

## Brent P. Macdonald, PhD

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### **EDUCATION:**

<b>Doctor of Philosophy</b> <i>Applied Psychology (Counselling)</i>	University of Calgary	2001
<b>Master of Arts</b> <i>School Psychology</i>	Mount Saint Vincent University	1997
<b>Bachelor of Education</b> <i>Secondary Humanities Focus</i>	Saint Mary's University	1993
<b>Bachelor of Arts</b> <i>Psychology/ English Major, First Class Standing</i>	University of Prince Edward Island	1992

### **PROFESSIONAL CERTIFICATIONS:**

• College of Alberta Psychologists (Registered Psychologist, # 2492)	1999-present
• Prince Edward Island Psychologist's Registration Board (Registered Psychologist, #73)	2018-present
• Northwest Territories Registration Board (Registered Psychologist #2205-64013)	2019-present
• Nova Scotia Board of Examiners in Psychology (Registered Psychologist #R0968)	2020-present
• College of Psychologists of British Columbia (Registered Psychologist #2683)	2022-present 2019-2020
• Courtesy Register, Psychologist (New Brunswick College of Psychologists)	2000
• Province of Alberta Teacher Certificate (Level 6 TC# 250069T)	
• Prince Edward Island Teacher Certificate (Level 6 TC #95-257)	1995
• Nova Scotia Teacher Certificate	1993

### **PROFESSIONAL AFFILIATIONS AND MEMBERSHIPS:**

• Editorial Board Member, <u>International Journal of Psychopathology and Psychiatric Diagnosis</u>	2024
• Editorial Board Member, <u>Journal of Mental Toughness Research and Practice</u>	2024
• International Centre of Mental Toughness Research and Development Member	2020-present 2020-present
• Mental Toughness Advisory Board Member	
• Learning Disabilities & ADHD Network Consortium Member & Public Education Committee Lead	2021-present
• Educational Psychology Professional Internship Consortium	2020-2022
• American Psychological Association – Full Member	2012-present
• National Association of School Psychologists	2012-present
• Psychologist's Association of Alberta Media Lead	2011-present
• Psychologist's Association of Alberta Public Education Committee Chair (Calgary)	2011-2019
• Psychologists Association of Alberta	1999-present
• Canadian Psychological Association	1999-present
• Canadian Representative to the Committee of State Leaders, APA	2013-2015
• Lieutenant Governor's Circle on Mental Health and Addictions	2014

- Alberta Representative to the APA State Leadership and Public Education Council **2011-2013/  
2015-2017**
- Psychologist's Association of Alberta School Psychology Committee Member **2009-2012**
- Canadian Society of Clinical Hypnosis, Alberta Division **1994-2004**
- Council of Learning Disabilities **1998-2008**
- Designated Special Education Independent Schools Stakeholders Group **2000-2007**
- Alberta Learning Disabilities Stakeholders Group **2000-2007**

#### **Awards:**

- Canadian Psychological Association John C. Service Member of the Year Award (CPA's *Psychology Works for COVID-19* Volunteering Initiative) **2021**
- Psychologist's Association of Alberta John G. Patterson Media Award **2015**
- American Psychological Association Committee of State Leaders Jefferson's Cup **2015**
- Crohn's and Colitis Foundation of Canada "Gutsiest Canadian" Award **2011**

#### **EMPLOYMENT BACKGROUND:**

<b>Assistant Professor</b>	<b>University of Prince Edward Island - Department of Psychology</b> <ul style="list-style-type: none"> <li>• Teaching doctoral courses in: <ul style="list-style-type: none"> <li>• Psychopathology across the lifespan</li> <li>• Psychological interventions for children &amp; adolescents</li> <li>• Psychological assessment of children ( adolescents</li> <li>• Community Psychology Practicum</li> </ul> </li> <li>• Supervising doctoral practicum students</li> <li>• Consulting with the Psychology Training Clinic</li> <li>• Developing a robust research program</li> <li>• Collaborating with various community agencies in the development of a robust research program</li> </ul>	<b>2024</b>
<b>Lead Psychologist</b>	<b>Onward Psychology Group</b> <ul style="list-style-type: none"> <li>• Operating and managing an independent practice in psychology</li> <li>• Providing a wide range of psychological services (assessment, counselling, consultation) to children, adolescents, and young adults, along with their families</li> <li>• Consulting psychologist with the UPEI Adult ADHD Clinic, providing diagnostic and intervention support for a range of clients with complex needs</li> <li>• Consulting and developing programs related to psychological health in private and public educational institutions, including the Calgary Stampede Foundation's <i>Young Canadians</i>, Calgary Girl's School, Strathcona-Tweedsmuir School, Calgary French &amp; International School, River Valley School, Connect Charter School, among others</li> <li>• Consulting contracts with various independent and public schools in Alberta, British Columbia, Northwest Territories, Yukon Territory, and Prince Edward Island</li> </ul>	<b>2007-Present</b>

	<ul style="list-style-type: none"> <li>• Chair of Special Needs Tribunals for Alberta Education (2017-2022)</li> <li>• Supervising numerous practicum graduate students, interns, and registered provisional psychologists</li> </ul>	
<b>Adjunct Assistant Professor/ Sessional Instructor</b>	<b>University of Calgary (Werklund School of Education)</b> <ul style="list-style-type: none"> <li>• Developing and teaching a wide range of undergraduate and graduate courses in educational psychology, including child/ adolescent psychopathology, psychological assessment, intervention planning, special education, professional consultation, practicum supervision, among others Clinical &amp; field supervisor for School/ Applied and Counselling Psychology Programmes</li> <li>• Clinical supervisor with Integrated Services in Education (Onsite clinical program)</li> <li>• On-campus and online course delivery</li> </ul>	<b>1998-Present</b>
<b>Sessional Instructor</b>	<b>Acadia University</b> <ul style="list-style-type: none"> <li>• Teaching an on-campus graduate course in assessment in counselling</li> </ul>	<b>2024</b>
<b>Instructor, Sessional/ Term-Certain (1999-2000)</b>	<b>Mount Royal University (Departments of Psychology; Health, Community, &amp; Education; &amp; Continuing Education)</b> <ul style="list-style-type: none"> <li>• Instructing various undergraduate level courses, including Introductory and Abnormal Psychology, Lifespan Development, and developing and teaching courses on Exceptional Learners in the Inclusive Classroom</li> <li>• Served on various committees, including the Faculty of Arts Council</li> <li>• Prepared course curriculum and assessment procedures</li> <li>• Created and maintained course websites</li> </ul>	<b>1997-2020</b>
<b>Psychologist/ Head of Student Services/ Associate Principal</b>	<b>Rundle Academy</b> <ul style="list-style-type: none"> <li>• Administrating and teaching at a school for students in grades 4-12 who have a wide range of Learning Disabilities &amp; ADHD</li> <li>• Responsibilities include student and staff evaluation, student scheduling, professional development, hiring of professional staff, and numerous other administrative duties</li> <li>• Counseling and assessment of students</li> <li>• Managing all aspects of student admissions, including recruitment, assessment, public relations, and so on</li> <li>• Coordinating with various external agencies, including post-secondary institutions, Alberta Education, and others</li> </ul>	<b>2000-2008</b>
<b>Provisional Psychologist</b>	<b>Calgary Learning Centre</b> <ul style="list-style-type: none"> <li>• Providing psychoeducational assessments and counselling services for children and adults with learning, attention, and behavioral issues</li> <li>• Presenting on numerous issues related to learning and attention to parent, student, and professional groups</li> <li>• Consulting at a school for students with Learning Disabilities</li> </ul>	<b>1998-1999</b>

<b>Contract Psychologist</b>	<b>Calgary Board of Education/ Calgary Learning Centre/ Paradigm Solutions</b> <ul style="list-style-type: none"> <li>Conducting complex psychoeducational and behavioral assessments of children and adults</li> </ul>	<b>1997-2000; 2008</b>
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#### **RELATED PROFESSIONAL EXPERIENCE:**

<b>Editorial Board Member</b>	<ul style="list-style-type: none"> <li><b><i>Journal of Mental Toughness Research</i></b></li> <li><b><i>International Journal of Psychopathology and Psychiatric Diagnosis</i></b></li> </ul>	<b>2024-present</b>
<b>Professional Practice Advisor</b>	<b>Psychologist's Association of Alberta</b> <ul style="list-style-type: none"> <li>Providing professional and ethical guidance to member psychologists</li> </ul>	<b>2020-present</b>
<b>Proposal Reviewer</b>	<b>American Psychological Association, Division 16 (School Psychology)</b> <ul style="list-style-type: none"> <li>Reviewing and making recommendations for presentation &amp; workshop proposals for APA Annual Conventions</li> </ul>	<b>2017-present</b>
<b>Oral Examiner</b>	<b>College of Alberta Psychologists</b> <ul style="list-style-type: none"> <li>Examining provisionally registered psychologists for final registration</li> </ul>	<b>2018-2020</b>
<b>Peer Reviewer</b>	<b>National Association of School Psychologists</b> <ul style="list-style-type: none"> <li>Reviewing manuscripts submitted for presentation at NASP's Annual Convention</li> </ul>	<b>2017-present</b>
<b>Master's Comprehensive Panel Chair</b>	<b>City University</b> <ul style="list-style-type: none"> <li>Reviewing case presentations and evaluating student performance for master's- level exit projects</li> </ul>	<b>2016-present</b>
<b>Dissertation Committee Member</b>	<b>University of Prince Edward Island, Faculty of Arts (Psychology)</b> <ul style="list-style-type: none"> <li>Student: Allegra Netten</li> <li>Dissertation Title: The development and validation of a scale to measure climate change anxiety.</li> </ul>	<b>2022</b>
	<b>University of Calgary, Werklund School of Education</b> <ul style="list-style-type: none"> <li>Student: Jessica Piitz</li> <li>Dissertation Title: Investigating protective factors for victims of cyberbullying</li> </ul>	<b>2015</b>
<b>Honours Thesis Supervisor/ Committee</b>	<b>University of Prince Edward Island</b> Student: Sydney Pollard Thesis: Investigating the relationship between creativity, resilience, and mental toughness in university students.	<b>2022</b>

<b>Member/ Advisor</b>	<b>Mount Royal University</b> Student: Katherine Holland Thesis: The relationship between attachment style, mental toughness, and tripartite perfectionism in post-secondary students	<b>2024</b>
<b>Peer Reviewer</b>	<b>Canadian Psychological Association</b> <ul style="list-style-type: none"> <li>Reviewing manuscripts submitted for publication in the Canadian Psychological Association's <i>Canadian Psychology</i> journal</li> </ul>	<b>2015-present</b>
<b>Field Supervisor</b>	<b>University of Calgary</b> <ul style="list-style-type: none"> <li>Arranged practicum placements for students in a variety of psychoeducational settings including schools and community agencies</li> <li>Supervised undergraduate and graduate students in their practicum sites</li> </ul>	<b>1996-2019</b>
<b>Educational Consultant/ Therapist</b>	<b>Life Education Services of New Brunswick</b> <ul style="list-style-type: none"> <li>Provided educational and behavioral consultation for a private school for students with severe behavioral and emotional disorders</li> <li>Collaborated with a research team in the development of a software package designed for use in developing Individualized Program Plans based on standardized test results</li> </ul>	<b>1995-1998</b>
<b>Guidance Counsellor/ Teacher</b>	<b>Prince Edward Island Eastern School District</b> <ul style="list-style-type: none"> <li>Provided guidance services for students in rural schools (grades 1-9, servicing approximately 500 students)</li> <li>Developed and managed guidance programming, including individual counselling, group therapy, classroom instruction, parenting workshops, and professional development</li> </ul>	<b>1995-1996</b>

#### **SELECTED PUBLICATIONS (peer-reviewed)**

**Macdonald, B.P. (2024).** The mediating role of mental toughness in psychological distress: Borrowing from sport psychology to enhance the functioning of vulnerable individuals. Paper invited for publication, International Journal of Psychopathology and Psychiatric Diagnosis.

**Macdonald, B.P. (2024).** Mental toughness in neurodiverse adults. Paper submitted for presentation at the Canadian Psychological Association Annual Convention, St. John's, NL

Holland, K., Devoe, D., Ogden, N. & **Macdonald, B.P. (2024).** The relationship between attachment style, mental toughness, and tripartite perfectionism in post-secondary students. Submitted for publication to Personality and Individual Differences.

#### **SELECTED PUBLICATIONS/ PRESENTATIONS/ GRANT SUBMISSIONS (invited/ non-peer reviewed):**

**Macdonald, B. P. (2024).** Mental toughness in North America: Developing a partnership with European researchers and practitioners for implementation in secondary and post-secondary environments. Proposal submitted to Destination Horizon Europe through Social Sciences and Humanities Research Council (SSHRC).

Jackson, T. & **Macdonald, B.P.** (2024). Executive functioning and mental toughness in neurodiverse adults: An intervention program. Proposal submitted to the PEI Alliance for Mental Wellness.

**Macdonald, B. P.** (2025). Disrupting Mental Toughness Mythology: What mental toughness really is and how/ why it can/ should be implemented for university students to enhance their post-secondary - and life – experiences. Paper accepted for presentation at UPEI ConneXions Conference, Charlottetown, PE.

### **SELECTED PUBLICATIONS/ PRESENTATIONS (invited/ non-peer reviewed):**

**Macdonald, B.P.** (2024). Self-care as an ethical obligation: What teachers owe themselves. Keynote Address, MRU Inclusive Education Symposium/ Calgary City Teacher Convention, Calgary, AB.

**Macdonald, B.P.** (2024). A deeper examination of the ethical obligation for self-care: Beyond pizza lunches and casual Fridays. Breakout session MRU Inclusive Education Symposium/ Calgary City Teacher's Convention, Calgary, AB.

**Macdonald, B.P.** & Scout, C. (2024). Ethical considerations and practical strategies for developing effective self-care practices. Panel discussion MRU Inclusive Education Symposium/ Calgary City Teacher's Convention, Calgary, AB.

**Macdonald, B.P.** (2023). ADHD and mental toughness. Paper presented at Canadian ADHD Resource Alliance 2023 Annual Convention, Calgary, AB.

**Macdonald, B.P.** (2020-present). Featured monthly columnist, Calgary's Child Magazine.

**Macdonald, B.P.** (2023). Mental toughness in education. Parent workshop, Calgary Academy, Calgary, AB.

**Macdonald, B.P.** (2023). Developmental features in children post-pandemic. Parent session, Calgary French & International School, Calgary, AB.

**Macdonald, B.P.** (2023). Mental toughness for teachers. *Keynote address*, Rundle College Teacher's Convention, Calgary, AB.

**Macdonald, B.P.** (2022). LD & ADHD Network Panel Discussion (panelist). Calgary, AB.

**Macdonald, B.P.** (2022). Mental toughness in education. *Keynote address*, PEI Teacher's Convention, Charlottetown, PEI

**Macdonald, B.P.** (2022). Anxiety in preteens and adolescents. Professional development workshop, Calgary Jewish Academy, Calgary, AB.

**Macdonald, B.P.** (2022). Tougher than the rest: Mental toughness for educators. *Keynote Address*, Calgary City Teacher's Convention.

**Macdonald, B.P.** (2022/2023). Anxiety in the classroom community. Teacher workshop, Rundle School, Calgary, AB.

**Macdonald, B.P.** (2022). Anxiety in children and adolescents. Psychologist's Association of Prince Edward Island Public Education Seminar, Charlottetown, PEI.

**Macdonald, B.P.** (2022). Mental toughness strategies for parents and educators. W.D. Pratt Parent Information Seminar, Calgary, AB.

**Macdonald, B.P.** (2021). Fall seven times, stand up eight: Mental toughness for everyone. Kendall Hunt, Dubuque, IA.

**Macdonald, B.P.** (2021). A relaxed brain is the best pillow: The value of sleep for children and adolescents. Webinar for Strong Minds, Strong Kids/ Psychology Canada.

**Macdonald, B.P.** (2021). Mental toughness in youth. Calgary City Teacher's Convention, Calgary, AB.

**Macdonald, B.P.** (2021). Working with students with trauma history. Educator Workshop, Yellowknife Catholic Schools, Yellowknife, NT.

**Macdonald, B.P.** (2020). Teacher wellness in challenging times. Teacher Workshop, River Valley School, Calgary, AB.

**Macdonald, B.P.** (2020). Parenting styles and strategies in challenging times. Parent Workshop, River Valley School, Calgary, AB.

**Macdonald, B. P.** (2020). Developing positive relationships with adolescents and screen use. Parent workshop, Foothills Composite School, Okotoks, AB.

**Macdonald, B.P.** (2020). Anxiety and perfectionism: Being okay with being okay. Parent Workshop, Griffith Woods School, Calgary, AB.

**Macdonald, B.P.** (2019). Screentime challenges in elementary-aged students. Parent Workshop, Marion Carson School, Calgary, AB.

**Macdonald, B.P.** (2019). Anxiety in elementary-aged student: What it is and what to do. Parent Workshop, West Spring School, Calgary, AB.

**Macdonald, B.P.** (2019). *Screenagers: The Next Chapter.* Panelist, Connect Charter School, Calgary, AB.

**Macdonald, B. P.** (2019). Positive psychology in foster parenting relationships. Parent Workshop, Hull Services, Calgary, AB.

**Macdonald, B.P.** (2019). 25 things kids with ADHD wished their parents knew. Parent Workshop, Huntington Hills School Parent Workshop Series, Calgary, AB.

**Macdonald, B.P.** (2019). Developing Mental Toughness using the MTQ Plus in a private school community. Calgary French & International School Senior Administration Team Workshop, Canmore, AB.

- Macdonald, B. P.** (2019). 25 things kids with ADHD wished their parents knew. Parent Workshop, Foothills Academy Parent Workshop Series, Calgary, AB.
- Macdonald, B.P.** (2019). "I am still right here": Non-suicidal self-injury in children and adolescents. Community Education Series, Alberta Health Services, Western High School, Calgary, AB.
- Macdonald, B. P.** (2019). ADHD and anxiety. Community Education Services with Alberta Health Services, Calgary, AB.
- Macdonald, B. P.** (2019/2020). Relating with complex-exceptional learners. Paper accepted for presentation, California Association for the Gifted Annual Convention, Palm Springs, California.
- Macdonald, B.P.** (2018). ADHD and anxiety. Community Workshop Series, Foothills Academy, Calgary, AB.
- Macdonald, B.P.** (2018). Treatment options for young adults with ADHD. Family Medicine Review, Cumming School of Medicine, University of Calgary, Calgary, AB.
- Macdonald, B. P.** (2018). 25 things kids with ADHD wished teachers knew. Professional Workshop, Calgary Regional Consortium, Calgary, AB.
- Macdonald, B.P.** (2018). Healthy Sleep Habits for Children and Adolescents. Parent Workshop, Strathcona-Tweedsmuir School, Okotoks, AB.
- Macdonald, B.P.** (2018). Enhancing Positive Relationships with Students. Calgary Connect Charter School Teacher Professional Development and Parent Workshops, Calgary, AB.
- Macdonald, B.P.** (2018). Emotional Regulation in Elementary School Students. Teacher Professional Workshop, Strathcona-Tweedsmuir School, Okotoks, AB.
- Macdonald B.P.** (2018). Working with Challenging Parents. Teacher Professional Workshops, Calgary French & International School (Calgary, AB.) and Strathcona-Tweedsmuir School, Okotoks, AB.
- Macdonald, B.P.** (2017). 25 things students with ADHD wish teachers understood. Parent Workshop, Louis Riel School/ GATE Program, Calgary, AB.
- Macdonald, B.P.** (2017). A parent's guide to psychological assessment. Continuing Education Services with Alberta Health Services, Calgary, AB.
- Macdonald, B.P.** (2017). Psychological health in secondary school. Teacher Professional Development Workshop, Calgary French & International School, Calgary, AB.
- Macdonald, B.P.** (2017). Patients who underachieve at school. Cumming School of Medicine, Continuing Medical Education Webinar, Calgary, AB
- Macdonald, B.P.** (2017). 25 things students with ADHD wished teachers understood. Teacher Professional Development Workshop, Westmount Charter School, Calgary, AB
- Macdonald, B. P.** (2017). Anatomy of a Psychoeducational Assessment Report. Calgary Regional Consortium Workshop, Calgary, AB



- Macdonald, B. P.** (2017). I'll be needing stitches: Non-suicidal self-injury in young adults. Calgary Regional Consortium, Calgary, AB
- Macdonald, B.P.** (2017). Relational Aggression in elementary school populations. Rosscarrock/Westgate School Communities Parent Workshop, Calgary, AB
- Macdonald, B. P.** (2017). Developmental features of adolescence. Calgary French & International School Professional Development Workshop. Calgary, AB.
- Macdonald, B. P.** (2017). Psychoeducational assessments for teachers of students with Learning Disabilities/ ADHD. Rundle Academy Professional Development Workshop. Calgary, AB.
- Willment, J., Crawford, S. & **Macdonald, B.P.** (2013). Seminars of 50 students: Student group work in a B. Ed. educational psychology course. Canadian Psychology, 54, 2a: Workshop presented at the Canadian Psychological Association's Annual Convention, Quebec, PQ.
- Macdonald, B.P.** (2016, 2017, 2018, 2019, 2020, 2021, 2022). The role of the educational assistant in working with students with ADHD. Educational Assistant Workshop, Mount Royal University, Calgary, AB
- Macdonald, B.P.** (2016). 2e or not 2e: Meeting the needs of twice-exceptional learners in a gifted program. Paper presented at Westmount Charter School Professional Development Day, Calgary, Alberta.
- Amundson, J., Ferrence, G., **Macdonald, B.P.**, & Miller, J. (2015). Enhancing media effectiveness. Exemplar Panel Discussion at the Psychologist's Association of Alberta Enhancing Media Engagement: Advancing Psychological Health & Wellness through Public Education Workshop. Edmonton, Alberta.
- McKay, Diane A., Esbitt, S., Buckman, L., **Macdonald, B.P.**, Plante, W., & Bowen, S. (2015). Making Connections: Advocacy outside the box. Topical Discussion Group at the American Psychological Association State Leadership Conference, Washington, D.C.
- Macdonald, B.P.** (2014). Spreading the word: Psychology advocacy and the media. Paper presented at the Canadian Psychological Association Annual Convention, Vancouver, B.C.
- Macdonald, B.P.** (2014). "I know it, why do I have to write it?" Understanding complex-gifted students and academic output issues. Presentation at Parent Information Symposium - Westmount Charter School, Calgary, Alberta.
- Piotrowski, A. and **Macdonald, B.P.** (2014). Notes from the north: Psychology advocacy in Canada. Symposia presented at the American Psychological Association State Leadership Conference, Washington, D.C.
- Macdonald, B.P.**, Schwartz, K., & Snyder, M. (2014). Collaboration in school psychology. Psymposium 24.3, pp. 12-15.
- Macdonald, B.P.** (2013). Anxiety in independent schools. Paper presented at Parent Information Symposium – Calgary French & International School, Calgary, Alberta.

- Macdonald, B.P.** (2012). From experiencing and understanding to being understood. In Andrews, J.J.W. and Istvanffy, P. (2012). Exceptional life journeys: Stories of childhood disorders. Elsevier Press, New York.
- Macdonald, B.P.** (2012). Psychosocial factors in IBD. Paper presented at the Educational Symposium of the Crohn's and Colitis Foundation of Canada – Alberta Chapter, Calgary, Alberta.
- Macdonald, B.P.** and Barva, C. (2012). The emerging role of school psychologists. Paper presented to the Faculty of Education and Graduate Student's Association at the University of Calgary, Calgary, Alberta.
- Macdonald, B.P. (2011)**. Psychological assessment, interventions, and classroom implications. Rundle College Professional Development Workshop, Calgary, Alberta.
- Macdonald, B.P.** (2010, 2011, 2012, 2013, 2014). Transitions to Post-Secondary for students with Learning Disabilities. Annual Transitions Panel. Rundle College, Calgary, Alberta.
- Macdonald, B.P.** (2012). Effective understanding of psychological assessments. Strathcona-Tweedsmuir School Teacher's Convention, Okotoks, Alberta
- Macdonald, B.P.** and Crawford, S. (2011). Enhancing relationships between helping professionals in schools. Paper presented at the Alberta Guidance Council Conference, Banff, Alberta.
- Macdonald, B.P.** (2011). Transitions to post-secondary for high school students. Master's Academy, Calgary, Alberta.
- Lambert, E.L. and **Macdonald, B.P.** (2009). Writing strategies for students who have Learning Disabilities. Paper submitted for presentation at the 34<sup>th</sup> Learning Disabilities Association of Quebec Conference, Montreal, Quebec.
- Lambert, E.L. and **Macdonald, B.P.** (2008). How adolescents think about writing. Paper presented at the Colorado Chapter of the International Reading Association Conference, Denver, Colorado.
- Macdonald, B.P.** and Lambert, E.L. (2007). Memory and the writing process for adolescents. Paper presented at the 32<sup>nd</sup> Learning Disabilities Association of Quebec, Montreal, Quebec.
- Macdonald, B.P.** and Rogers, J. (2007). Differentiated assessment in the junior high classroom. Paper presented at the 4th Annual Independent Schools Association Teacher's Convention, Calgary, Alberta.
- Macdonald, B.P.** and Lambert, E.L. (2006). Memory strategies for assisting the writing process. Paper presented at the Alberta Provincial Literacy Council Annual Convention, Calgary, Alberta.
- Macdonald, B.P.**, Robertson, S. and Blankert, B. (2006). Teaching the student with Learning Disabilities/ ADHD: Classroom applications and accommodations. Paper presented at the 17<sup>th</sup> Annual Teaching/ Learning Institute, Mount Royal College. Calgary, Alberta.
- Macdonald, B.P.** and Lambert, E.L. (2006). You must remember this: Memory structure, process, and strategies. Paper presented at the 3<sup>rd</sup> Annual Independent Schools Association Teacher's Convention, Calgary, Alberta.

- Macdonald, B.P.** (2005). Best practices in the use of psychoeducational assessment reports. Paper presented at the 2<sup>nd</sup> Annual Independent Schools Association Teacher's Convention, Calgary, Alberta.
- Loewen, A. and **Macdonald, B.P.** (2004). Strategies for dealing with test anxiety. Paper presented at the 1<sup>st</sup> Annual Independent Schools Association Teacher's Convention, Calgary, Alberta.
- Macdonald, B.P.** and Loewen, A. (2004). Introducing the WISC-IV. Paper presented at the 1<sup>st</sup> Annual Independent Schools Association Teacher's Convention, Calgary, Alberta.
- Macdonald, B.P.** (2001). Identity processing in young men with testicular cancer. Unpublished Doctoral Dissertation, University of Calgary, Calgary, Alberta.
- Macdonald, B.P.** (October, 1999). Transitional study skills: Developing and implementing study skills programmes for students throughout the school years. Paper presented at the 12<sup>th</sup> International Learning Disabilities Association Annual Convention, Winnipeg, Manitoba
- Macdonald, B.P.** and Mathieson, C. M. (February, 1998). Identity and IBD in young adults: Individual, social, and educational implications. Paper presented at the Fourth International Qualitative Health Research Conference, Vancouver, British Columbia.
- Macdonald, B.P.** and Cutler, N. M. (May, 1996). Investigation into the development and implementation of a computerized psychoeducational assessment manager: The AIM project. In M. Eid (Moderator), Issues in Psychometric Assessment. Symposium conducted at the 23<sup>rd</sup> International Congress of Psychology, Montréal, Quebec.
- Macdonald, B.P.** and Cutler, N. M. (1996). Investigation into the development and implementation of a computerized psychoeducational assessment manager: The AIM project (Abstract). International Journal of Psychology. 31 (3-4). 229.
- Macdonald, B.P.** and Mathieson, C.M. (1995). Identity concerns for young adults with Chronic Inflammatory Bowel Disease (Abstract). Canadian Psychology, 35, 88.
- Macdonald, B.P.** and Mathieson, C.M. (June, 1995). Identity concerns for young adults with Chronic Inflammatory Bowel Disease. In C. Mathieson (Moderator), Illness, Identity, and Inter-Viewing. Symposium conducted at the Canadian Psychological Association Conference, Charlottetown, Prince Edward Island.

#### **SELECT MEDIA:**

- Macdonald, B.P.** (2024). Adult ADHD. CBC PEI Compass
- Macdonald B.P.** (2024). Supporting students with back-to-school anxiety. CBC Fredericton.
- Macdonald, B.P.** (2024). Why don't people do what they are supposed to? CBC Calgary.
- Macdonald, B.P.** (2024). Psychology month. Global Television Calgary.
- Macdonald, B. P.** (2024). Blue Monday. CBC Eyeopener.
- Macdonald, B. P.** (2024). Making New Year's resolutions that stick. Global Television Calgary.

**Macdonald, B.P.** (2024). Mental Wellness Series. Global Television Calgary.

**Macdonald, B.P.** (2023). Subjective aging. CBC Alberta at Noon.

**Macdonald, B.P.** (2022). Closing of Children's Hospice in Calgary. CBC News Calgary.

**Macdonald, B.P.** (2022). Elf on a Shelf: Fun or Surveillance? CBC London.

**Macdonald, B.P.** (2022). Reverse Seasonal Affective Disorder. CBC Radio North.

**Macdonald, B.P.** (2022). Why fear excites us. CBC Calgary Eyeopener.

**Macdonald, B.P.** (2023). Social media bravado. CITY TV Calgary.

**Macdonald, B.P.** (2022). Talking with Kids about the War in Ukraine. Global National

**Macdonald, B.P.** (2022). Mental toughness and Learning Disabilities. CBC Island Morning.

**Macdonald, B.P.** (2022). Toxic Positivity. Global National and MSN News Network.

**Macdonald, B.P.** (2021). Mental health in COVID Reopening. Global Calgary.

**Macdonald, B.P.** (2021). Money Stress in the COVID Pandemic. Global Calgary.

**Macdonald, B. P.** (2021). Coping with pandemic blues. Global Calgary and 770 AM.

**Macdonald, B.P.** (2021). Dealing with holiday stress. Global Calgary.

**Macdonald, B.P.** (2021). Being overwhelmed by advisory overload. CBC Calgary Eyeopener.

**Macdonald, B.P.** (2022). Why some people are avoiding vaccines. CBC Canada Tonight.

**Macdonald, B. P.** (2021). The risks and benefits of asking for help. CBC Alberta at Noon.

**Macdonald, B.P.** ( 2021). Guilty pleasures or just pleasure: Consuming reality TV. CBC Alberta at Noon

**Macdonald, B. P.** (2021). Maintaining mental wellness in a heat wave. Global Calgary Morning.

**Macdonald, B.P.** (2021). Reopening anxiety and learning loss in children following the COVID Pandemic. Global News Family Matters, Global Edmonton.

**Macdonald, B.P.** (2021). Psychologically health children: Planning for the Summer. Global Calgary Morning.

**Macdonald, B.P.** (2021). Reopening anxiety. CBC Radio & Global Morning Calgary.

**Macdonald, B.P.** (2021). Understanding the arrival fallacy. *Best Health Magazine*.

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