

CURRICULUM VITAE

Martin Montgomery Smith, Ph.D.

CONTACT INFORMATION

CRUX Psychology
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PERSONAL INFORMATION

Citizenship: Canadian
Place of Birth: Halifax, Nova Scotia

ACADEMIC POSITIONS

2018-2020 **York St John University**, Lecturer Research Methods (Permanent), York St. John University, Faculty of Science, Technology and Health, York, UK.

PROFESSIONAL QUALIFICATIONS

2025-present **Provisional Clinical Psychologist** (registration #P8524), College of Alberta Psychologists

2026-present **Cognitive Processing Therapy (CPT) Provider for Posttraumatic Stress Disorder**, CPT Training Program (Patricia A. Resick, Ph.D., ABPP; Kathleen M. Chard, Ph.D.; and Candice M. Monson, Ph.D.)

EDUCATIONAL HISTORY

2025-2026 **Clinical Psychology Residency** (CPA accredited), Vancouver Coastal Health, Vancouver, British Columbia

2020-2026 **Doctor of Philosophy**, Clinical Psychology (CPA accredited), The University of British Columbia, Vancouver, British Columbia

2014-2018 **Doctor of Philosophy**, Personality and Measurement, The University of Western Ontario, London, Ontario

2012-2014 **Master of Science**, Personality and Measurement, The University of Western Ontario, London, Ontario

2007-2012 **Bachelor of Arts (Honours)**, Major in Psychology, Dalhousie University, Halifax, Nova Scotia

ACADEMIC AWARDS & HONOURS

July 14, 2026

2021-2025	Four Year Doctoral Fellowship (\$72, 800) [Accepted]
2021-2025	Four Year Fellowship Tuition Award (\$16,800) [Accepted]
2021-2025	President's Academic Excellent Initiative Ph.D. Award (\$4,392) [Accepted]
2020-2021	Faculty of Arts Graduate Award (\$22,596) [Accepted]
2018-2020	Social Sciences and Humanities Postdoctoral Fellowship (\$81,000) [Declined]
2019	Fellow of the Higher Education Academy
2017-2019	Doctoral Excellence Research Award (\$10,000) [Accepted]
2016-2019	Social Sciences and Humanities Doctoral Scholarship (\$60,000) [Accepted]
2016-2017	Ontario Graduate Scholarship (\$15,000) [Declined]
2015-2016	Ontario Graduate Scholarship (\$15,000) [Accepted]
2015	Leola E. Neal Award for Best Master's Thesis (\$450) [Accepted]
2014	Canadian Psychological Association's Certificate of Academic Excellence
2014-2015	Ontario Graduate Scholarship (\$15,000) [Accepted]
2013-2014	Ontario Graduate Scholarship (\$15,000) [Accepted]
2012-2013	Social Sciences and Humanities Master's Scholarship (\$17,500) [Accepted]
2012	Human Resources and Skills Development: Canada Summer Jobs (\$2,000)
2012	The Canadian Psychological Association Kenneth Dion Award (\$200)
2011	Human Resources and Skills Development: Canada Summer Jobs (\$2,000)
2008-2012	Dean's List: Dalhousie University's Honour Roll

PUBLICATIONS

Peer-Reviewed Journal Articles¹

1. Grocott, B., Zareian, B., Hewitt, J., Ge, S., Hewitt, P., Hong, S., Smith, M. M., Chi, X., & LeMoult, J. (2026, in press). Development and Validation of the Multidimensional Adolescent Anhedonia Scale. Assessment.
<https://doi.org/10.1177/1073191126142315>
2. Whitewolf, T., **Smith, M. M.**, DeGrace, S., Sherry, S.B., Elgendi, M.M., Deacon, H., Rodriguez, L.M., Stewart, S.H. (2025, in press). Other-oriented perfectionism predicts intimate partner violence in romantic couples: A longitudinal actor-partner interdependence model. *Journal of Family Violence*.
<https://doi.org/10.1007/s10896-025-01038-1>
3. Hewitt, P. L., Kealy, D., Kristen, A., **Smith, M. M.**, Davidson, E., & Molnar, D. (2025). Therapeutic mentalization in group therapy: Development and preliminary validation of a measure of experienced mentalization. *International Journal of Group Psychotherapy*, 75, 606-637.
<https://doi.org/10.1080/00207284.2025.2497237>
4. Etherson, M. E., Hill, A. P., Grugan, M. C., Madigan, D. J., & **Smith, M. M.** (2025). Development and Validation of the Perfectionism Literacy Questionnaire. *Journal of Psychoeducational Assessment*, 43, 273-295.
<https://doi.org/10.1177/07342829241313089>
5. Kealy, D., Hewitt, P. L., Sochting, I., Mikail, S. F., **Smith, M. M.**, Flett, G. L., Ge, S., Kristen, A., & Giannone, Z. (2025). A comparison of the effect of two types of brief psychodynamic therapies on perfectionism-related attitudes, self-

¹Names of students whom I supervised in completing publications are underlined.

- relatedness, and self-esteem. *Psychotherapy Research*, 35, 319-336.
<https://doi.org/10.1080/10503307.2024.2308141>
6. Yosopov, L., Saklofske, D. H., **Smith, M. M.**, Flett, G. L., & Hewitt, P. L. (2024). Failure sensitivity in perfectionism and procrastination: Fear of failure and overgeneralization of failure as mediators of traits and cognitions. *Journal of Psychoeducational Assessment*, 42, 705-724.
<https://doi.org/10.1177/07342829241249784>
 7. **Etherson, M. E.**, **Smith, M. M.**, Hill, A., Sherry, S. B., Curran, T., Flett, G. L., & Hewitt, P. L. (2024). Perfectionism, feelings of not mattering, and suicide ideation: An integrated test of the perfectionism social disconnection model and the existential model of perfectionism. *Journal of Psychoeducational Assessment*, 42, 725-742. <https://doi.org/10.1177/07342829241237421>
 8. **Smith, M. M.** & Hewitt, P. L. (2024). The equivalence of psychodynamic therapy and cognitive behavioural therapy for depressive disorders in adults: A meta-analytic review. *Journal of Clinical Psychology*, 80, 945-967.
<https://doi.org/10.1002/jclp.23649>
 9. Kim, A., Sherry, S. B., Mackinnon, S. P., Keyhayes, I. L., **Smith, M. M.**, & Stewart, S. H. (2024). Perceived peer pressure for perfectionism leads to conflict behaviors, depressive symptoms, and problematic drinking: A longitudinal actor-partner interdependence model. *Journal of Psychoeducational Assessment*, 42, 635-649. <https://doi.org/10.1177/07342829241230710>
 10. Piotrowski, K., Nowicka, A., Janowicz, K., & **Smith, M. M.** (2024). The Big Three Perfectionism Scale: Validation of the Polish version. *Journal of Psychoeducational Assessment*, 42, 276-292.
<https://doi.org/10.1177/07342829241227767>
 11. Hewitt, P. L., Ge, S., **Smith, M. M.**, Flett, G. L., Cheli, S., Molnar, D. S., Ko, A., Mikail, S. F., & Lang, T. (2024). Automatic self-recriminations scale: Development and validation of a measure of self-condemnatory internal dialogue. *Journal of Personality Assessment*, 106, 638-650.
<https://doi.org/10.1080/00223891.2024.2303429>
 12. Dewolfe, C., Galbraith, M., **Smith, M. M.**, Watt, M., Olthuis, J., Sherry, S. B., & Stewart, S. (2023). Anxiety sensitivity and physical activity are inversely related: A meta-analytic review. *Mental Health and Physical Activity*, 25, 100548. <https://doi.org/10.1016/j.mhpa.2023.100548>
 13. **Smith, M. M.**, Hewitt, P. L., Sherry, S. B., Flett, G. L., Keally, D., Tasca, G., Ge, S., & Kristen, A. (2023). Towards higher standards and improved treatments for perfectionism: A reply to Egan et al. (2023). *Canadian Psychology*, 64, 382-385. <https://doi.org/10.1037/cap0000373>
 14. **Smith, M. M.**, Hewitt, P. L., Sherry, S. B., Flett, G. L., Keally, D., Tasca, G., Ge, S., Ying, F., & Bakken, K. (2023). A meta-analytic test of the efficacy of cognitive-behavioural therapy for perfectionism: A replication and extension. *Canadian Psychology*, 64, 355-376. <https://doi.org/10.1037/cap0000360>
 15. Kim, A. J., Sherry, S. B., Stewart, S. H., **Smith, M. M.**, Popiwich, A., & Mushquash, R. (2023). Perfectionistic concerns and binge eating in mother-daughter dyads: An actor-partner interdependence model. *Eating Behaviors*, 38, 101702.
<https://doi.org/10.1016/j.eatbeh.2023.101702>
 16. Hewitt, P. L., Kealy, D., Mikail, S., **Smith, M. M.**, Chen, C., Sochting, I., Ge, S., Tasca, G., Flett, G. L., & Ko, A. (2023). The efficacy of group psychotherapy for

- adults with perfectionism: A randomized controlled trial of dynamic relational versus psychodynamic supportive treatment. *Journal of Consulting and Clinical Psychology*, 91, 29-42. <https://doi.org/10.1037/ccp0000787>
17. Isaacs, J. Y., **Smith, M. M.**, Sherry, S. B., Seno, M., Moore, M. L., Stewart, S. H. (2022). Alcohol use and death by suicide: A meta-analysis of 33 studies. *Suicide and Life-Threatening Behavior*, 52, 600-614. <https://doi.org/10.1111/sltb.12846>
 18. Kim, A. J., **Smith, M. M.**, Sherry, S. B., Rodruguez, L. M., Meier, S. M., Nogueira-Arjona, R., Deacon, H., Abbass, A., & Stewart, S. H. (2022). Depressive symptoms and conflict behaviors: A test of the stress generation hypothesis in romantic couples during the COVID-19 pandemic. *Journal of Social and Clinical Psychology*, 41(6), 517-540. <https://doi.org/10.1521/jscp.2022.41.6.517>
 19. Hewitt, P. L., **Smith, M. M.**, Flett, G. L., Kerns, C., Birch, S., & Peracha, H. (2022). Other-oriented perfectionism in children and adolescents: Development and validation of the Other-Oriented Perfectionism Subscale-Junior Form. *Journal of Psychoeducational Assessment*, 40(3), 327-345. <https://doi.org/10.1177/07342829211062009>
 20. Hewitt, P. L., **Smith, M. M.**, Ge, S., Mössler, M., & Flett, G. L. (2022). Perfectionism and its role in depressive disorders. *Canadian Journal of Behavioral Science*, 54, 121-131. <https://doi.org/10.1037/cbs0000306>
 21. **Smith, M. M.**, Hewitt, J. M., Hewitt, P. L., & Patterson, R. (2022). Personality and group psychotherapy outcome. The lack of influence of trait from the Five Factor Model. *Group Dynamics: Theory, Research, and Practice*, 26, 341-355. <https://doi.org/10.1037/gdn0000158>
 22. Etherson, M. E., **Smith, M. M.**, Hill, A. P., Sherry, S. B., Curran, T., Flett, G. L., & Hewitt, P. L. (2022). Perfectionism, mattering, depressive symptoms, and suicide ideation: A test of the Perfectionism Social Disconnection Model. *Personality and Individual Differences*, 93, 102130. <https://doi.org/10.1016/j.paid.2022.111559>
 23. Flett, G. L., Hewitt, P. L., Nepon, T., Sherry, S. B., & **Smith, M. M.** (2022). The destructiveness and public health significance of socially prescribed perfectionism: A review, analysis, and conceptual extension. *Clinical Psychology Review*, 93, 102130. <https://doi.org/10.1016/j.cpr.2022.102130>
 24. **Smith, M. M.**, Hewitt, P. L., Sherry, S. B., Flett, G. L., & Ray, C. (2022). Parenting behaviours and trait perfectionism: A meta-analytic test of the social expectations and social learning models. *Journal of Research in Personality*, 96, 104180. <https://doi.org/10.1016/j.jrp.2021.104180>
 25. Etherson, M. E., Curran, T., **Smith, M. M.**, Sherry, S. B., & Hill, A. P. (2022). Perfectionism as a vulnerability following appearance-focused social comparison: A multi-wave study with female adolescents. *Personality and Individual Differences*, 186, 111355. <https://doi.org/10.1016/j.paid.2021.111355>
 26. Etherson, M. E., **Smith, M. M.**, Hill, A. P., & Flett, G. L. (2022). Feelings of not mattering and depressive symptoms from a temporal perspective: A comparison of the cross-lagged panel model and the random-intercept cross-lagged model. *Journal of Psychoeducational Assessment*, 40, 60-76. <https://doi.org/10.1177/07342829211049686>

27. Dube, J., **Smith, M. M.**, Simon, B., Sherry, S. B., Hewitt, P. L., & Stewart, S. H. (2021). Suicide behaviors during the COVID-19 pandemic: A meta-analysis of 54 studies. *Psychiatry Research*, 301, 113998. <https://doi.org/10.1016/j.psychres.2021.113998>
28. **Smith, M. M.**, Sherry, S. B., Ge, S., Hewitt, P. L., & Flett, G. L. (2022). Multidimensional perfectionism turns 30: A review of known knows and known unknowns. *Canadian Psychology*. <https://doi.org/10.1037/cap0000288>
29. Brimmell, J., Edwards, E. J., **Smith, M. M.**, & Vaughan, R. S. Think, see, do: Executive function, visual attention, and soccer penalty performance. (2021). *Sport, Exercise, and Performance Psychology*, 10, 290-309. <https://doi.org/10.1037/spy0000265>
30. **Smith, M. M.**, Sherry, S. B., Ray, C., Hewitt, P. L., & Flett, G. L. (2021). Is perfectionism a vulnerability factor for depressive symptoms, a complication of depressive symptoms, or both? A meta-analytic test of 67 longitudinal studies. *Clinical Psychology Review*. <https://doi.org/10.1016/j.cpr.2021.101982>
31. Otis, E., Yakovenko, I., Sherry, S. B., **Smith, M. M.**, Goldstein, A., Ellery, M., Loverock, A., Wild, C., Weilgart-Whitehead, B., & Stewart, S. H. (2021). Applicability of the four-factor personality vulnerability model for substance misuse in understanding gambling behavior and gambling problems. *Personality and Individual Differences*. <https://doi.org/10.1016/j.paid.2020.110400>
32. Stoeber, J., **Smith, M. M.**, Sherry, S. B., & Saklofske, D. H. (2021). Perfectionism and interpersonal problems revisited. *Personality and Individual Differences*, 169, 110106. <https://doi.org/10.1016/j.paid.2020.110106>
33. Hewitt, P. L., Chen, C., **Smith, M. M.**, Zhang, L., Habke, M., Flett, G. L., & Mikail, S.F. (2021). Patient perfectionism and clinician impression formation during an initial interview. *Psychology and Psychotherapy: Theory, research and practice*, 94, 45-62. <https://doi.org/10.1111/papt.12266>
34. Muyingo, L., **Smith, M. M.**, Sherry, S. B., McEachern, E., Leonard, K. E., & Stewart, H. (2020). Relationships on the rocks: A meta-analysis of romantic partner effects on alcohol use. *Psychology of Addictive Behaviors*, 34, 629-640. <https://doi.org/10.1037/adb0000578>
35. **Smith, M. M.**, Sherry, S. B., Vidovic, V., & Hewitt, P. L., & Flett, G. L. (2020). Why does perfectionism confer risk for depression? A meta-analytic test of the mediating role of social disconnection and stress. *Journal of Research in Personality*, 86, 103954. <https://doi.org/10.1016/j.jrp.2020.103954>
36. Hewitt, P. L., **Smith, M. M.**, Deng, C., Chen, C., Ko, A., Flett, G. L., & Patterson, R. (2020). The perniciousness of perfectionism in group therapy for depression: A test of the Perfectionism Social Disconnection Model. *Psychotherapy*, 57, 206-218. <https://doi.org/10.1037/pst0000281>
37. **Smith, M. M.**, Sherry, S. B., Ray, C. M., Lee-Baggley, D., Hewitt, P. L., & Flett, G. L. (2020). The existential model of perfectionism and depressive symptoms: Test of unique contributions and mediating mechanisms in a sample of depressed individuals. *Journal of Psychoeducational Development*, 38, 112-126. <https://doi.org/10.1177/0734282919877777>
38. **Smith, M. M.**, Sherry, S. B., Hewitt, P. L., Flett, G. L., Hall, P. A., & Lee-Baggley, D. L. (2020). The Existential Model of Perfectionism and Depressive Symptoms: Testing a moderated mediation model in community adults using a one-month

- two-wave longitudinal design. *Personality and Individual Differences*, 157, 109826. <https://doi.org/10.1016/j.paid.2020.109826>
39. Feher, A., **Smith, M. M.**, Saklofske, D. H., Plouffe, R. A., Wilson, C. A., & Sherry, S. B. (2020). The Big Three Perfectionism Scale Short-Form (BTPS-SF): Development of a brief 16-item self-report measure of multidimensional perfectionism. *Journal of Psychoeducational Development*, 38, 37-52. <https://doi.org/10.1177/0734282919878553>
 40. Di Fabio, A., **Smith, M. M.**, Saklofske, D. H. (2020). Perfectionism and healthy attitude toward oneself: Could humor be a resource? *International Journal of Environmental Research and Public Health*, 17, 20. <https://doi.org/10.3390/ijerph17010201>
 41. **Smith, M. M.**, Sherry, S. B., Saklofske, D. H., Vidovic, V., Stoeber, J., & Benoit, A. (2019). Perfectionism and the five-factor model of personality: A meta-analytic review. *Personality and Social Psychology Review*, 23, 367-390. <https://doi.org/10.1177/1088868318814973>
 42. Madigan, D. J., Curran, T., Stoeber, J., Hill, A. P., & **Smith, M. M.** (2019). Development of perfectionism in junior athletes: A three-sample study of coach and parental pressures. *Journal of Sport and Exercise Psychology*, 41, 167-175. <https://doi.org/10.1123/jsep.2018-0287>
 43. **Smith, M. M.**, Sherry, S. B., Glowacka, M., Speth, T. A., Stewart, S. H., Saklofske, D. H., & Ehterson, M. E. (2019). Who is the most demanding of them all? A multisource investigation of other-oriented perfectionism, socially prescribed perfectionism, and depressive symptoms. *Personality and Individual Differences*, 138, 328-332. <https://doi.org/10.1016/j.paid.2018.09.023>
 44. Keyhayes, I. L., **Smith, M. M.**, Sherry, S. B., & Vidovic, V. (2019). Are perfectionism dimensions risk factors for bulimic symptoms? A meta-analysis of longitudinal studies. *Personality and Individual Differences*, 138, 117-125. <https://doi.org/10.1016/j.paid.2018.09.022>
 45. Plouffe, R., **Smith, M. M.**, & Saklofske, D. H. (2019). A psychometric investigation of the assessment of sadistic personality. *Personality and Individual Differences*, 140, 57-60. <https://doi.org/10.1016/j.paid.2018.01.002>
 46. **Smith, M. M.**, Sherry, S. B., McLarnon, M. E., Flett, G. L., Hewitt, P. L., Saklofske, D. H., & Ehterson, M. E. (2018). Why does socially prescribed perfectionism place people at risk for depressive symptoms? A 5-month, 2-wave longitudinal study testing the perfectionism social disconnection model. *Personality and Individual Differences*, 134, 49-54. <https://doi.org/10.1016/j.paid.2018.05.040>
 47. **Smith, M. M.**, Sherry, S. B., Chen, S., Saklofske, D. H., Mushquash, C., Flett, G. L., & Hewitt, P. L. (2018). The perniciousness of perfectionism: A meta-analytic review of the perfectionism-suicide relationship. *Journal of Personality*, 86, 522-542. <https://doi.org/10.1111/jopy.12333>
 48. **Smith, M. M.**, Vidovic, V., Sherry, S. B., Stewart, S. H., & Saklofske, D. H. (2018). Perfectionistic concerns confer risk for anxiety symptoms: A meta-analysis of 11 longitudinal studies. *Anxiety, Stress, & Coping*, 31, 4-20. <https://doi.org/10.1080/10615806.2017.1384466>
 49. Bartel, S. J., Sherry, S. B., **Smith, M. M.**, Vidovic, V., Conrod, P. J., & Stewart, S. H. (2018). Is anxiety sensitivity a risk factor for or complication of alcohol misuse? A meta-analysis. *Personality and Individual Differences*, 135, 258-263. <https://doi.org/10.1016/j.paid.2018.07.031>

50. Mesarosova, K., Siegling, A. B., Ploffe, R. A., Saklofske, D. H., **Smith, M. M.**, & Tremblay, P. F. (2018). Personality measurement and profile in a European sample of civil airline pilots. *European Journal of Psychological Assessment*. <https://doi.org/10.1027/1015-5759/a000466>
51. Di Fabio, A., Saklofske, D. H., & **Smith, M. M.** (2018). Big Three Perfectionism Scale (BTPS): First contribution to the validation of the Italian version. *Counseling: Italian Journal of Research and Intervention*, 11, 16-19. <https://doi.org/10.1177/0734282919878553>.
52. Austin, E. J., Saklofske, D. H., & **Smith, M. M.** (2018). Development and validation of two short forms of the Managing the Emotions of Others (MEOS) scale. *Frontiers in Psychology: Emotion Science*, 18, 1-13. <https://doi.org/10.3389/fpsyg.2018.00974>
53. **Smith, M. M.**, Sherry, S. B., Mushquash, A. R., Saklofske, D. H., Gautreau, C., & Nealis, L. J. (2017). Perfectionism erodes social self-esteem and generates depressive symptoms: Studying mother-daughter dyads using a daily diary design with longitudinal follow-up. *Journal of Research in Personality*, 71, 72-79. <https://doi.org/10.1016/j.jrp.2017.10.001>
54. **Smith, M. M.**, Sherry, S.B., Gautreau, C.M., Mushquash, A. R., Saklofske, D. H., & Allen, S. L. (2017). The intergenerational transmission of perfectionism: Fathers' other-oriented perfectionism and daughters' perceived psychological control predicts daughters' self-critical and personal standards perfectionism. *Personality and Individual Differences*, 119, 242-248. <https://doi.org/10.1016/j.paid.2017.07.030>
55. **Smith, M. M.**, Saklofske, D. H., Yan, G., & Sherry, S. B. (2017). Does perfectionism predict depression, stress, and life satisfaction after controlling for neuroticism? A study of Canadian and Chinese undergraduates. *Journal of Individual Differences*, 38, 63-70. <https://doi.org/10.1027/1614-0001/a000223>
56. **Smith, M. M.**, & Saklofske, D. H. (2017). The structure of multidimensional perfectionism: Support for a bifactor model with a dominant general factor. *Journal of Personality Assessment*, 99, 297-303. <https://doi.org/10.1080/00223891.2016.1208209>
57. **Smith, M. M.**, Sherry, S. B., Saklofske, D. H., & Mushquash, A. R. (2017). Clarifying the perfectionism-procrastination relationship using a 7-day, 14 occasion daily diary study. *Personality and Individual Differences*, 112, 117-123. <https://doi.org/10.1016/j.paid.2017.02.059>
58. **Smith, M. M.**, Speth, T., Sherry, S. B., Saklofske, D. H., Stewart, S. H., & Glowacka, M. (2017). Is socially prescribed perfectionism veridical? A new take on the stressfulness of perfectionism. *Personality and Individual Differences*, 110, 115-118. <https://doi.org/10.1016/j.paid.2017.01.031>
59. **Smith, M. M.**, Sherry, S. B., Gautreau, C. M., Stewart, S. H., Saklofske, D. H., & Mushquash, A. R. (2017). Are perfectionistic concerns an antecedent of or a consequence of binge eating, or both? A short-term four-wave longitudinal study of undergraduate women. *Eating Behaviour*, 26, 23-26. <https://doi.org/10.1186/s40337-023-00817-9>
60. Plouffe, R., Saklofske, D. H., & **Smith, M. M.** (2017). The Assessment of Sadistic Personality: Preliminary psychometric evidence for a new measure. *Personality and Individual Differences*, 104, 166-171. <https://doi.org/10.1016/j.paid.2016.07.043>

61. **Smith, M. M.**, Sherry, S. B., Chen, S., Saklofske, D. H., Flett, G. L., & Hewitt, P. L. (2016). Perfectionism and narcissism: A meta-analytic review. *Journal of Research in Personality*, 64, 90-101. <https://doi.org/10.1016/j.jrp.2016.07.012>
62. **Smith, M. M.**, Saklofske, D. H., Stoeber, J., & Sherry, S. B. (2016). The Big Three Perfectionism Scale: A new measure of perfectionism. *Journal of Psychoeducational Assessment*, 34, 670-688. <https://doi.org/10.1177/0734282916651539>
63. **Smith, M. M.**, Sherry, S.B., Rnic, K., Saklofske, D. H., Enns, M. W., & Gralnick, T. (2016). Are perfectionism dimensions vulnerability factors for depressive symptoms after controlling for neuroticism? A meta-analysis of 10 longitudinal studies. *European Journal of Personality*, 30, 201-212. <https://doi.org/10.1002/per.2053>
64. **Smith, M. M.**, Saklofske, D. H., Yan, G., & Sherry, S. B. (2016). A person-centered perspective on multidimensional perfectionism in Canadian and Chinese university students: A multigroup latent profile analysis. *Journal of Multicultural Counseling and Development*, 44, 135-151. <https://doi.org/10.1002/jmcd.12042>
65. Andrei, F., **Smith, M. M.**, Surcinelli, P., Baldaro, B., & Saklofske, D. H. (2016). The trait emotional intelligence questionnaire: Internal structure, criterion and incremental validity in an Italian sample. *Measurement and Evaluation in Counseling and Development*, 49, 34-45. <https://doi.org/10.1177/0748175615596786>
66. **Smith, M. M.**, Saklofske, D. H., Yan, G., & Sherry, S. B. (2016). Cultural similarities in perfectionism: Perfectionistic strivings and concerns generalize across Chinese and Canadian groups. *Measurement and Evaluation in Counseling and Development*, 49, 63-76. <https://doi.org/10.1177/0748175615596785>
67. **Smith, M. M.**, Saklofske, D. H., Keefer, K. V., & Tremblay, P. F. (2016). Coping strategies and psychological outcomes: The moderating effects of personal resiliency. *The Journal of Psychology: Interdisciplinary and Applied*, 150, 18-32. <https://doi.org/10.1080/00223980.2015.1036828>
68. Saklofske, D. H., Austin, E., Yan, G., & **Smith, M. M.** (2016). Factor structure and correlates of the Mandarin version of the Managing the Emotions of Others (MEOS) scale. *International Journal of Psychology*, 51, 72-77. <https://doi.org/10.1002/ijop.12147>
69. **Smith, M. M.**, Saklofske, D. H., & Yan, G. (2015). Perfectionism, trait emotional intelligence, and psychological outcomes. *Personality and Individual Differences*, 85, 155-158. <https://doi.org/10.1016/j.paid.2015.05.010>
70. **Smith, M. M.**, Saklofske, D. H., Yan, G., & Sherry, S. B. (2015). Perfectionistic strivings and perfectionistic concerns interact to predict negative emotionality: Support for the tripartite model of perfectionism in Canadian and Chinese university students. *Personality and Individual Differences*, 81, 141-147. <https://doi.org/10.1016/j.paid.2014.09.006>
71. Austin, E. J., Saklofske, D. H., **Smith, M. M.**, & Tohver, G. (2014). Associations of the managing the emotions of others (MEOS) scale with personality, the Dark Triad, and trait EI. *Personality and Individual Differences*, 65, 8-13. <https://doi.org/10.1016/j.paid.2014.01.060>
72. Sherry, S. B., Sherry, D. L., Macneil, M. A., **Smith, M. M.**, MacKinnon, S. P., Stewart,

- S. H., & Antony, M. M. (2014). Does socially prescribed perfectionism predict daily conflict? A 14-day daily diary study. *Personality and Individual Differences*, 61, 24-27. <https://doi.org/10.1016/j.paid.2013.12.028>
73. Mackinnon, S. P., Sherry, S. B., Pratt, M. W., & **Smith, M. M.** (2014). Perfectionism, friendship intimacy and depressive affect in transitioning university students: A longitudinal study using mixed methods. *Canadian Journal of Behavioral Sciences*, 46, 49-59. <https://doi.org/10.1037/a0033764>
 74. **Smith, M. M.**, Saklofske, D. H., & Nordstokke, D. W. (2014). The link between neuroticism and perfectionistic concerns: The mediating effect of trait emotional intelligence. *Personality and Individual Differences*, 61, 97-100. <https://doi.org/10.1016/j.paid.2013.12.013>
 75. Sherry, S. B., Nealis, L. J., Macneil M. A., Stewart, S. H., Sherry, D. L., & **Smith, M. M.** (2013). Informant reports add incrementally to the understanding of the perfectionism-depression connection: Evidence from a prospective longitudinal study. *Personality and Individual Differences*, 54, 957-960. <https://doi.org/10.1016/j.paid.2013.01.002>

Book Chapters

1. Saklofske, D. H., DiFabio, A., Svicher, A., & **Smith, M. M.** (in press). Perfectionism as a critical disadvantage for sustainable development in organizational contexts. In A. DiFabio & C. Cooper (Eds.), *Psychology of sustainability and sustainable development in organizations*. London: Routledge.
2. Stoeber, J., Corr, P., **Smith, M. M.**, & Saklofske, D. H. (2018). Perfectionism and personality. In J. Stoeber (Ed.), *The psychology of perfectionism: Theory, research, applications* (pp. 66-88). London: Routledge.
3. **Smith, M. M.**, Sherry, S. B., & Saklofske, D. H. (2018). Understanding the narcissistic need for perfection: The most dazzling, perfect, and comprehensive review ever. In T. Herman, A. Brunell, & J. Foster (Eds.), *The handbook of trait narcissism: Key advances, research methods, and controversies* (pp. 265-274). New York: Springer.
4. **Smith, M. M.**, Vidovic, V., Sherry, S. B., & Saklofske, D. H. (2017). Self-oriented perfectionism and socially prescribed perfectionism adds incrementally to the prediction of suicide ideation beyond hopelessness: A meta-analysis of 15 studies (pp. 349-371). In U. Kumar (Ed.), *Handbook of suicidal behaviour*. New York: Springer.

Encyclopedia Entries

1. Hill, A. P., Madigan, D. J., **Smith, M. M.**, Mallinson-Howard, S. H., & Donachie, T. (2019). Perfectionism in Sport. In R. Schinke & D. Hackfort (Eds.), *Encyclopedia of Sport Psychology*. London: Routledge.
2. Sinclair, V. M., **Smith, M. M.** (2017). Empathy personality correlates. In B. J. Carducci (Editor-in Chief) & A. Di Fabio, D. H. Saklofske, & C. Stough (Vol. Eds.), *Wiley-Blackwell Encyclopedia of Personality and Individual Differences: Vol. III. Personality processes and individual differences*. Hoboken, NJ: John Wiley & Sons.

3. **Smith, M. M., & Chen, S.** (2017). Perfectionism. In B. J. Carducci (Editor-in-Chief) & A. Di Fabio, D. H. Saklofske, & C. Stough (Vol. Eds.), *The Wiley-Blackwell Encyclopedia of Personality and Individual Differences: Vol. III. Personality processes and individual differences*. Hoboken, NJ: John Wiley & Sons.
4. Plouffe, R. A., Wilson, C. A., & **Smith, M. M.** (2017). Dark triad. In B. J. Carducci (Editor-in-Chief) & A. Di Fabio, D. H., Saklofske, & C. Stough (Vol. Eds.), *Wiley-Blackwell Encyclopedia of Personality and Individual Differences: Vol. III. Personality processes and individual differences*. Hoboken, NJ: John Wiley & Sons.

Non-Peer-Reviewed Publications

1. Sherry, S. B., **Smith, M. M.**, & Polizzi T. (2019, July). Young people drowning in a rising tide of perfectionism. *Actively Learn*. Retrieved from <https://activelylearn.com> [This story was written for children and adolescents in collaboration with Tessa Polizzi of *Actively Learn*.]
2. Sherry, S. B., & **Smith, M. M.** (2019, March 5). Mengapa banyak anak muda yang menjadi perfeksionis saat ini? [Young people drowning in a rising tide of perfectionism]. *The Conversation Indonesia*. Retrieved from <https://theconversation.com/mengapa-banyak-anak-muda-yang-menjadi-perfeksionis-saat-ini-112480> [This story was written in English in collaboration with The Conversation Canada, then translated into Indonesian, and published in several media outlets. As of August of 2019, theconversation.com reports this story was viewed 2,182 times.]
3. Sherry, S. B., & **Smith, M. M.** (2019, February 13). Une épidémie de perfectionnisme s'abat sur les jeunes. [Young people drowning in a rising tide of perfectionism]. *The Conversation Canada*. Retrieved from <https://theconversation.com/une-epidemie-de-perfectionnisme-sabat-sur-les-jeunes-111310> [This story was written in English in collaboration with The Conversation Canada, the translated into French, and published in numerous media outlets. As of August of 2019, theconversation.com reports this story was viewed 43,614 times.]
4. Sherry, S. B., & **Smith, M. M.** (2019, February 5). Young people drowning in a rising tide of perfectionism. Retrieved from <https://theconversation.com/young-people-drowning-in-a-rising-tide-of-perfectionism-110343> [This story was written in collaboration with *The Conversation Canada* and published in numerous media outlets. As of August of 2019, theconversation.com reports this story was viewed 75,028 times.]
5. **Smith, M. M.**, & Etherson, E. M. (2018, June 5). How perfectionism can lead to depression in students. Retrieved from <https://theconversation.com/how-perfectionism-can-lead-to-depression-in-students-97719> [This story was written in collaboration with *The Conversation UK* and published in numerous media outlets. As of August of 2019, theconversation.com reports this story was viewed 7,779 times.]

PRESENTATIONS

Presentations to Scholarly Audiences

1. Etherson, M. A., Peterson, J., Tanner, A., Liao, W., MacLean, M., MacEachen, A., Smith, M. M., Stewart, S. H., & Barret, S. P. (June 2025). *The impact of acute cannabidiol (CBD) on stress and anxiety: A systematic review and meta-analysis*. Poster presented at the Professional Research Education Program Graduate Research Day. Halifax, Nova Scotia,.
2. DeGrace, S., **Smith, M. M.**, Bird, B., Sherry, S. B., Romero-Sanchiz, P., Yakovenko, I., Tibbo, P., Cosman, T., & Stewart, S. H. (June 2024). A meta-analysis of cue-induced drug cravings among trauma-exposed substance users. In S. H. Stewart & S. Degrace (Chairs), *Advances in the understanding of PTSD-substance use disorder comorbidity achieved through lab-based research using the trauma cure reactivity paradigm*. Symposium conducted at the College on Problems of Drug Dependence 86th Annual Meeting. Montreal, Canada.
3. Bakken, K., Chang, C., Hewitt, P. L., Mikail, S., Flett, G., & **Smith, M. M.** (June 2023). *The impact of perfectionistic self-presentation on group cohesion in group psychotherapy*. Poster presented at the Canadian Psychological Association 2023 Convention. Toronto, Ontario.
4. Kim, A. J., Sherry, S. B., Stewart, S. H., **Smith, M. M.**, Popowich, A. D., & Mushquash, A. R. (June 2023). *Perfectionistic concerns and binge eating in mother-daughter dyads: Recommendations for individual and family-based CBT interventions*. Poster presented at the 10th World Congress of Cognitive and Behavioral Therapies. Seoul, South Korea.
5. Kim, A. J., Sherry, S. B., Mackinnon, S. P., Kehayes, I., **Smith, M. M.**, & Stewart, S. H. (June 2023). *Perceived peer pressure for perfection leads to conflict behaviors, depressive symptoms, and problematic drinking: Implications for CBT interventions*. Poster presented at the 10th World Congress of Cognitive and Behavioral Therapies. Seoul, South Korea.
6. Pridy, C. B., Sherry, S. B., **Smith, M. M.** (September 2022). Death by suicide in Nova Scotia: A 10-year review of data from the Medical Examiner Service. Poster presented at Dalhousie University's *Department of Psychiatry 31st annual Research Day*. Halifax, Nova Scotia.
7. Bakken, K., **Smith, M. M.**, Hewitt, P. L., Flett, G. L., & Mikail, S. F. (June 2022). *The impact of trait perfectionism on self-disclosure in early group psychotherapy sessions*. Poster presented at the Canadian Psychological Association 2022 Convention, Calgary, Alberta, Canada.
8. Sherry, S. B., Isaacs, J., **Smith, M. M.**, Moore, M., & Stewart, S. H. (June 2022). *Alcohol use and death by suicide: A meta-analysis of 33 studies*. Poster presented at the Canadian Psychological Association 2022 Convention, Calgary, Alberta, Canada.
9. Kim, A., Stewart, S. H., Abbass, A., Deacon, S., Nogueira-Arjona, R., Meier, S., Rodriguez, L., **Smith, M. M.**, & Sherry, S. B. (June 2022). *Depressive symptoms and relationship conflict: A test of the stress generation hypothesis in romantic couples during the COVID-19 pandemic*. Symposium conducted at the Canadian Psychological Association 2022 Convention, Calgary, Alberta, Canada.
10. Hewitt, P. L., Kealy, D., & **Smith, M. M.** *The Therapeutic Mentalization Scale—Group Psychotherapy Version*. (November 2021). Paper presented at the North American Society for Psychotherapy Research. Virtual Meeting.
11. Isaacs, J. Y., **Smith, M. M.**, Sherry, S. B., Seno, M., Moore, M. L., & Stewart, S. H.

- (November 2021). *Alcohol use and death by suicide: A meta-analysis of 33 studies*. Poster presented at the Department of Psychiatry 31st annual Research Day. Halifax, Nova Scotia.
12. Zarenian, B., Hewitt, J., **Smith, M. M.**, Ge, S., & LeMoult, J. (September 2021). *Validation of the Multidimensional Anhedonia Scale (MAAS) in younger and older adolescents*. Poster presented at the Society for Research in Psychopathology Virtual Annual Meeting.
 13. Hewitt, J., **Smith, M. M.**, Paterson, R., & Lemoult, J. (May 2021). *Quality of life and treatment effectiveness. Moderator effects of gender*. Canadian Psychological Association Annual Convention, Virtual Conference.
 14. Zareian, B., Hewitt, J., Hewitt, P. L., **Smith, M. M.**, Ge, Sabrina., & LeMoult, J. (May 2021). *Construction and validation of a new anhedonia questionnaire for adolescents: The Multidimensional Adolescent Anhedonia Scale (MASS)*. Poster presented at the Anxiety and Depression Association of America.
 15. **Smith, M. M.**, Hewitt, P. L., Deng, C., Chen, C., Ko, A., Flett, G L., & Patterson, R (May 2020). Understanding the impact of perfectionism and social disconnection on treatment outcome in group therapy for depression. In P. L. Hewitt (Chair), *Psychotherapy and transdiagnostic factors: Influence and treatment of personality vulnerabilities*. Symposium conducted at the 2020 Annual Meeting of the Society for the Exploration of Psychotherapy Integration, Vancouver, British Columbia, Canada.
 16. Hewitt, J., **Smith, M. M.**, & Hewitt, P. L. (May 2020). *Influence of patient personality on group therapy outcomes*. Poster presented at the 2020 Annual Meeting of the Society for the Exploration of Psychotherapy Integration, Vancouver, British Columbia, Canada.
 17. Otis, E., Yakovenko, I., Sherry, S. B., **Smith, M. M.**, Goldstein, A., Ellery., Loverock, A., Wild, C., Weilgart-Whitehead, B., & Stewart, S. (September 2019). *Testing the four-factor personality model for addiction in university students and community gamblers*. Poster presented at Psychiatry Research Day, Halifax, Nova Scotia, Canada.
 18. **Smith, M. M.**, Sherry, S. B., Saklofske, D. H., Vidovic, V., Stoeber, J., & Benoit, A. (August 2019). Perfectionists become increasingly neurotic and decreasingly conscientious as they age: Findings from a meta-analytic review. In M. M. Smith (Chair), *Recent Advances in Perfectionism Research: Finding from Four Meta-Analytic Studies and a Primary Study*. Symposium conducted at the International Society for the Study of Individual Differences 2019 Convention, Florence, Italy.
 19. Etherson, E. M., **Smith, M. M.**, Hill, A. P., & Sherry, S. B. (August 2019). *Perfectionism, depressive symptoms, and suicide ideation: A test of the perfectionism social disconnection model*. Poster presented at the International Society for the Study of Individual Differences 2019 Convention, Florence, Italy.
 20. Jones A., Mallinson-Howard, S. H., Noret, N., **Smith, M. M.** (August 2019). *Dark gaming: The relationship between perfectionism, the dark triad, and anti-social online gaming behaviors*. Poster presented at the International Society for the Study of Individual Differences 2019 Convention, Florence, Italy.
 21. **Smith, M. M.**, Vidovic, V., Sherry, S. B., & Saklofske, D. H. (July 2019). Why does

- perfectionism confer risk for depression? A meta-analytic test of the mediating role of social disconnection and stress. In B. Cludius (Chair), *Perfectionism as a transdiagnostic process—New evidence from experimental and longitudinal studies*. Symposium conducted at the 9th World Congress of Cognitive and Behavioral Therapies, Berlin, Germany.
22. **Smith, M. M.**, & Hill, A. P. (March 2019). In J. Zanden (Chair), *The Perniciousness of Perfectionistic Strivings Revisited*. Invited talk presented at the Sublime Imperfections 2019 Conference, Amsterdam, Netherlands.
 23. **Smith, M. M.**, Sherry, S. B., Saklofske, D. H., Vidovic, V., Stoeber, J., & Benoit, A. (June 2019). In **M. M. Smith** (Chair), *Trying to be Perfect in an Imperfect World: Recent Advances in Perfectionism Research*. Symposium conducted at the Canadian Psychological Association 2019 Convention, Halifax, Canada.
 24. Muyingo, L., Sherry, S. B., **Smith, M. M.**, McEachern, E., Leonard, K. W., & Stewart, S. H. (June 2019). Relationships on the rocks: A meta-analysis of romantic partner effects on alcohol use. Poster presented at the 42nd Annual Research Society on Alcoholism (RSA), Minneapolis, Minnesota.
 25. Madigan, D. J., Curran, T., Stoeber, J., Hill, A. P., **Smith, M. M.**, & Passfield, L. (November 2018). *Developmental antecedents of perfectionism in junior athletes: A three-sample study examining parental and coach pressure*. Symposium conducted at the British Association of Sport and Exercise Sciences, Harrogate, UK.
 26. Bartel, S. J., Sherry, S. B., **Smith, M. M.**, Vidovic, V. V., & Stewart, S. H. (June 2018). *Is anxiety sensitivity a risk factor for, or complication of, alcohol misuse? A meta-analysis*. Poster presented at Psychiatry Research Day, Halifax, Nova Scotia, Canada.
 27. Etherson, M. E., Currant, T., & **Smith, M. M.** (July 2018). *A longitudinal test of female adolescents' perfectionistic vulnerability to appearance focused upward social comparison in social media*. Poster Presented at the British Society for the Psychology of Individual Differences, Edinburgh, UK.
 28. Sherry, S. B., Kehayes, I. L., Vidovic, V., **Smith, M. M.**, & Saklofske, D. H. (July 2018). *Are perfectionism dimensions risk factors for bulimic symptoms? A meta-analysis of longitudinal studies*. Poster session presented at the 29th Annual International Congress of Applied Psychology, Montreal, Quebec, Canada.
 29. Olsson, L. F., Hill, A. P., Madigan, D. J., **Smith, M. M.**, & Woodley, G. (July 2018). *Parents' perfectionism and junior athlete's perfectionism: A test of the importance of actual and perceived parental perfectionism and the same-sex hypothesis*. Poster session presented at the meeting of the British Society of Personality and Individual differences (BSPID), Edinburgh, UK.
 30. Bartel, S. J., Sherry, S. B., **Smith, M. M.**, Vidovic, V., Conrod, P. J., & Stewart, S. H. (March 2018). *Is anxiety sensitivity a risk factor for or complication of alcohol misuse? A meta-analysis*. Poster session to be presented at Crossroads Interdisciplinary Health Research Conference, Halifax, Ontario, Canada.
 31. Sherry, S. B., Kehayes, I. L., **Smith, M. M.**, & Vidovic, V. (June 2018). *Are perfectionism dimensions risk factors for bulimic symptoms? A meta-analysis of longitudinal studies*. Poster session to be presented at the 2018 International Congress of Applied Psychology (ICAP), Montréal, Québec, Canada.
 32. **Smith, M. M.**, Sherry, S. B., Speth, T. A., Saklofske, D. H., Stewart, S. H., & Glowacka,

- M. (June 2017). Is socially prescribed perfectionism veridical? A new take on the stressfulness of perfectionism. In P. L. Hewitt (Chair), *Understanding the origins and the stressfulness of perfectionism: New evidence on social networks, cohort effects, and cultural influences*. Symposium conducted at the Canadian Psychological Association 2017 Convention, Toronto, Ontario, Canada.
33. **Smith, M. M.**, Sherry, S. B., Chen, S., Saklofske, D. H., Mushquash, C. J., Flett, G. L., & Hewitt, P. L. (June 2017). The perniciousness of perfectionism: A meta-analytic review of the perfectionism-suicide relationship. In G. L. Flett (Chair), *The destructiveness of perfectionism: Understanding perfectionism's impact on psychotherapy, affect, and suicide*. Symposium conducted at the Canadian Psychological Association 2017 Convention, Toronto, Ontario, Canada.
 34. Vidovic, V., **Smith, M. M.**, Sherry, S. B., Stewart, S. H., & Saklofske, D. H. (May 2017). *Perfectionistic concerns confer risk for anxiety symptoms: A meta-analysis of 11 longitudinal studies*. Poster session presented at the 43rd Annual In-House Conference of the Department of Psychology and Neuroscience, Dalhousie University, Halifax, Nova Scotia, Canada.
 35. Vidovic, V., **Smith, M. M.**, Sherry, S. B., Stewart, S. H., & Saklofske, D. H. (March 2017). *Does perfectionism confer risk for anxiety symptoms? A meta-analysis of longitudinal studies*. Poster session presented at Crossroads: An Interdisciplinary Health Research Conference, Dalhousie University, Halifax, Nova Scotia, Canada.
 36. **Smith, M. M.**, Sherry, S. B., Rnik, K., Saklofske, D. H., Enns, M. W., & Gralnick, T. (June 2016). Are perfectionism dimensions vulnerability factors for depressive symptoms after controlling for neuroticism? A meta-analysis of 10 longitudinal studies. In G. Flett (Chair), *Perfectionism in personal and interpersonal dysfunction*. Symposium conducted at the Canadian Psychological Associations 77th Annual Convention, Victoria, Canada.
 37. **Smith, M. M.**, Saklofske, D. H., Joachim, S., & Sherry, S. B. (July 2016). *The Big Three Perfectionism Scale: A new measure of perfectionism*. Symposium conducted at the Perfectionism Network Meeting, University of Kent, Canterbury, England.
 38. Sherry, S. B., **Smith, M. M.**, Saklofske, D. H., Nealis, L. J., Hewitt, P. L., & Flett, G. L. (July 2016). *Narcissistic perfectionism: New evidence from a meta-analysis, longitudinal study, and daily diary study*. Symposium conducted at the Perfectionism Network Meeting, University of Kent, Canterbury, England.
 39. **Smith, M. M.**, & Saklofske, D. H. (July 2016). *The general factor of perfectionism: Support for a bifactor model with a dominant general factor and specific factors*. Poster session presented at the Perfectionism Network Meeting, University of Kent, Canterbury, England.
 40. **Smith, M. M.**, Saklofske, D. H., Gonggu, Y., & Sherry, S. B. (July 2015). A person-centered perspective on multidimensional perfectionism in Canadian and Chinese university students: A multigroup latent profile analysis. In D. H. Saklofske & **M. M. Smith** (Chairs), *Research Advances in Perfectionism*. Symposium conducted at The International Society for the Study of Individual Differences Biannual Convention, London, Canada.
 41. Saklofske, D. H., **Smith, M. M.**, Gonggu, Y., & Sherry, S. B. (August 2015). Perfectionism, personal resiliency, and psychological outcomes in Canadian

- and Chinese students. In G. L. Flett (Chair), *Understanding perfectionistic students: Academic, emotional, and social functioning*. Symposium conducted at the 123rd American Psychological Association Annual Convention, Toronto, Canada.
42. **Smith, M. M.**, Saklofske, D. H., Nordstokke, D. W., & Prince-Embury, S. (June 2015). *Assessing personal resiliency in young adults: An upward extension of the Resiliency Scale for Young Adults*. Poster session presented at the Canadian Psychological Association's 76th Annual Convention, Ottawa, Canada.
 43. **Smith, M. M.**, Saklofske, D. H., Sherry, B. S., & Yan, G. (June 2015). *Cross-cultural differences and similarities in perfectionism: Generalizability of the two-factor model of perfectionism across Canada and China*. Poster session presented at the Canadian Psychological Association's 76th Annual Convention, Ottawa, Canada.
 44. Saklofske, D. H., Nordstokke, D., **Smith, M. M.**, & Prince-Embury, S. (June 2014). *The three factor model of resiliency: Measuring resiliency in youth and adults*. Symposium conducted at the Canadian Psychological Association's 75th Annual Convention, Vancouver, Canada.
 45. **Smith, M. M.**, Saklofske, D. H., Yan, G. (July 2014). *The effect of culture on the perfectionism-psychological outcome link*. Poster session presented at the 28th International Congress of Applied Psychology, Paris, France.
 46. **Smith, M. M.**, & Saklofske, D. H. (June 2014). *Perfectionistic strivings moderates the effect of perfectionistic concerns on depression, anxiety, and stress*. Poster session presented at the Canadian Psychological Association's 75th Annual Convention, Vancouver, Canada.
 47. **Smith, M. M.**, Saklofske, D. H., & Nordstokke, D. W. (June 2014). *Neuroticism and perfectionistic concerns: The mediating effect of personal resiliency*. Poster session presented at the Canadian Psychological Association's 75th Annual Convention, Vancouver, Canada.
 48. **Smith, M. M.**, Saklofske, D. H., & Keefer, K. V. (June 2014). *Personal resiliency moderates the effect of coping strategies on psychological outcomes*. Poster session presented at the Canadian Psychological Association's 75th Annual Convention, Vancouver, Canada.
 49. Tohver, G. C., **Smith, M. M.**, & Saklofske, D. H. (June 2014). *Forgive or forget? Perfectionistic concerns, propensity for forgiveness, and the mediating role of Emotional Intelligence*. Poster session presented at the Canadian Psychological Association's 75th Annual Convention, Vancouver, Canada.
 50. **Smith, M. M.**, Saklofske, D. H., Prince-Embury, S., Nordstokke, D. W. & Vesely, A. (July 2013). *Measuring personal resiliency in young adulthood: The resiliency scale for young adults*. Poster session presented at the International Study for the Study of Individual Differences, Annual Convention, Barcelona, Spain.
 51. **Smith, M. M.**, Sherry, S. B., Mackinnon, S. P., Stewart, S. H., Sherry, D. L., & Antony M. M. (July 2013). *The relationship between neuroticism and perfectionistic discrepancies: A longitudinal actor-partner interdependence model*. Poster session presented at the International Society for the Study of Individual Differences, Annual Convention, Barcelona, Spain.
 52. **Smith, M. M.**, Saklofske, D. H., Nordstokke, D. W., Prince-Embury, S., Nugent, S. & Vesely, A. (June 2013). *Assessing personal resiliency in emerging*

- adulthood: The resiliency scale for children and adolescents*. Poster session presented at the Canadian Psychological Association's 74th Annual Convention, Quebec City, Canada.
53. **Smith, M. M.**, Sherry, S. B., Macneil, M. A., Mackinnon, S. P., Stewart, S. H., Antony, M. M., Sherry, D. L., & Stewart, S. H. (June 2013). *Does socially prescribed perfectionism predict daily conflict? A 14-day diary study of romantic couples using self and partner reports*. Poster session presented at the Canadian Psychological Association's 74th Annual Convention, Quebec City, Canada.
 54. **Smith, M. M.**, Sherry, S. B., Mackinnon, S. P., Stewart, S. H., Sherry, D.L., Antony, M. M., & Hartling, N. (May 2012). *The link between neuroticism and perfectionism: A longitudinal actor-partner interdependence model*. Symposium conducted at the 36th Annual Science Atlantic Undergraduate Psychology Conference, Acadia University, Wolfville, Nova Scotia, Canada.
 55. **Smith, M. M.**, Sherry, S. B., Mackinnon, S. P., Stewart, S. H., Sherry, D. L., Antony, M. M., & Hartling, N., (June 2012). *Is neuroticism a source trait for perfectionism? A longitudinal actor-partner interdependence model*. Poster session presented at the Canadian Psychological Association's 73rd Annual Convention, Halifax, Canada.
 56. Goutreau, C. M., Mackinnon, S. P., Sherry, S. B., **Smith, M. M.**, & Pratt, M. W. (October 2012). *Pre-university friendships moderates the relationship between socially prescribed perfectionism and depressive affect*. Poster session presented at the Psychiatry Research Day 2012, Dalhousie University, Halifax, Canada.
 57. Nealis, L. J., MacNeil, M., **Smith, M. M.**, MacLean, S., Ramasubbu, C., & Sherry, D. L., Stewart, S. H., & Sherry, S. B. (April 2012). *Narcissistic perfectionism: A framework for understanding grandiose, entitled, demanding, and critical people*. Poster session presented at the 38th Annual Graham Goddard In-House Conference, Dalhousie University, Halifax, Canada.
 58. MacLean, S., Macneil, M. A., Sherry, S. B., Nealis, L. J., Stewart, S. H., Sherry, D. L., & **Smith, M. M.** (November 2011). *Informant reports add incrementally to understanding of the perfectionism-depression connection: Evidence from a longitudinal study*. Poster session presented at the 22nd Annual Psychiatry Research Day, Lord Nelson, Halifax, Canada.
 59. Macneil, M. A., Mackinnon, S. P., Fitzpatrick, S., Fulmore, J., Gautreau, C., Hicks, M., MacKinnon, A. L., **Smith, M. M.**, & Sherry, S. B. (October 2011). *Intrapersonal discrepancies confer vulnerability to depressive symptoms: A three-wave cross-lagged panel analysis*. Poster session presented at the Psychiatry Research Day 2011, Dalhousie University, Halifax, Canada.
 60. Fitzpatrick, S., Mackinnon, S. P., Fulmore, J., Gautreau, C., Gyenes, N. Hicks, M., MacKinnon, A., McNeil, M., **Smith, M. M.**, & Sherry, S. B. (May 2011). *Perfectionistic concerns, interpersonal discrepancies, and psychological well-being: A longitudinal mixed-method approach*. Poster session presented at the 35th Annual Atlantic Provinces Council on the Sciences Undergraduate Psychology Conference, Dalhousie University, Halifax, Canada.

RESEARCH GRANTS

- 2018-2019 **Smith, M. M.**, Sherry, S. B., Stewart, S. H., Hill, A. P., Madigan, D., & Edwards, E. (2019, April 30). The association of cannabis use in older adults and risk of depression and suicidality: A meta-analytic review. Funder: *York St John University*. (Second stage application; £5,000).
- 2018-2019 Wang, Peter., Chahine, S., Saklofske, D. H., **Smith, M. M.**, Dave, S., & Li, S. (2019, February 14). Investigating the relationship between psychological and physiological factors on surgical trainability: A surgical simulation study. Funder: *Social Sciences and Humanities Research Counsel New Frontiers in Research Fund – Exploration*. (\$247,103[CAN] Successful).
- 2018-2019 Mackinnon, S. P., & **Smith, M. M.** (2018, September 1). Perfectionism and statistics anxiety: A vulnerability-stress model. Funder: *Spencer Research Grant*. (Letter of intent submitted; \$44,132.08 [US], Unsuccessful).
- 2018-2019 **Smith, M. M.**, Hill, A. P., Noret, N., Mallinson-Howard, S., & Sherry, S. B. (2018, June 11). Perfectionism, social disconnection, and depressive symptoms in parent-daughter dyads; Reformulating and testing an integrative psychosocial model. Funder: *Children and Young People's Mental Health PhD scholarship 2019* (Letter of intent submitted; £44,331 requested; Unsuccessful).
- 2018-2019 Hill, A. P., Gustafsson, H., Lemyre, P-N., **Smith, M. M.**, Madigan, D. J., & Mallinson-Howard, S. H. (2018). The BASES Expert Statement on “Healthy” Perfectionism in Sport. Funder: *British Association of Sport and Exercise Science Expert Statements* (Letter of intent; £1,000 requested; Unsuccessful).
- 2018-2019 Hill, A. P., Smith, A., Stanton, K., Madigan, D. J., Mallinson-Howard, S. H., **Smith, M. M.** “Development of Yorkshire Cancer Research Prostate Cancer Awareness Measure (P-CAM)”. *North Yorkshire Cancer Research*. (Letter of intent submitted; £70,601 requested; Unsuccessful).
- 2018-2019 Hill, A. P., Madigan, D. J., Mallinson-Howard, S. H., & **Smith, M. M.** “Living with and beyond cancer: Promoting cancer rehabilitation through Personality intervention. *North Yorkshire Cancer Research* (Letter of intent Submitted; £342,925 requested; Unsuccessful).

EXTERNAL EXAMINER

2024 **Student Name:** Alexandra Richardson
Degree: Doctor of Philosophy
Major: Clinical Psychology
University: McGill University
Supervisor: Dr. David Dunkley, Ph.D., R. Psych

Thesis Title: Self-critical perfectionism and distress: Moderated mediation models of anxiety sensitivity and experiential avoidance.

INVITED TALKS

- 2023 **Title:** The role of perfectionism in depression, suicidality, bulimia, and anxiety.
Location: Psychosocial rounds, Jewish General Hospital, McGill University, Quebec.
- 2022 **Title:** Scientific writing and publishing workshop.
Location: Department of Psychology, University of British Columbia, Vancouver, BC.
- 2020 **Title:** Understanding the destructiveness of perfectionism.
Location: Department of Psychology, York University, York, UK
- 2020 **Title:** Perfectionism and depressive symptoms: Findings from three meta-analysis and a primary study
Location: Department of Psychology, Sheffield University, York, UK

GUEST LECTURES

- 2022 **Title:** Cognitive behavioural therapy for depression
Professor: Dr. Rafel Skiba
Course: Introduction to Abnormal Psychology (Psych 300A)
Location: Department of Psychology, University of British Columbia
- 2021 **Title:** How to publish like a machine: Tips and tricks.
Professor: Dr. Lynn Alden
Course: Clinical Research Design (Psych 560)
Location: Department of Psychology, University of British Columbia
- 2017 **Title:** The perniciousness of perfectionism: Findings from daily diary, multi-source, meta-analytic, and longitudinal studies
Professor: Dr. Philip Vernon
Course: Introduction to Personality Theory and Research (Psych 2550B)
Location: Department of Psychology, University of Western Ontario
- 2017 **Title:** The perniciousness of perfectionism: Findings from daily diary, multi-source, meta-analytic, and longitudinal studies
Professor: Dr. Donald H. Saklofske
Course: Clinical Assessment (Psych 9800)
Location: Department of Psychology, University of Western Ontario
- 2016 **Title:** Understanding perfectionism: Findings from three meta-analyses and a new measure
Professor: Dr. Philip Vernon
Course: Introduction to Personality Theory and Research (Psych 2550B)

Location: Department of Psychology, University of Western Ontario

2015

Title: The assessment of multidimensional perfectionism

Professor: Dr. Donald H. Saklofkse

Course: Clinical Assessment (Psych 9800)

Location: Department of Psychology, University of Western Ontario

TEACHING ACTIVITIES

Undergraduate Courses Taught		
Year (Term)	Course Title (Code)	Course Size (Level)
2019-2020 (winter)	Applied Research Methods and Design (2SR203)	150 (second year)
2019-2020 (fall)	Research Design and Analysis (2SR200)	150 (second year)
2018-2019 (winter)	Applied Research Methods and Design (2SR203)	150 (second year)
2018-2019 (fall)	Research Design and Analysis (2SR00)	150 (second year)
Graduate Courses Taught		
2019-2020 (winter)	Applied Research Methods and Dissemination (MSP001)	12 (first year)
Graduate Teaching Assistant		
Year (Term)	Course Title (Code)	Course Size (Level)
2015-2016 (fall)	Test Construction and Survey Design	10 (second year)
2014-2015 (fall)	Test Construction and Survey Design	10 (second year)
2013-2014 (fall)	Test Construction and Survey Design	10 (second year)
Undergraduate Teaching Assistant		
Year (Term)	Course Title (Code)	Course Size (Level)
2016-2017 (fall)	Test Construction	30 (fourth year)
2015-2016 (fall)	Survey Research (3991F)	30 (fourth year)
2013-2014 (winter)	Social Psychology (2070B)	450 (second year)
2012-2013 (fall-winter)	Introduction to Psychology (1000A/B)	110 (first year)
2010-2011 (fall-winter)	Introduction to Psychology (1011/1012)	155 (first year)

SUPERVISORY ACTIVITIES

Graduate Students		
Year	Student Name	Supervisory Role

Start	Finish		
2018	2022	Marianne Etherson	Doctoral Thesis Co-Supervisor
2018	2022	Simon Kumar	Doctoral Thesis Co-Supervisor
2018	2020	Aaron Jones	Masters Thesis Co-Supervisor
2018	2020	Jack Brimmell	Masters Thesis Co-Supervisor
2018	2020	Jack Hagyard	Masters Thesis Co-Supervisor

Undergraduate Students			
Year		Student Name	Supervisory Role
2019	2020	Emma Maye	Honours Thesis Supervisor
2019	2020	Josh Summerscales	Honours Thesis Supervisor
2019	2020	Tristian Whiting	Honours Thesis Supervisor
2019	2020	Caitlin Young	Honours Thesis Supervisor
2019	2020	Dominic Pott	Honours Thesis Supervisor
2019	2020	Ellis Whitaker	Honours Thesis Supervisor
2019	2020	Jelani Moore	Honours Thesis Supervisor
2019	2020	Curtis Hill	Honours Thesis Supervisor
2018	2019	James Fogg	Honours Thesis Supervisor
2018	2019	Joseph Gomme	Honours Thesis Supervisor
2018	2019	Chloe Shaw	Honours Thesis Supervisor
2018	2019	Hollie Shone	Honours Thesis Supervisor
2018	2019	Jade Smith	Honours Thesis Supervisor
2018	2019	Alex Tetley	Honours Thesis Supervisor
2018	2019	Jeremy Wood	Honours Thesis Supervisor
2018	2019	Chloe Woodhouse	Honours Thesis Supervisor
2017	2018	Huw Davies Walter	Honours Thesis Supervisor
2017	2018	Manuela Paruch	Honours Thesis Co-Supervisor
2016	2017	Janice Yue-Yan Lam	Honours Thesis Co-Supervisor
2014	2015	James Yanowski	Honours Thesis Co-Supervisor
2014	2015	Laura Collins	Honours Thesis Co-Supervisor
2013	2014	Justin Toh	Honours Thesis Co-Supervisor

ASSOCIATE EDITOR

Personality and Individual Differences (October 2018 to present)

SCIENTIFIC COMMITTEES

ISSID 2019 Scientific Committee

AD HOC JOURNAL REVIEWER

Aging & Mental Health
Anxiety, Stress, & Coping
Archives of Suicide Research

Assessment
Behavior Therapy
Behaviour Research and Therapy
British Journal of Guidance and Counselling
Canadian Journal of School Psychology
Child Development
Clinical Psychological Science
Clinical Psychology & Psychotherapy
Clinical Psychologist
Cognitive Behavior Therapy
Cognitive Therapy and Research
Current Psychology
Development and Psychopathology
European Journal of Personality
Frontiers in Psychology: Emotion Science
International Journal of Behavioral Developmental
Journal of Affective Disorders
Journal of Personality and Social Psychology
Journal of Psychoeducational Assessment
Journal of Rational & Emotive Cognitive Behavior Therapy
Journal of Personality and Social Psychology
Journal of Sports Sciences
Measurement and Evaluation in Counseling and Development
Medical Education
Personality and Individual Differences
PLOSone
Psychological Assessment
Psychology and Psychotherapy: Theory, Research, and Practice
Scandinavian Journal of Medicine and Science in Sports

MEDIA RELATIONS

Sherry, S. B. (2023, January 27). Parenting and perfectionism: How do our expectations affect our children. Psychology Today. Retrieved from:

<https://www.psychologytoday.com/intl/blog/psymon-says/202301/parenting-and-perfectionism>

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Mark, Travers (2022, March 17). Where does ‘unhealthy perfectionism’ come from: Parenting styles can cause people to develop perfectionistic tendencies. Psychology Today.

Retrieved from: <https://www.psychologytoday.com/intl/blog/social-instincts/202203/where-does-unhealthy-perfectionism-come>

Mark, Travers (2022, March 8). How parents might pass on ‘unhealthy perfectionism’ to their kids. *Forbes*. Retrieved from: <https://www.forbes.com/sites/traversmark/2022/03/08/how-parents-might-pass-on-unhealthy-perfectionism-to-their-kids/?sh=657b24735498>

Mark, Travers (2022, March 8). Did you learn toxic perfectionism from your parents?

- Psychologists Martin Smith and Simon Sherry discuss the relationship between parenthood and perfectionism. *Therapy tips*. Retrieved from <https://therapytips.org/interviews/did-you-learn-toxic-perfectionism-from-your-parents>
- Christie Aschwanden (2019, December 5). Perfectionism is killing us. More people than ever say they're feeling pressured to look and be the best: It's taking a toll. *Vox*. Retrieved from <https://www.vox.com/the-highlight/2019/11/27/20975989/perfect-mental-health-perfectionism>
- Helen, Thompson. (2019, August 14). Perfectionism is a hidden epidemic, and its rise is damaging individuals and society: We investigate how to escape the cult of perfect. *New Scientist*. Retrieved from <https://www.newscientist.com/article/mg24332430-600-the-misunderstood-personality-trait-that-is-causing-anxiety-and-stress/> [This article was featured on the cover of New Scientist magazine and contains quotes from an interview I provided]
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- Sherry, S. B., & Smith, M. M. (2019, March 28). Why perfectionism is damaging to your teen's mental health. *Parent 24*. Retrieved from: https://www.parent24.com/Teen_13-18/Development/striving-for-perfectionism-is-damaging-to-your-teens-mental-health-20190328
- Sherry, S. B., & Smith, M. M. (2019, March 20). Épidémie de perfectionnisme chez les jeunes, selon une étude [Epidemic of perfectionism among young people, according to a study]. ICI Nouvelle-Écosse Radio-Canada. Retrieved from: <https://ici.radio-canada.ca/nouvelle/1159523/perfectionnisme-epidemie-jeunes-millenniaux-generations-sante-mentale-etude>
- Sherry, S. B., Smith, M. M. (2019, March 12). Young people drowning in a rising tide of perfectionism. *Pride News: Canada's Daily African Canadian and Caribbean New Magazine*. Retrieved from: <http://pridenews.ca/2019/03/12/young-people-drowning-rising-tide-perfectionism/>
- Sherry, S. B., & Smith, M. M. (2019, March 10). Maaaring malunod ang mga Kabataan sa Isang Sumisikat na Tide ng Perfectionism. [Young people can drown in a rising tide of perfectionism]. *InnerSelf*. Retrieved from: <https://tl.innerself.com/content/personal/attitudes-transformed/perfectionism/18896-young-people-can-drown-in-a-rising-tide-of-perfectionism.html>
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- Sherry, S. B., & Smith, M. M. (2019, February 27). Une épidémie de perfectionnisme s'abat sur les jeunes [An epidemic of perfectionism falls on young people]. *Le Social*. Retrieved from: <https://www.lesocial.fr/education/806-une-epidemie-de-perfectionnisme-s-abat-sur-les-jeunes>

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- Young People are drowning in a rising tide of perfectionism: Study finds pressure to be perfect is higher than ever – driving neuroticism and depression. (2019, February 18). Daily Mail. Retrieved from: <https://www.dailymail.co.uk/health/article-6717831/Young-people-drowning-rising-tide-perfectionism.html>
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