

CIRRULUM VITAE

March 18, 2024

Scott R Bishop, Ph.D., C. Psych.

EDUCATION

1987 – 1991 Dalhousie University, BSc (Honours) in Psychology
1991 – 1998 Dalhousie University, PhD in Clinical Psychology
(Awarded a 5 year Medical Research Council of Canada Studentship)
1996 – 1997 Riverview Hospital Psychology Internship (Vancouver, BC)
2001 – 2006 Toronto Institute for Contemporary Psychoanalysis, Post-Graduate Diploma

APPOINTMENTS

Hospital/Clinic

2005 – present Psychologist and Psychoanalyst in Private Practice
2005 – 2006 Psychologist, Psychological Trauma Clinic, Whitby Mental Health Centre
2005 (6 months) Consulting Psychologist, Functional Restoration Program, Toronto Western Hospital
2003 – 2005 Psychologist, Psychological Trauma Program, Centre for Addiction and Mental Health
2000 – 2003 Psychologist, Psychosocial Oncology Program, University Health Network
1997 – 1999 Psychologist, Ministry for Children and Families, Vancouver, BC

Academic

2022 – present Supervisor, Advanced Training Program in Psychoanalytic Psychotherapy, Toronto Psychoanalytic Institute
2016 – present Adjunct Lecturer (Status Only), Department of Psychiatry, University of Toronto
2016 – present Psychiatry Resident Supervisor (Psychodynamic Psychotherapy), Department of Psychiatry, University Health Network
2011 – 2021 Faculty and Supervisor, Institute for the Advancement of Self Psychology
2006 – present Faculty & Supervisor Toronto Institute for Contemporary Psychoanalysis
2003 – 2010 Assistant Professor, Department of Psychiatry, University of Toronto
2001 – 2003 Lecturer, Department of Psychiatry, University of Toronto
2001 – 2003 Affiliated Scientist, Toronto General Research Institute, University Health Network
2000 – 2003 Clinical Scientist, Psychosocial Oncology Program, University Health Network

LICENSE & MEMBERSHIPS

2000 – present Ontario College of Psychologists (License #20003569)
2000 – present Canadian Psychological Association

SELECTED PROFESSIONAL ACTIVITIES (LAST 10 YEARS)

2023- Current	Chair, Ethics Committee, Toronto Institute for Contemporary Psychoanalysis
2012– 2014	Study Group Coordinator, “Psychosis,” Toronto Institute for Contemporary Psychoanalysis
2009-2011	Study Group Coordinator, “Neuropsychanalysis,” Toronto Institute for Contemporary Psychoanalysis
2006 – 2012	Co-Chair, Scientific Program, Toronto Institute for Contemporary Psychoanalysis
2006 – 2010	Founding Editor, Bulletin for the Toronto Society for Contemporary Psychoanalysis
2006 – 2010	Executive Board, Toronto Institute for Contemporary Psychoanalysis

TEACHING & SUPERVISION

2022 – present	<i>Toronto Psychoanalytic Institute</i> , Advanced Training Program in Psychoanalytic Psychotherapy. Supervise candidates in this 2 year post-graduate program.
2016 – present	<i>University Health Network</i> , Department of Psychiatry. Supervise psychiatry residents in psychodynamic psychotherapy.
2016 – present	<i>University of Toronto</i> , Department of Psychiatry. Teach seminars in psychodynamic psychotherapy in the Psychiatry Residency Program.
2011 – 2020	<i>Institute for the Advancement of Self-Psychology</i> . Teach in the 2 year program in psychodynamic psychotherapy and 4-year post-graduate psychoanalytic training program. Supervise candidates in training cases.
2006 – Present	<i>Toronto Institute for Contemporary Psychoanalysis</i> . Teach in the 4-year post-graduate psychoanalytic training program. Supervise candidates in training cases.
2008 – 2010	Buddhism, Psychology & Mental Health Program, <i>New College, University of Toronto</i> . Taught “ <u>Psychotherapy and Buddhism</u> ” for two consecutive years.
2005 – 2006	<i>Whitby Mental Health Centre</i> , CPA/APA Internship Program. I trained and supervised psychology interns in the assessment and psychodynamic treatment of complex severe trauma spectrum disorders (DID, complex PTSD, etc).
2003–2005	<i>Centre for Addiction and Mental Health</i> , CPA/APA Internship Program. I trained and supervised psychology interns and psychology practicum students in the treatment of refractory PTSD and other occupational stress injuries.
2000 –2003	<i>University Health Network</i> , Psychology Practicum Program. I trained and supervised psychology practicum students and psychology interns in the assessment and treatment of medical patients, focusing on Psychosocial Oncology and Palliative Care.
2000 – 2010	<i>University of Toronto</i> , Faculty of Medicine, Psychiatry Residency Program. I taught psychiatry residents in seminars on topics in psychodynamic psychotherapy.
1998– 2000	<i>Delta Mental Health Centre</i> , Ministry of Health (British Columbia), Psychology Practicum Program. I trained and supervised psychology practicum students in the assessment and individual and family treatment of adolescents with mental disorders.

- 1993 –1994 *Dalhousie University, Department of Psychology. As a sessional lecturer, taught Introduction to Psychology (Full year)*
- 1994 *Dalhousie University, Department of Psychology. As a sessional lecturer, taught Abnormal Psychology (half-year)*

AWARDS

- 2016 The Psychotherapy Award for Academic Excellence (2015-2016). Awarded by the Department of Psychiatry, University of Toronto.

RESEARCH GRANTS

- 2005-2007 Toronto Emergency Services Association (\$100,000)
Principle Investigators: Halpern, J. & Bishop, S.
Co-Investigators: Gurevich, M., Swartz, B.
Preventing PTSD in Emergency Service Personnel
2005. Canadian Foundation for AIDS Research (\$85, 205)
Principle Investigator: Gayner, B.
Co-Investigators: Esplen, M., DeRoche, P., Bishop, S.
A Randomized Controlled Trial of a Mindfulness-Based Stress Reduction Intervention for Men Living with HIV
2005. SSHRC Institutional Research Grant (\$7000)
Principle Investigator: Gurevich, M.
Co-Investigators: Stuart, S., Saunders, N., Bishop, S.
Traumatic Stress in Youth Care: Strengthening Self-Regulation, Competencies and Identity
2005. SRC Fund Research Grant (\$5000)
Principle Investigator: Gurevich, M.
Co-Investigators: Rodin, G., Devins, G., Bishop, S., Easson, V.
Stress Response Syndromes in Breast Cancer: The Moderating Role of Meaning Making
- 2001-2004 Canadian Institutes of Health Research (\$176, 629)
Principle Investigator: Bishop, S.
Co-Investigators: Anderson, N., Lau, M., Segal, Z, Abbey, S., Devins, G.
Toward a Program of Research in Mindfulness Based Stress Reduction: Specifying the Construct of 'Mindfulness' and Development of a Self-Report Measure.
- 2000-2001 University of Toronto Mental Health Grant (\$5000)
Principle Investigator: Bishop, S.
Co-Investigators: Anderson, N, Abbey, S.
Specifying and Validating the Construct of 'Mindfulness.'

PUBLICATIONS

- Gayner, B., Eslain, M. J., DeRoche, P., Wong, J., **Bishop, S. R.**, Kavenagh, L. & Butler, K. (2012). A randomized controlled trial of mindfulness based stress reduction for HIV positive men. *Journal of Behavioral Medicine*, 35, 272-285.

- Anderson, N., Lau, M., Segal, Z. & **Bishop, S. R.** (2007). Mindfulness-based stress reduction and attentional control. *Clinical Psychology and Psychotherapy*, 14, 449-463.
- Bishop, S. R.** What do we really know about mindfulness based stress reduction? In *Handbook of Stress and Coping*. A. Monat, R. S. Lazarus (Eds.). Praeger: Westport, CT. 2007.
- Lau, M., **Bishop, S. R.**, Anderson, N., Segal, Z., Abbey, S., Shapiro, S., Carmody, J., & Devins, G. (2006). The Toronto Mindfulness Scale: Development and validation. *Journal of Clinical Psychology*, 62, 1445-1467.
- Shapiro, S. L., Astin, J. A., **Bishop, S. R.**, Cordova, M. (2005). Mindfulness-based stress reduction for health care professionals: Results from a randomized trial. *International Journal of Stress Management*, 12, 164-176.
- Gurevich, M, **Bishop, S. R.**, Bower, J., Malka, M & Naihof-Young, J. (2004). (Dis)embodying gender and sexuality in testicular cancer. *Social Sciences and Medicine*, 58, 1597-1607
- Bishop, S. R.**, Lau, M., Shapiro, S., Anderson, N., Carlson, L., Segal, Z. V., Devins, G. M., Abbey, S., Carmody, J., Velting, D. & Speca, M. (2004). Mindfulness: A proposed operational definition. *Clinical Psychology: Science and Practice*, 11 (3), 230-241.
- Bishop, S. R.** and Warr, D. (2003). Coping, catastrophizing and chronic pain in breast cancer. *Journal of Behavioral Medicine*, 26 (3), 265-281.
- Bishop, S. R.** (2002). What do we really know about mindfulness-based stress reduction? *Psychosomatic Medicine*, 64 (1), 71-83
- Sullivan, M. J. L., Rouse, D., **Bishop, S. R.** & Johnson, S. (1997). Thought suppression, catastrophizing and pain. *Cognitive Therapy and Research*, 21, 555 - 568.
- Sullivan, M. J. L., **Bishop, S. R.** & Pivik, J. (1995). The Pain Catastrophizing Scale: Development and validation. *Psychological Assessment*, 7, 524 - 532.
- Sullivan, M. J. L., Weinshenker, B., Mikail, S. & **Bishop, S. R.** (1995). Screening for major depression in the early stages of multiple sclerosis. *Canadian Journal of Neurological Sciences*, 22, 228-231.
- Sullivan, M. J. L., Ware, M. & **Bishop, S. R.** (1993). Introduction to special issue: Outreach rehabilitation in Canada. *Canadian Journal of Rehabilitation*, 6, 199 - 202.
- Bishop, S. R.**, Edgley, K., Fisher, R. & Sullivan, M. J. L. (1993). Screening for major depression in chronic low back pain with the Beck Depression Inventory. *Canadian Journal of Rehabilitation*, 7, 143-148.