

Curriculum Vitae

Brenda L. Dyer (Yaari), PhD

Registered Psychologist #2094 | Vancouver, BC

Education

- PhD, Counselling Psychology — University of British Columbia, 2011
- MA, Counselling Psychology — University of British Columbia, 2006
- BEd (Dean's Honours List) — University of Western Ontario, 1993
- MA, English Literature — Oxford University, England, 1992
- BA, Psychology (Dean's Honours List) — University of Western Ontario, 1982

Licensure and Certifications

- Registered Psychologist, British Columbia (#2094), since 2012
- Certified MBSR Facilitator (Mindfulness-Based Stress Reduction), 2021
- Ontario Teacher's Certificate, University of Western Ontario, 1993

Refereed Publications

Dyer, B., Pizzorno, M. C., Qu, K., Valach, L., Marshall, S., & Young, R. (2010). Unconscious processes in a career counseling case: An action-theoretical perspective. *British Journal of Guidance and Counselling*, 38(3), 341–360.

Dyer, B., & Friederich, L. (2002). The personal narrative as cultural artifact. *Written Communication*, 19(2), 265–296.

Dyer, B. (1998). Reflective teaching practice in cross-cultural contexts: Teaching Women's Studies in Japan. *Women's Studies Quarterly*, 26(3–4), 152–166.

Dyer, B. (1996). Drenched, dizzied and bedevilled: The teaching of style. *English Quarterly*, 28(2), 37–42.

Dyer, B. (1996). L1 and L2 composition theories. *ELT Journal*, 50(4), 312–317.

Bushell, B., & Dyer, B. (1996). World issues or a global perspective? *The Language Teacher*, 20(11), 10–18.

Dyer, B. (1995). Write the vision: Teaching multicultural literature from a global perspective. *English Journal*, 78–81.

Book Chapters

Dyer, B. (2015). The action of mindfulness in counselling. In R. A. Young, J. Domene & L. Valach (Eds.), *Counselling and Action: Toward Life-Enhancing Work, Relationships and Identity*. Springer.

Dyer, B. (2008). Winter tales: Comedy and romance story-types in narratives of depression. In H. Clark (Ed.), *Depression and Narrative: Telling the Dark*. SUNY Press.

Dyer, B. (1999). Stories about stories: Teaching narrative in senior high. In C. Hamilton & P. Kratzke (Eds.), *Short Stories in the Classroom*. NCTE.

Dyer, B. (1998). The use of journals in teacher development and course design. In I. Hayes (Ed.), *Great Beginnings*. NCTE.

Professional Experience

Full-time Private Practice — Counselling Psychologist, Individuals and Couples, Vancouver, BC (2021–Present)

Full-time Lecturer, Department of Counselling Psychology, University of British Columbia (2012–2021)

Part-time Psychologist (Individuals and Couples Therapist), Vancouver Couple & Family Institute (2013–2021)

Adjunct Instructor, Career and Lifestyle Planning, Adler School of Professional Psychology (2012)

Part-time Registered Clinical Counsellor for Medical Residents, Nurses and Occupational Therapists, Centre for Practitioner Renewal, St Paul's Hospital (2012-2013)

Assistant Professor, English Language and Literature, Tokyo Woman's University, Japan (1998–2002)

Lecturer, English Language & Gender Studies, Chuo University, Tokyo (1994–1998)

Lecturer, English Language & Gender Studies, International Christian University, Tokyo (1993–1994)

Instructor, English Language & Gender Studies, Temple University, Tokyo (1988–1991)

Community Service

- Volunteer Counsellor, Oak Counselling Services, Vancouver (2007–2008)
- Trainer for Phone Counsellors, Tokyo English Life Line (2001–2002)
- Phone Counsellor, Tokyo English Life Line (1999–2002)

Professional Memberships

- British Columbia College of Health and Care Professionals
- British Columbia Psychological Association
- Canadian Psychological Association

Recent Specialized Training and Professional Development

Specialized post-graduate supervised training in:

- EFTFC – Emotionally focused therapy for couples 2012 – 2020
- AEDP – Accelerated Experiential Dynamic Processing 2014 - 2020
- MBSR- Mindfulness-based Stress Reduction Group Facilitation 2019 – 2021

PD Workshops:

- CBT treatment of mental health issues in menopause, Dr Sheryl Green, Sept 2025
- Truth Healing and Reconciliation, Dr Heidi Hansen, BCPA, June 5. 2025
- Ethical use of AI: Hexagon Training, CPA webinar, Mar 2025
- Indigenous Cultural Safety: Dr. Rebekah Eatmon & Robin Roots, PT. Walking together (with humility): Experiences of a PT and MD providing care in remote Indigenous communities, Nov 2024
- AEDP Shame Transformance, Dr Brett Lyon and Sheila Rubin, Nov 2024
- Three Steps to Freedom: Transform anxiety and habits, Dr Jud Brewer, July 2024
- Updated Conversation on Medical Assistance in Dying (MAID) in Canada by Dr Tanya Daws. Jun 2024, BCPA webinar
- BCPA Ethics Education, Beyond the Code of Ethics, Dr Jaleh Shahin, April 2024
- AEDP Advanced Skills Module: Agency Will & Desire as Core Affective Experience, Dr Eileen Russell, Feb 2024
- AEDP in Action: Moving through Emotional Suffering into Transformation Change, Dr Richard Harrison, Jan 2024