopharmacology, Toronto, Canada.
112. LeMelleo, J-M, Bradwejn J, **Koszycki D**, Jerabek I, Jolicoeur F, Cadieux A, Boulenger J-P, Bellavance F, Bichet DG. (1996, June). The role of beta adrenergic system in CCK-4 induced panic symptoms. Meeting of the Canadian College of Neuropsychopharmacology, Toronto, Canada.
113. **Koszycki D**, Bradwejn J. (1996, June). Cognitive and non-cognitive panic attacks induced by CCK-4. Meeting of the Canadian College of Neuropsychopharmacology. Toronto, Canada.
114. Le Melleo J-M, Bradwejn J, **Koszycki D**, Jarabek I, Jolicoeur F, Cadieux RJ, Boulenger J-P, Bellavance F.(1996, November). The role of the beta-noradrenergic system in CCK-4-induced panic symptoms. Society for Neurosciences Meeting, Washington, USA.

115. Bradwejn J, **Koszycki D**, Le Melleo J. (1996, August). Cholecystokinin and Anxiety. World Congress of Psychiatry, Madrid, Spain.
116. Le Melleo J, Bradwejn J, Koszycki D, Boulenger J, Bichet D. (1996, August). The Role of the B Adrenergic Systems in CCK-4 Induced Panic Symptoms. World Congress of Psychiatry, Madrid, Spain.
117. Le Melleo J, Bradwejn J, **Koszycki D**, Bellavance F, Bichet D. (1996, August). Effect of a Major Depressive Episode History on CCK-4 Response in Women. World Congress of Psychiatry. Madrid, Spain.
118. **Koszycki D**, Bradwejn J. (1996, August). Cognitive and Non-Cognitive Panic Attacks Induced by CCK-4 Challenge. World Congress of Psychiatry, Madrid, Spain.
119. Bradwejn J, **Koszycki D**. CCK-B agonists and panic induction in humans.(1996, July). Collegium Internationale Neuropsychopharmacologicum Congress. Melbourne, Australia.
120. Le Melleo J-M, Bradwejn J, **Koszycki D**, Bellavance F, Bichet D.G. (1996, July). Effect of a major depressive episode history on the CCK-4 response in women. Collegium Internationale Neuropsychopharmacologicum Congress. Melbourne, Australia.
121. Le Melleo J-M, Bradwejn J, **Koszycki D**, *Jarabek I*, Jolicoeur F, Cadieux RJ, Boulenger J-P, Bellavance F. (1996, July). The role of the beta-adrenergic system in CCK-4-induced panic symptoms. Collegium Internationale Neuropsychopharmacologicum Congress. Melbourne, Australia.
122. **Koszycki D**, Zacharko RM, Le Melleo J-M, Bradwejn J. (1996, July). The effects of CCK-4 in normal individuals: Comparison of panickers and nonpanickers. Collegium Internationale Neuropsychopharmacologicum Congress. Melbourne, Australia.
123. Le Melleo J-M, Bradwejn J, **Koszycki D**, Boulenger J-P, Cadieux RJ, Bellavance F. (1996, May). The role of the beta-noradrenergic system in CCK-4-induced panic symptoms. Meeting of the American Psychiatric Association. New York, USA.
124. Flint AJ, Bradwejn J, Vaccarino FJ, **Koszycki D**. (1996, May). The effect of aging on cholecystokinin-induced panic. Meeting of the American Psychiatric Association. New York, USA
125. **Koszycki D**, Zacharko RM, *Le Melleo J-M*, Bradwejn J. (1996, May). A comparison of CCK-4 panickers and nonpanickers. Meeting of the American Psychiatric Association. New York, USA.
126. Le Melleo J-M, Bradwejn J, **Koszycki D**, Bellavance F, Steinberg S, Halbreich U, Legrand JM, Bichet DG. (1995, June). The effects of CCK-4 on plasma arginine-vasopressin levels in women. Meeting of the Canadian College of Neuropsychopharmacology. Vancouver, Canada.

127. Le Melleo J-M, Bradwejn J, **Koszycki D**, Bellavance F, Bichet DG, Halbreich U, Steinberg S, Legrand JM. (1995, June). Enhanced sensitivity of CCK-4 in women with severe premenstrual symptoms (PMDD). Meeting of the Canadian College of Neuropsychopharmacology. Vancouver, Canada.
128. **Koszycki D**, Zacharko RM, Le Melleo J-M, Bradwejn J. (1998, June). The effects of CCK-4 in normal individuals: Comparison of panickers and nonpanickers. Meeting of the Canadian College of Neuropsychopharmacology. Vancouver, Canada.
129. Bradwejn J, Paradis M, **Koszycki D**, Reece P, Sedman A. (1994, December). The effects of CI- 988 on CCK-4-panic in healthy volunteers. Meeting of Neuropsychopharmacology (ACNP). San Juan, Puerto Rico.
130. Bradwejn J, Paradis M, **Koszycki D**, Reece P, Sedman A. (1994, June). The effects of CI-988 on CCK-4-panic in healthy volunteers. Colloquium Internationale Neuropsychopharmacologicum Congress. Washington D.C, USA.
131. **Koszycki D**, Zacharko RM, Le Melleo J-M, Young S, Bradwejn J. (1994, June). The effects of acute tryptophan depletion on CCK-4-induced anxiety. Colloquium Internationale Neuropsychopharmacologicum Congress. Washington, D.C., USA.
132. **Koszycki D**, Zacharko RM, Bradwejn J. (1993, June). The relationship between personality variables and response to CCK-4 challenge in patients with panic disorder. Joint Meeting of the Canadian College of Neuropsychopharmacology and British Association of Pharmacology. Montreal, Canada.
133. **Koszycki D**, Cox B, Bradwejn J. (1993, June). Anxiety sensitivity and response to CCK-4 challenge in healthy volunteers. Joint Meeting of the Canadian College of Neuropsychopharmacology and British Association of Pharmacology. Montreal, Canada.
134. **Koszycki D**, Zacharko R, Bradwejn J. (1993, June). The relationship between personality variables and response to CCK-4 in patients with panic disorder. Joint Meeting of the Canadian College of Neuropsychopharmacology and British Association of Pharmacology, Montreal, Canada.
135. Bradwejn J, **Koszycki D**. (1993, May). Imipramine antagonizes the effects of CCK-4 in panic disorder. New Research Program and Abstracts, Meeting of the American Psychiatric Association, San Francisco, USA.
136. **Koszycki D**, Cox B, Bradwejn J. (1993, May). Cognitive determinants of CCK-4-induced panic attacks. Annual Meeting of the American Psychiatric Association, San Francisco, USA.
137. **Koszycki D**, Cox B, Bradwejn J. (1993, May). Anxiety sensitivity and response to CCK-4 challenge in healthy volunteers. Annual Meeting of the American Psychiatric Association. Washington D.C., USA.

138. Couetoux-Dutertre A, Bradwejn J, **Koszycki D**, Paradis M, Bourin, M. (1993, March). Lack of effect of flumazenil on CCK-4-panic. Meeting of the Anxiety Disorders Association of America. Charleston, USA.
139. Bradwejn J, **Koszycki D**, Couetoux-Dutertre A, Van Megen H, Den Boer J, Westenberg H, Karkanias C, Haigh J. (1993, March). L-365,260, a CCK-B receptor antagonist, blocks CCK-4 panic. Meeting of the Anxiety Disorders Association of America. Charleston, USA.
140. Bradwejn J, **Koszycki D**, Couetoux-Dutertre A, Van Megen H, Den Boer J, Westenberg H, Karkanias C, Haigh J. (1992, October). L-365,260, a CCK-B receptor antagonist, blocks CCK-4 panic. Society for Neuroscience, Anaheim, USA.
141. Bradwejn J, **Koszycki D**, Couetoux-Dutertre A, Van Megen H, Den Boer J, Westenberg H, Karkanias C, Haigh J. (1992, October). L-365,260, a CCK-B receptor antagonist, blocks CCK-4 panic in panic disorder. European College of Neuropsychopharmacology, Marbella, Spain.
142. Bradwejn J, **Koszycki D**, Couetoux-Dutertre A, Van Megen H, Den Boet J, Westenberg H, Karkanias C, Haigh J. (1992, June). L-365,260: A CCK-B antagonist blocks CCK-4-panic disorder. College International Neuropsychopharmacology, Nice, France.
143. **Koszycki D**, Bradwejn J, Campbell JF & Bourin, M. (1992, June). Psychometric profile of users and nonusers of benzodiazepines in a panic disorder population. College International Neuropsychopharmacology 18th Congress of CINP. Nice, France.
144. Bradwejn J, **Koszycki D**, Couetoux du Tertre A, van Megen H, den Boer J, Westenberg H, Karkanias C, Haigh J. (1992, May). L-365,260, a CCK_B antagonist, blocks CCK-4-panic. Annual Meeting of the American Psychiatric Association, Washington D.C., USA.
145. Couetoux-Dutertre A, Bradwejn J, **Koszycki D**, Paradis M, Bourin M. (1992, May). Lack of effect of flumazenil on CCK-4-Panic. Annual Meeting of the American Psychiatric Association, Washington, DC., USA.
146. Bradwejn J, **Koszycki D**, Payeur R, Bourin M, Borthwick H. (1992, April). Study of repeated administrations of cholecystokinin-tetrapeptide in panic disorder. Association of Anxiety Disorders of America Houston, USA.
147. Bradwejn J, **Koszycki D**, Bourin, M. (1992, April). Cholecystokinin-panic: a comparison to carbon dioxide-panic in panic disorder and normals. Association of Anxiety Disorders of America Annual Meeting. Houston, USA.
148. Bradwejn J, **Koszycki D**, Annable L, Couetoux du Tertre A, Reines S, Karkanias C. (1992, May). A dose-ranging study of CCK-4 in panic disorder. Annual Meeting of the American Psychiatric Association., Washington D.C., USA.

149. Bradwejn J, **Koszycki D**, Couteux-Dutertre A, Van Megen H, Den Boer J, Westenberg H, Karkanas C, Haigh J. (1992, September). L-365,260: A CCK-B antagonist blocks CCK-4-panic disorder. Annual Meeting of the Canadian Psychiatric Association.
150. **Koszycki D**, Bradwejn J, Campbell J, Bourin M. (1991, June). Comparison of MMPI profiles in users and non users of benzodiazepine in a panic disorder population. Meeting of the Canadian College of Neuropsychopharmacology. Hamilton, Canada.
151. **Koszycki D**, Bradwejn J, Bourin M. (1991, June). Comparison of the panicogenic effects of CCK-4 and CO₂ in normal controls. Meeting of the Canadian College of Neuropsychopharmacology. Hamilton, Canada.
152. Bradwejn J, **Koszycki D**, Payeur R, Borthwick H. (1991, June). Study of the repetition of action of CCK-4 in panic disorder. Meeting of the Canadian College of Neuropsychopharmacology. Hamilton, Canada.
153. Bourin M, Bradwejn J, **Koszycki D**. (1991, October). Cholecystokinin and panic disorders. European College of Neuropsychopharmacology. Monte Carlo, Monaco.
154. Bradwejn J, **Koszycki D**, Bourin M. (1991, October). Comparison of the panicogenic effects of CCK-4 and CO₂ in normal controls. European College of Neuropsychopharmacology. Monte Carlo, Monaco.
155. **Koszycki D**, Bradwejn J, Campbell J, Bourin M. (1991, July). Comparison of MMPI profiles in users and non users of benzodiazepines in a panic disorder population. British Association of Psychopharmacology. York, England.
156. **Koszycki D**, Bradwejn J, Bourin M. (1991, July). Comparison of the panicogenic effects of CCK-4 and CO₂ in normal controls. British Association of Psychopharmacology. York, England.
157. Bradwejn J, **Koszycki D**, Payeur R, Borthwick H. (1991, June). Repetition of action of CCK-4 in panic disorder. Congress of the World Federation of Society for Biological Psychiatry. Florence, Italy.
158. **Koszycki D**, Bradwejn J, Bourin M. (1991, June). CCK-4 versus CO₂ in Normal Controls. Congress of the World Federation of Society for Biological Psychiatry. Florence, Italy.
159. Bradwejn J, **Koszycki D**, Shriqui C. (1991, June). Cholecystokinin panic: Panic disorder vs agoraphobia. Congress of the World Federation of Society for Biological Psychiatry. Florence, Italy.
160. Bradwejn J, **Koszycki D**, Payeur R, Borthwick H. (1991, May). Replication of action of cholecystokinin-tetrapeptide in panic disordered patients. Annual Meeting of the American Psychiatric Association. New Orleans, USA.

161. **Koszycki D**, Bradwejn J, Bourin M. (1991, May). Comparison of cholecystokinin-tetrapeptide and carbon dioxide in normals. Annual Meeting of the American Psychiatric Association. New Orleans, USA.
162. Bradwejn J, **Koszycki D**, Shriqui C. (1991, April). Specificity of action of cholecystokinin tetrapeptide in panic disorders. Meeting of the Anxiety Disorders Association of America. Chicago, USA.
163. Bradwejn J, **Koszycki D**, Payeur R, Borthwick H. (1991, August). Study of the repetition of action of CCK-4 in panic disorder. World Congress of Neuroscience, IBRO Montreal, Canada.
164. Bradwejn J, **Koszycki D**, Shriqui C. (1991, August). Comparison of the action of cholecystokinin in panic and agoraphobia. World Congress of Neuroscience, IBRO, Montreal, Canada.
165. **Koszycki D**, Bradwejn J, Bourin M. (1991, August). Comparison of the panicogenic effects of CCK-4 and CO₂ in normal controls. World Congress of Neuroscience, IBRO, Montreal, Canada.
166. **Koszycki D**, Bradwejn J, Campbell JF. (1990, September). Psychological correlates of carbon dioxide-induced anxiety. Congress of Collegium Internationale Neuro-psychopharmacologicum. Kyoto, Japan.
167. Bradwejn J, **Koszycki D**. (1990, September). Comparison of the effects of cholecystokinin-tetrapeptide and of 35% CO₂ in panic disorder. Congress of Collegium Internationale Neuro-psychopharmacologicum. Kyoto, Japan.
168. Bradwejn J, **Koszycki D**, Shriqui C. (1990, September). A dose-ranging study of the panicogenic effect of cholecystokinin-tetrapeptide in healthy volunteers. Congress of Collegium Internationale Neuro-psychopharmacologicum. Kyoto, Japan.
169. Bradwejn J, **Koszycki D**, Shriqui C. (1990, September). Cholecystokinin-induced panic attacks: A comparison in panic disorder and agoraphobia. Congress of Collegium Internationale Neuro-psychopharmacologicum. Kyoto, Japan.
170. **Koszycki D**, Bradwejn J, Campbell J. (1990, September). Differential response to CO₂ in panic disorders. Congress of Collegium Internationale Neuro-psychopharmacologicum, Kyoto, Japan.
171. Bradwejn J, Shriqui C, Meterissian G, **Koszycki D**. (1990, September). The antimanic action of clonazepam and lorazepam: A comparison. Congress of Collegium Internationale Neuro-psychopharmacologicum, Kyoto, Japan.
172. **Koszycki D**, Bradwejn J, Campbell J. (1990, May). Psychological correlates of response to inhalation of thirty-five percent CO₂. Annual Meeting of the American Psychiatric Association. New York, USA.

173. Bradwejn J, **Koszycki D**, Shriqui C. (1990, May). Dose ranging study of CCK-4 in healthy volunteers. Annual Meeting of the American Psychiatric Association Meeting. New York, USA.
174. Bradwejn J, **Koszycki D**, Shriqui C. (1990, May). Cholecystokinin panic: Panic disorder versus agoraphobia. Annual Meeting of the American Psychiatric Association. New York, USA.
175. Bradwejn J, **Koszycki D**, Shriqui C. (1990, May). CCK-4 versus CO₂ panic attacks in panic disorder. Annual Meeting of the American Psychiatric Association. New York, USA.
176. Bradwejn J, Shriqui C, Meterissian G, **Koszycki D**. (1990, February). A double-blind comparison of clonazepam and lorazepam in acute mania. Regional Congress - World Federation of Society for Biological Psychiatry. Casablanca, Morocco.
177. Bradwejn J, **Koszycki D**, Shriqui C. (1990, April). A new concept in anxiety: The role of cholecystokinin in the neurobiology of panic disorder. International Symposium on New Concepts in Anxiety. Castres, France.
178. **Koszycki D**, Bradwejn J, Campbell J. (1990, April). CO₂ response profiles in panic disorder subtype. International Symposium on New Concepts in Anxiety. Castres, France.
179. Bradwejn J, **Koszycki D**, Shriqui C. (1990, June). Comparison of cholecystokinin-induced panic attacks in panic disorder and agoraphobia. Meeting of the Canadian College of Neuropsychopharmacology. Banff, Canada.
180. Bradwejn J, **Koszycki D**, Shriqui C. (1990, June). Dose-ranging study of the effects of cholecystokinin-tetrapeptide in healthy volunteers. Meeting of the Canadian College of Neuropsychopharmacology. Banff, Canada.
182. **Koszycki D**, Bradwejn J, Campbell J. (1990, June). Differential response to CO₂ in panic disorder. Meeting of the Canadian College of Neuropsychopharmacology. Banff, Canada.
182. Bradwejn J, **Koszycki D**, Shriqui C. (1990, June). A comparison of the panicogenic effects of cholecystokinin and CO₂ in panic disorder. Meeting of the Canadian College of Neuropsychopharmacology. Banff, Canada.
183. Bradwejn J, Shriqui C, Meterissian G, **Koszycki D**. (1989, September). The Antimanic Actions of Clonazepam and Lorazepam: A Comparison. Annual Meeting of the Canadian Psychiatric Association, St. John's, Canada.
184. Bradwejn J, **Koszycki D**, Meterissian G, Shriqui C. (1989, September). Videotape Demonstration of a Panic Attack Induced by Cholecystokinin-Tetrapeptide in Healthy Volunteers. Annual Meeting of the Canadian Psychiatric Association, St. John's, Canada.

185. **Koszycki D**, Bradwejn J, Campbell J.F. (1989, September). Somatic, Affective, and Cognitive Responses to a Single-Inhalation of 35% CO₂. Annual Meeting of the Canadian Psychiatric Association Meeting. St. John's, Canada.
186. Bradwejn J, **Koszycki D**, Shriqui C, Meterissian G. (1989, November). Specificity of action of CCK-tetrapeptide in panic disorder. Society for Neuroscience Meeting. Phoenix, Arizona.
187. Bradwejn J, **Koszycki D**, Shriqui C, Meterissian G. (1989, November). Specificity of action of CCK-tetrapeptide in panic disorder. Society for Neuroscience Meeting. Phoenix, USA.
188. Bradwejn J, **Koszycki D**, Meterissian G, Shriqui, C.(1989, July). Cholecystokinin in panic disorder and healthy volunteers. Joint Meeting of the Canadian College of Neuropsychopharmacology and British Association of Pharmacology. Cambridge, England.
189. Bradwejn J, Shriqui C, Meteressian G, **Koszycki D**. (1989, May). Comparison of clonazepam and lorazepam in mania. Annual Meeting of the American Psychiatric Association , San Francisco, USA.
190. Bradwejn J, **Koszycki D**, Meteressian G., Shriqui C. (1989, May). Cholecystokinin panic: Patient control Differences. Annual Meeting of the American Psychiatric Association Meeting, San Francisco, USA.
191. **Koszycki D**, Bradwejn J, Campbell J.F. (1989, May). CO₂ Response Profiles: Panic disorder and agoraphobia. Annual Meeting of the American Psychiatric Association Meeting, San Francisco, USA.
192. Bradwejn J, Meteressian G, **Koszycki D**. (1988, November). Cholecystokinin-tetrapeptide induces panic attacks in patients suffering from panic disorder. Society for Neuroscience Meeting, Toronto, Canada.
193. Bradwejn J, Meteressian G, **Koszycki D**. (1988, September). A videotaped demonstration of cholecystokinin-induced panic attacks. Canadian Psychiatric Association Meeting, Halifax, Canada.
194. Bradwejn J, Meteressian G, **Koszycki D**. (1988, May). Enhanced sensitivity to cholecystokinin tetrapeptide in panic disorder. Meeting of the Canadian College Neuropsychopharmacology, Montreal, Canada.
195. Bradwejn J, Meteressian G, **Koszycki D**. (1988, August). The effects of cholecystokinin in panic disorder. Collegium Internationale Neuro-psychopharmacologicum, Munich, Germany.
196. Bradwejn J, Meteressian G, **Koszycki D**. (1988, May). Cholecystokinin induces panic in panic disorder. New Research and Abstracts. American Psychiatric Association Meeting, Montreal, Canada.

197. Pecknold JC, McClure DJ, Amiri P, Fleury D, **Koszycki D.** (1983). Anxiolytic versus anxiety control in generalized anxiety disorder. World Congress of Psychiatry of Psychiatry, Vienna, Austria.

Media Activities

1. 1310 News Radio (CarolAnne Meehan). The benefits of mindfulness. October 27th, 2016.
2. Ottawa Citizen (Joanne Laucius). uOttawa researchers probe how mindfulness can help treat modern conditions. October 21, 2016 (on line) and October 22, 2016 (press)
3. University Gazette (Linda Scales). Mindfulness Acadmey launches at Brain Health Awareness Week. September 27, 2016
4. University Affairs (Catherine Couturier). Mindfulness gaining traction on Canadian campuses. March 14, 2016.
5. La Presse (Violaine Ballivy). Récession et violence vont de pair. April 6, 2009.
6. The Fulcrum (UOttawa Newspaper) (Sarah Leavitt). Eloquent Speech. October 2008.
7. The Charlatan (Carleton University Newspaper) (Elise A Milbrant). Freedom from phobias and tears and fears. October 2008.
8. Bipolar Magazine (Peter Jaret). Body Rio- Relaxed in the moment. Winter 2008.
9. The Ottawa Sun (Nelly Alayoubi). Science takes look at spiritual: Alternative treatments tested. September 27, 2007.
10. The Ottawa Citizen (Dave Rogers). Women, stress and depression. June, 29, 2006.
11. The Ottawa Citizen (Jennifer Green) “Area experts will probe links between stress and spirituality. April, 29, 2006.
12. CTV. Three part series on phobias (Catherine Latheme). November 2005.
13. CBC. The Nature of Things (David Suzuki). Passion and Fury- The Emotional Brain (documentary). May 11 and 12, 2005 (multiple broadcasts nationally and internationally thereafter).
14. Le Devoir (Mylane Tremblay). La méditation en guise de traitement de premiere ligne. February 26, 2005.
15. Ottawa Sun (Nelly Elayoubi). Acrophobia. March 12, 2005.
16. Ottawa Sun (Geoff Matthews). Claustrophobia. March 6, 2005.
17. CJOH News (Anna Korina Tubanar). Series on stress. February 28 and March 1 and 2, 2005.
18. Ottawa Sun (Derek Puddicombe). Tune out if it’s too much, doc urges (article dealing with anxiety associated with watching televised tsunami disaster in South East Asia). December 31, 2004.
19. WKNW Radio-Vancouver (Jennifer Mather). Social Phobia. December 15, 2003.
20. Ottawa Citizen (Sharon Kirkey). “Bold treatment for shy people”. December 6, 2003.
21. Globe and Mail (Anne McIlroy). “High Anxiety”. September 20, 2003.
22. The Ottawa Citizen (Ray Lauzon). Driving anxiety. June 13, 2003.
23. CBC Newsworld (with Ben Chin). New York Angst. May 25, 2002.
24. TV Ontario. Studio 2. Panic disorder (Documentary). February 4, 2002 (plus multiple broadcasts nationally and internationally).
25. CBC. The Big Picture (Canada on Guard; 3 hours special with Peter Mansbridge dealing with September 11th Terrorist attack) October 30, 2001.
26. CTV National News: Anxiety and bioterrorism (October 16, 2001).
27. CJOH News. Mental Health Awareness Week, May 21, 2001.
28. News Talk Radio, Saskatoon. Genetic findings in Panic Disorder, June 18, 1999.
29. Ottawa Citizen: Genetic findings in Panic Disorder, May 22, 1999.
30. National Post. Panic Disorder. May 22, 1999.

31. CTV News: Genetic findings in Panic Disorder. May 21, 1999.
32. CBC Marketplace. Fear of Flying. January 1998.
33. CBC Radio (British Columbia). "Fear of flying." December 20, 1996.