

# Stephen Butler: Curriculum Vitae

## 1. Personal Details

**Name:** Stephen Butler, PhD CPsych

**Department:** Psychology Department, University of Prince Edward Island (UPEI)

**Present appointment:** Professor

**Date of appointment:** July 1, 2018

**Other current Appointments:**

- Honorary Assistant Professor, University College London (UCL), London UK

## 2. Education

Dates	Detail of Degree	Institution
1978-80	B.A. Psychology	Trent University, Peterborough, Ontario.
1980-81	Honours B.Sc. Psychology	Trent University, Peterborough, Ontario.
1981-87	Ph.D Clinical Psychology	University of Ottawa, Ottawa, Ontario

## 3. Professional History (in chronological order)

Dates	Detail of Position Held	Institution
1988-1997	Staff Psychologist	Family Court Clinic (FCC), Clarke Institute of Psychiatry, Toronto, Canada
1990-1992	Acting Head Psychologist	FCC, Clarke Institute
1994-1996	Head, Young Offender Team	FCC, Clarke Institute
1997-1998	Full-time Private Practice	Toronto, Canada
1999-2018	Senior Lecturer	University College London
2000-2001	Clinical Psychologist	Greenland Road Child and Family Centre, Camden and Islington NHS
2003-2009	Consultant Clinical Psychologist	Islington CAMHS
2007-2009	Head, Child Clinical Psychology	Islington CAMHS
2018-Present	Professor, PsyD program, UPEI	
2018-Present.	Honorary Assistant Professor, UCL	

## 4. Other Appointments and Affiliations

1992-1997	Guest Lecturer	University of Toronto; Ontario Institute of Education
2003-2005	Research Consultant	Young Abusers Project in affiliation with the U.K. Home Office (Dangerous and Severe Personality Disorder in Adolescent Sex Offenders)

2003-2009	Chief Investigator	Brandon Centre, London (Randomised Control Trial of Multi-Systemic Therapy) (MST)
2008-2017	Project Co-ordinator (and one of the PIs)	UCL research multi-site evaluation of Multi-systemic Therapy (START)
2011-2018	Joint-Child IAPT UCL Londo Lead	Child-Improving access to Psychological Therapies was a government initiative to train the child and family mental health workforce in evidence-based therapies. <a href="https://www.annafreud.org/services/services-for-professionals/cyp-mh-workforce-development/what-was-cyp-iapt/">https://www.annafreud.org/services/services-for-professionals/cyp-mh-workforce-development/what-was-cyp-iapt/</a>
2011-2017	Project Co-ordinator and PI	UCL research of MST for Problem Sexual Behaviour (STEPS-B)
2015-2018	Project Co-ordinator and PI	Mentalization Based Therapy for Offending Adult Males (MOAM) <a href="http://www.isrctn.com/ISRCTN32309003">http://www.isrctn.com/ISRCTN32309003</a>
2016-2017	Chief Investigator	UCL research evaluation of multi-systemic therapy for Families in Transition MST-FIT <a href="https://www.gov.uk/government/publications/multisystemic-therapy-family-integrated-transitions">https://www.gov.uk/government/publications/multisystemic-therapy-family-integrated-transitions</a> (report)
2017-2018	External Examiner	CYP-IAPT course in Derby, U.K.

## 5. Professional Registration

### Current:

Prince Edward Island Psycholoist Registration Board: 2018- Present

### Previous:

Health Professions Council U.K. 2017-18

British Psychological Association: 2001-2016

Ontario Psychological Association: 1988-1999

Canadian Psychological Association: 1991-1999

## 6. Involvement in Grants

\$150,000	IYS-Net Phase 1: Building Learning Health System Networks - Stream 2 Development Grant - Prince Edward Island Grant <b>2023-25</b>
£1,070,624	from the NIHR HS&DR Researcher Led stream for the impact of different patterns of care on the long-term outcome of adolescent conduct disorder: a mixed methods study comparing multisystemic therapy (MST) and management as usual (MAU). (PI: Peter Fonagy; I was one of 12 CO-PIs) <b>2014-2017</b>
£259,630	from Department of Health for <i>A National Randomized Controlled Trial to Evaluate Multisystemic Therapy for Problem Sexual Behaviour in the UK Context</i> (Peter Fonagy (PI); one of 3 other co-investigators) <b>2011-2015</b>
£70,000	Extension <b>2015-16</b>
£160,000	from the Department of Education for the evaluation of Multisystemic Therapy for Families in Transition (MST-FTT). PI <b>2015-16</b>
	....
£1,524,881	from the NIHR HTA Researcher Led stream for <i>Treatment of aggression and violence in antisocial personality disorder: a community- based randomised controlled trial of mentalization based treatment</i> (PI: Peter Fonagy, I was one of the 12 CO-PIs) <b>01/2016-12/2017</b>

## 7. Teaching and Academic supervision

I currently supervise or co-supervise 5 doctoral theses in the UPEI PsyD program. I have also completed supervision of an additional 5 doctoral theses at UPEI, and co-supervision two PhD theses at UCL in the past six years. Both of the PhD theses were in conjunction with my former role as the project co-ordinator for the randomized control trial, Mentalization Based Therapy for Offending Adult Males (MOAM) and Honorary Assistant Professor (above). They were co-supervised with Professor Peter Fonagy, via zoom, the PI for MOAM.

Completed: *Doctoral of Psychology (PsyD, UPEI)*:

Caroline Chamandy (2025): “As much as it was helpful, it didn't really matter”: Parents’ Experiences of Psychoeducational Assessment in Atlantic Canada.

Justine Brown (2025): Exploring PEI elementary school teachers’ mental health literacy and decision-making processes regarding student mental health concerns.

Sylvie Glisinski (2024): Examining the associations between ADHD, callousness, anxiety and antisociality in a sample of youth with history of serious antisocial behaviour (co-supervisor, Professor Rob Saunders, UCL).

Emily Mcquarrie (2024): Examining predictive factors of relational aggression among adolescents.

*PhD Theses: University College London (UCL), (co-supervision with Professor Peter Fonagy, UCL)*

Elizabeth Simes (2024): Bridging the gap: a qualitative study exploring the impact of the involvement of researchers with lived experience on a multi-site randomised control trial in the National Probation Service in England and Wales.

Jessica Yakely (2024): Evaluating the implementation of a randomized controlled trial of mentalization-based treatment for antisocial personality disorder in the criminal justice system in England and Wales.

I supervised over 40 DCLinPsy theses for UCL. I also continue to be an external examiner for UCL Doctoral of Clinical Psychology theses, and did so during my time as an academic in the UK for King's College London, University of Bath, University of East Anglia, City University and Essex University.

## **8. Teaching Experience and Course Development**

I currently teach the four child courses in the Fall and Winter terms for the UPEI PsyD: Diagnosis and Psychopathology across the Lifespan, Child Assessment, Child Intervention and Advanced Child Intervention.

Psychopathology and Diagnosis across the Lifespan (Psy 6203): 2019-Present

Child Adolescent Assessment Practicum (Psy 6205): 2020-Present

Intervention with Children and Adolescents (Psy 7202): 2020-Present

Advanced Intervention with Children and Adolescents (Psy 7205): 2020-Present

Adolescent Development and Adjustment (Psy 3050-1): 2019-21

Directed studies course on Developmental Psychopathology; Spring 2020 Epidemiology

My teaching responsibilities at UCL included organizing the Child and Systemic teaching modules as well as providing scientist-practitioner oriented teaching in areas such as Attention Deficit Hyperactivity Disorder (ADHD), Conduct Disorder (CD), combining developmental psychopathology and affiliated systemic conceptual models in child practice (e.g, Bronfenbrenner), Child Anxiety Disorder, Depression and the Family, Parenting and Divorce, Introduction to Clinical Practice with Children, Adolescents, and Families, as well as sessions on Multi-systemic therapy (MST) and leading clinical seminars on working with children where students brought clinical material and questions. For our initial broad themes unit I taught developmental psychopathology, and integrate into my teaching on all of the above topics. Additionally, I have taught undergraduate teaching at both UCL and UPEI, and as a graduate student at University of Ottawa, in areas such as introduction to psychology, developmental psychology and contributed to undergraduate teaching

designed to introduce students to the range of major mental health conditions across the lifespan as well as the core conceptualization and evidence-base related to them.

## 9. Refereed Publications

Butler, S., Smith, J. & Fonagy, P. (Under review). Reflecting on and optimizing mixed methods designs to improve mental health evaluations: Challenges, opportunities and decision-making. *Journal of Mixed Methods Research*.

Yakely, J., Fonagy, P., Butler, S. & Bateman, A. (Under Review). "Mentalization-Based Treatment for Antisocial Personality Disorder: Evaluating the Implementation of a Randomised Controlled Trial in the UK Criminal Justice System". *International Journal of Forensic Mental Health*.

Barrett, B., Simes, E., Yirmiya, K., Wason, J., Frater, A., Butler, S., Hoare, Z., McMurran, M., Moran, P., Crawford, M., Pilling, S., Allison, E., Yakeley, J., Bateman, A., and P, Fonagy (Under Review). "Cost-effectiveness of a mentalisation-based treatment for antisocial personality disorder in males convicted of an offence on community probation in England and Wales: multicentre, assessor-blind randomised controlled trial. *Plos One*.

Fonagy, P., Simes, E., Yirmiya, K., Wason, J., Barrett, B., Frater, A., Cameron, A., Butler, S., Hoare, Z., McMurran, M., Moran, P., Crawford, M., Pilling, S., Allison, E., Yakely, J. & Bateman, A. (2025). Mentalisation-based treatment for antisocial personality disorder in males convicted of an offence on community probation in England and Wales (Mentalization for Offending Adult Males, MOAM): a multicentre, assessor-blinded, randomised controlled trial. *The Lancet Psychiatry*, 12(3), 208-219.

Simes, E., Butler, S., Allison, E., Barrett, B., Bateman, A., Cameron, A., ... & Fonagy, P. (2025). Bridging the gap: a qualitative study exploring the impact of the involvement of researchers with lived experience on a multisite randomised control trial in the national probation service in England and Wales. *Health Expectations*, 28(1), e70162.

Yirmiya, K., Constantinou, M., Simes, E., Bateman, A., Wason, J., Yakeley, J., McMurran, M., Crawford, M., Frater, A., Moran, P., Barrett, B., Cameron, A., Hoare, Z., Allison, E., Pilling, S., Butler, S. & Fonagy, P. (2024). The mediating role of reflective functioning and general psychopathology in the relationship between childhood conduct disorder and adult aggression among offenders. *Psychological medicine*, 1-12.

Conroy, D., Smith, J. A., & Butler, S. M. (2024). Interpretative phenomenological analysis in emerging adult research. *Flourishing as a scholar: Research methods for the study of emerging adulthood*, 370-390.

Soon, K., Butler, S., & Beak, S. (2024). Social rejection and meaning making in young people with facial dermatological differences. *Stigma and Health*. Advanced online publication. <https://doi.org/10.1037/sah0000528>

- Butler, S. M., & Coward, N. (2024). Young people's self-making in neoliberal capitalism: challenges and opportunities. *Lateral*, (13.2).
- Butler, S. (2024). Young people on social media in a globalized world: self-optimization in highly competitive and achievement-oriented forms of life. *Frontiers in Psychology*, 15, 1340605.
- Won Suh, J., Saunders, R., Simes, E., Delamain, H., Butler, S., Cottrell, D., ... Fonagy, P. (2024). Predicting criminal offence in adolescents who exhibit antisocial behaviour: a machine learning study using data from a large randomised controlled trial of multisystemic therapy. *European Child & Adolescent Psychiatry*. doi:10.1007/s00787-024-02592-7
- Soon, K., Shipton, A., Wray, J., & Butler, S. (2023). Attachment style and children and young people with chronic dermatological conditions. *Child: Care, Health and Development*, 50(1), e13152.
- Zhao, J., Tibber, M. S., & Butler, S. (2022). The association between materialism and perceived relationship quality in young adults. *Current Psychology*, 1-11.
- Butler, S. (2021). The development of market-driven identities in young people: A socio-ecological evolutionary approach. *Frontiers in Cultural Psychology*, vol 12. Doi: 10.3389/fpsyg.2021.623675
- Conroy, D., Smith, J., Butler, S., Byford, S., Cottrell, D., Kraam, A., Fonagy, P., Ellison, R., Simes, E. & Anokhina, A. (2021). The Impact of Multi-systemic Therapy at Long-term Follow-up: An Experiential Study". *Journal of Adolescent Research*.  
<https://doi.org/10.1177/07435584211025323>
- Childs, S., Given-Wilson, Z., Butler, S., Memon, A., & Gudjonsson, G. (2021). Vulnerability to interrogative suggestibility from negative life events: A comparison of separated asylum-seeking youth and age-matched peers. *Personality and Individual Differences*, 173, 110600. Doi: 10.1016/j.paid.2020.110600
- Fonagy, P., Butler, S., Cottrell, D., Scott, S., Pilling, S., Eisler, I., ... Goodyer, I. M. (2020). Multisystemic therapy versus management as usual in the treatment of adolescent antisocial behaviour (START): 5-year follow-up of a pragmatic, randomised, controlled, superiority trial. *The Lancet Psychiatry*, 7(5), 420-430. doi:10.1016/S2215-0366(20)30131-0
- Tibber, M. S., Zhao, J., & Butler, S. (2020). The association between self-esteem and dimensions and classes of cross-platform social media use in a sample of emerging adults – Evidence from regression and latent class analyses. *Computers in Human Behavior*, 106371. Doi: 10.1016/j.chb.2020.106371
- Fonagy, P., Yakeley, J., Gardner, T., Simes, E., McMurran, M., Moran, P., ... Bateman, A. (2020). Mentalization for Offending Adult Males (MOAM): Study protocol for a randomized controlled trial to evaluate mentalization-based treatment for antisocial personality disorder in male offenders on community probation. *Trials*, 21(1). Doi: 10.1186/s13063-020-04896-w
- Fonagy, P., Butler, S., Cottrell, D., Scott, S., Pilling, S., Eisler, I., ... Goodyer, I. M. (2020). Multisystemic therapy compared with management as usual for adolescents at risk of offending: the START II RCT. *Health Services and Delivery Research*, 8(23), 1-114. doi:10.3310/hsdr08230

- Brewer, A. J., Saunders, R., Fearon, P., Fonagy, P., Cottrell, D., Kraam, A., ... & Butler, S. (2020). Antisocial cognition as a mediator of the peer influence effect and peer selection effect in antisocial adolescents. *European Child & Adolescent Psychiatry*, 1-11.
- Butler, S. (2019). The Impact of Advanced Capitalism on Well-being: an Evidence-Informed Model. *Human Arenas*, 2(2), 200-227.
- Constantinou, M.P., Goodyer, I.M., Eisler, I., Butler, S., Kraam, Scott, S., Pilling, S. Simes, E., Ellison, R., Allison, E. & Fonagy, P. (2019). Changes in General and Specific Psychopathology Factors Over a Psychosocial Intervention, *Journal of the American Academy of Child & Adolescent Psychiatry*, 58, 8, 776-786.
- Fonagy, P., Butler, S., Cottrell, D., Scott, S., Pilling, S., Eisler, I., ... & Goodyer, I. M. (2018). Multisystemic therapy versus management as usual in the treatment of adolescent antisocial behaviour (START): a pragmatic, randomised controlled, superiority trial. *The Lancet Psychiatry*, 5(2), 119-133.
- Baly, A., & Butler, S. (2017). Empathy deficits and adolescent sexual offending: A systematic review of the evidence base. *Aggression and violent behavior*, 36, 81-97.
- Brown, A., Creswell, C., Barker, C., Butler, S., Cooper, P., Hobbs, C., & Thirlwall, K. (2017). Guided parent-delivered cognitive behaviour therapy for children with anxiety disorders: Outcomes at 3-to 5-year follow-up. *British Journal of Clinical Psychology*, 56(2), 149-159.
- Gill, F., Butler, S., & Pistrang, N. (2016). The experience of adolescent inpatient care and the anticipated transition to the community: Young people's perspectives. *Journal of adolescence*, 46, 57-65.
- Healy, S. J., Lewin, J., Butler, S., Vaillancourt, K., & Seth-Smith, F. (2016). Affect recognition and the quality of mother-infant interaction: understanding parenting difficulties in mothers with schizophrenia. *Archives of women's mental health*, 1-15.
- Fonagy, P., Butler, S., Baruch, G., Byford, S., Seto, M. C., Wason, J., ... & Simes, E. (2015). Evaluation of multisystemic therapy pilot services in Services for Teens Engaging in Problem Sexual Behaviour (STEPS-B): study protocol for a randomized controlled trial. *Trials*, 16(1), 1.
- Butler, Stephen M., Rachael Parry, and R. M. Fearon (2015). Antisocial thinking in adolescents: Further psychometric development of the Antisocial Beliefs and Attitudes Scale (ABAS). *Psychological assessment* 27.1 , 291-301.
- Cary, M., Butler, S., Baruch, G., Hickey, N., & Byford, S. (2013). Economic evaluation of multisystemic therapy for young people at risk for continuing criminal activity in the UK. *PLoS one*, 8(4), e61070.
- Fonagy, P., Butler, S., Goodyer, I., Cottrell, D., Scott, S., Pilling, S., ... & Haley, R. (2013). Evaluation of multisystemic therapy pilot services in the Systemic Therapy for At Risk Teens (START) trial: study protocol for a randomised controlled trial. *Trials*, 14(1), 265.

- Tighe, A., Pistrang, Baruch, G., N., Casadgli, L. & S. Butler (2012). Multisystemic Therapy for Young Offenders: Families' Experiences of Therapeutic Processes and Outcomes. *Journal of Family Psychology*, 26(2), 187-197.
- Hogwood, J., Campbell, T., & Butler, S. (2012). I wish I could tell you but I can't: Adolescents with perinatally acquired HIV and their dilemmas around self-disclosure. *Clinical Child Psychology and Psychiatry*, 1-17.
- Butler, S., Baruch, G., Hickey, N. & P. Fonagy (2011) A randomised controlled trial of multisystemic therapy and statutory therapeutic intervention for young offenders. *Journal of the American Academy of Child and Adolescent Psychiatry*. 50(12):1220 –1235.
- Skusek, E., Butler, S., Gaspar, H. B. & P. Titman (2011). Social outcome in children treated by haematopoietic cell transplant for congenital immunodeficiency. *Bone Marrow Transplantation*, 46, 1314-1320.
- Ward, C., Phipps, K., de Sousa, C., Butler, S. & Dianne Gumley (2009). Treatment factors associated with outcomes in children less than 3 years of age with CNS tumours. *Child Nervous System*, 25, 663-668.
- Butler, S. M., Lescheid, A., & P. Fearon (2007). Antisocial Beliefs and Attitudes in Pre Adolescent and Adolescent Youth: The Development of the Antisocial Beliefs and Attitudes (ABAS) Scale. *Journal of Youth and Adolescence*, 36(8), 1058-1071
- Butler, S. M., Fearon, P., Atkinson, L. & Parker, K. (2007). Testing a model of interactive risk in serious delinquency: Parent-Adolescent relationship, antisocial cognitions, and social-contextual risk. *Criminal Justice and Behaviour*, 34(6), 721-738.
- Baruch, G. & Butler, S (2007). Implementing and Evaluating Multisystemic Therapy with Families of Persistent Young Offenders in the UK: Initial Reflections and Observations from a Long-Term Trial. *Association for Child and Adolescent Mental Health, Occasional Papers*, 27, 49-61.
- Butler, S. & Seto, M. (2002). Distinguishing two types of sex offenders. *Journal of the American Academy of Child and Adolescent Psychiatry*, 41 (1), 83-90.
- Granic, I. & Butler, S. (1998). The relation of anger and antisocial beliefs in Young Offenders. *Personality and Individual Differences*, 24(6), 759-765.
- Atkinson, L. & Butler, S. (1996). Court-ordered assessment: The impact of maternal noncompliance on clinical recommendations and judicial decision-making. *Child Abuse and Neglect*, 20(3), 185-190.
- Butler, S., Mackay-Soroka, S. & Dickens, S. (1995). Comparison of maternal and adolescent ratings of psychopathology in delinquent and non-delinquent males. *Canadian Journal of Behavioral Science* 27, 3, 333-342.



- Butler, S., Atkinson, L., Magnatta, M., & Hood, E. (1995). Child Maltreatment: The collaboration of child welfare, mental health and judicial systems. *Child Abuse and Neglect*, 19(3), 355-362. (selected as a "Spotlight on Practice" article).
- Butler, S., Radia, N. & M. Magnetta (1994). Maternal Compliance to Court-Ordered Assessments in Cases of Child Maltreatment. *Child Abuse and Neglect*, 18(2), 203-211.
- Butler, S. & Pivik, R.T. (1991). Dreaming in Reading Disabled Children: Formal Features. *Dreaming*, 1 (3), 193-209.
- Mercier, L., Pivik, R.T., Busby, K., Butler, S. (1988). Sleep Patterns in Reading Disabled Children: An Extension. *Sleep Research*, 17, 76.
- Smith, C. & Butler, S. (1982). Paradoxical sleep at selective times is necessary for learning. *Physiology and Behaviour*, 29, 469-473.
- Smith, C., Butler, S., & Peacock, E. (1982). Increasing PS and concomitant reduced EM density during learning, *Sleep Research*, 11, 97.
- Butler, S., & Smith, C. (1981). Brief PS and retardation of learning, *Sleep Research*, 10, 125

**Conference Presentations: (note: I don't always record these and presented routinely to regional and national conferences and audiences in the UK on the treatment evaluations that I was part of, particularly related to multisystemic therapy, as well the CYP-IAPT initiative to a range of audiences, including academics and a broader group of stakeholders. These are academic presentations since I arrived at UPEI on my work on the socio-cultural and socio-political contributions and contexts to young people's development and well-being. ADD MST Conferences...**

- Butler, Stephen and G. MacDonald (2025): Navigating the market-driven world: Young People as Evolving and Emergent Subjectivity. Contribution to a symposium on young people's mental health. 18<sup>th</sup> Conference of the International Society for Ecological Economics and 11<sup>th</sup> International Degrowth Conference, Oslo, Norway (talk)
- Butler, Stephen (2020): The development of market-driven identities in young people in advanced capitalism. *Interdisciplinary Conference in Psychology*, Ottawa. (talk)
- Butler, Stephen (2020): Market-driven identities in young people in advanced capitalism: Technicity and the Self *Interdisciplinary Conference in Psychology*, Ottawa. (poster)
- Butler, Stephen (2019): The development of market-driven identities in young people in advanced capitalism. *Conference for the International Society of Theoretical Psychology*, Copenhagen. (talk)

## **9. Current Research Projects:**

1. Involvement in the Mentalization for Offending Adult Males (MOAM): I continue my involvement in this project through contributions to papers that continue to emerge from trial data and that are included in the section of publications.

2. Young people social media use: I continue to be involved in research in this area with my collaborator from UCL, Marc Tibber, as well as graduate and honours students from UPEI. Marc and I are currently drafting a paper detailing a social media intervention for adolescents and young adults.
3. Modern Market Cultures and Young People's Mental Health and Well-Being: This is an ongoing project where I have developed evidenced-informed theoretical frameworks evidenced by my publications in 2019, 2021, and 2024(2), and conference presentations in Canada and Denmark in 2019 and 2020, and Oslo in 2025.
4. My current doctoral student supervision spans my role as the key child mental health academic in the department and involves a quantitative study of young people's self-commodification on social media, qualitative studies of parental experiences where their child has been diagnosed with autism, and where they are caring for child with life-limiting conditions, and critical theory or conceptually-based theses that are looking at sexual diversity in light of psychoanalysts Jacques Lacan's writings, and expanding a culturally-informed model of eating disorders to include object-relations and feminist perspectives.

## **10. Recent media outputs**

1. CBC interview discussing the Phase I Integrated Youth Service (IYS) network on the island (for which I am PI), and specifically our qualitative study of young people's lived experiences of receiving services for their mental health and well-being. 10/10/25
2. Contribution to Faima Bakar's very recent article on capitalism and work: 07/03/22  
[https://www.huffingtonpost.co.uk/entry/work-capitalism-sociology-research-health-deliveroo-amazon\\_uk\\_621f7d82e4b0a7784bb21068](https://www.huffingtonpost.co.uk/entry/work-capitalism-sociology-research-health-deliveroo-amazon_uk_621f7d82e4b0a7784bb21068)
3. How to talk to children about COVID-19 Vaccines by Stephen Butler 06/01/21  
<https://www.saltwire.com/atlantic-canada/opinion/stephen-butler-how-to-talk-to-young-children-about-covid-19-vaccines-100667168/>
4. YouTube video by Science Animated: Capitalism: Challenges for young people and the next generations- Stephen Butler